

## Meaning-Making Models

### Project Summary

The general aim of the project Meaning-Making Models is to provide the YW with the skills necessary to support young people with disabilities and understand the needs related to their individual characteristics - values, expectations, volitions - in order to help them in searching for occupational roles and meaningful activities and to achieve a good self-fulfillment, through the use of non-formal education tools called MEANING-MAKING MODELS.

Within the project will be addressed, discussed and demonstrated different methods of meaning making, through the identification of vocational activities and significant occupational roles, stimulating decision-making processes for self-determination and problem-solving skills for adaptation, useful to strengthen the personal and professional development of young people with disabilities.

The participants in the project are youth workers who deal with the social inclusion of young people with disabilities, belonging to the network of partner organizations and having an active role within them. Three youth workers will be selected for each partner organization, and their profile can be summarized as follows:

- managers, members, volunteers or collaborators in any way of the sending organization,
- experience in the youth field and in work with young people with disabilities,
- age > 18,
- motivation and interest in the topic of the project,
- be able to share and disseminate what they learned during the course in their organizations and communities.

## PROJECT DETAILS

<b>Type of project</b>	Training course (KA1- Mobility of youth workers)
<b>Venue</b>	Cagliari (Sardinia) - Italy
<b>Date</b>	9 - 14 December 2018 (including travel days)
<b>Participants</b>	3 participants per organization, from Italy, Spain, Turkey, Romania, Greece, Czech Republic, Hungary, Cyprus, Lithuania.
<b>Participants' profile</b>	<p>Educators, social workers, youth workers, trainers, participants with special needs (disability, educational difficulties, health problems).</p> <p>The total number of participants will be 3 and they should have some experience related to the issues of the project. Each participant have to fill up the form at the following link:  <a href="https://docs.google.com/forms/d/e/1FAIpQLSf50IL5sCQgl6vNpaAeGgyjBB64iykLwbVTFpUVr7zvvWf7bg/viewform">https://docs.google.com/forms/d/e/1FAIpQLSf50IL5sCQgl6vNpaAeGgyjBB64iykLwbVTFpUVr7zvvWf7bg/viewform</a></p> <p><b>Each selected participant will receive a document with daily planned activities.</b></p>
<b>Tasks for participants and things you should bring</b>	<ul style="list-style-type: none"> <li>• We want to promote exchange experiences. Please bring information to present your NGO in the NGO fair. Do not forget to bring materials about your organisation (videos, flyers, slides, posters, pictures, CDs, etc). Each participant should make a presentation based on their projects, experiences or good practices.</li> <li>• Please prepare to present your country on the inter-cultural evening; some foods, posters, games, music, a flag of your country etc</li> </ul> <p>In the Hostel you will find a big bath towel, so if you need other little towels, you should bring them.            In the reception there are some hair dryers for guests.</p>
<b>Expectations and Rules during the project</b>	Participants are expected to arrive in Cagliari, Italy on 9th of December 2018, after 18:00, and to leave Cagliari on 14th of December 2018, after breakfast.



	<p>Organizers will NOT provide any accommodation for additional stay in Italy.</p> <p>Participants are expected to attend the whole duration of the project and participate in all activities.</p> <p>If an emergency happens and they need to be absent for a short time, the team should be informed in advance.</p>
<p><b>Financial conditions</b></p>	<p>100% accommodation and food and 100% of the travel costs up to limits according to the distance calculator of Erasmus+ programme.</p> <p><b>Spain, Turkey, Romania, Greece, Czech Republic, Hungary: maximum travel grant per participant: 275,00 €</b></p> <p><b>Cyprus and Lithuania: maximum travel grant per participant: 360,00 €</b></p>
<p><b>Travel costs and reimbursements</b></p>	<p>The participants are provided with 100% reimbursement of the travel expenses (but no more than amount from distance calculator), on the basis of the documents stating the costs, meaning:</p> <ul style="list-style-type: none"> <li>- invoices of flight tickets or electronic tickets with the price stated,</li> <li>- boarding pass of each flight,</li> <li>- train tickets (2nd class, with the price stated),</li> <li>- bus tickets (with the price stated).</li> </ul> <p><b>Taxi is not eligible mean of transport.</b></p> <p>Please send the documents (original, not copies) within 2 weeks after the meeting (until October 31th 2018).</p> <p><b>Reimbursement of travel costs will only be done by bank transfer to the sending organization upon presentation the original tickets with boarding passes and receipt/invoices (including return tickets)!!!</b></p> <p><b>Note: Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will be converted and calculated in according to the exchange rate stated on the official European Commission web-site at <a href="http://ec.europa.eu/budget/inforeuro/index.cfm">http://ec.europa.eu/budget/inforeuro/index.cfm</a></b></p>
<p><b>Youthpass</b></p>	<p>Each participant will receive an Youthpass certificate. Youthpass is a part of the European Commission's strategy to foster the recognition of non-formal learning. It is available for projects funded by Erasmus+. As a tool to document and recognise learning outcomes, it puts policy into practice and practice into policy: While creating their Youthpass Certificate, the participants of the project have the possibility to describe what they have done in the project and which competences they have acquired. Thus, Youthpass supports the reflection upon the personal non-formal learning process and outcomes.</p>



## About Cagliari and Accomodation

How To Reach Cagliari?	How To Reach the Hostel Marina?
<p>From – Cagliari-Elmas Airport: it will be possible to take a train or bus from the airport to Cagliari. Cagliari is easily accessible by train from the airport thanks to the ‘Elmas Aeroporto’ railway station. The journey to and from downtown takes 5-6 minutes, single fare is 1.25 euro. Tickets are sold by <a href="http://www.trenitalia.com/tcom-en">Trenitalia</a> (<a href="http://www.trenitalia.com/tcom-en">http://www.trenitalia.com/tcom-en</a>) at the vending machine located inside the station, online and by official ticket counters and authorized dealers. The airport train station is just a 5 minutes’ walk from the air terminal. You can find more information about Cagliari city and how to get there (transports, airport, train station): at the following link: <a href="http://www.cagliariturismo.it/en">http://www.cagliariturismo.it/en</a></p>	<p>The Hostel Marina is just a 5 minutes' walk from the railway station of Cagliari. You can find all information about it at the following link: <a href="http://www.hostelmarinacagliari.it/">http://www.hostelmarinacagliari.it/</a></p> <p>The following video shows you the shortest way to get to the Hostel Marina: <a href="https://youtu.be/OnovUYtxlTQ">https://youtu.be/OnovUYtxlTQ</a></p>

### MAIN CONTACTS OF THE ORGANIZATION CODA DI LUPO

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