



**Dear Partners and participants.**  
**CYN are happy to invite you to:**  
**“SCV project”**  
**Erasmus+ Key Action 1 project**

### **Project target**

The overall aim of this project, whose main activity will be a Youth Exchange, is to help young, unemployed individuals become more aware of how they can focus on their employment dreams and develop the necessary steps towards achieving them, through volunteering. We feel that a more stable, self-conscious and enthusiastic base of volunteers, who will be more involved in the development of their communities, can be gained from this approach. And this is something which everybody needs. The broader target group will be unemployed youth, including NEET's and those facing multiple obstacles to employment, whether it is due to socio-economic, cultural, religious/racial or structural/geographic issues.

The objectives of the project, in relation to the target group, is to:

- Improve their knowledge and attitudes towards voluntary work
- Present a clearer view about different types of volunteering and the positive impact it can have on a community.
- Create awareness about the many transversal skills that can be gained from volunteering
- Stimulate motivation towards volunteering in regards to their own personal and career development.
- Foster an increased sense of initiative and entrepreneurial spirit

- Increase their self-esteem and sense of value to their country and the rest of Europe
- Encourage positive attitudes towards people with fewer opportunities and people from other cultures.
- Gain knowledge of voluntary work in a European context and how they can use the EU's help in order to put ideas into action

### **Educational content preparation**

All participants in this project are part of abovementioned process and we hope that every organisation will be able to present own ideas of volunteering. Therefore it is mandatory to think about ideas of volunteering.

### **Project activity week in Denmark**

July 14, 2017 – July 21, 2017

- **Arrival day: Friday, July 14, 2017**
- **Departure day: Friday, July 21, 2017.**

**IMPORTANT:** We are not able to provide accommodation for you before/ after these dates but we will encourage you to travel to Denmark a couple of days before the activity week starts in order to get familiar with our country/ culture and see the sights ☺

### **Partners**

- *Copenhagen Youth Network (Denmark)*
- *Mesopotamia Youth Group (Turkey)*
- *Unique Projects (Lithuania)*
- *EYCB (Czech Republic)*
- *SFERA Italy (Italy)*
- *Kulturális Kapscolatokért Alapítvány (Hungary)*
- *YOUTHphonia (Greece)*
- *Civic Organization "Development (Ukraine).*

All partner organisations are chosen based on ambitions, commitment and work scope.

Let's build on that together ☺.

### **Participants**

- 6 people from each partner organisation (5 regular participants + 1 group leader)
- 18-30 years of age (only the group leader can be older)
- Both men and women (preferably in equal numbers!)
- **IMPORTANT:** Active participation in all sessions + English speaking abilities is mandatory!

We want you make sure for your participants that this is not a holiday - In case that a participant is late many times for sessions without good and understandable reasons and don't obey the rules, the participant will be excluded for the project and without receive reimbursement.

### **Accommodation**

#### ***Location***

'Brommencentret'  
Bromme Østermark 28  
4190 Munke Bjergby  
Denmark

We are going to stay in a big cabin placed fairly close to Copenhagen city and surrounded by a forest, a small lake and green open spaces. Besides the necessities, the facilities offer

- bonfire
- Shelter
- Gritty running/ jogging tracks
- wi-fi access
- big terrace and 'chill lounge'
- projector for movies/ presentations

#### ***Pictures of cabin***

We will post pictures in the project group on Facebook in June.

**Check in**

Check in time is Friday, July 14, 2017 from 17:00 o'clock.

**Recommended transport from Copenhagen to project location**

1. Take a *train* from Copenhagen Airport to Copenhagen Central Station
2. Take a *train* from Copenhagen Central Station to Sorø Station
3. From Sorø Station we will be able to pick you up, if you call us in advance 😊.

**Facilities**

- Men and women sleep separately – no exceptions
- Sleeping arrangements depends on gender division (4 or 7 beds in 1 room)
- Toilets/ bathrooms/ showers are gender separated (4 toilets/ 5 showers in total)
- Please bring own bath towels
- CYN will provide bed linen; sheets, pillows and blankets + cases.

**Meals**

Breakfast, lunch and dinner are prepared by CYN kitchen team. The participants will be involved in the cooking, cleaning and preparation of activities, as it is a great opportunity to bond with and inspire each other.

**Project language**

English

**Travel reimbursement grants**

Visa costs must be included in the Amount limit.

Organisation (country)	Amount limit
Mesopotamia Youth Group ( <i>Turkey</i> )	360 EURO
Unique projects (Lithuania)	275 EURO
EYCB ( <i>Czech Republic</i> )	275 EURO
SFERA Italy ( <i>Italy</i> )	275 EURO

Kulturális Kapcsolatokért Alapítvány ( <i>Hungary</i> )	275 EURO
YOUTHphoria ( <i>Greece</i> )	360 EURO
Civic Organization "Development and Initiative" (Ukraine)	275 EURO

**IMPORTANT:** Please obtain and keep

- Original invoice
- Original tickets of flight/ train or bus
- Original boarding passes (the slip).
- **Don't buy any tickets before consulting us and receiving an e-mail with out approval of our itinerary.**

The reimbursement of travel costs will be done by bank transfer to the partner organisations only after we have received all travel documents in original form and after the project has officially ended. Travels not adequately reported cannot be reimbursed.

**Insurance**

All the participants **MUST** have travel insurance covering the entire activity week.

**Healthcare**

We strongly advise all of our partners to ensure that their members obtain a European Health Insurance Card.

**Intercultural evenings**

During the project we will have several intercultural evenings. We therefore expect each partner organisation to plan a partner/ country specific PowerPoint or other type of presentation (feel free to be creative ☺) in English to show to the rest of the group. **Length: 15 minutes MAX.**

We encourage the participants to present traditional, typical, local dishes; drinks; games; music; dances or whatever you find relevant in order to give the rest of us an 'insight tour' of your country, national identity and culture.

**IMPORTANT:** The preparation must be done in advance and we will not be able to buy presentation items for you, so you need to bring your own.

### **Code of conduct**

CYN has established a thorough set of rules of interaction that MUST be followed. We will send these rules to the organisation contact persons via e-mail and to all confirmed participants via our project specific Facebook group.

### **Project staff**

Copenhagen Youth Network will always be present with at least 2 representatives during the activity week. Among them are

- Mr Heresh Faraidon (Project Manager)
- Mrs Mette Seier Helms (Project Training Facilitator)
- Mrs Vladica Savićević (Project Training Facilitator assistant)
- CYN Volunteers

In addition to the official CYN project staff, there will be volunteers + external guest speakers for lectures and workshops.

### **Climate**

The summer period in Denmark is, in our humble opinion, amazing. Still, we encourage you to check the weather forecast for Copenhagen and or Sorø in that time period. Pack light but bright ☺.

### **Activity week programme**

In the beginning of July, we will send the activity schedule to the organisation contact persons via e-mail and to all confirmed participants via our project specific Facebook group.

**IMPORTANT:** If you have any suggestions for content (own presentations, games, social events, relevant films or other) besides the mandatory, please inform us and we will consider the possibilities.

### **Communication**

We will create an official project Facebook page, where all participants can communicate with each other and us regarding the project. All participants are to send an access request in order to join the page.

Sincerely

Heresh Faraidon

Project Manager

**Copenhagen Youth Network**