



TRAINING COURSE – Essentials of Advanced Interpersonal Skills

Infopack

12-20 March, 2016 – Felsőtárkány, Hungary

What this project is about?

“Essentials of Advanced Interpersonal Skills” project is a 7-day training programme which will take place in Hungary, March 2016. The aim of the project is raise the employability of youngsters, to improve their personal development, to develop their cooperation and negotiation skills and to urge them to be able to speak up and stand up for youth organisations; to improve their lobbying techniques if they are in discussion with policy-makers. The project also aims to provide platform for future cooperation among the participants in accordance with the requirements of the Erasmus + programme.

Profile of participants

This training course is for you, if

- you are a youth worker/young leader/youth exchange leader having already experience in international youth projects (at least as a participant, with motivation to become a group leader);
- you commit yourself to take part actively in the activities proposed;
- you are committed to implement follow-up youth projects applying the knowledge gained during the training and spreading the word about the project;
- you are ready to challenge him/herself in terms of creativity and learning;
- you are ready to attend the full duration of the training course;
- you are able to communicate in English;
- you are aged between 18 and 35 years old (preferably).

Dates, location, accommodation

The location will be **Felsőtárkány** (a village) in Hungary. The participants will be sharing rooms with 2-3 others. Each room has private bathroom and toilets. Bed lines are provided, but please bring your towel with you.

Breakfast, lunch and dinner - also one coffee break a day - will be provided by the project budget. The dining room is situated in the same building as the rooms; the training activities will be located in the hotel. Training materials will be provided as well, and the hotel has got wi-fi.

If you have any special need such as specific diet, special need, allergies etc., please inform the organizers well in advance (Minimum 4 weeks prior the TC, a questionnaire will be sent to the selected participants).

Arrival day: 12nd March 2016, Budapest. The meeting point will be a restaurant at 18.00h. (The address will be later confirmed.)

Departure day: 20st March 2016. Since 2 hours are needed to get to Budapest from the venue, please consider your booking and if possible only book flight ticket with an afternoon departure. Before buying the ticket let us know about your choice, to have a green light to buy it.

The travel dates are: 12nd March 2016 for arrival at the venue and 20st March 2016 for departure from the venue. You are allowed to stay 1-2 days extra before or after the training week on your own expenses for visiting Hungary. Outside of this time frame, your travel costs will not be reimbursed.

Transport to the hotel: We will arrange a collective transport to the Hotel in Felsőtárkány. We will pick you up in the restaurant after dinner. Practical information about transport and meeting point will be shared when we get closer to the day of arrival.

Costs as a participant

The training course will be implemented in the framework of the EU Erasmus+ Programme, and travel expenses will be reimbursed to all participants according to **travel limits set by the Erasmus+ Programme**. If you stay within the given budget, your expenses will be covered 100%, and if you spend more, the exceeding amount will be your own contribution to your travel. Please find the maximum amounts participants can spend to travel to Budapest or to the venue in Felsőtárkány. List below.

25 € is deducted from the travel limit as it is the price of the return transfer we will organize between Budapest and Felsőtárkány, and on the way back.

LIST OF TRAVEL BUDGET

PARTNER ORGANISATIONS	No. of pax	Budget limit per person
Grupo de Jovens Novo Mundo (P)	3	335 €
Sistem ve Jenerasyon Dernegi (TR)	3	250 € (+ 30 € visa cost)
ASOCIACION BUILDING BRIDGES (E)	3	250 €
Asociatia Support for Youth Development (RO)	4	2 nd class train ticket, bus ticket will be reimbursed. If the group comes by car, the petrol consumption will be reimbursed upon road records.
Evropske centrum mladeze Breclav/European Youth Centre Breclav z.s.	3	2 nd class train ticket, bus ticket will be reimbursed. If the group comes by car, the petrol consumption will be reimbursed upon road records. If you come by flight please discuss it with the organizers.
International Development Alliance (BG)	3	250 €
Jump in associazione cultural (I)	3	250 €
MOSTart NKKE (H)	3	2 nd class train ticket, bus ticket will be reimbursed. If the group comes by car, the petrol consumption will be reimbursed upon road records.

Please try to find the cheapest solution.

The reimbursement of your travel and visa costs will be organised on the spot in cash (EUR) during the training course, so please bring all necessary documents and receipts to make the process easier. (The participation fee, 25 € will be deducted from the sum.)

Accommodation and food during the training course will be fully covered. Insurance is obligatory and should be arranged and covered by each participant and will not be reimbursed.

!! Important: Consult the organisers before buying tickets. Only ticket options approved by the organisers will be reimbursed.

We are looking forward to unfold this project with you!
Warm greetings from the coordinators,

Zóra, Izra & Kata



