



(EU)QUALITY – KA1 ERASMUS+ (Youth Exchange)

IF YOU HAVE BEEN SELECTED TO PARTICIPATE IN THIS EXCHANGE, PLEASE CLICK HERE IN ORDER TO FILL IN OUR PARTICIPANTS DETAILS DOCUMENT

VENUE:BRACCIANO (ITALY) – 1st - 11th of July 2015

TRAVEL DAYS:

Arrival: 1st of July (Activities will start at 3pm, so we suggest you to arrive to Rome no later than 1pm)

Departure: 11th of July 2015 (Activities will end at 4PM, so we suggest you to leave from Rome airport later than 7pm).

Notes: Participants are requested to attend all the days of activities. We are available to examine special needs concerning the arrival or departure time slot (delays or early departures), but travel days must be respected; the activities will start and end anyways at the scheduled time, so late arrivals or early departures are not recommended for the effectiveness of your own experience. Further details will be given in the next lines (“how to reach the venue of the Project”).



THEME(S) AND ACTIVITIES:

(EU)quality wants to respond to the European legislative situation in the field of civil rights, common law couples, gender equality, sexual orientation stereotypes and discomforts, and homophobia.

Laws about it are very different in each European country: there are more flexible countries like Netherlands, Spain or United Kingdom, and less tolerant countries like Italy, Poland, Slovakia and Greece, and halfway situations like Czech Republic.

But the real point is that tolerant and flexible countries are not always also openminded, and the opposite. There is a separation between laws and people. Furthermore, the discussion is too often made only from an ideological point of view, more than from the point of view of real life conditions of citizens. That's why the discomfort is increasing, proven by growth of suicides, risk behaviors, violence and homophobia. This project aims first to respond to these discomforts, helping young people to understand better and fight prejudices and stereotypes about sexual orientation, analysing feelings, expectations from the society towards couples, homosexuals, heterosexuals, etc. Second, we want to create a discussion that starts from personal conditions, the real ones, ending with new laws.

For this reason, we will fake a European Parliament, that will be asked to decide and to make laws about civil rights, homophobia, risk behaviors, giving legislative responses but also awareness campaigns.

The main tool for most of the project will be photography, that we'll use in a non formal way as self-analysis, communication and discussion tool, and eventually to transmit the final message; particularly we'll use participatory photography, phototherapy and stopmotion technique. Furthermore, we'll realize discussion groups, teambuilding, groupbuilding, namegames and language animations activities, a final cineforum, no less than 2 final photography exhibitions, a final blog, social networks and youtube and flickr channels, and two workshops about Europe, more specifically about Erasmus + Programme and inclusive strategies of Europe 2020 Agenda.



If you want to know more, ask us, your leader, or your organization for the precise timetable.

NUMBER OF PARTICIPANTS: We will host 40 young people aged from 18 to 30 years (plus 8 group leaders)

For each Country: 5 participants (18-30 y.o.: participants can be more than 30 y.o. if they were still 30 y.o before the 24th of march 2014) + 1 group leader (aged more than 18 y.o.).

COUNTRY INVOLVED: Italy, Spain, Slovakia, Czech Republic, Poland, Netherlands, United Kingdom and Greece.

EXPECTED LEARNING OUTCOMES: to learn new expressions techniques connected with photography, to improve communication skills, to experience more personal and social awareness, and to learn the basic rules of legislation and politics decisions.

Furthermore, to develop an active citizenship and particularly the european citizenship. The final exhibitions, cineforum, social networks and youtube and flickr channel will extend the impact of the project on local communities and other virtual web visitors.

