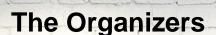








12 –19 August, 2016 Yerevan, Armenia





Armenian Progressive Youth (Armenia) is a non-profit, non-political youth organization aiming to support, inspire and engage young people from Armenia and all over the world to develop their social leadership skills, to take their civic responsibility and to act as change-makers. Through different projects, initiatives and non-formal education tools we help young people to succeed, ensuring that they develop the knowledge, skills, attitudes and competencesto

fit to the modern world. We believe that progressive, educated, skilful, open-minded and engaged young people possess all the power to become actors of change in Armenia and beyond because youth is not the future but the present!

APY actively advocates and works for gender equality in Armenia and in the whole region. In 21st century's Armenian women still experience domestic violence which takes a form of psychological, physical and sexual abuse. This is coupled with widespread gender based selective abortions. At the same, time in APY we are concerned that the word "gender" becomes an adjective to describe anything perverted and sinful, anything aimed to undermine traditional values and families. There is an obvious lack of knowledge especially amongst youth in this field and one of APY priorities is to fill this gap.



"Sparkles" (Italy) is founded by the young professionals in different fields, with an experience of working in non-formal education field for 7-8 years. The idea what brought them together was the topic of this application - peace building, emphatic communication personal development & conflict

transformation. Each of them have been working in this fields in the past and have quite big experience of taking part and implementing different kinds of projects on this topic: the trainings and Youth exchanges in frame of Youth in action program/ Erasmus+, 2 years of peace building formation at association RondineCittadelladella Pace (www.rondine.org), Training courses at International Synergy Group (www.oldevechte.nl), all of them have been conducting short and long term training courses on the topic of the project. All these expertise and interest brought them to create the informal group and work harder for the common aim.



Training Course "From Conflict 2 Connection: A Training for Young Peace-builders" will take place in Yerevan, Armenia between August 12th to19th, 2016. It will involve 30 youth workers from 12 different countries. The course will be focusing on diversity and conflict transformation and emphatic communication. Seeing diversity as a barrier instead of appreciating its enrichment has been playing a substantial role in both the national and international debates and politics in each of the participating countries for decades or even centuries.

The transformation of the conflicts starts from us: our hearts being in war or in peace, our way of communication. When we grow in peace with ourselves, we can continue to bring the transformation to our surroundings: our interpersonal relations, the way we connect and relate to our families, friends, acquaintances, strangers, communities. All these topics will be brought to attention in the TC.

Getting a better understanding in how we, people, function and what gets us together and keeps us walking the same direction is crucial for youth workers and peace builders of today. This will be done by promoting non-violent approaches leading to actions on peace-building and promotion of Human Rights. Moreover, young leaders will discuss the significant role of youth participation in grass-root peace-building initiatives.

## The objectives of the Training Course:

- To develop awareness about personal concepts and believes one has about conflict and habitual ways to react to the conflict;
- To identify effective methods that help to prevent and/or transform conflict through fostering non-violent communication;
- ❖ To gain knowledge on key concepts, such as conflict management, conflict transformation, conflict resolution, inner belief systems and non-violent communication;
- ❖ To gain tools for non-violent communication and conflict transformation;
- ❖ To exchange best practices in relation to youth work and conflict, inter-religious and cultural dialogue;
- To help participants reflect on the competence needed for using different tools to develop dialogue;
- To raise awareness of risk factors under which conflicts tend to arise;
- To facilitate networking between participants;
- To raise the visibility of the Erasmus+ program as a tool for development.

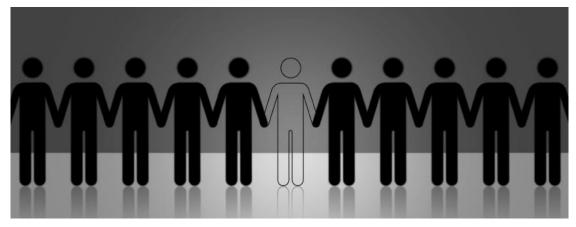
The trainers and invited experts will share practical and theoretical knowledge on the topics, through plenary sessions, workshops, processes & interactive exercises and other non-formal educational methods. The input and experience of participants will be also vital part of the program.

