

## ACTIVITY PROGRAMME FOR A YOUTH EXCHANGE

Activity n°	"Being a refugee is not a choice"				
Participating organisations	Mavi (Italy) – Still Running (Latvia) - European Youth Centre Břeclav (Czech Republic) - Ucarli Genlik Dernegi (Turkey) - Active Youth (Lithuania)				
Venue			Duration		
City	Country		Start date	End date	Travel days
Riva del Garda	Italy		21/11/2016	27/11/2016	5
Activity Programme					
Timetable	Activities	Non-formal & Informal learning methods used			
DAY 1					
08:30 - 9:30	Breakfast				
09:30 - 11:30	Official start of the project. Introduction of the participants. General and safety rules	Introduction of the project and its goals. Introduction of the Erasmus Plus program and why it is beneficial. Introduction of the organizers and the participants. Introduction of the area, safety rules emergency exits in case of fire or any other emergency. Set up of general rules the participants to follow during the project. Discussion.			
11:30 - 11:45	Coffee break				
11:45 - 13:15	Ice Breakers – Game of Identity	Game-activities on Identity card. Every person has an identity document with a photograph that certifies their identity, where we can know where that subject is born, when, physical characteristics of, etc. But, is this enough have a deep knowledge of that person? Each participant will use a photocopy of their identity document. There will be break into pairs. The trainer will ask to each person to close their eyes and trainer will lead participants through a series of questions regarding their document (example: when was this photo taken? Where were you? What were you doing at that time of your life? Do you remember what you did after this photo?). This is a way begin to make contact with the inner world of emotions through a photograph, creating a dialogue in the memory, between who we were and who we are now. At the end of the guided tour, each pair, freely, will share with their partner the time-journey, presenting themselves, through their own identity card, that now will be full of emotional content that allows a more authentic knowledge of the people.			
13:30 - 14:30	Lunch Time				
15:00 - 17:00	Photolangage Activity: See and Feel through a picture	Photography is not just an act of perception, it also could be an emotional act, that can put ourselves into an emotional relationship with the subject of the picture. When we look at an image with an emotional eye we can "feel" that situation even if we have never been there. This is a Photolangage activity where we use images on the theme of migration. The facilitator asks the participants to use the photograph chosen to interact in a subjective way, to express themselves in simple terms, and to share with the rest of the group: feelings, fears, adventures, feelings, in relation to the subject. This activity develops themes such as empathy, the ability to express emotions, the process of identification (through images taken by others)			
17:00 - 17:15	Coffee break				

17:15 - 18:45	Refugees or Human Being	Each participant receives a sheet which describes a character (ex. Amed, five years, lived in Hamas. His house was destroyed by bombing. Or: Anna, 18 years old, from Spain. She lives in Barcelona, etc). All people will be arranged in a line next to each other. The trainer asks them to take some minutes to make contact with their character. After, each person will close their eyes, and the trainer will start to read some sentences. When the sentence corresponds to the character, the person has to take a step forward, always with closed eyes. At the end, each participant will be in a different position than the other. depending on the conditions of life that each character had and that affected his future. This activity develops empathy.
18:45 - 19:00	Evaluation of the day	All the participants will have the opportunity to make an evaluation of the day and share what they liked and did not like.
20:00 - 21:00	Dinner	
21:00 - 22:00	Meeting with the leaders of the groups.	On the meeting every leader will share how the members of his group feel like, if they need something or if they have any problems that need solving. The leaders will also have the opportunity to give different ideas or suggestions for the next day - workshops, games, way of proceeding the project , etc.
22.00	Welcome Party	
<i>DAY 2</i>		
08:30 - 09:30	Breakfast	
09:30 - 11:30	Introduction to the topic of the project	Brainstorming and discussion on the migrant situation in Europe.
11:30 - 11:45	Coffee break	
11:45 - 13:15	Being a refugee is not a choice	Being a refugee is not a choice - Each national group will give a prepared in advance presentation on the migrant situation in their Countries, and what policies are undertaken to support the situation. The participants of each national group will show the others a videoclip also they made in advance in their country. This videoclip should include interviews to people on how they see the issue of migrants, who have advice, what should they think the European community could do, etc. Discussion on the presentations and comparison between the different measures that each country take against migrant issues and to what extent these measures correspond to the policies of the European Union. Discussion on the question: how can we raise people's awareness and sensibility on this situation?
13:30 - 14:30	Lunch	
15:00 - 18:45	Schengen and The Dublin Convention	The migrant crisis in Europe has been greatly complicated by the Continent's incomplete integration, as national interests and political attitudes toward the newcomers have clashed with European policies and initiatives that have been among the Continent's most significant political achievements.  Two policies that loom large in the crisis are often obscured by the opaque bureaucratic shorthand that European leaders use to refer to them: "Schengen" and the "Dublin Regulation.". Presentation and information on what Schengen and the Dublin Regulation are. Discussion on the presentation.
18:45 - 19:00	Evaluation of the day	All of the participants will have the opportunity to make an evaluation of the day and share what they liked and did not like. They will also express how they feel in a creative way through "Target"

