

”COOL Learning”

**Training course on competence development of young people with fewer opportunities by
cooperative learning structures through youth work activities**

3-11 April, 2017, Hornsjø, Norway

ABOUT THE PROJECT

As youth workers we have been working with young people with fewer opportunities with special focus on early school leavers, unemployed young people, immigrants kids, rural youth, Roma young people and we have to improve our youth workers' capacity to invent, prepare, use and adapt such type of creative and innovative methods, techniques and tools which can be useful in our youth work for the sake of our target groups. It is very hard nowadays to motivate young people with fewer opportunities to be part of any type of activities but it is even harder to keep them involved into it. So the main reason of our projects is to explore the techniques of cooperative learning, how it can be adapted into our local youth work realities. Cooperative learning techniques can improve transversal skills, emotional quotient, and social skills of young people with fewer opportunities through youth work activities. By youth work activities our aim is to develop the interpersonal competences of our target groups according to their needs, so having main focus on listening, respect different opinions, leadership, problem solving, conflict solving, help to each others, critical thinking, creative thinking, etc. Besides these transversal skills, it is essential to develop and improve their EQ with special focus on self - esteem, self - control, self – motivation, empathy, partnership. Young people with fewer opportunities need to be supported to feel important, to make self – assessment, to get positive messages, to recognise their own values and experience to be important part of the community. During cooperative learning, they can experience and recognise how good to be a member of a diverse group, taking responsibility for each others, supporting each others, enjoying a group work, developing communication skills, to be committed, to be creative, to be motivated, etc. These skills are necessary nowadays to enter to the labour market and even to be happy and successful in our work and family lives.

So in cooperation with our partners, based on our needs, we will share our knowledge and experiences on cooperative learning and its techniques and structures and adapt it into our daily youth work with our diverse target groups in order to invent innovative youth work activities on competence development of young people with fewer opportunities.

The Europe 2020 strategy set up by European Union is about delivering growth that is: smart, through more effective investments in education, research and innovation; sustainable, thanks to a decisive move towards a low-carbon economy; and inclusive, with a strong emphasis on job creation and poverty reduction. The strategy is focused on five ambitious goals in the areas of employment, innovation, education, poverty reduction and climate/energy. By our project we would like to fight against early school leaving, unemployment and poverty. For that we need to find innovative and creative and useful methods which can provide appropriate

support for young people in need. In order to achieve that, we, as youth workers have to develop ourselves, our youth workers' competences and learn to use and adapt useful techniques and structures for the success of our work, success of our target groups and for the success of the future of European Union.

The overall aim of the training course is to understand the meaning of cooperative learning, to explore its techniques and structures and adapt it into youth work realities based on the needs of young people with fewer opportunities. Being able to understand the different motivation factors of young people and how it can be used within youth work activities. Being able to prepare, run and evaluate youth work workshops by using techniques and structures of cooperative learning on developing social skills, communication skills, decision making skills, know – how, information skills, critical thinking, creative thinking and cooperation skills of young people with fewer opportunities. Initiate local and international youth projects, workshops, activities, etc. by using cooperative learning structures and share and improve its methodology regarding youth work activities.

Learning objectives of the training course are

- To get acquainted with Europe 2020 Strategy and its priorities regarding to employment, innovation, education, poverty reduction and climate/energy;
- To understand the meaning of Cooperative Learning;
- To share different ways of motivation of young people with fewer opportunities;
- To explore techniques and structures of cooperative learning especially on group types, group processing, cooperative exercises and techniques;
- To be able to prepare, run and evaluate youth work workshops based on the needs of young people with fewer opportunities on social skills, communication skills, decision making skills, information skills, critical thinking, creative thinking, emotional intelligence, etc.
- To invent new local and international youth projects according to the proposals of Erasmus + programme KA1 Mobility projects for young people youth workers.

The methodology of the training course

The training course will be built on the methodology of non – formal education and based on the techniques and structure of cooperative learning. Participants will get the chance to participate actively in a cooperative learning process then make a meta – reflection in order to assess the techniques and structures and adapt it into their daily youth work based on the needed competence development of their target groups. The training course will be learner – centred and have a vast focus on the diversity of the group and the different learning styles of participants. It will be specialised into group working processes nevertheless there will be provided a huge meta – reflection part on attention with the individual self –assessment, feedback, dialogue space and assessment of group dynamics, methods, techniques used and professionally can be adapted.

