



INFOPACK

YOUTH EXCHANGE



22 – 29 AUGUST 2016

TALLINN, ESTONIA



APPLICANT ORGANIZATION

TDM 2000 Estonia promotes youth mobility through the realization of youth exchange programmes among youngsters from all around the world. This activity aims to develop the consciousness of peace, international cooperation and mutual understanding.

TDM 2000 Estonia is an organization apolitical, independent, no profit with educational aims that coordinates youngsters willing to cooperate in the voluntary sector. TDM 2000 Estonia also provides leisure time activity for young people, and tries to create links between different communities. TDM 2000 Estonia cooperates and network with various other NGOs and entities all over the country to generate an added value.

TDM 2000 Estonia creates links among the individual from different cultures that operate in different communities. The contact and the comparison between them modify their own way of interacting with their original economic and social environment. TDM 2000 Estonia is one of the founder members of [TDM 2000 International network](#).



SUMMARY

#dance4dialogue is a Youth Exchange that will bring together 49 participants aged 18-25, coming from 7 European countries (Estonia, Spain, Italy, Germany, Czech Republic, Romania, Cyprus). The activities, which will last for 8 days, will take place on 22nd -28th of August 2016, in a urban area near the city of Tallinn, the capital of Estonia, using the non-formal methodology and its holistic approach.

The main purpose of the project is the definition of a shared creative space to fight racism, discrimination, xenophobia, in favor of the values of solidarity and brotherhood which are the fundamentals of European Union, through the use of the universal language of dance, art and creativity.

The main objectives are:

- **to foster dialogue among cultures and respect** for diversity
- **to underline the role of dance and arts as tools for communication without distinction** of nationality, race, sex, wealth, age and religion
- **to identify common elements shared among young people** to build a common sense of belonging to Europe
- **to promote awareness of European cultures through dance, music and the arts**
- **to share knowledge and learning in an international context**
- **to promote an active role** of young people in society through initiatives that, through a multiplier effect, leads to the realization of other initiatives in the countries of origin of the participants.

The activities of the youth exchange will be aimed at creating a dance show, to be held on the last day of the project, in which elements of the traditional dances of the countries of origin of the participants will be combined in order to form a message of brotherhood and solidarity. This will contribute to express in the same time a glimpse of their culture, but understanding in the same way how these cultures can mingle and enrich each other, fostering the idea of diversity which is at the base of the European Union itself, developing at the same time a strong sense of belonging as citizens of Europe without barriers.



DRAFT AGENDA OF THE TC

22/08/16	23/08/16	24/08/16	25/08/16	26/08/16	27/08/16	28/08/16	29/08/16
A R R I V A L S	breakfast	breakfast	breakfast	breakfast	breakfast	breakfast	breakfast
	Group building activities	Key of values	Setting the bases and preparation for one week of dance and music workshops	Dance Working groups	Dance Working groups	Final exhibition - LET'S TANGO LAST TIME	D E P A R T U R E S
	Introduction to YOUTHPASS and Non formal education	Prejudice and stereotypes	Dance Working groups		Presentation of Dances created		
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
Introduction to the exchange and Hosting Team	Introduction to the topic	PARTICIPATION	DANCING CLASS WITH PROFESSIONAL	Excursion in Tallinn and Check on the spot	Presentation of Dances created	Consolidation of Learning Reflection	
Getting to know each other and Ice breaking activities	IDENTITY and SENSE OF BELONGING	Dance and music through traditions and costumes	Mid Term evaluation		Preparation of set and costumes for the final exhibition	Erasmus+	
		Learning Reflection	Learning Reflection	Learning Reflection	Learning		
Dinner	Dinner	Dinner	Dinner	Traditional dinner	Dinner	Dinner	
Welcome Evening	Multi-culti Night	Multi-culti Night II	Multi-culti Night III		New Project Ideas	Bye Bye party	

PARTICIPATING ORGANIZATIONS

Estonia	TDM 2000 Estonia
Czech Republic	European Youth Centre Breclav
Cyprus	PlanBe, Plan it Be it
Germany	Youth Line Germany
Spain	Asociación Dianova España
Romania	Doinita Dance Studio
Italy	Associazione ABiCi



DISSEMINATION OF RESULTS

BEFORE THE ACTIVITIES:

Just before the activities we have foreseen to promote the project through all social media, web sites and blogs of all the partners.



Activities foreseen for visibility and dissemination:

- *An official facebook fanpage of the exchange;*
- *An official hashtag “#dance4dialogue” will be shared as much as possible through social media;*
- *Final dancing exhibition will be done in the city of Tallinn and it will be shooted;*
- *A live streaming of the final exhibition will be done.*

After the youth exchange:

- *Each partner will be given a copy of the video to disseminate in their countries, with two main groups of direct focus.*
- *The websites of each partner will publish the results of the youth exchange.*
- *Other dissemination activities proposed by the participants.*

WORKING METHODS

All the activities will follow the methods of non-formal education. We'll use brain storming's, plenary discussions, simulations, role plays, team building, energizers, ice breakers and many others. Non formal education we remember you that is voluntary, no hierarchical and all its methods are based on the concept of learning by doing.



