



Co-funded by the
Erasmus+ Programme
of the European Union



ERASMUS +

KEY ACTION: Learning Mobility of Individuals

ACTION: Mobility of learners and staff



YOUTH EXCHANGE

“Ambassadors of European culture.”

Cultural integration

Youth Exchange Project “Ambassadors of European culture” funded by ERASMUS + program



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Erasmus+ Programme
of the European Union

Youth exchange is organized by Society “ERFOLG”



and 4 partner organizations

Association Focus – European center for development from Bulgaria, **Asociatia Support for Youth Development** from Romania, **European Youth Centre Breclav z.s.** from Czech Republic and **Youth4youth** from Italia.

Financial duration of the project: 01.05.2015. – 01.03.2016.

Youth exchange dates: 14.10.2015. - 23.10.2015.

APV (advance planning visit) dates: 05.09.2015. - 06.09.2015. (1 leader + 1 youth from each country, we will work on the program and all the logistics, activities etc.) (04.09.2015. – arrival day, and 07.09.2015. – departure day)

Tickets: from 10th of August 2015 groups can start to buy their tickets.

Countries: Latvia, Bulgaria, Italia, Romania and Czech Republic (1 leader + 5 youth). Participants from each group must be from 16– 30 years old.

Organizers: Society „ERFOLG” (Daugavpils, Latvia).

Payment Conditions for APV: accommodation and local transportation is covered by the project. Food is provided. Travel costs will be covered according to distance calculator according to distance between place where participants live to venue of the project. http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm

Amount of money which we can reimbursed according to kilometers you may found in the table below:

KM	EUR
0 - 99	0
10 - 99	20
100 - 499	80
500 - 1999	170
2000 - 2999	270
3000 - 3999	400
4000 - 7999	620
8000 - 19 999	830

The groups will buy their tickets and after the project when everybody from a group will send their boarding passes and the rest of the travel tickets; the reimbursement for travel cost will be made by bank transfer.

ABOUT THE PROJECT

The exchange project “**Ambassadors of European culture**” will run in Daugavpils for day (**01.05.2015. - 01.03.2016.**). Trainings in Latvian city Daugavpils will run from **14.10.2015. to 23.10.2015.**

Main project themes are: art and culture, youth (Participation, youth work, youth policy).

Project activities are planned 10 days training for **30** youth from 16 to 30 years age and youth leaders from different countries.

As the working methods will be used presentations, performances, group and team activities, ice breaking activities, practical learning, discussions, group work, brain storming, verbal and nonverbal communication, music, dance and games master-class. During the project activities the youth will have an opportunity to get to know a European countries culture through different cultural master-classes, get know Latvia and other European countries. During the project, young people will develop their own methods of presentation and performance. Trough different activities youth will provide their opinion about such important themes as solidarity, tolerance, inclusion, different culture multiplicity etc.

Realizing the planned activities in the project, there will be promoted the development of the intercultural dialog, the improvement of the youth communication and social skills, awareness of the belonging to the European culture community.

PLACE AND AROUND



Daugavpils is a city in southeastern Latvia, located on the banks of the Daugava River, from which the city gets its name. Daugavpils literally means "Daugava Castle". With a population of over 100,000, it is the second largest city in the country after the capital Riga, which is located some 230 km to its north-west. Daugavpils has a favorable geographical position as it borders Belarus and Lithuania (distances of 33 and 25 km respectively). It is located some 120 km from the Latvian border with Russia. Daugavpils is a major railway junction and industrial centre. The city is surrounded by many lakes and nature parks.

Daugavpils is an important cultural center in eastern Latvia. There are 22 primary and secondary schools, four vocational schools, and the Saules College of Art. More than 1,000 teachers and engineers graduate from Daugavpils Pedagogical University (now Daugavpils University) and the local branch of Riga Technical University annually. The city theatre was restored a couple of years ago. There is also one cinema as well as other cultural institutions. The city exhibition center offers many cultural activities. There are also several architectural, historical, and cultural monuments in Daugavpils. The most prominent is the Daugavpils fortress of the late 18th–19th centuries.

The historical centre of Daugavpils city is an architectural heritage of national importance (the construction work was carried out in the 19th century according to the project endorsed in St Petersburg in 1826). The historical centre is the greatest attraction of the city and one of the most successful examples of balancing the aspects of ancient and modern times. Daugavpils is one of the few cities in Latvia which can pride itself on a unified ensemble of both classic and eclectic styles. The cultural heritage of architectural, artistic, industrial, and historical monuments combined with the picturesque surroundings create the essence of Daugavpils' image and endow it with a special charm.