Theoretical part of the training course:

- Europe 2020 Strategy of the European Union;

- Cooperative learning structures and PIES by Kagan and by Johnson;
- Motivation factors: Flow as Motivation by Mihály Csíkszentmihályi; Hierarchy of Needs by Maslow; ASK IF I by Madeline Hunter;
- Types of cooperative learning groups by Johnson;
- Techniques of cooperation learning by Kagan;
- KA1 Mobility projects for young people and youth workers according to the proposals of Erasmus + programme.

Practical parts of the training course

- Practicing motivation factors in youth work context;
- Exploring and adapting techniques and structures of cooperative learning into youth work practice;
- Preparing, running and evaluating youth work workshops based on the needs of young people with fewer opportunities on social skills, communication skills, decision making skills, information skills, critical thinking, creative thinking, emotional intelligence, etc. by techniques of cooperative learning;
- Preparing a Manual on cooperation learning in youth work context with for and by young people with fewer opportunities based on the content and outcomes of the workshops;
- Inventing local youth work activities based on the needs of young people with fewer opportunities by using the techniques and structures of cooperative learning;
- Inventing youth exchanges and youth workers' mobility projects based on the needs of young people with fewer opportunities according to the proposals of Erasmus + programme KA1 Mobility projects for young people youth workers.

Who can participate in the training course/participants' profile/target group:

- Youth workers, youth leaders, trainers, teachers, social workers, psychologists, etc. who are directly working with young people in youth work context;
- Having vast experiences regarding to work with young people with fewer opportunities e.g. Roma young people, disabled young people, immigrants, rural youth, minorities, etc.;
- Ready to take part in the whole training course;
- Have organizational support for further youth work activities with young people with fewer opportunities based on the outcomes of our training course;
- To be able to communicate English language.
- Participants must be at least 18 years old. There is no upper age limit.

Preliminary programme

Hours	Day 1 Arrival day	Day 2 Day of cooperative group building	Day 3 Day of Groups	Day 4 Day of Techniques	Day 5 Day of Preparation	Day 6 Day of Implementation	Day 7 Day of evaluation	Day 8 Day of our future CCC	Departure day
8.00 – 9.00		<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>Breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>
09.30–11.30	Arrival of participants	Get to know each others	Motivation factors in learning by youth work activities:	PIES principles	How cooperative learning can be used in my daily youth work? Prepare a workshop for with and by young people with fewer opportunities based on their needs of competence development used by cooperative learning in youth work context	Running workshops on competence development of young people with fewer opportunities by using cooperative learning It is run by group of participants. Feedback	Evaluation of the workshops: personal learning outcomes group learning process and outcomes	Overall overview of Mobility projects for young people and youth workers	
11.30–12.00	Registration and accommodation	Coffee break	Flow by Mihály Csikszentmihályi;	Cooperative exercises and examples		Coffee break	Coffee break	Coffee break	
12.00–13.30		Cooperative group building	Hierarchy of Needs by Maslow; ASK IF I by Madeline Hunter;			Running workshops on competence development of young people with fewer opportunities by using cooperative learning It is run by group of participants. Feedback	How can I adapt cooperation learning into my daily youth work activities?	Project proposals and partnership building	
13.30–15.00	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Departure of participants</i>
15.00-16.30	Communicate, Create, Cooperate!	Intro of the training course Aim and objectives Day by day programme Expectations Learning needs	What is cooperative learning in youth work? Group types Group processing CCC Groups	Techniques: Team building Mastery structures Concept development structure Multifunctional structure – social skills, communication skills decision making skills and emotional intelligence of young people with fewer opportunities	Sightseeing Free afternoon	Running workshops on competence development of young people with fewer opportunities by using cooperative learning It is run by group of participants. Feedback	Preparation of a Manual on cooperation learning in youth work context with for and by young people with fewer opportunities based on the content and outcomes of the workshops	Fill in Youth-pass certificate – dialogue space	
16.30 - 17.00	<i>Coffee break</i>	<i>Coffee break</i>				<i>Coffee break</i>		<i>Coffee break</i>	

17.00– 19.00	Official welcome and practicalities	Europe 2020 Strategy: Smart, Sustainable, In- clusive CCC Groups		CCC Groups		Running workshops on competence de- velopment of young people with fewer opportunities by us- ing cooperative learning It is run by group of participants. Feedback		Evaluation of the training course	
19.00- 20.00	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	
20.00-	Welcome even- ing	European evening	My Group I rep- resent	Feedback even- ing	Karaoke evening	CCCafeteria	Finalising the Manual	Farewell even- ing	

