

PROBLEM? LETS SOLVE IT!

23st-30th June 2013

LEDNICE – CZECH REPUBLIC

PARTICIPANTS GUIDE

Dear friends,

As you were informed, our Training course "<u>Problem? Let's Solve it!</u>" was granted by the Czech National Agency. The project will be held between 23st and 30th June 2013 in Lednice and we are pleased that your organization decided to become one of our partners. Hereby we send you a brief <u>Participants guide</u> that will help you with whatever you will need during your stay in the Czech Republic.

In the included Infopack you will find the application form with brief information about you so please fill it and send it back to us. This information will help us to better prepare our project.

It is compulsory for all participants to have <u>travel insurance</u> covering the duration of your stay in the Czech Republic, including the days of your arrival and departure. If you have any <u>special needs</u> (such as allergies, diets, etc.) let us know and concerning the Turkish group please inform us how many of you eat pork and drink alcohol. We need to arrange the food etc. in advance and it might be a problem to solve your special needs if you don't tell us about them until you arrive to the Czech Republic.

From 1^{st} May 2013, you can start buying the train, plane or bus tickets to get to the venue of the project. Attention - we won't be able refund any expenses made before this date! Your travel ticket must be also maximum two days before and two days after our project. If you decide to stay longer we will not be able to refund your ticket. We kindly ask you to choose the most economical and eco-friendly way of transport (e.g. APEX or student fares for flight tickets, cheap airlines, 2^{nd} class trains). If it is possible for you, please check the prices for flight tickets to both Prague and Vienna airport. Also be aware of your travel cost limitation. We reimburse the travel cost ONLY up to the limit designated for your country.. The best way for cooperation is send us your travel plan before booking for our approval so

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please send us your choosing ticket before booking for final confirmation if it's OK for reimbursement. We will reimburse only those tickets that will show the currency, dates of your travel, places you are travelling from/to and your name (or number of passengers). Keep all your tickets (also from your local buses and trains).

OVERSTAY: If you decide to stay in the Czech Republic after our project you can prolong your stay by maximum **ONE extra day**. We talked to our National Agency and unfortunately, they do not allow the participants to stay longer than one day. If you stay longer than one day, we will NOT BE ABLE to reimburse 70% of your travel costs.

In the attachment you will find the <u>Travel guide</u> that will help you to find the best travel connection to the project venue. When you have booked your tickets, we need you to send us your travel details (date, hour, cost, flight number, flight company...) including the additional transport to Břeclav from the airport. If you have the electronic flight tickets, please send them too. Please, include estimated time of arrival to Břeclav train station.

Please send us your participants list and travel details including copy of your booked flight ticket or bus/train ticket no later than <u>20th May 2013</u>!

WHAT IS IT ABOUT

Training course "Problem? Let's solve it!" is composed as an eight-days long action 4.3. within the Youth in Action programme. The project will take place in the region of Southern Moravia in town of Lednice, where the world famous UNESCO sight Lednice-Valtice Cultural landscape is located. The project venue is suitable for indoor as well as outdoor activities.

The project will take place from 23 June until 30 June and will involve 21 young people from Turkey, Estonia, Bulgaria, Spain, Portugal, Great Britain and the Czech Republic. Together we will create a team that will overcome any obstacles and challenges. Together we will be under the guidance of trainers and experts and we will learn about problematic behavior of various social groups. We will focus on racism, xenophobia, antisemitism and other problems present in our societies. A part of the activities will be lead by experienced experts in the problem environment; an educator in a diagnostic institute and a police prison psychologist. Through different kinds of activities, from energizers and icebreakers in first part of the training course, we will continue to the interactive discussions, presentations and simulations of real-life situations or self-evaluations.

Important part of the training course will introduce the scope of Youth in Action programme that will focus on each type of action. We will discuss possibilities that the Youth in Action programme offers and we will clarify any doubts. We will also discuss the system and importance of the European Union, the advantages of its democratic system and the position of the European citizen.