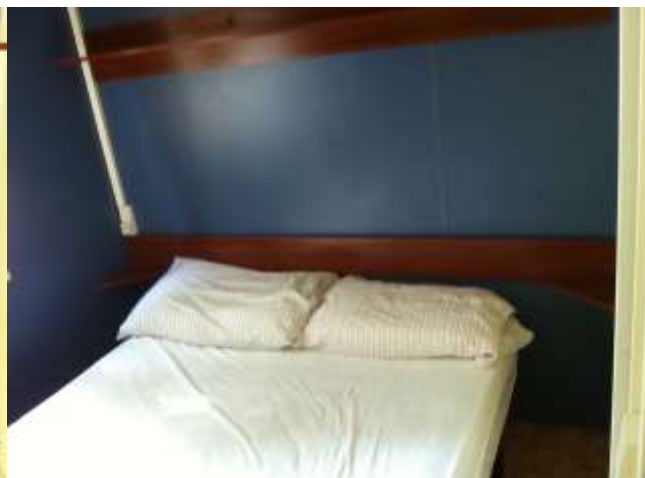
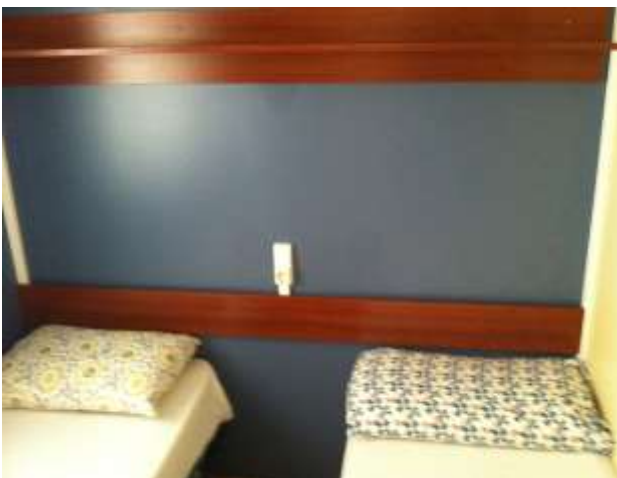
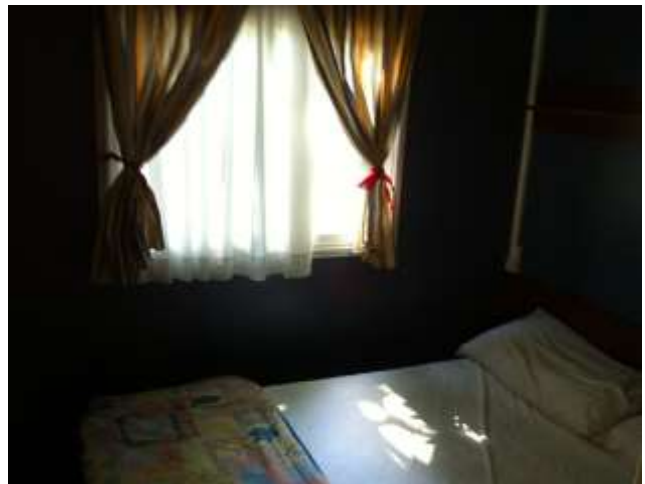
COSTS:

No participation fees.

E.U.R.E.C.A. will cover 100% expenses for food and accomodation (free accomodation, free food & lodging, free course).

Travel costs will be reimbursed 100% up to 170€ (no reimbursements for italian participants) after the activities through bank transfer, only if participants will send all the documents needed (original boarding passes, electronic tickets and train or bus tickets). In order to be reimbursed, tickets must be ALL (including train tickets) in Economy class.

ACCOMODATION: Participants will be host in Bracciano (<http://en.wikipedia.org/wiki/Bracciano> : we will have a night excursion there so that you can enjoy the beautiful town) by the Camping “Il porticciolo” (www.porticciolo.it : yes, the website is a bit old-style, but the accommodations are very good, the food is amazing and the managers are very friendly), a lovely location in front of Bracciano lake. Participants will stay in mobilhomes (4 or 6 people per home, in double or triple rooms) with a kitchen, bathroom, shower and toilet in each mobilhome.



(REAL PICTURES TAKEN BY E.U.R.E.C.A. STAFF MEMBERS)

IMPORTANT: participants will have to bring their own **sheets and towels** (further information about the rooming list so that you can know if your bed is single or double will be provided as soon as we'll have the definitive list). As an alternative, they can rent them in the Camping (8,00€ a week for sheets, 3,00€ a week for towels). In this case participants will be requested to let us know in advance if they need sheets and towels in order to allow the camping to have the exact necessary amount.

