ACTIVITY PROGRAM FOR YOUNG EXCHANGE							
ktivitātes n°	A2 ( Jauniešu apmaiņa)						
Member organizatio ns Histitute Perspectives  Biedrība "Atbalsts Valkas ģimenēm"  KINONIKI SINETAIRISTIKI EPICHERISIELLINIKI SYMMETOCHI NEON  EVROPSKE CENTRUM MLADEZE BRECLAV EUROPEAN YOUTH CENTRE BRECLAV Z. S. MTÜ Nurmest Institute Perspectives							
	Vei	nue			Dur	ation	
City Country			Start date	End date	Duration of activity (excluding days spent traveling)	Days spent on the road	
ısmas, Ērģen	nes pagasts, Valkas nova	Latvija		09.09.18.	20.09.18.	12	2
			orogram	(IESCTIDITO)	OF THE BOILE	шиг еягин	19 111211111115
Time	Activ		Auctaneu	description	usod	Jimai leailii	ig inculous
	08.09.18.Ch	eck-in Day					
15.00-17.00	Chec	k in	pa	rticipants. (	Going to the	exchange s	ite.
17.00-17.30	Coffee	break	them reach	the exchang	ge site. Fron	Valka to th	e exchange
17.30-19.00	Chec	k in	arrival time of each partner.				
19.00-20.00	Sup	per					
20.0023.00	COI	ne	Activities in the evening. Estonian partner.				
		09.09.2018. The	first day ,Su	nday			
8.00:9.00	brea	kfast					
9.00:11.00	Check in						
11.00-11.30	Coffee break						
11.30-13.00			participants to get to know other words, interests,				
13:00:15.00	lun		participants to get to know other words, interests,				
15.00-17.00	Ice breaking activities.		or project to break ice between participants and create a				
17.00-17.30			Cheerful activities(Energizer) EST				
17.30-19.00			project, tasks. Work individually - what I expect from a				
19.00-20.00	3 6		project, tasks. Work marvadany what respect from a				
20.0023.00	companies where young people will get		10 jobs, which will be provided by 3 companies and several				
	•				•	•	
		10.09.2018.The se	cond day ,m	onday			
8.00:9.00	brea	kfast					
9.00:11.00	learning. Learning documentation		Youtpass importance of filling. Greek partner				
11.00-			Pēc kafijas pauzes Uzmundrinošās aktivitātes(Energizer)				
11.30	Coffee break		BUL				
11.30- 13.00	Activity Labor market analysis.		the current vacancies in their region. Vacation fairs. Role playing. The activity will help assess each participant's				
13:00:15.0 0	lunch						
15.00-	self-assessment. Work by interest groups "Our		of the parties. such participants will try to assess what skills				
17.00	CV"		they have and which ones they want to improve, and which				
17.00- 17.30	Coffee break		Enthusiastic activities (Energizer) in Pulgaria				
17.30-	Presentation "Our CV"		Enthusiastic activities (Energizer) in Bulgaria motivation, because they want to work exactly this job.				
19.00	1 rescitation	motivation, because they want to work exactly this job.  Czech partner					
	Czecii partilei						

19.00-				
20.00	Supper			
20.00	Evening. Evaluation activities, group leader	country and its characteristic culture to other members of the		
22.00	meetings	national group. Daily evaluation. Czech partner		
	11.09.2018.Thi			
8.00:9.00	Breakfast, getting ready for work trips	ra auy, tuesaay		
09.00:12.0	Breakrast, getting ready for work trips	schedule. For each group, 3 jobs per day. Then it changes.		
