



INFOPACK FOR PARTICIPANTS

International Training Course
«Let's Act! Forum Theatre to be (re)born as a citizen!»

18th - 29th May 2017
Aurel, France



«Theatre is a form of knowledge; it should and can also be a means of transforming society. Theatre can help us build our future, rather than just waiting for it.»

- Augusto Boal -

Dear future participants!

We are looking forward to meet you at «**Let's Act! Forum Theatre to be (re)born as a citizen**» training course, organized by Détours d'Ailleurs and funded by the Erasmus+ program.

It will take place from 18th to 29th of May 2017.

The training will gather 24 participants coming from France, Spain, Italy, Poland, Czech Republic, Portugal and Estonia.

In this infopack, you will find the informations you need about the project, to help you to prepare for the training course and your arrival in France. Please read it carefully. If you still have some questions, don't hesitate to contact us.

Don't forget to fill in the [application form](#).

Summary of the project

The training will gather 24 participants coming from France, Spain, Italy, Poland, Czech Republic, Portugal and Estonia. It will consist in learning the techniques of the Theatre of the Oppressed (Image Theatre, Forum Theatre, Invisible Theatre, role of the Joker, theatrical improvisation, etc.) with daily situations lived by the participants as the subject for reflection in order to create sketches.

Together, we will discover and get trained in a tool for collective reflection and mediation: Theatre of the Oppressed. During the project, we will try to understand the mechanisms, tools, places and projects which are available with the use of Theatre of the Oppressed to practise our role as a citizen in our respective countries and, on a wider scale, in Europe.

The program includes activities for encountering the other and practise of all the branches of the Theatre of the Oppressed : Image Theatre, Forum Theatre, Invisible Theatre, Community theatre, theatrical improvisation and training on the delicate role of the joker (the mediator).

To complete this training, we will visit local markets in order to collect the voice of the citizens and we will create a multidisciplinary ephemeral exposition which will represent the testimonies collected in the market.

We will close the training with a Forum Theatre play open to the public, created by the participants during the project. This will enable them to implement the new competences gained during the training.

The daily tasks will be carried out by the participants: writing the booklet, cleaning, tidying up, washing-up and cooking. In fact, we think that these tasks are as important as the workshops or the presentation games in the creation of a healthy and constructive group life. Therefore, the participants will be organised in mixed groups (according to gender and nationality) that will rotate everyday doing the necessary tasks for the functioning of the community life.

Regarding the food, we have chosen to buy as much as possible from local producers (dairy products, meat, vegetables and fruits, eggs, cheese, bread, etc.), and to consume as much as possible organic and seasonal products. We think that reflecting on our eating habits is a need nowadays, and we really wish to implement it during this training.

To conclude, during all the project, the participants will write a booklet, with the activities carried out throughout the days. The booklet will be written everyday in small groups.

Accomodation

We will stay in the eco-cottage "Colombia" in the charming village of Aurel (26340) in the department Drôme, near Crest.

The lodge has got 12 beds organized in 4 person rooms (bunk beds with bathroom including shower, toilets and sink). 6 persons will sleep in a dome, ecological construction with a glass roof, to spend the night the head in the stars!



We will also have a professional fully equiped kitchen, a 60m2 working room including a stage, and a kiosk where we will have our meals and where we can also chill-out and relax!

The location is surrounded by nature, a creek runs along the property where, all year long, several associations are working on cultural projects open to all.

This training will be an unique opportunity to disconnect from your daily worries and enjoy the training by being fully present, as **there is no wifi connection** We believe that this will help you to make the best of this experience!

However, the location is in the middle of the countryside, quite far from the supermarket! Keep it in mind while you pack your luggage and bring everything you need for the 10 days we will spend together!

SERVICE&CARE: The daily tasks will be carried out by the participants: cleaning, tidying up, washing-up and cooking, every task will be done by groups of 4 or 5 people, changing every day.



Travel reimbursement

All the costs related to the the training course are covered by the Erasmus + program (food, accommodation, activities, training, etc.). Nevertheless, you will need to cover your personal expenses. The travel costs from your home to the project venue is reimbursed by Erasmus+ according to the distance from the city the partner association is based to the venue of the project. It works with a flat rate. You can do a simulation on this website: http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm

MAXIMUM REIMBURSEMENT

Estonia (2000-2999 km): **360€**

Spain, Italy, Poland, Czech Republic, Portugal (500-1999 km): **275€**

France: (100-499 km): **180€**

If your tickets are cheaper than the maximum stated above, you will ONLY be reimbursed the exact amount of your travel cost.

You need to have the money to buy your tickets and then, a month or two after the end of the training course, we will send you the reimbursement via bank transfer (that's why we need you to bring your bank information).

Only public transport and second class tickets will be reimbursed, taxis will **not be reimbursed.**

If you have any specific question, please ask us directly.

In order to be reimbursed you need to be able to attend all the training course, from 14th afternoon till 28th morning.

You will need to buy your tickets and send them to us before the 30th of April.

To make sure your trip will be reimbursed, send us the itinerary before booking it!!

We need your travel documents (boarding passes, tickets, invoices) to be able to reimburse you, so **MAKE SURE YOU KEEP ALL YOUR TICKET RECEIPTS and you bring them with you!**

IF YOU WANT TO STAY LONGER

Early arrivals or late departures will be the own responsibility of the participants.

According to French NA the arrival and travel back must be realized by participants within maximum of 2 days. In case of longer stays or indirect travel (more than 24 hours flight transfer, etc) there is no chance of reimbursement.

Also, if you want to stay one or two days longer, before or after the training course, you are in charge of paying your own expenses (accommodation, food, transport, etc.)

Contact information

For any question related to the training: letsacttrainingcourse@gmail.com