

'Think global, act local'

Training Course - 17-23 May 2016

Infopack

Project description

After participating and organizing Youth Exchanges some questions started to arise: what is the ecological footprint of an exchange? how much resources are we wasting? how can we provide a sustainable exchange? how can we promote a healthy and active lifestyle?

Health, sustainability and environment if taken in account in a holistic way comprise a diversity of areas and concepts that are not clear to a lot of people and that also reflect cultural differences and habits.

By creating a space of discussion and sharing we enable people to discover more deeply some of the current issues regarding environment and health that affect their lives and to create solutions that can be implemented on our daily lives and on the projects we are running.

The project is divided in a **Training Course** and a following **Youth Exchange** (in the Alps close to Trento, in summer 2016) so that the methodologies can be developed and put into practice.



The training course

The participants will follow a path during the different activities, in order to reach the final goals: definition of the standards and guidelines for sustainable exchanges and the preparation of the following YE using them.

Activities:

- ABCD method as planning tool
- Visit to local projects and communities
- Workshops
- Partner presentation and sharing good practices
- Brainstorming
- Word café method
- Reflection

PARTNERS

Italy

Associazione Culturale Eufemia

Portugal

Aventura Marão Clube

Associação Cultural Casa da Horta

Romania

Societatea pentru Consum Responsabil

Asociatia de Tineret Cultura si Educatie "Speranta Ramniceana"

Turkey

Adana Youth Group

Konya Metropolitan Municipality Kilicarslan Youth Center

Czech Republic

Brno for you, z.s.

Evropske centrum mladeze Breclav/European Youth Centre Breclav z.s.

Germany

STARKMACHER EV

Latvia

Ventspils Jauniesu dome

Ventspils regionalais nevalstisko organizaciju atbalsta centrs

LOCATION: Sant'Emiliano, Italy



The Training Course will take place in Sant'Emiliano, near to Albugnano between Turin and Asti. Each of the cities are 1 hour away by car. The activities will take place in different nearby locations.

The location is known as the *balcony of Monferrato* because of its height and view.

ACCOMODATION

The participants will be accommodated in **Ca'Mariuccia** (www.camariuccia.it), a new cooperative that was born as a project to promote natural agriculture and auto-production.

The space has different double and triple rooms, dinner room and a lot of indoor and outdoor space for activities.



PARTICIPANTS

Participant number for the training: 2 participants per country.

The participants will have no age limit and will be an active person on the youth work field or policy-making.

All the partners agreed about the involvement of project manager and/or people with a role of responsibility in their organization, so that:

- the level of the participants will be averaged on a high one; sharing experiences and good practices is one of the main goals;
- the competences could be easily transmitted in the organization itself once back in home countries;
- they have high interests, positive attitude and the real possibility of improving and applying the methodologies in further projects;
- good level of English.

Gender balance is recommended.

In the countries with more than 1 partner each organization should select 1 participant.

An online application form will be available soon.

TIMETABLE

	Day 1 17/05	Day 2 18/05	Day 3 19/05	Day 4 20/05	Day 5 21/05	Day 6 22/05	Day 7 23/05	
8.30 - 9.30	Arrivals	BREAKFAST						Departures
10-12		Presentation of the Project, partner presentation, EcoRules	Sustainable mobility	Cooking workshop: vegan, fair trade and km0 products	EcoYouthpass YE and TC footprint	EcoPublic Café - The project		
12.00-14.00		LUNCH						
14.00-18.00		ECOWorkshop I - ABCD Method: 'What is a sustainable project?'	Visit to a local community	Food sovereignty and global issues	ECOWorkshop IV - ABCD Method: Creating guidelines	Final evaluation and reflections		
18.00-20.00		Get to know each other	Reflection	Reflection	Middle evaluation	Reflection		
20.00		DINNER						
21.00		Welcome night	Intercultural night	Free night	Movie night	Pizza night	Farewell party	

This is a temporary timetable – our team welcomes your ideas and we are open to create a schedule where you can bring and develop your own workshops and share your expertise. Just write to us and let us know!



TRAVEL AND VISA COSTS

Transport for the Training (refunded 100% within the limits below):

Portugal 275€/person

Romania 275€/person

Turkey 360€/person

Czech Republic 275€/person

Germany 180€/person

Latvia 275€/person

Visa costs are also covered, please contact us for further information if you need visa.

NOTA BENE: you can start buying tickets **ONLY AFTER 1st of March!**

TRANSPORTATION DETAILS

As Ca' Mariuccia is not well connected with the main cities around, we are going to organize a single transfer for the whole group. That's why we ask you to arrive before 18:00 on the 17th of March and to leave after breakfast on the 23rd.

REIMBURSEMENT

Please keep all documents as we need the originals of:

- . Confirmation of reservation
- . Tickets
- . Bills, invoices, receipts
- . Boarding passes

Note that missing documents will NOT be reimbursed.

HEALTH AND TRAVEL INSURANCE

According to Erasmus+ there will be no insurance from the program. If you have the possibility, we suggest you to make a European health insurance card.

CONTACT PERSON

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