0	Getting to work!	The band trials 3 days a day. Real engagement - by means of		
12.00-	Getting to work.	The band that 5 days a day. Itear engagement—by means of		
13.00	lunch			
13.00-		the work on schedule. For each group, 3 jobs per day. Then		
16.00	Getting to work!	it changes. The band trials 3 days a day. Real engagement -		
16.00-		, , , , ,		
16.30	Coffee break			
0	Getting to work!	the work on schedule. For each group, 3 jobs per day. Then		
20.00-	5			
21.00	Supper			
21.00-		learning competences and their assessment will be		
22.00	Daily evaluation activities	developed. At the end of each work, the participant		
	Leader Meetings			
	12.09.2018. Fourt	h day, Wednesday		
8.00:9.00	breakfast			
9.00:11.00	professions.	How to change them. Work in groups about steroids and		
11.00-				
11.30	Coffee break	After a coffee break, Enhancer activity (Energizer) LAT		
11.30-	living space in the EU, in their own country and	Latvia, Greece, Czech Republic, Estonia, Bulgaria - rural		
13.00	in their own place of residence.	life Each partner will create a stand with opportunities for		
13:00:15.0				
0	lunch			
15.00-	work, rest, and live in the EU, in their own	Latvia, Greece, Czech Republic, Estonia, Bulgaria - rural		
17.00	country and at their place of residence.	life Each partner will create a stand with opportunities for		
17.00-	G 00 1 1	AS SS 1 1 F 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		
17.30	Coffee break	After a coffee break, Enhancing activities (Energizer) EST		
17.30- 19.00	visitors of the exhibition - the place for the best	Discussion on the information and opportunities available to		
19.00-	work, study place	young people in Europe. What seemed most useful. Estonian		
20.00	Supper			
20.00	Intercultural Evening The Greek National	country and its characteristic culture to other members of the		
22.00	Evening.	national group. Evening Assessment Greek Partner.		
	Broning.	national group. Evening rissessment Grock Further.		
13.09.2018.Fifth day, Thursday				
8.00:9.00	Breakfast, preparation for work trips	- day, Truisday		
09.00:12.0	breaktast, preparation for work trips	the work on schedule. For each group, 3 jobs per day. Then		
0	Getting to work!	it changes. The band trials 3 days a day. Real engagement -		
12.00-	Coming to work.	r changes. The band thats 5 days a day. Near engagement		
13.00	lunch	Enthusiastic activities (Energizer)		
13.00-		the work on schedule. For each group, 3 jobs per day. Then		
16.00	Getting to work!	it changes. The band trials 3 days a day. Real engagement -		
16.00-		, .,, , <u>,,,,,</u>		
16.30	Coffee break			
0	Getting to work!	the work on schedule. For each group, 3 jobs per day. Then		
20.00-		and the second s		
21.00	Supper			
	~~PP-			

21.00-		learning competences and their assessment will be		
22.00	Daily evaluation activities	developed. At the end of each work, the participant		
	Leaders' next days Plans			
14.09.2018.Sixth day, Friday				
8.00:9.00	breakfast			
9.00:11.00	Recreation day Sport well -	Sporting Healthy, Relaxing Exercises Bulgarian Partner		
11.00-				
11.30	Coffee break	After a Coffee Break Enhancer Activity (Energizer)		
11.30-				
13.00	Rest Day, Music	Music Greek partner		
13:00:15.0				
0	lunch			
15.00- 17.00	Deat Day Cinema Day	Thoulas for the singura Circum Couch mortuum		
17.00-	Rest Day Cinema Day	Thanks for the cinema. Cinema Czech partner		
17.30	Coffee break			
17.30-	Conte break	A healty food sense of food for young people - a creative		
19.00	Healthy food in the countryside	workshop. Estonian partner		
19.00-	11001011, 1000 111 010 0001111,0100	mornishop. Zistoman paraner		
20.00	Supper	After a Coffee Break Enhancer Activity (Energizer)		
20.00	**	bathhouse. Presentations about sauna traditions for each		
22.00	Health in the countryside. Sauna traditions	partner. Bathhouse and swimmers, spa treatments Latvian		
	15.09.2018. Seve	enth day ,saturday		
8.00:9.00	Breakfast, preparation for work trips			
0	Getting to work!	the work on schedule. For each group, 3 jobs per day. Then		
