|       | Day 1 -                        | Day 2 -   | Day 3 -   | Day 4 -   | Day 5 -  | Day 6 -   | Day 7 -   | Day 8 -  | Day 9 -  | Day 10    |
|-------|--------------------------------|---|---|---|--|---|---|--|--|-----------|
| 8.30  |                                | Breakfast,  | Breakfast,  | Breakfast,  | Breakfast,   | Breakfast,  | Breakfast,  | Breakfast,   | Breakfast,   | Breakfast |
|       | 1 1                            | energizer   | energizer   | energizer   | energizer  | energizer   | energizer   | energizer  | energizer  |           |
| 9.30  | 1                              | INTRO   |   |   |  |   |   |  |  |           |
|       |                                | SESSION<br>Introduction in<br>programme and<br>its objectives<br>Name games;<br>Individual<br>presentations of<br>participants<br>Hopes and fears<br>House rules and<br>safety measures | Outdoor<br>activities<br>Trust games<br>,team building<br>games ;<br>Land art in the<br>forest  | Workshop 4:<br>Easy drugs-pros<br>and cons<br>debate<br>Workshop 5:<br>Prevention and<br>combat of easy | Midterm<br>evaluation<br>Workshop 6:<br>"Easy drugs<br>don't make<br>your live easy" | Workshop 6:<br>"Easy drugs don't<br>make your live<br>easy"<br>Video creation | Workshop 7:<br>"Easy drugs<br>don't make your<br>live easy"<br>Media creation:<br>flyers, booklet,<br>posters | Departure to<br>Buzau<br>Visit at Muddy<br>Volcanoes                                   | Dissemination<br>of results in<br>Buzau<br>Meeting with<br>local<br>youngsters<br>Free time in<br>the city | departure |
| 1     | 1                              | ,   |   | drugs   |  |   |   |  |  |           |
| 1     | 1                              | l i   |   |   | Video creation   |   |   |  |  |           |
| I     | 1                              | l I   |   | theater   |  |   |   |  |  |           |
| 1     |                                | Secret friend<br>game   |   |   |  |   |   |  |  |           |
| 13.30 |                                | Lunch   | Lunch   | Lunch   | Lunch  | Lunch   | Lunch   | Lunch  | Lunch  |           |
| 15.30 | 1                              | Workshop 1:   |   | 1   | 1  | 1   |   |  | 1  | †         |
|       | Arrival of<br>participant<br>s | Conclusion of<br>preparatory<br>phase research<br><b>poster</b><br>Erasmus +<br>introduction<br>Youthpass and<br>key<br>competences   | Workshop 2:<br>Effects pf drug<br>consumption<br>World coffee<br>Workshop 3:<br>What can we do?<br>Solutions<br>Meeting with<br>experts | Workshop 5:<br>Prevention and<br>combat of easy<br>drugs<br>theater                                     | Workshop 6:<br>"Easy drugs<br>don't make<br>your live easy"<br>Video creation        | Workshop 6:<br>"Easy drugs don't<br>make your live<br>easy"<br>Video creation | Workshop 7:<br>"Easy drugs<br>don't make your<br>live easy"<br>Media creation:<br>flyers, booklet,<br>posters | Sports as<br>alternative to<br>drugs<br>consumption<br>Sport activities in<br>the park | Future plans to<br>combat drugs<br>consumption<br>Timeline until<br>2021<br>Final<br>evaluation            |           |

| 19.30 | Ice         | Dinner        | Dinner        | Dinner        | Dinner | Dinner      | Dinner          | Dinner         | Dinner      |  |
|-------|-------------|---------------|---------------|---------------|--------|-------------|-----------------|----------------|-------------|--|
|       | breaking    |               |               |               |        |             |                 |                |             |  |
|       | and         | Intercultural | Intercultural | Intercultural |        | Romanian    | Presentation of | Evening in the |             |  |
|       | socializing | session :     | evening 1     | evening 2     |        | traditional | results         | city           | Final party |  |
|       | games       | stereotypes   |               |               |        | evening     |                 |                |             |  |
|       |             |               |               |               |        |             |                 |                |             |  |
|       |             |               |               |               |        |             |                 |                |             |  |

**EASY DRUGS DON'T MAKE YOUR LIFE EASY**– youth exchange in Sarata Monteoru,Buzau,Romania 3-12 april 2019