



ArtExpress

Training Course
Dresden, Germany

2 - 10 July 2015

Info Pack for Participants
Season 2015

Organised and coordinated by Jugend- & Kulturprojekt e.V.

Financed by the Erasmus+ Programme of the European Commission

Reference Number: 2015-1-DE04-KA105-012390

Partners:

Czech Republic: European Youth Centre Breclav z.s.

Estonia: NGO Youth Club Active & NGO Continuous Action

Greece: Addart, Anazitites Theatrou, Praxis

Ireland: Eurobug

Italy: YouNet, Puzzle, Associazione La Stazione

Hungary: Dedushkov Nonprofit LLC.

Poland: Gminny Osrodek Kultury Olesnica & SMMSS

Spain: Fundació Catalunya Voluntària & Mundus - Un mundo a tus pies -

Turkey: Tekkeköy District National Education

United Kingdom: Go Digit All & Consilium Ltd

JKPeV Team:

Project Coordinator: Stefan Kiehne (+49 17 696 212 347)

Project Coordinator & Trainer: Myrto-Helena Pertsinidi (+49 176 999 122 209)

Trainer: Dimitris Savvaidis

Trainer: Yannis Taxis

Description

ArtExpress aspires to bring together 30 youth workers, trainers, social workers, facilitators, visual artists and art educators in order to offer them methods to use visual arts in the frame of non-formal education. This will be achieved by providing the participants theoretical knowledge on visual arts based on non-formal learning methods, technical expertise and practice on animation stop motion, story telling, filming and photography with the view to foster young people's and young people with fewer opportunities personal, emotional, social and cognitive development.

Visual arts provide an environment and practice where young people are actively engaged in creative experiences, processes, and development. By introducing participants to artistic processes, while incorporating elements of their own culture into education, cultivates in each of them a sense of creativity and initiative, a fertile imagination, emotional intelligence, a capacity for critical reflection, a sense of autonomy, and freedom of thought and action, which they can convey to young people in their community.

In today's world, where young people are very familiar with the new technology, visual arts seem to be an attractive medium to promote non-formal education, free expression, cultural diversity, cultural awareness and EU values.

Especially young people with fewer opportunities who don't have access to such form of education which uses innovative learning tools, will have the opportunity to express their creativity and use their artistic, digital and technical skills given by the participants who will disseminate the results of the project.

Therefore, ArtExpress project aims to disseminate the methods and tools to youth workers, social workers, art pedagogues and educators, trainers and facilitators so that they apply them in youth work and their trainings. Hence the participants will be the multipliers of the project's learning outcomes and methods by promoting them in their organizations and their local community. Finally, ArtExpress project aims at the exchange of best practices, the development of participants' facilitation and training skills and the establishment of a strong international network.

Profile of participants

The training course is designed for youth workers, trainers, facilitators, social workers, visual artists (amateurs and professionals) and art educators of the partner organizations who wish to learn how to use visual arts as a tool for active youth participation. A prerequisite to participate in this training course is keen interest and motivation and active participation during the training course which means that they are expected to exchange and develop new non-formal learning methods and more specifically visual arts such as animation stop motion, filming, photography and pixelation to enhance creativity, critical thinking, social cohesion, communication and active citizenship. The participants are expected to multiply the results of the training course and in particular the learning

outcomes within their local communities by becoming themselves trainers and youth workers. The selection of participants for this course will be first made by the partner organizations and finally by Jugend- & Kulturprojekt e.V. respecting gender balance.