12.00-	5	2 17 3 1 3		
13.00	lunch	Enthusiastic activities (Energizer)		
13.00-		the work on schedule. For each group, 3 jobs per day. Then		
16.00	Getting to work!	it changes. The band trials 3 days a day. Real engagement -		
16.00-				
16.30	Coffee break			
0	Getting to work!	the work on schedule. For each group, 3 jobs per day. Then		
20.00-				
21.00	Supper	,		
21.00-		learning competences and their assessment will be		
22.00	Daily evaluation activities	developed. At the end of each work, the participant		
16.09.2018. Eighth day, Sunday				
8.00:9.00	breakfast			
0.00:11.00	countryside.	exchanges to plan this activity. Plans for a tour of the outing		
11.00-	C 00 1 1			
11.30 11.30-	Coffee break			
13.00	Tourism is one of the opportunities in the	exchanges to plan this activity. Plans for a tour of the outing with wheels, hiking in Omuļi-Piksari-Kārķi-Omuļi. 2 routes		
3:00:15.0	countryside.	with wheels, firking in Oniuți-Firsan-Ranți-Oniuți. 2 foutes		
0	lunch			
		exchanges to plan this activity. Plans for a tour of the outing		
15.00- 17.00		exchanges to plan this activity. Plans for a tour of the outing with wheels, hiking in Omuli-Piksari-Kārķi-Omuli. 2 routes		
15.00-	Tourism Day	with wheels, hiking in Omuļi-Piksari-Kārķi-Omuļi. 2 routes		
15.00- 17.00		with wheels, hiking in Omuļi-Piksari-Kārķi-Omuļi. 2 routes  An assessment will be launched. Impressions and lessons		
15.00- 17.00 17.00-	Tourism Day	with wheels, hiking in Omuļi-Piksari-Kārķi-Omuļi. 2 routes		
15.00- 17.00 17.00- 17.30	Tourism Day	with wheels, hiking in Omuļi-Piksari-Kārķi-Omuļi. 2 routes  An assessment will be launched. Impressions and lessons		
15.00- 17.00 17.00- 17.30 17.30-	Tourism Day  Coffee break	with wheels, hiking in Omuļi-Piksari-Kārķi-Omuļi. 2 routes  An assessment will be launched. Impressions and lessons learned. Latvian partners		

20.00		country and its characteristic culture to other members of the
22.00	International Day of Latvia	national group.
	17.09.2018. Nin	
8.00:9.00	breakfast	
9.00:11.00	to work" Presentation 10 work - the best work	suggestions. Presentation of the project "Best work in the
11.00-		
11.30	Coffee break	After a Coffee Break Enhancer Activity (Energizer)
11.30-	The storm of ideas on "What is the way I want	job, which I want to do. Summarize young people's
13.00 13:00:15.0	to work"	initiatives, experiences and suggestions for possible posts
0	lunch	
15.00-	Tunch	experiences and suggestions on the possible positions they
17.00	Future professions	would like to do in the countryside and what suggestions
17.00-	1	, 66
17.30	Coffee break	After a Coffee Break Enhancer Activity (Energizer)
17.30-		Working in groups. Summarize young people's initiatives,
19.00	Future professions	experiences and suggestions about what they would like to
19.00- 20.00	S	
20.00	Supper	
22.00	Daily evaluation. Outdoor cinema evening and shadow dancing	Bulgarian partner
22.00	18.08.2018. Ten	
8.00:9.00	breakfast	in aug, mesaug
9.00:11.00	to look for work in 2020 year"	nature distribution, Responsible, deadlines, Media plan. All
11.00-	00 100 M 101 W 011 M 2020 y 0 M	The state of the s
11.30	Coffee break	After a Coffee Break Enhancer Activity (Energizer)
11.30-	Work at the final event Theater production "I go	nature distribution, Responsible, deadlines, Media plan. All
13.00	to look for work in 2020 year"	partners
13:00:15.0		
0 15.00-	lunch	
17.00	Work at the final event Theater production "I go to look for work in 2020 year"	Discussions, attempts, material blanks All partenes
17.00-	to look for work in 2020 year	Discussions, attempts, material branks 7 m partenes
17.30	Coffee break	
17.30-		nature distribution, Responsible, deadlines, Media plan. All
19.00	Preparing for the closing event	partners
19.00-		1 A. G. C. D. 17.
20.00	Supper	After a Coffee Break Enhancer Activity (Energizer)
20.00	Daily evaluation, Leaders' meeting	Participants share the impressions and competences that have been gained as measured.