The town's history began in 1275 when the Livonian Order built Dünaburg castle 20 km up the Daugava river from where Daugavpils is now situated. In 1561 it became part of the Polish–Lithuanian Commonwealth (see: Duchy of Livonia) and in 1566 became capital of the Inflanty Voivodeship, which existed until the First Partition of Poland (1772). In 1577 the Russian tsar Ivan the Terrible captured and destroyed Dünaburg castle. That same year, a new castle was built 20 km downriver. In 1582 Daugavpils was granted Magdeburg town rights. In the 17th century, during the Russo–Swedish War initiated by Tsar Alexis of Russia, the Russians captured Daugavpils, renamed the town *Borisoglebsk* and controlled the region for 11 years, between 1656 and 1667. Russia returned the area to Poland following the Treaty of Andrusovo (1667).



PROGRAM and WORKING METHODS

AIM AND OBJECTIVES:

- The aim of the project is to give a youth an opportunity to promote their active citizenship, participation in democratic life, becoming an ambassador of their culture.
- ✓ to involve young people from Latvian, Bulgaria, Romania, Italia and Czech Republic in the project;
- ✓ to develop art and culture;
- ✓ to promote social dialogue, social inclusion and solidarity;
- ✓ to promote multicultural communication by exploring different European cultures;
- ✓ to introduce young people with history and culture of different countries, music and dance master-class, national games, national and traditional celebrations, and national kitchen;
- ✓ to promote competence and skills of youth and youth workers and improve youth cooperation;
- ✓ to organize activities associated with adoption of different and common.

PROFILE OF PARTICIPANTS:

30 young people 16-30 years old from Latvia, Bulgaria, Romania, Italia and Czech Republic are involved in the project. (25 youth + 5 leaders).

ACTIVITIES AND USED METHODS:

There will be organized the following activities: dancing and music master classes, excursions, presentation of art works, the presentation of the partner countries and, morning gymnastics etc.

There are planned to use the non-formal education methods – different kinds of activities, for example, ice-breaking activities, intercultural evenings, excursions, creative workshops, orienteering, presentations, evaluation, farewell activities.

EFFECT:

The project partner countries will gain the experience in the organization of the international project, which is connected with the cultural diversity. The youth will be acquainted with the basics of multicultural communication, as well as they will create their own handbook “Ambassadors of European culture”, that will contain useful information and guidance about making a positive changes in multicultural communication. Participants will improve their English language knowledge and communication skills.

The project will give the possibility to popularize ERASMUS+ program and involved partner organizations. The youth will get more information about the methods of non-formal education and organizations, which are organizing the international projects, to give the possibility to every person to widen their horizons, to explore the cultures of European countries to be more involved in the cultural life of Europe.

During the project activities the youth will have an opportunity to get know different European countries culture and traditions. The youth will also discuss how they can talk over different stereotypes.

PARTICIPANTS

Due to the plan, the young people at the age of 16 to 30 (1 leader + 5 youths) will take part in the project all together, young people from Latvia, Bulgaria, Romania, Italia and Czech Republic. The project activities will last 10 days, during which there will be various theoretical and practical studies concerning the project themes. All the project participants will live in the hotel "ERFOLG" which is situated in Daugavpils where the main activities will take place.

Now each partner (group leaders) should complete their participants as soon as possible which is the first step for preparation, because groups should start to buy their tickets.

TRAVEL COSTS AND TRAVEL DAYS

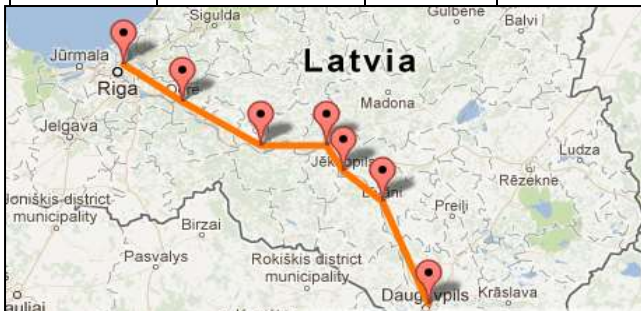
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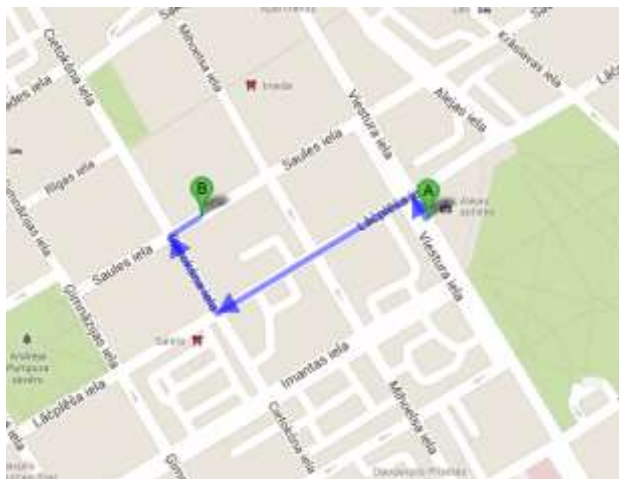
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First activity day of project is 14th of October so make sure that you arrive to Daugavpils on the 14th of October. And you will need to leave Daugavpils on the **23rd of October about 15.00.**