Objectives:

- ✓ To explain and demonstrate how visual arts can be used on non-formal education, having precise learning objectives.
- ✓ To provide the participants technical expertise tools on animation (stop motion), photography, filming and pixelation.
- ✓ To create a platform for the exchange of experiences and best practices through workshops, round-table discussions, presentations and group work so that this knowledge and experience will be conveyed to the young people of the partners' community.
- ✓ To learn how to make partners' trainings and projects more visual and interesting and therefore motivate young people and young people with fewer opportunities to participate actively in such projects and be active learners and citizens.
- ✓ To develop a common understanding between participants and organizations, and to support innovative projects using visual arts as a learning tool.
- ✓ To create and develop a strong European network of NGOs and cooperate in future projects

Methodology:

The methodology of the course will be based on non-formal education using an interactive and participative approach. Active group/team work and plenary discussions, as well as theoretical inputs and technical learning are the main elements of the course in order to cover all aspects of the project themes. Emphasis will be highlighted on the competences and the knowledge and learning methods which will be acquired by the participants which should be conveyed to the young people of their community. This will be achieved by setting up enough space and time for reflection and evaluation, by providing expertise, comprehensive documentation, handouts and guidance from the trainers' team. Learning tools will be provided and, on the basis of their already existing projects of their sending organizations, participants will be also invited to share good practices, to exchange useful information, and work intensively in order to improve their training skills.

Preparation of participants:

All participants should prepare before joining the ArtExpress training course a presentation of the organization they represent based on visual arts. Participants are free to use whichever form of visual arts they want. The presentation should be creative and artistic as much as possible. Moreover, participants will be asked to share best practices regarding the use of visual arts in youth work by presenting training courses, youth exchanges or any other kind of projects they have implemented based on non-formal learning methods.

Daily programme & what participants should bring:

On the first day (arrival day), the 2nd of July participants are expected to arrive by 17.00 so that we get started with getting to know each other, presenting the trainers and the project coordinators, the daily programme of the project and the activities. From 10.00 to 13.30 and from 16.00 to 19.00 there will be sessions and workshops on animation stop motion, filming, story telling, pixelation, sound effect and editing.

The trainers have a guiding role during the training course and will prepare the ground for a collaborative work among the participants. After each evening session there will be evaluation.

Each participant is expected to bring a **lap top**, a **photo/video camera**, **USB sticks** and **memory cards** for the video/photo camera. Participants are welcome to bring delicacies and drinks typical of their country as there will be an intercultural evening. Participants are expected to depart on the 10th of July after lunch. Check out time is by 11:00 am. Please keep in mind that only during the days of the training, are participants offered lodging, subsistence & health insurance.

YOUTHPASS Certificate

Within the frame of 'recognition of non-formal learning', all participants will receive a 'Youthpass' Certificate at the end of this training. Youthpass is part of the European Commission's strategy to foster the recognition of non-formal learning. It is a certificate which supports the reflection upon the personal non-formal learning process and visualises and fosters active European citizenship of young people and youth workers. Moreover, Youthpass is a Europe-wide validation instrument for non-formal learning in the youth field. It contributes to strengthening the social recognition of youth work and makes visible the key competences of participants gained through an Erasmus+ project. Youthpass finally aims at supporting the employability of young people and youth workers.

Costs & refund of travel expenses

Subsistence, lodging and programme costs will be provided and paid by a grant from the National Agency of Germany of the “Erasmus+” Programme. There is a participation fee of 50,-€ for each participant, which will be deducted from the travel expenses. Insurance will be covered from Programme costs in case of an accident, but please bring your European Health Insurance Card with you! (Contact your local Health insurance provider to obtain one for free). According to the new Programme Erasmus+ (2014-2020) there will be a refund of the whole amount of the real travel expenses according to the approved budget for each participating country that you will find below:

Country	Organisation	Number of participants	100% of travel costs/person
Czech Republic	European Youth Centre Breclav z.s.	2	180,00 €
Estonia	Active Youth Club	2	275,00 €
Estonia	Continuous Action	1	275,00 €
Greece	Addart	2	275,00 €
Greece	Anazitites Theatrou	1	275,00 €
Greece	Praxis	1	275,00 €
France	Eurocircle	3	275,00 €
Germany	Jugend- & Kulturprojekt e.V.	4	180,00 €
Hungary	Dedushkov Nonprofit LLC.	3	275,00 €
Ireland	Eurobug	2	275,00 €
Italy	YouNet	1	275,00 €
Italy	Puzzle	1	275,00 €
Italy	Associazione La Stazione	1	275,00 €
Spain	Fundació Catalunya Voluntària	2	275,00 €
Spain	Mundus - Un mundo a tus pies -	1	275,00 €
Poland	Culture Centre Olesnica	2	180,00 €
Poland	SSMMS	1	275,00 €
Turkey	Tekkekoy Ilce Milli Egitim Mudurlugu	2	275,00 €
United Kingdom	Go Digit all	2	275,00 €
United Kingdom	Consilium	1	275,00 €

If participants decide to stay longer (maximum a week), they should first inform the project coordinator and they should also take into consideration that they are responsible to cover their living expenses and their health insurance for the extra days of their stay in Germany. Participants will be reimbursed only after **submitting all receipts, invoices and original tickets and boarding passes**. Therefore, please make sure to bring:

1. The original invoice of the flight ticket or the train/bus ticket (with clear mark how much you have paid). This invoice should be addressed to yourself, or your organisation. (If you receive an electronic ticket, please print out a copy also for us and send both the invoice and the ticket via email to: myrto.pertsinidi@jkpev.de. Participants should be aware that if the total amount of their travel expenses exceed the travel expenses budget limit as indicated in the chart above, then the amount of the difference is to be paid by them.

2. When you arrive in Dresden you are expected to submit all original boarding passes and tickets to the project coordinator (without original boarding pass, we will not be able to reimburse the participants). The half amount of your travel expenses will be reimbursed in Dresden and the other half only when you send by post as **a registered letter** all your original tickets and boarding passes of your return. When we receive all original tickets, we will transfer the rest of the money to your bank account. For this reason, you are asked to send us via email your **bank account details** after sending your tickets:

- name of the bank account holder
- name of the bank
- BIC/SWIFT code
- IBAN number

3. When you depart from Dresden and you arrive in your home city, please save all original train and bus tickets or any other tickets of your return and send them **via post** to:

Jugend- & Kulturprojekt e.V.
Bautzner Str. 49
01099 Dresden
Germany.

Stefan Kiehne is responsible for the reimbursement of participants' travel costs. Therefore, if you have any questions please contact him at: kiehne@jkpev.de

Booking, travelling and arrival

On Thursday 2 July 2015 all participants are expected to arrive at Kangaroo-Stop Hostel by 17.00 in the evening. Dinner will be served on this day and the JKPeV team will be at Kangaroo Hostel by 16:30. Departure day is the 10th of July.

By plane: All participants should book their flights on their own according to the travel expenses budget of the project. Participants are advised to book their flight from their city or nearest big city to Berlin (Schoenefeld or Tegel airport) as it is much cheaper than a direct flight to Dresden (Berlin is only 2 hours by bus from Dresden). Skyscanner.net, edreams and billig fluege are search engines to find cheap flights.

By train/bus/car: Participants who live in Poland and Czech Republic can also travel by bus or train. Participants who want to travel by car (in this case only if they are in a group of 3 to 4 participants) they should ask the organisers first to get an approval.

From Berlin airport to Dresden Bahnhof Neustadt by bus: After booking the flight, participants should book their bus ticket online. There are two airports in Berlin: Berlin Tegel and Berlin Schoenefeld.

From Tegel airport to Dresden: The only bus line which goes from Tegel airport to Dresden is Berlin Linien Bus (<http://www.berlinlinienbus.de>). The bus stop in Tegel airport is close to Terminal D and you can see a sign "Berlin Linien Bus". Attached you will find a map which shows where exactly is the bus stop. When the bus arrives in Dresden it makes two stops: the first one is called **Bahnhof Neustadt** (Neustadt Train Station) on Schlesischer Platz which is the bus stop that all participants should get off. The second bus stop is called **Hauptbahnhof** (Main Train Station) on Bayrische Strasse.

