



Danish Intercultural Organisation

United by differences-2

Erasmus+ Youth Exchange “United by differences-2” will gather 45 young people and group leaders from different organizations based in Denmark, Turkey, France, Estonia, Hungary, Czech Rep., Serbia, Moldova and Romania.

PLACE AND DATE: The project will be in Copenhagen, Denmark between 22nd to 28th of July 2015.

PARTICIPANTS: 45 participants (included Group Leaders), 15- 30 years old.

WHO: Young people from 9 countries, preferably if have experience in promoting Sport as a tool for inclusion of disabled people through Sport which can become peer educators/multipliers, in their countries.

COUNTRY: Denmark, Turkey, France, Estonia, Hungary, Czech Rep., Serbia, Moldova and Romania

LANGUAGE: The working language will be English.

This Exchange will deal with the importance of the Sport values and dynamics and their impact on health and society and Sport as a fight against violence / social exclusion and for inclusion of people with disabilities.

Sport is an area of human activity which takes a great interest on youth and has enormous potential for bringing them together, reaching out to all, regardless of age, gender or social origin.

The main topic of this project is to use “Sports as a way of improving active citizenship activities, cultural exchange and social inclusion of young people”.

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In addition to improving the health of youth, Sport has an educational dimension and plays a social, cultural and recreational role.

The EU encourages support for Sport and physical activity through various policy initiatives in the field of education and training, including the development of social and civic competences.

The aim is to promote participation of young people in Sports activities which enable disabled people to integrate socially and to create / empower personal, social and communicative skills, necessary to help a process of integration and inclusion.

The objective is to form competences on how to use the methodology “Education through Sport” and to create a network of people interested in using these new skills.

The activities we are organizing include: workshops, talks, role-playing, visits, debates and practice of several team-sports in outdoor and indoor context.

The core and thread of this exchange will be the so called “Mini Paralympic Games”, Sport’s activities between multinational teams composed by participants from all the European organizations that take part in it.

The Adaptive Games will be played with the common goal to improve and experienced those in another contexts. These games were adapted and detailed so teachers, youth workers, coaches and others could easily read and understand the games to then teach to the people they work with in their country.

ACTIVITIES AND METHODS

The activities will be coordinated through non formal education methods (group works, video productions, role play games, brainstorming, etc) and will include also visits to the local cultural associations in the city centre, participation to sport events, meetings with the students of the sociology course at university, exchanges with local administrators and members of local associations. Some activities will take place outdoor, to promote Erasmus

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plus and non-formal education and raise awareness on urban problems among the local community.

During the last days of the project, participants will have the chance to create working groups, to present ideas for future projects on urban issues, sustainability, promotion of young people participation in their local community.

PARTNERS

The project will host 45 participants (each organisation will send 5 participants; 4 participants + 1 group leader) from the following 9 organisations.

TRAVEL COSTS

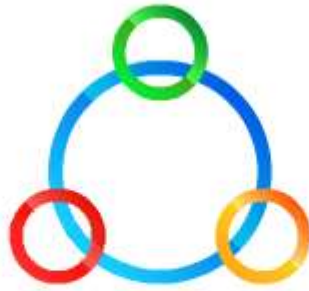
According to new Erasmus Plus rules, the reimbursement of travel costs will be calculated used a specific program called Distance Calculator:

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
Denmark	Denmark	10 - 99 km	5	20.00
Turkey	Denmark	2000 - 2999 km	5	270.00
France	Denmark	500- 1999 km km	5	170.00
Hungary	Denmark	500 - 1999 km	5	170.00
Moldova	Denmark	500 - 1999 km	5	170.00
Estonia	Denmark	500 - 1999 km	5	170.00
Romania	Denmark	500 - 1999 km	5	170.00

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Czech Rep	Denmark	500 - 1999 km	5	170.00
Serbia	Denmark	500 - 1999 km	5	170.00

After sending their tickets and boarding cards, participants will receive the reimbursement of their travel costs.

Food, accommodation and local transports for activities will be fully covered by the project.

Participation fee

Free-No participants fee.

The Venue

Copenhagen, Denmark. Placed in the center of Gladsaxe Sport Center and very close to Copenhagen, Gladsaxe Sports Hostel is the perfect solution for an overnight stay for sportsevents, schoolclasses and excursions, company tours and private events. **Facilities** Gladsaxe Sports Hostel is 600 squaremeters large and includes both sleeping quarters and a dining and common area.

How to reach Copenhagen

Copenhagen has an international airport. You can take buss or train to our city.

Arrival

You must come to accommodation place by yourself.

What to bring

Since there is going to be an international evening, we will ask you to bring something traditional, famous or delicious from home - that you would like to represent your country with, and share with the others, it can be any kinds of food, drink...

Accomodation

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<http://www.gladsaxe.dk/Default.aspx?ID=58942>

Please read and learn how you will reach the hostel from airport.

The participants are going to be hosted near Copenhagen. There are going to be 2-4 persons per room. Catering will be organized, 3 meals per day, plus coffee and snacks.

HEALTH INSURANCE:

Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in Denmark are quite high if you don't have.