When you will arrive to Riga we recomend you to use train or bus services to get into Daugavpils (Riga – Daugavpils):

TRAIN				BUS			
Rīga	Daugavpils	In the way	Price of the ticket	Rīga	Daugavpils	In the way	Price of the ticket
07:40	11:30	03:50	7.05 Eur	04.00	07.40	03.40	8.90 Eur
15:45	19:10	03:23	7.05 Eur	07.30	11.10	03.40	8.90 Eur
16:46	21:07	04:21	7.05 Eur	08.40	12.30	03.50	8.90 Eur
				10.00	13.40	03.40	8.90 Eur
				11.50	16.05	04.15	8.90 Eur
				13.35	17.35	04.00	8.90 Eur
				14.30	18.10	03.40	8.90 Eur
				15.30	19.10	03.40	8.90 Eur
				18.05	21.50	03.45	8.90 Eur
				19.20	23.00	03.40	8.90 Eur
				20.20	23.59	03.39	8.90 Eur





If you will drive by bus then on the map bellow you can see how to get to our Society „ERFOLG” office.

Where:

A: Bus station

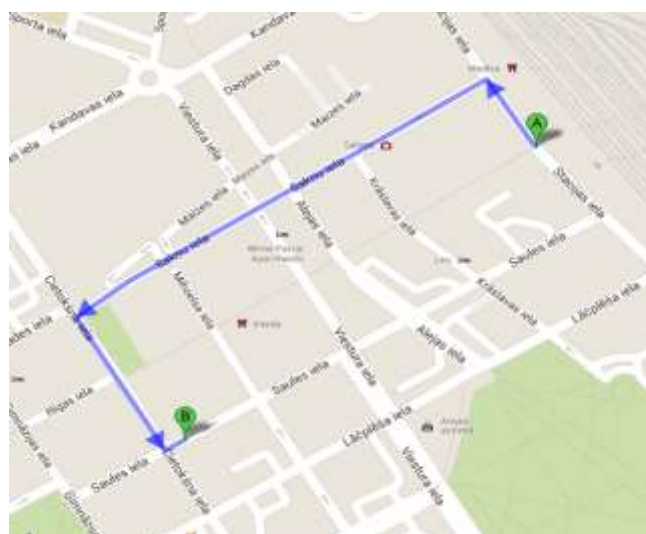
B: Society Erfolg office

If you are driving by train then on the map bellow you can see how to get to our Society „ERFOLG” office.

Where:

A: Railway station

B: Society Erfolg office



Anyway our volunteers will meet you on the railway or bus station! 😊

Meating place: Society „ERFOLG”

T:(+371) 20371892, (+371) 65420019

E-mail : ERFOLG_project@outlook.com

Address: Cietokšņa Street 44, Daugavpils



Some useful phrases in Latvian:

Latvian - English	
Jā - yes	Atā - bye
Nē - no	Uz redzēšanos - goodbye
Lūdzu - please	Ar labunakti - goodnight
Paldies - thanks	Ieeja - entrance
Liels paldies - thank you very much	Izeja - exit
Labrīt - good morning	Grūst -push
Labdien -good afternoon	Vilkt - pull
Labvakar - good evening	Avārijas izeja - emergency exit

Basic information about the Daugavpils city you can find here:

<http://en.wikipedia.org/wiki/Latvia>

<http://www.lonelyplanet.com/latvia>

<http://www.latvia.travel/en/tourist-information-centres>

<http://www.visitdaugavpils.lv/>

Currency: **EURO**

Project language: **English**



ACCOMMODATION

Hotel „ERFOLG” T: (+371) 25912250,

T: (+371) 65420019

Address: Nometņu Street 25a, Daugavpils, LV-5400, Latvia.

Dates: 23.05.2015. – 31.05.2015.

E-mail : hotelerfolg@inbox.lv

Accommodation place are in a 12 minutes way from Bus station.



HOMEWORK

- Presentation about societies participants represent;
- Presentation about country participants coming from – history, culture, language;
- Prepare national music and dance master-class;
- Preparation of national evening (you may take some national snacks, dishes or food);
- Try to find some creative energizers, teambuilding activities, outdoor activities.

PREPARATION AND CHECK LIST

- Collect all the participants make the team;
- Buy the tickets and contact us, send us a copy of your ticket and your travel information;
- Get the energy to travel and have great 9 days in Latvia;
- Get a comfortable shoes, warm and light clothes, clothes that don't get wet, hats, umbrella;
- Prepare cultural evening, present your culture, prepare group home works;
- **Each should take some small present from your country;**
- Join in the facebook group.

<https://www.facebook.com/groups/894186333958975/>

For more information and questions you can contact us by e-mail address ERFOLG_project@outlook.com or phone number (+371) 20371892, (+371) 65420019

See you all in this excited autumn adventure
in the 14th of October 😊

Society „ERFOLG”