From Berlin Schoenefeld airport to Dresden: The bus line which is cheaper than Berlin Linien Bus and is most recommended is Meinfernbus (<http://meinfernbus.de>). Meinfernbus also makes two stops: the first one is called **Bahnhof Neustadt** on Hansastrasse which is the bus stop that all participants should get off. The second bus stop is called Hauptbahnhof (Main Train Station) on Bayrische Strasse. In case participants do not find convenient time to take this bus Berlin Linien Bus also leaves from Berlin Schoenefeld airport to Dresden. The bus stop in Schoenefeld airport is exactly outside the airport on the parking space of buses on the right.

It is recommended to book the bus ticket online **in advance**. The bus leaves from the airport (exactly outside the airport) of Berlin and stops first at Bahnhof Neustadt (Schlesischer Platz) and then at Dresden Hauptbahnhof (Main Train Station). Participants should get off at the first stop, **Bahnhof Neustadt (Schlesischer Platz)**. From there the hostel is only 5 minutes walk.

From Dresden airport to Bahnhof Neustadt: Participants need to take the S-Bahn (train) No2 with direction to Pirna Bahnhof and you get off at Bahnhof Neustadt (Train Station Neustadt).

From the Main Station (Dresden Hauptbahnhof) to Bahnhof Neustadt: If participants arrive in Dresden Hauptbahnhof, they should take the tram: Straßenbahn No1 with direction to Meißen Bf or Straßenbahn No2 with direction to Flughafen (airport) and stop at Bahnhof Neustadt.

How to reach Kangaroo - Stop hostel

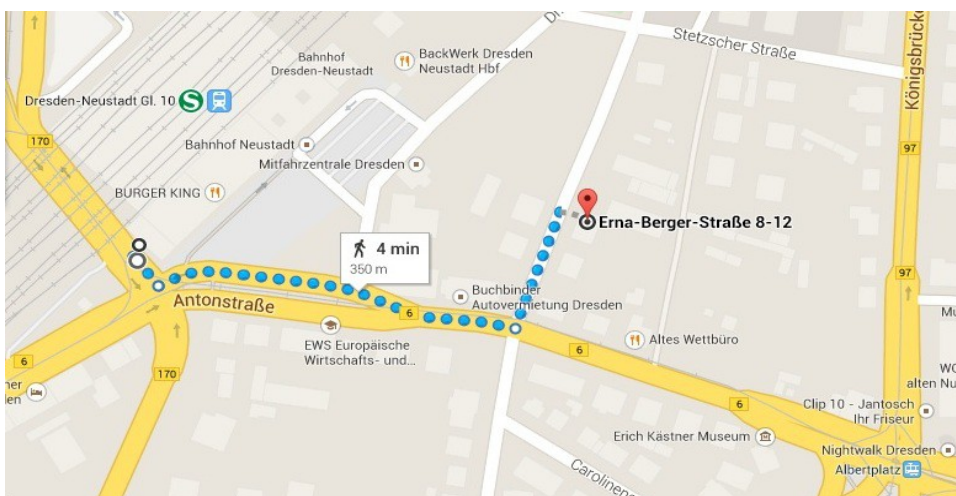
All participants will stay at Hostel Kangaroo-stop. How to get there:

From the train station "Bahnhof Neustadt" on foot (approx. 4 min) come out of train station and walk straight ahead to Antonstraße towards Albertplatz, take the first left, Erna-Berger-Straße 8-10 and there you are.