Through exercises, discussions, presentation of examples of good practices in the field of conflict transformation and promoting diversity as an enriching concept, we want to encourage peer learning and inspire youth workers to discuss follow-up and take action in their own countries following the Training Course.



- Youth workers, educators and Youth leaders aged 18-35.
- Motivated to work on conflict transformation, interpersonal conflicts and personal development in communication.
- Ready to transfer gained knowledge to the youth in their organizations and countries.
- Fluent in English.
- Resident of one of the participating countries Armenia, Belarus, Croatia, Czech Republic, Estonia, Georgia, Italy, Latvia, Moldova, Poland, Russian Federation and Ukraine
- Available for the whole duration of the Training Course.

**Important Note:** this training has a rule of no alcohol and drugs throughout all the training.



## **Important Dates**

**JULY 05 –** The participants are chosen by the sending organizations.

JULY 10- The Registration Forms are submitted by the participants.

**JULY 15**– The tickets are bought by the participants.





It is possible to reach Yerevan through 4 airports: Yerevan International Airport (Armenia), Gyumri Airport (Armenia), Tbilisi International Airport (Georgia) and Kutaisi Airport (Georgia).

If you arrive to Yerevan International Airport: The participants landing in Yerevan will be picked up by the organizers.

If you arrive to Tbilisi International Airport: We will arrange a bus for you from the Tbilisi airport to Yerevan. The price of the bus is 15 EUR one way.

If you arrive to Kutaisi Airport: You have to take bus to Tbilisi (cost 20 GEL) and join the bus that will bring you to Yerevan.

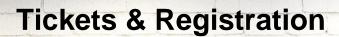
If you arrive to Gyumri Airport: The transfer from Gyumri to Yerevan will be organized by the organizers.

### **Arrival and Departure Information**

12<sup>th</sup> of August is the Arrival Day. Make sure you arrive to hotel between 12:00 - 18:00. We will have a welcome dinner altogether at 19:00. The official program starts on 13<sup>th</sup> of August.

19th of Augustis the Departure Day. The check-out should be performed after the breakfast, before 12:00 o'clock.

**NOTE!**You can arrive to Yerevan or Tbilisi couple of days earlier or stay couple of days longer to see around or to travel. However, this should be done at your own expenses. The Hosting organization can help you to find a hostel for extra days, but you should bear those extra costs.



You should make a small research and purchase the cheapest tickets. The deadline to purchase the tickets is  $10^{th}$  of July

**NOTE!**The ticket should be consulted with us before you buy it. You should **consult** the tickets with our project manager, Ms. Ani Khachatryan<u>anikhachatryan@apy.am</u>She will help you to find the best option. **Only after the confirmation, the ticket can be bought.** 

#### **VISA** information

None of the residents of the participating countries needs visa to enter Armenia. Republic of Armenia holds a visa-free regime with all the EU members states as well as CIS and Eastern Partnership countries.

### **Partner Organizations and Travel Costs**

Country	Organization	Number of Participants	Travel cost per person
		Turtioipanto	
Armenia	Armenian Progressive Youth NGO	4	0 EUR
Belarus	Ligadobrovolnogotrudamolodezhi	2	275 EUR
Croatia	Raplection	3	360 EUR
Czech Republic	European Youth Centre Breclav.	2	360 EUR
Estonia	NooredÜhiskonnaHeaks	3	360 EUR
Georgia	Youth For the World	2	180 EUR
Italy	Sparkles	4	360 EUR
Latvia	Open Sense	3	360 EUR
Moldova	ADVIT Europe without Borders	3	275 EUR
Poland	Centrum Inicjatyw UNESCO	2	360 EUR
Russian Federation	Center for Network Initiatives' Support	3	275 EUR
Ukraine	Agency for Development of Civil Society	3	275 EUR



100% of travel costs of the participants will be reimbursed. Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate of the month given by the European Commission. Participants will receive the travel reimbursement via bank transfer after the boarding passes from the way back are received by post.