It's possible to have an additional **air conditioning service** at 7,00€ per night per mobilhome; however, the weather is usually chilly enough during the night, and air conditioning shouldn't be necessary.

Sockets are suitable for german plugs (look at the pictures)



We suggest you to bring your own adaptor.
Universal international adaptors are also recommended.

There is a **free wi-fi** service available, but you can use it only for one device per mobilhome. You can have an additional one paying 5,00€. Furthermore, if you need videos or other streaming for the activities, we strongly recommend you to download in advance the videos in your country, because the wi-fi could be not fast enough.

There is a **drying rack** for each mobilehome; there is also a **washing machine** service if necessary (6€ per each washing).

There are **no hairdryers** in the mobilhomes.

We might enjoy the beach for some activities; we suggest you to bring **swimwears**

FOOD: Continental breakfast and italian dinner will be served in the restaurant of the camping. Participants will cook their own lunch in the mobilhomes; we will encourage you to cook in turn the lunch for all the other guests of your mobilhome, in order to explore international food every day. In the camping there is a very small market with very basic products (bread, milk, oil, salt, pasta, snacks, and just some more). Leaders will help you to manage the list of the ingredients you need and the related expenses.

HOW TO REACH THE VENUE OF THE PROJECT:

Go to **BRACCIANO STATION**.

From FIUMICINO AIRPORT: There is a train station inside the airport. Just follow the directions. The staff in the station can speak english. Ask them for a ticket to BRACCIANO: they will lead you to the right platform, although you'll have to change in TRASTEVERE station. From TRASTEVERE take the train to Bracciano (you don't need to buy another ticket if you bought the one to Bracciano in Fiumicino; **BE CAREFUL:** BRACCIANO won't be the final destination of the train: check the billboard or other signs in the station and don't wait for the final stop of the train).

The trains timetable is not available yet, but you'll be able to check it visiting the website: www.trenitalia.it (you can change the language in the homepage). However usually there are trains from FIUMICINO AEROPORTO (departure station) to ROMA TRASTEVERE (change station) every 30 minutes, and from ROMA TRASTEVERE to BRACCIANO either (30 minutes). The total time of the trip (including the change) is about 1h15.

From CIAMPINO AIRPORT: There are no train stations inside the airport. The nearest station is connected to the airport with a bus but we DON'T recommend you to use it, since there are easier and more convenient ways to reach the venue.

Take a bus to TERMINI STATION (Terravision, Schiaffini, Cotral... it's up to you; you can check the details here: <http://www.adr.it/web/aeroporti-di-roma-en/pax-cia-bus>). When you arrive to TERMINI STATION, buy a ticket to BRACCIANO (arrival station; the staff in the station speaks english). You'll have to take the first train for ROMA OSTIENSE (usually ROMA OSTIENSE is the final destination of many trains, so it should be easy to take the right train at the right platform; however there might be some trains that only stop in OSTIENSE, although their final destination is different; ask the staff if you need help). From OSTIENSE take the train to Bracciano (you don't need to buy another ticket if you bought the one to Bracciano; BE CAREFUL: BRACCIANO won't be the final destination of the train: check the billboard or other signs in the station and don't wait for the final stop of the train). The trains timetable is not available yet, but you'll be able to check it visiting the website: www.trenitalia.it (you can change the language in the homepage). However usually there are trains from ROMA TERMINI (departure station) to ROMA OSTIENSE (change station) every 30 minutes, and from ROMA OSTIENSE to BRACCIANO every 30 or 40 minutes. The total time of the trip (including the change, but excluding the bus) is about 1h 35.

ALTERNATIVE FROM CIAMPINO AIRPORT: take a bus to Metro Station "ANAGNINA" (COTRAL is the name of the company; there are buses every 30-55min; the journey takes up to 25 minutes). In ANAGNINA buy a "BIRG 3" ticket (pronounce "beerg"; there are no ticket offices in the next train station). Take the METRO LINE "A" to VALLE AURELIA station. Follow the directions to the TRAIN (FS – TRENITALIA) station and take a train to VITERBO, and get off in BRACCIANO STATION

AT BRACCIANO STATION: E.U.R.E.C.A. staff will welcome you and will go with you to the Camping, using a public bus. We might need to wait for someone else's arrival before to take the last bus. Please be patient.

