



## TELL ME ABOUT YOU - youth exchange - KA1

**SARATA MONTEORU –BUZAU, 27 February – 8 March 2017**

**Arrival day: 27 February 2017**

**Departure day: 8 March 2017**

**Organizer:** Hair Redivivus Buzau, ROMANIA

**Coordinators:** Catalina and Tolea Postovei

**Partner countries :** Bulgaria, Greece, Italy, Latvia, Spain, Macedonia, Czech Republic, Romania

National teams will consist of: 4 youngsters/participants (18-25 years old) plus 1 group leader. One person per country can be over 25 (but not older than 29).

***2 participants from every group should be without a permanent job !!***

**Venue:** Buzau and Monteoru , Romania

**Accommodation:** Casa cu Tei pension– in rooms of 2 or 3 with private bathroom - [www.casacutei.ro/sitenou/](http://www.casacutei.ro/sitenou/)

Last 2 nights' accommodation in Buzau – Hotel Sport B90 – rooms of 2-3 persons with private bathroom

**Food** will be served at the restaurant of the hotel and pension and there will be 3 meals every day and some coffee breaks. Please send us your special needs concerning food : no pork , no meat , vegetarian or any allergies .

**Facilities:**

- pension in Sarata Monteoru is 10 minutes from village center where you can find shops with basic things. There are no bankomats/ATMs/cash machines.

- hotel in Buzau is 10- 15 minutes walking from city center where you can find almost everything: shops, pharmacy, banks, restaurants etc.

**Visits/trips:** please see the daily activities schedule; any other opportunities will be discussed on the spot

**Internet:** there is very good wireless in the pension and also in hotel in Buzau

**Weather** is quite uncertain in March. Usually temperature is around 10-15 degrees, but also can rain or be hotter. We suggest you to have raincoats, but also sunglasses, caps. In the last days before arrival we'll be back with better info about weather.

**Transport:** For those arriving in Bucharest Otopeni airport there is a bus **780 EXPRES** that runs almost every 20 minutes from 5 am till 11pm. You can find signs in the airport to reach bus station. The ticket is 8.6 lei (2 euros) a round trip card, that you have to validate when you step in the bus. That bus also stops in Bucuresti Baneasa airport. The bus goes directly to train station – **GARA DE NORD** and takes depending on the traffic 45 minutes.

In the train station GARA DE NORD you can easily find the ticket office and buy your tickets. Normally you can pay by card in train station, but anyway there are bankomats/ATMs/cash machines. We suggest you to buy round trip ticket as it is cheaper. There are trains to Buzau almost every hour from 6 am until 11 pm – price is around 20-40 lei depending on train. As you'll get in the train in Bucharest we'll ask you to send us an sms/text message with the time of arrival. From Buzau there are buses and minibuses to Monteoru-30 minutes but the best way to go from Bucharest to pension is below...

**Depending on arrivals of the groups we can arrange a bus transfer from Bucharest train station and airport to the location that can cost around 15 euros/person and takes 2 hours –more convenient than to change buses and trains.**

**“Tell me about you!”** is a youth exchange that will take place in Sarata Monteoru – Buzau, Romania with 40 participants from 8 countries : Czech Republic, Italy, Latvia, Macedonia, Spain, Greece, Bulgaria, Romania and will include 17 youngsters with fewer opportunities (unemployed) and 2 diabetics.

**The context** is economical crisis in Europe with a great rate of unemployment that among youngsters is over 22%, youngsters have difficulties in preparing and sustain interviews for getting a job and don't have enough competences to access labour market.

**The aim of the project** is to increase employability among youngsters 18-25 old by developing key competences to provide a good quality to job interviews.

Proposed **objectives** are:

- to offer to 32 youngsters of 18-25 years old and 8 group leaders from 8 European countries a common space to reflect on their future unemployment, youth cooperation and cultural diversity
- to identify the most appropriate key competences needed for get a job and aware their roles in preparing the interviews for job
- develop in common and promote through non-formal education new theoretical and practical models and techniques in preparing and sustaining a job interview.

The activities foreseen are for preparation, introduction and getting to know each other, trust and team building, presentation of participants and organizations, introduction of Erasmus + programme and Youth Pass certificate, cultural and study visits in surroundings and in Buzau, intercultural evenings, thematic and creative workshops, interview workshops, daily, midterm and final reflection-evaluations, dissemination and exploitation of results. Besides there will be transversal activities for visibility, management and monitoring. The methodology will be based on non-formal education and will consist in games, presentations, debates, role plays and simulations, media and video.

**Final results** will be conclusions from workshops gathered in a brochure, 4 promo video-clips to promote models and techniques of job interviews, a Facebook page and a DVD that will contain results and informative and educational materials.

## ACTIVITIES

You already have the programme.

### What should you prepare:

- a presentation about your organizations and your projects and also bring leaflets or promotional materials to share.
- a research about unemployment and importance of different ways of interviews in getting a job
- for intercultural evening you have to bring some traditional food and drinks and to be ready to teach us a song or a dance.

Also in intercultural evening you'll have to prepare a **short and creative video presentation of another country**, something original, not copy-paste. You have below who will present who:

- BULGARIA will present GREECE
- GREECE will present LATVIA
- LATVIA will present MACEDONIA
- MACEDONIA will present SPAIN
- SPAIN will present ROMANIA
- ROMANIA will present CZECH REPUBLIC
- **CZECH REPUBLIC will present ITALY**
- ITALY will present BULGARIA

In order to get the travel costs back (reimbursement) we need:

- All tickets and invoices in original. If you need local transport in your country, try to buy return tickets.
- The payment confirmation for flight tickets: receipt if you paid cash or bank movement document/statement if you paid by bank transfer or credit card.
- Original BOARDING PASSES compulsory – keep them (from both journey there as well as back) as without them your flight tickets cannot be reimbursed.
- Take only APEX flights (no business class) and only 2<sup>nd</sup> class trains.
- TAXI costs are not eligible.
- Be sure to have price and dates on bus and train tickets, also on airplane tickets. If not, ask for receipts or invoices.

**The reimbursement will be in accordance with distance calculator for the maximum amounts approved in application and will be done after the project when we'll receive all ORIGINAL documents. There will be one transfer for every country.**

Maximum approved travel costs

- BULGARIA - 80 euro/participant
- SPAIN - 270 euro/participant
- CZECH REPUBLIC, ITALY, GREECE, MACEDONIA, LATVIA - 170 EUR /participant

There will be an individual contribution (participants' fee) of 25 euros/participant

**Other practicalities :**

Currency: 1 euro = 4.50 lei ( RON ).There are banks and bankomats in airports , in Bucharest train station, in Buzau.

**In Monteoru there are no banks and bankomats/ATMs/cash machines and also it is difficult to pay by credit card, so have some LEI with you.**

The hour in Romania is GMT + 2.

For persons that want to spend some days in Bucharest or elsewhere we can help you recommended hostels or attractions. Just ask!

Beware of pick pockets in buses/metro and crowded places. Don't accept gifts and don't talk to strangers that ask to sign something or to help them – most of them are cheaters.

Don't pay attention to street dogs – they are everywhere but most of them are friendly.

For any other comments or questions contact

**ALL PARTICIPANTS WILL GET YOUTHPASS CERTIFICATES.GROUP LEADERS WILL GET SPECIFIC CERTIFICATES !!**

See you soon here !!!