22.00	19.09.2018. Eleven	
8.00:9.00	breakfast	may, nouncour
9.00:11.00	Preparing for the closing event	Recovery.
11.00-	riopaing for the closing event	Recovery.
11.30	Coffee break	After a Coffee Break Enhancer Activity (Energizer)
11.30-		activity. Presentation of project results "What I would
13.00	Round Table Discussions with Employers	change, implement, do otherwise to work with you" How I
13:00:15.0		
0	lunch	
15.00-	Work at the final event Theater production "I go	Individual presentations, group presentations, speeches,
17.00 17.00-	to look for work in 2020 year"	improvisations Czech partners
17.00-		
17.30		

19.00 Evening event all invite partners and presses have been invited.  19.00- 20.00 20.00 22.00  20.09.2018. Twelfth day, Friday  8.00:9.00 breakfast  9.00:11.00 Youtpass Fill Learning Assessment, youtpass Filling in the Greek Partr 11.00-11.30 Coffee break After a Coffee Break Enhancer Activity (Energizer) 11.30-13.00 Youtpass Fill Learning Assessment, youtpass Filling in the Greek Partr 13:00:15.0 0 lunch	17.30-		expected from the event, what are the future goals. the event,
19.00- 20.00 20.00- 22.00  20.00- 22.00  20.09-2018. Twelfth day, Friday  8.00:9.00  breakfast  9.00:11.00  Youtpass Fill  Learning Assessment, youtpass Filling in the Greek Partr  11.00-11.30  Coffee break  After a Coffee Break Enhancer Activity (Energizer)  11.30-13.00  Youtpass Fill  Learning Assessment, youtpass Filling in the Greek Partr  13:00:15.00  10  10  10  10  11  11  12  13  13  14  15  15  15  16  17  17  17  18  18  18  18  19  19  19  10  10  10  10  10  10  10	19.00	Evening event	1
20.00 22.00  20.09.2018. Twelfth day, Friday  8.00:9.00  breakfast  9.00:11.00  Youtpass Fill  Learning Assessment, youtpass Filling in the Greek Partr  11.00-11.30  Coffee break  After a Coffee Break Enhancer Activity (Energizer)  11.30-13.00  Youtpass Fill  Learning Assessment, youtpass Filling in the Greek Partr  13:00:15.0  0  lunch  15.00- 17.00  Evaluation activities, parting activities  participant makes up his pit with the slogan that will be taken from this exchange. Everyone leaves each one.  17.00- 17.30  Coffee break  17.30- 19.00  Evaluation activities, issuance of youtpass  partners  sharing experience, follow-up to the project. Latvian partners  19.00- 20.00  Supper	19.00-	č	1 1
22.00  20.09.2018. Twelfth day, Friday  8.00:9.00  9.00:11.00  Youtpass Fill  Learning Assessment, youtpass Filling in the Greek Partr  11.00-11.30  Coffee break  After a Coffee Break Enhancer Activity (Energizer)  11.30-13.00  Youtpass Fill  Learning Assessment, youtpass Filling in the Greek Partr  13:00:15.0  0  lunch  15.00- 17.00  Evaluation activities, parting activities  17.00- 17.30  Coffee break  17.30- 19.00  Evaluation activities, issuance of youtpass  19.00- 20.00  Supper  20.00- 22.00	20.00		
8.00:9.00 breakfast 9.00:11.00 Youtpass Fill Learning Assessment, youtpass Filling in the Greek Partr 11.00-11.30 Coffee break After a Coffee Break Enhancer Activity (Energizer) 11.30-13.00 Youtpass Fill Learning Assessment, youtpass Filling in the Greek Partr 13:00:15.0 Learning Assessment, youtpass Filling in the Greek Partr 13:00:15.0 participant makes up his pit with the slogan that will be taken from this exchange. Everyone leaves each one. 17.00-17.30 Coffee break sharing experience, follow-up to the project. Latvian 19.00 Evaluation activities, issuance of youtpass partners 19.00-20.00 Supper	20.00		