20:00 - 21:00	Dinner	
21:00 - 22:00	Meeting with the leaders of the groups.	On the meeting every leader will share how the members of his group feel like, if they need something or if they have any problems that need solving. The leaders will also have the opportunity to give different ideas or suggestions for the next day - work
22.00	Turkish and Italian cultural night	The Turkish and Italian group introduces its country, culture and traditions through presentations, games, food and dance.
DAY 3		
08:30 - 09:30	Breakfast	
09:30 - 11:30	Creating a short Campaign on awareness	The participants divided in Country groups, organize an informative campaign whose aim is to sensitize people on the migration topic. To share the campaign with the group, each team whose to make a theatrical play.
11:30 - 11:45	Coffee break	
11:45 - 13:15	Yoga and Vision Activity (1 hour) + Photo Voice Method (30 min)	This activity uses tools related to Yoga and meditation with the purpose of making contact with what we really feel. It is a moment of inner cleansing with physical exercises and relaxation techniques. After this activity we will explain what is the Photo Voice Method, Explanations of photographic tasks and logistics, delivery questions guide to making the photographs and explanations.
13:30 - 14:30	Lunch	
15:00 - 17:00	Visit to a migrant reception center near Riva del Garda and use of the Photo Voice method (to Create a Story Telling 1)	Each participants will visit a migrant reception center near Riva del Garda. We will stay two hours and we will have the opportunity to listen the story of some migrant. In this time each participant will start to built their story telling, putting together emotions, images and reflections that have got to listen. The aim of this activity is to build critical thinking and observation skills, empowering people to articulate their interpretations in their own words, to develop an understanding of the relationship between pictures and words. Each participant starts to create a story telling using Photography. The theme will be: "Thoughts, feelings and emotions on migration".
17:00 - 17:15	Coffee break	

17:15 - 18:45	Creating a Story Telling 2	Part 2 of the activity. Images produced will be used for the photo exhibition
18:45 - 19:00	Evaluation of the day	All of the participants will have the opportunity to make an evaluation of the day and share what they liked and did not like. They will also express how they feel in a creative way through "Yes or No"
20:00 - 21:00	Dinner	
21:00 - 22:00	Meeting with the leaders of the groups.	On the meeting every leader will share how the members of his group feel like, if they need something or if they have any problems that need solving. The leaders will also have the opportunity to give different ideas or suggestions for the next day - work
22.00	Czech, Lituania and Lettonia cultural night	The Czech, Lituanian and Lettonian group introduces its country, culture and traditions through presentations, games, food and dance.
DAY 4		
08:30 - 09:30	Breakfast	
10:00 - 20:00	Trip to Garda Lake	Sightseeing, promoting the country as a tourist destination. Learning more about the region, its history and attractions. Lunch outside
20:00 - 21:00	Dinner	
21:00 - 22:00	Meeting with the leaders of the groups.	On the meeting every leader will share how the members of his group feel like, if they need something or if they have any problems that need solving. The leaders will also have the opportunity to give different ideas or suggestions for the next day - workshops, games, way of proceeding the project , etc.
22.00	Night walk along Garda Lake	
DAY 5		
08:30 - 09:30	Breakfast	
09:30 - 11:30	Editing Time	Voice method. The emphasis is on the allocation of shared meanings to the images, rather than on the process of producing photographs. Thanks to this shared narrative process develops a critical consciousness of the group that activates people to seek alternative solutions together.
11:30 - 11:45	Coffee break	
11:45 - 13:15	"Word game energizer and Photo Exhibition	Word game energizer and Creation of the Photo Exhibition and printing of photographs chosen (with laser printer in black and white). It will be possible write on pictures, write captions, speak freely on their storytelling. The world game: participants get into a circle each one with their own picture. Each person throws a ball to someone saying a word than can describe the pictures, but it is forbidden to use words like "good", "beautiful", "bad" "awful", etc. During the game, one of the facilitators writes the words on the board. Example of words that can be used are: abstract, inspiring, clear, meaningful, dramatic, expressive, scenic, etc.
13:30 - 14:30	Lunch	
15:00 - 17:00	Self-Evaluation	The participants will have the opportunity to evaluate the project and note what they would they change and do to make the project better and more effective.

17:00 - 17:15	Coffee break	
17:15 - 18:45	Opening Photo Exhibition and Italian Aperitiv	Opening of the Photo Exhibition with an Italian Aperitiv. This moment is important because this is the time during which people will discuss in group their pictures in order to make proposals for change.
20:00 - 21:00	Dinner	
22.00	Goodbye party	Exchanging contacts, making photos, revealing the "secret friends".