**NOTE!** Please check travel budget limits above. If travel costs exceed the amount budgeted in the project. The organizers will only be able to reimburse participants the maximum travel costs indicated in the travel budget. You are therefore strongly advised to book trip travel well in advance and look for the cheapest option.

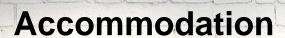
**IMPORTANT!**In order to receive the travel reimbursement, every participant needs to complete a **reimbursement form** that will be sent a week before the Training Course. Additionally, every participant should attach the following documents to the reimbursement form:

- > Tickets (there must be price and name of the person stated on it).
- ➤ **Boarding passes** (in case of loss please get a confirmation from the airlines, that the flight was taken)
- Invoices yes, even if you have a ticket, our accounting still needs an INVOICE.
- > Online Check-in should be made before your leave Yerevan to make sure you give as Boarding Passes from the way back as well.

**Participation fee:** There is a participation fee of 40 EUR for this Training Course.

#### Insurance

Please keep in mind that you are self-responsible for sufficient insurance (illness/personal liability/cancellation/theft etc.). Organizers take no responsibility for the insurance. Make sure you have a travel insurance valid in Armenia from 12<sup>th</sup> to 19<sup>th</sup> of August.





The participants will be accommodated in Hotel Capital in Yerevan city centre. Here is the web-site of the hotel:

http://capitalhotel.am/

Address of the Hotel: Aygedzor 53B, Yerevan, Armenia

The Capital Hotel is a friendly and comfortable hotel located in Aygedzor area of Yerevan - one of the most beautiful areas in the city centre with a beautiful sight to ravine from balconies. It is located on 10 minutes walking distance from the city centre and 5 minutes from the Metro Station and Lover's Park.

**Rooms:** The accommodation will be organized in Double and Triple Rooms, 2-3 participants per room.

# **Contacts**



## Ani Khachatryan

Project Manager, Logistics Coordinator anikhachatryan@apy.am

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During a special evening we will share characteristics from our culture. We ask you to bring foods and **non-alcoholic drinks** to share! You can also think of some other things to share with the group from your culture: stories, dances / songs etc. In case you play an instrument, it might be very nice to bring it. Just no power point presentation or country promotion videos, as it would be the best if you can share something in your own words! By the way, to present something from your culture does not mean it has to be something from your country: it can also be from a region, a city etc.

### **Homework and Daily Program**

Pick 3 pictures in electronic format (from your photo album, from internet or anywhere else) that metaphorically or directly represent your personality and send them before leaving to the training to <a href="mailto:giedre.kaupaite@gmail.com">giedre.kaupaite@gmail.com</a> with a subject C2C.

You will receive the daily program on their first day of the training.

#### **NGO Fair**

One of the aims of the Training Course is to develop cooperation and new projects between the NGO's/ That is why we are going to organize an NGO fair where every organization will have a chance to present itself. Make sure you bring some informational materials, flyers, booklets or publications representing your organization.



#### YOUTHPASS Certificates

All participants will receive a Youth Pass certificate in the end of the Training Course. Upon their request participants

will get also Annex to Youth Pass with 8 Key Competences.

#### **Facebook Group**

Please join the Facebook group of the project and let's start getting to know each other. Here is the link:

https://www.facebook.com/groups/278521055824388/





#### YEREVAN – The Host City

The Training Course will take place in Yerevan – the capital of Armenia. Yerevan is a political, administrative, commercial & financial, as well as cultural & educational centre of Armenia. The population is about 1.2 million people. Because of the

fact Yerevan is one of the oldest cities in the world; it hides many beautiful and interesting places.

Find them here:

http://www.tripadvisor.com/Attractions-g293932-Activities-Yerevan.html

# Weather

Spring season in Yerevan is short and unsteady. So we recommend to check the weather before departure:

http://www.meteo.am



## Currency

Armenian national currency is the Dram (AMD). There are ATM machines and banks all around the city. Payments with VISA/Master Card credit cards are possible in most of the supermarkets, cafes, shops and restaurants. For the small local shops it's always good to have some cash. The exchange offices are located in the banks and some big supermarkets.

1 EUR - 530 AMD

1 USD - 480 AMD

1 GBP - 720 AMD