Address:

Kangaroo-stop Hostel
Erna-Berger-Str. 8-10
01097 Dresden

Phone: +49(0)351-314 34 55
Fax: +49(0)351-314 61 70
E-Mail: info@kanagaroo-stop.de





Kangaroo-stop hostel is close to the New City of Dresden, called Neustadt. In Neustadt you can find supermarkets, shops, bars, cafes and restaurants. It is the most lively area of Dresden where young people hang around. Participants should return their key to the reception every time they leave the hostel. After 23.00 guests should keep quiet. Smoking is forbidden in all closed areas of the hostel. There is a lounge area, a big garden, a breakfast room and at the reception there is also a computer. In the hostel there is wifi available and participants can get the password from the reception. On each floor of the hostel there is a common kitchen as well showers and toilets. Breakfast will be served in the hostel. There will be 3 meals served daily: breakfast from 8.30 to 9.30, lunch from 13.30 to 14.30 and dinner from 19.30 to 20.30.

The training course venue



The training course of ArtExpress project is going to be carried out in a High School building called “Semper Schule” only 5 minutes on foot from the Hostel. It is located on Antonstrasse 19-21 right opposite the Train Station Neustadt (Bahnhof Neustadt). The room where the training course takes place is 200 sq metres and is on the top floor. It has got all necessary equipment for the training course.

Jugend-& Kulturprojekt e.V.

Jugend- & Kulturprojekt e.V. is a not-for-profit and non-governmental association, located in Dresden, Germany. Jugend- & Kulturprojekt e.V. was established in August 2004 and its main aim is to design, organise, implement and monitor international projects in the field of education, culture and human rights. Jugend- & Kulturprojekt e.V. promotes cultural exchange and non-formal education whilst fostering young people's and adults' soft and professional skills.

The association provides opportunities to people over 18 years old to participate in international training courses, seminars, youth exchanges, conferences, workcamps, voluntary work and cultural events in Dresden and abroad and has got partners all over Europe. The association lays emphasis on EU's history, politics and society with the view to raise EU awareness and to promote EU citizenship.

The team of Jugend- & Kulturprojekt e.V. comprises project managers, fundraisers event managers, social and youth workers, graphic and web designers, video makers, photographers, architects, musicians, visual artists and performers who work together in local and international projects.

Jugend- & Kulturprojekt e.V. has got a long and wide experience in event management. The association has carried out since 2004 culture festivals, art exhibitions, concerts, street parades, performances, conferences and gala shows at local, national and international level and can offer event-management services of excellence.

Jugend- & Kulturprojekt e.V. provides also opportunities to young people for vocational education and training. Young people, students and young professionals at entry level are welcome to apply for a traineeship, internship and European Voluntary Service - EVS.

www.jkpev.de



**JUGEND- &
KULTURPROJEKT E.V.**

Contact details:

Myrto-Helena Pertsinidi	+49 (0) 17 699 122 209	myrto.pertsinidi@jkpev.de
Stefan Kiehne	+49 (0) 17 696 212 347	kiehne@jkpev.de
Office	+49 (0) 351 899 605 28	info@jkpev.de

After reading the info pack and making sure that you can participate in ArtExpress training course, you are asked to fill out the attached registration form and send it together to the project coordinator myrto.pertsinidi@jkpev.de. There is a participation fee of 50,-€ per participant which will be deducted from the travel expenses. For any queries, we are at your disposal. We are looking forward to seeing you!

Taking into consideration

- Participants should always contact the project coordinators in case they have any questions, for providing information and emergency reasons (Stefan and Myrto).
- Participants are expected to be on time for the training course and the workshops.
- All participants will be health insured from 2 to 10 July 2015.
- Participants are advised to have some pocket money for their personal expenses as such expenses are not funded by the Programme costs.
- Participants should take care about the key of their room. The best is to leave the key at the reception when they leave the hostel.
- Every evening before dinner, there will be an evaluation meeting in groups from 19.00 to 19.30 so that participants give daily feedback about the training course.
- Each participant is expected to send us flight/bus/train tickets, receipts of the tickets and arrival and departure time.
- All participants are asked to deactivate any kind of programmes they use in their lap tops which download music and videos as downloading is strictly prohibited in Germany and in case the law is broken a fine is imposed.