FOR FURTHER INFORMATION (or IF YOU WILL ARRIVE TO BRACCIANO AFTER 2:30 PM: in this case you will have to manage all the trip by yourself):

<http://www.porticciolo.it/main/Pages/English/route.php>

PREPARATORY ACTIVITIES AND MATERIAL: The project is about LGBT and civil rights, sexual orientation stereotypes (including heterosexuality), common law couple, STDs (Sexually transmitted diseases), homophobia. We'll use photography. We'll present the Project and the associations to the public authorities in Bracciano. We might enjoy the beach of the lake for some activities. For all these reasons, the project needs your contribution.

Please bring with you:

- a list of your expectations (or at least think and focus about it)
- some material about your national organization (video, photos, brochures, websites, whatever you want)
- pictures and photos about the themes of the project (advertisements, pictures on the internet, newspapers, etc: you can use either digital pictures or printed ones, better if both)
- news and information about the laws and the culture in your Country concerning the themes of the projects (gay marriage, common law couples rights, homophobia, STDs prevention, etc.)
- a CAMERA (a smartphone couldn't be enough; contact us if you don't have a camera).
- swimwear

WEATHER and SAFETY: The weather in Italy in this last years is quite strange. Summer used to be very hot and sunny, but since the last 3 or 4 years there are also strong rains; anyways the sun is still very dangerous, especially for north-european people and very white skin. Furthermore, italian mosquitoes are quite hungry! So we recommend you to bring:

- an umbrella
- clothes for hot and sunny weather (including swimwear)
- clothes for rainy weather
- **ESSENTIAL:** a sunscreen!!!!!!!!!!!!!!
- a mosquito repellent

(you can buy everything at the airport when you arrive if you forget or struggle to find it in your own Country).

EMERGENCY:

POLICE : 112 or 113

AMBULANCE: 118 (LESS IMPORTANT BUT URGENT MEDICAL CARE: +39 06 96669696)

FIREMEN: 115

THE HOSTING ORGANIZATION:



E..U.R.E.C.A. (Energie Unite per la Ricerca, l'Educazione, la Cultura e l'Arte) Association (www.energieunite.org) was born in 2004 with the goal to contribute to the well-being of the society through the diffusion of art and culture. Since 2004 it's been realizing music courses for young people and musical propaedeutics workshops for nursery and primary schools.

Between 2005 and 2006 it realized three editions of the musical festival “digressioni musicali”, with the goal of giving visibility to the young musicians of the province of Viterbo. Periodically it realizes meetings and musical formation courses with the biggest names of the Italian musical scene (singers, musicians, teachers, producers). Since 2010 it has been holding foreigner languages and eastern language and culture courses, to improve the international mobility of the youth and the knowledge of extra-European cultures for the young people of Viterbo. Since 2010 it's been activating photography courses as well, held by Lietta Granato, who graduated in photography at the “Westminster University” of London with a theses on therapeutic photography. The students of the course realized several exhibitions of their works, that grabbed the attention of the press as well.

In 2011 E.U.R.E.C.A. realized the training course “FINDING YOUR IDENTITY” (Action 4.3 of Youth in Action programme), in 2012 realized “Ready Steady go” (action 1.1), in 2013 “Sketching Future” (action 1.1) and “Picture Your Job” (action 4.3). E.U.R.E.C.A.'s members use to participate in many international activities all over the Europe under the Youth in Action and Erasmus+ Programmes.

www.energieunite.org

If you need our support:

email info@energieunite.org or aceureca@yahoo.it

whatsapp Francesco at +393389837347 (if you use kakaotalk you can add framecorio). From june he will also be able to answer the phone, and we'll provide you with further phone numbers and other staff members contact details.

Please email us your facebook in order to allow us to add you to the group of the project.

Don't forget to fill in the participants details document: [click here!](#)