PARTICIPANTS PROFILE

GROUP LEADERS:

- ✓ *from 18th years old*
- ✓ *with expertise on facilitation and non formal education*
- ✓ *with dance skills*
- ✓ *willing to participate actively and contribute with some sessions*

PARTICIPANTS

- ✓ *From 18 to 30 years old*
- ✓ *The participants better if they have a dance background*
- ✓ *Those from backgrounds with fewer opportunities, from rural communities and immigrant minorities, with risk of poverty.*
- ✓ *People coming from either multicultural or largely enclosed communities*
- ✓ *Gender Balance has to be followed as much as possible.*

ALL THESE ARE CORE CRITERIA FOR THE SELECTION OF PARTICIPANTS!



SELECTION PROCESS

Group leaders will be selected in cooperation between sending and coordinating organisation.

The rest of participants will be selected by the partners together with the group leaders.

Once group leaders and participants will be selected, they will have to sign a participation agreement edited by TDM 2000 Estonia.

TRAVEL REIMBURSEMENT FINANCIAL PROCEDURES

During all the activities of this project, the financial rules will follow the rules of Erasmus Plus programme as follow:

Each participant will receive 100% of his/her reimbursement only after:

- ✓ Presentation of travel documents (boarding passes, invoices and tickets).
- ✓ Filling of the official mobility tool report.
- ✓ Accomplishment of dissemination and follow up activities.

The reimbursement will be done by bank transfer ONLY if all these documents will be provided following the deadlines decided and communicated during the youth exchange.

NOTICE:

- *In case of any missed flight or any issue the travel won't be reimbursed following the rules of the Estonian National Agency.*
- *None of the stopovers stay during the travel will be reimbursed (accommodation costs)*
- *The Travel cannot last more than one day, the Estonian National Agency is forbidding to have too much long stopovers if not justified.*



<i>COUNTRY</i>	<i>ASSOCIATION</i>	<i>TOTAL AMOUNT PER PARTECIPANT</i>
<i>Czech Republic</i>	<i>Evropske centrum mladeze Breclav/European Youth Centre Breclav z.s.</i>	170€
<i>Cyprus</i>	<i>PlanBe, Plan it Be it</i>	270€
<i>Germany</i>	<i>Youth Line Germany</i>	170€
<i>Spain</i>	<i>Asociación Dianova España</i>	270€
<i>Romania</i>	<i>Doinita Dance Studio</i>	170€
<i>Italy</i>	<i>Associazione ABiCi</i>	270€

NOTICE: all the amounts foreseen by the project have been calculated according to the official address of each organization. So, the distance calculation have been made following the official distance calculator of the European Commission (http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm).

We ask your cooperation during your travel booking, please Do NOT buy any ticket until is not agreed with us, in order to avoid any misunderstanding.

TRAVEL TIPS

Travel to Estonia is not easy in some cases we suggest always to travel to Riga or Helsinki and then reach Tallinn by bus, train or boat. In Tallinn airport are travelling Air Baltic, EasyJet, Ryanair from cities as Amsterdam, Paris, Milan, London.

Instead, from Riga you can travel with AirBaltic from the majority of the main European capitals, Ryanair from Milan, London and Berlin or even Wizz Air from Barcelona and London. From Riga the Bus can be booked with this company luxexpress.eu which is the most frequent one travelling to Tallinn, or if you want other companies as ecolines.net.

If you would like to travel to Helsinki with Finnair from the main cities of EU (Madrid, Rome, Milan, Wien, London, Paris, Barcelona, Athens) or Norwegian Air Shuttle from Barcelona, Budapest, Madrid, Prague and Rome. From Helsinki you have at least 3 ferries departing to Tallinn each day, here on this website you can check http://www.directferries.co.uk/helsinki_tallinn_ferry.htm.

Here you have some useful links to look for your flights: skyscanner.com /

venue

Liipa Talu Farm

The venue is situated in the hinterland of Tallinn, just 5 km from the city.

It's an old renewed farm coming from 1300 a.c., in the middle of the green, with a little lake to dive in and a comfortable sauna to rest during the freetime.

The structure is equipped with internal working spaces and also external gardens to work or practice sport.

The farm has to be lived as a private house.

The house is divided in two big rooms, one for the girls and another one for the boys.

In the venue there is WI-FI.

<http://liipatalu.ee/>

Liipa Talu
KOBELITUSKESKUS





What to bring:

In August in Tallinn there's an average temperature of 17°C, with a minimum of 12°C and a maximum of 20° C, so we suggest you to bring spring clothes and a winter jacket for the evening, it might be rainy so come equipped =)

- *Bring something that can represent your country at the best during intercultural night (short presentation, food, drinks, clothes, flag and so on).*
- *Bring your cameras to take pictures.*
- *Bring a towel and thongs for your showers.*
- *Bring your swim suite in case you would like to jump in the lake or have a Sauna.*

INSURANCE

We suggest you to bring with you the European Sanitary Card in order to be safe in case of emergency. Concerning the non EU countries, we suggest you to buy an insurance for travel, the INSURANCE IS NOT MANDATORY, but we suggest you to buy it.





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<https://www.facebook.com/groups/1563511500612240/>

IN CASE OF EMERGENCY OR TO MAKE ANY QUESTION CONTACT US
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