8.00:9.00  9.00:11.00  Youtpass Fill  Learning Assessment, youtpass Filling in the Greek Partr  11.00-11.30  Coffee break  After a Coffee Break Enhancer Activity (Energizer)  11.30-13.00  Youtpass Fill  Learning Assessment, youtpass Filling in the Greek Partr  13:00:15.0  0  lunch  15.00- 17.00  Evaluation activities, parting activities  17.30- 19.00  Evaluation activities, issuance of youtpass  19.00- 20.00  Supper  20.00 22.00	22.00		
9.00:11.00 Youtpass Fill Learning Assessment, youtpass Filling in the Greek Partr 11.00-11.30 Coffee break After a Coffee Break Enhancer Activity (Energizer) 11.30-13.00 Youtpass Fill Learning Assessment, youtpass Filling in the Greek Partr 13:00:15.0 Description of Lunch Participant makes up his pit with the slogan that will be taken from this exchange. Everyone leaves each one.  17.00-17.30 Coffee break Sharing experience, follow-up to the project. Latvian partners Partners  19.00-20.00 Supper  20.0022.00		20.09.2018. Twe	elfth day, Friday
11.00-11.30	8.00:9.00	breakfast	
11.30-13.00  Youtpass Fill  Learning Assessment, youtpass Filling in the Greek Partr  13:00:15.0  0  lunch  15.00- 17.00  Evaluation activities, parting activities  17.30- 19.00  Evaluation activities, issuance of youtpass  19.00- 20.00  Supper  20.00 22.00	9.00:11.00	Youtpass Fill	Learning Assessment, youtpass Filling in the Greek Partner
13:00:15.0 0 lunch  15.00- 17.00 Evaluation activities, parting activities 17.30 Coffee break  17.30 Evaluation activities, issuance of youtpass 19.00- 20.00 Supper  13:00:15.0 participant makes up his pit with the slogan that will be taken from this exchange. Everyone leaves each one. sharing experience, follow-up to the project. Latvian partners	11.00-11.30	Coffee break	After a Coffee Break Enhancer Activity (Energizer)
15.00- 17.00 Evaluation activities, parting activities  17.00- 17.30 Coffee break  17.30- 19.00 Evaluation activities, issuance of youtpass  19.00- 20.00 Supper  20.00 22.00	11.30-13.00	Youtpass Fill	Learning Assessment, youtpass Filling in the Greek Partner
15.00- 17.00 Evaluation activities, parting activities  17.00- 17.30  Coffee break  17.30- 19.00 Evaluation activities, issuance of youtpass  19.00- 20.00 Supper  participant makes up his pit with the slogan that will be taken from this exchange. Everyone leaves each one.  sharing experience, follow-up to the project. Latvian partners  partners  partners	13:00:15.0		
17.00 Evaluation activities, parting activities taken from this exchange. Everyone leaves each one.  17.00- 17.30 Coffee break  17.30- 19.00 Evaluation activities, issuance of youtpass  19.00- 20.00 Supper  20.00 22.00	0	lunch	
17.00- 17.30 Coffee break  17.30- 19.00 Evaluation activities, issuance of youtpass 19.00- 20.00 Supper  20.00 22.00	15.00-		participant makes up his pit with the slogan that will be
17.30 Coffee break  17.30- 19.00 Evaluation activities, issuance of youtpass  19.00- 20.00 Supper  20.00 22.00		Evaluation activities, parting activities	taken from this exchange. Everyone leaves each one.
17.30- 19.00 Evaluation activities, issuance of youtpass  19.00- 20.00 Supper  20.00 22.00	17.00-		
19.00 Evaluation activities, issuance of youtpass partners  19.00- 20.00 Supper  20.00 22.00		Coffee break	
19.00- 20.00 Supper 20.00 22.00			sharing experience, follow-up to the project. Latvian
20.00 Supper 20.00 22.00		Evaluation activities, issuance of youtpass	partners
20.00 22.00			
22.00		Supper	
21.08.18. Izbraukšanas diena	22.00		
		21.08.18. Izbraukšanas diena	
9.00 <b>breakfast</b> Going home	9.00	breakfast	Going home
		·	