Participating organisations:

EUROPEAN YOUTH CENTRE BRECLAV Z.S./ Czech Republic
Ticket2Europe/ Spain
Nodibinajums "Alternativas aprupes centrs "Zelsirdibas maja""/ Latvia
YOPA - FIATALOK AZ ÁLLAMPOLGÁRI RÉSZVÉTELÉRT KÖZHASZNÚ EGYESÜLET/ Hungary
ASSOCIATION MIGRATION SOLIDARITE & ECHANGE POUR LE DEVELOPPEMENT/ France
Active Youth/ Malta
HYP Learning/ Greece
Genclik ve Degisim Dernegi/ Turkey
Asociatia Clubul Tinerilor din Sfantu Gheorghe - Szentgyörgyi Ifjúsági Klub/ Romania
Jump in associazione culturale/ Italy

Coordinating and host organization:

STIFTELSEN DEN REISENDE HØGSKOLE - NORWAY

Organization was founded of local youngsters living in a rural area, for whom the community work, and preservation of local tradition was an important task to do. During the years the organizations has been a big part of youngster's life, by creating community. Main goal is the youngsters interest representatives, preserving and respecting local traditions considering our local need. Most of our programs are organized in partnership, with the other civil organizations. In the last more than 20 years we are preserving a very close relationship with Danish organization, with whom in partnership we are organizing different events for youngster in both countries. We are trying in our programs to contribute to our youngster daily activity, life, education and recreation, to make world development better.

DRH Norway School for Cooperation and Development is situated in Hornsjøen, Norway and specializing in the educating of Development Instructors from Europe.

CONDITIONS

Financial conditions

The food, accommodation, local transport and course materials will be provided and paid by the organizers during the project. All these costs are covered from the evening of April 3rd until breakfast on April 11th. You are free to arrive earlier or stay longer if you want to do some tourism for example, but be aware that you have to bear these extra costs yourself.

The travel costs are limited, defined according to the distance band used by the ErasmusPlus Programme:

Czech Republic, Latvia, Hungary, France, Romania– **275 EUR/person**

Spain, Malta, Greece, Italy – 360 EUR/person

Turkey – 530 EUR/person (plus 60EUR for Visa expenses)



Travels costs will be reimbursed by bank transfer through the sending organizations AFTER the seminar and after participants will provide travel tickets to host organisation (DRH Norway School).

There is a participation fee of EUR 50, which will be deducted from total travel expenses amount reimbursed.

You are in charge of arranging your own insurance for your travel and stay in Norway.

Accommodation <http://www.hornsjoel.com/no>

HORSNJØ Hotel is suitable for small meetings, team-building, workshops, big conferences and birthdays.

Internet is available in the reception and fireplace. At your disposal will be our free of charge parking space.

We are situated 30km away from Lillehammer and approx. 200 km away from Oslo, Norway.

Below mentioned packages have included:

- equipment needed
- the room rent, 2-3 persons per room
- breakfast
- lunch
- dinner
- -2 coffee breaks (in the morning and in the afternoon with coffee, tea, water and snacks)

TRAVEL INFORMATION

The closest airport is Oslo Gardermoen (OSL), and we advise you to book tickets for this airport. There is another airport Oslo Torp (TRF), but it is much further away. It can be an option in case of using a low-cost airline.

From both of the airports you can book train tickets to Lillehammer, from where we will organise a pick-up to Hornsjøen, where the training course will take place.

You can check the schedule and book the tickets on www.nsb.no/en. Keep in mind, that tickets booked at least 24 hours before departure are much cheaper (Mini Price), although non-refundable, in case, you want to change them.

Journey from Gardermoen airport to Lillehammer takes about 2 hours and trains run every hour. From Torp airport, trains run every hour, but you will have to change trains in Oslo, and the journey might take up to 5 hours, depending on wait time in Oslo.

Also, during snowy months (here-also April), due to driving in winter safety reasons, we will not be able to pick you from Lillehammer between 8 PM and 7 AM in the morning, so if possible, plan your arrival in Lillehammer between 7 AM and 8 PM, otherwise we advise you to spend a night at the airport or arrange your own accommodation.

It is important, that you book your return tickets in advance as well, especially flight and train tickets in Norway.