Supported by the Czech National Agency Mládež v Akci (www.mladezvakci.cz)

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The main aims of the project are to raise awareness of possible solutions of conflict situations and to successfully face and solve critical situations. We will also raise awareness about the European Union, the benefits for it citizens and especially the benefits of the Youth in Action programme.

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WHO & MAXIMUM TRAVEL COST

Country	Organization	Count people	Total 100% maximum travel cost per group (€)	70% travel costs per group (€)
Portugal	Associação Check-IN - CooperaAssociação CHECK-IN - Cooperação e Desenvolvimentoção e Desenvolvimento	3	1140	798
Spain	"DONORTE" CULTURAL ASSOCIATION	3	1020	714
Bulgaria	Student's society for charity and volunteering of the National High School for ancient languages and cultures		600	420
United Kingdom	Global Love Youth Trust	3	1260	882
Estonia	InterActiveEst	3	870	609
Turkey	Ahi Evran Aviation Club	3	1290	903
Czech Republic	European Youth Centre Břeclav o. s.	3	67	47



WHERE

Training course will be held in Lednice (CZ), which is one of the main parts of Lednice-Valtice area, cultural landscape protected by UNESCO. You will be accommodated in pension Jordan (<u>http://www.pensionjordan.cz/en/</u>) in rooms for 3-4 persons.

Unfortunately, it is not possible to stay in the hotel for one additional night or one night before the project because Lednice is one of the most popular destinations in the Czech Republic and all rooms in the hotel are probably already booked. But of course you can check the room availability on your own.

The arrival day is Wednesday 23st of June 2013 and departure day will be Wednesday 30th of June 2013.

The contact details of the venue are the following:

Pension Jordán, nám. Malinovského 55, 691 44, Lednice, Czech Republic, tel.: +420 519 340 285, tel.: +420 539 050 753, fax: +420 537 039 626, web: , e-mail: <u>http://www.pensionjordan.cz/en/</u>, gps: 48°48'3.51"N, 16°48'6.55"E

We will manage the transport from Břeclav to Lednice, so it is your task to get to Břeclav train station. There are several ways that you can use to get to Břeclav train station, please see the <u>Travel guide</u> in the attachment to help you to find the best one for you. While deciding, please consider the price first.

WHAT TO PREPARE / BRING

- There will be an "Intercultural evening" during the project. For this, please bring some traditional meals, candies, drinks, flag or other national symbols and some prospects about your countries and region. Also you can tell us some interesting things about your country.
- The last week of June in the Czech Republic is usually sunny, with mild temperature about 25 degrees Celsius. It might be chilly in the morning, sunny during the day and again a bit colder at night. But the weather can vary from rainy to the tropical hot, so please do check the weather forecast for Lednice before you pack
- Most of the course will be held indoors, but if weather is nice we shall do
 the activities outdoors. We recommend you to take some trek shoes, some
 comfortable clothes for indoors and also some nice clothes for trip to Brno
 .We will play games so take some comfortable shoes and clothes that you
 will not cry over if you slip on the grass and stain it green. Shoes or
 slippers for indoor are recommended.



- TAKE YOUR MEDICATION IT IS GOOD TO TAKE PILLS FROM YOUR COUNTRY (do not be afraid, we have painkillers and so on in our country, but you know yourselves best and you know which pills are best for you, so, please, take with you your own medication like painkillers, antipyretic, something against cold,...)
- When you arrive to Prague or Brno or another bigger city, make sure you exchange some Czech money (Czech crowns CZK), you can buy some food and drinks on place where the project taking place. Also you can use ATM or in lot of places paid by credit/debit card.
- The other activities you can find in the <u>Daily programme</u>. See attached.

OUR CONTACTS

If you need any help or you have any questions, don't be afraid to contact us:

Organization mail eycb.info@gmail.com

<u>Ondra</u> Tel: +420 603 853 250

<u>Lukáš</u> Tel: +420 776 092 988

<u>Jana</u> Tel: +420 776 258 745

The mobile numbers are here only in case you need our help during your journey and for better communication without Internet connection. For non-urgent communication we prefer to use email.

SEE YOU IN LEDNICE SOON

YOUR EYCB TEAM