



TALLINNA ÜLIKOOL
Üliõpilaskond



Changing lives. Opening minds.

BOLD

Training Course

BUILDING OPPORTUNITIES FOR LEADERSHIP AND DEVELOPMENT
TALLINN, ESTONIA 08 – 16 JUNE 2015
MTÜ Tallinna Ülikooli Üliõpilaskond



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Dear participant,

The NGO Tallinn University Student Union (**MTÜ Tallinna Ülikooli Üliõpilaskond**) is delighted to be your host from **08 – 16 June 2015**, for the **Training Course “BOLD – Building Opportunities for Leadership and Development”** that will take place in **Tallinn, Estonia!**

During the working days the organisers and trainers will use non-formal learning methods such as theoretical input, presentations, team work, discussions, lectures, work in mixed teams and role plays in order to connect the **participants** that will be coming from **Estonia, Latvia, Slovenia, Spain, Italy, Croatia, Macedonia, France, Czech Republic and Romania.**

Participation in **European youth events** often is a foundation for a long-term, sustainable solution of the challenge the community faces. The most basic objective is to train the members of the partner organisations in creation of solid and sustainable European/International youth projects and to properly implement them as well as do the follow-up process.

The skills and knowledge that the participants will gain from this event will relate to both theory as well as practice. More concretely the needed knowledge that exists among the participants and is relating to various **international projects** will be shared and disseminated. At the same time the practical organizations skills needed for **coordinating an international team of youngsters** will be boosted in order to have highly motivated youngsters at the end of the event that will be able to implement future youth initiatives within the **Erasmus+ Programme of the European Commission.**

The main purpose and goal of the organizers of this Training Course is to bring the **values and benefits that international youth work offers** to the member of the partner organizations involved in this training. Organizing and implementing international youth activities (**youth exchanges, volunteering activities, seminars, trainings etc.**) is a rewarding way to contribute to the development of the local community.



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About your hosts

Tallinn University Student Union

The main function of the Student Union is to represent and protect the interests of Tallinn University students within the University and at the local and national level, also organize for students different events.

Tallinn University Student Union runs **10 Clubs**, gathering people with similar interests and needs. **The Culture Club** organizes various events for the students throughout the year (e.g. Freshman Initiation, Tallinn Student Days, Christmas Party, Valentine's Day, Peda Folk since 1972 etc). **We have Photo Club-** some pictures of the events are available here:

<https://www.facebook.com/tlufotoklubi/>

Student Union Sport Club organizes all the sport related events in Tallinn University – not in the professional level, it is more like popularization of sports and having an active lifestyle. **The International Club (IC)** provides advice and support to international students and organizes different events that introduce Estonia and Estonian culture. We also have **Student Theater, Debate Club, Student TV /Tudeng.tv** and **Tallinn University Alumni Association**. All students are welcome to take part in the events and those who wish can participate in organizing different projects. We also organize training courses and educational events, such as Science Week and Green week.

For more info please check our webpage www.esindus.ee.

Below in this document you will find practical information about your travel to Estonia, your stay in Tallinn and other useful things for you. Feel free to contact us and ask anything additional that you want to know.



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Getting to Estonia

Please use the cheapest possible transport!

Please make sure that your travel itinerary is in accordance with the arrival/departure dates. At the same time please do make sure to use the most affordable possible transport to arrive to Tallinn, Estonia. We can arrange for a person to wait for you at the Tallinn bus station or airport, at your request, but please email us for this well in time.

The **airport in Tallinn** is reachable from several European destinations. Also low cost airline carriers fly to Tallinn airport such as Ryanair and Easyjet.

If you need assistance with the travel arrangements, especially the participants that are organizing their airline flight itinerary, please do write to us and we will be more than happy to assist you in getting the best possible and most affordable flight option to arrive to Estonia.

The organizers will reimburse your return travel costs from your home city to the pick-up point in Tallinn. The maximum amounts for travel reimbursement are presented in the table on this page.

Travel costs reimbursement will only be done upon full attendance in the Training Course activities and presentation of the original tickets with boarding passes and receipts/invoices. In case you have electronic receipts/invoices please print them before you leave and also sent them to the email contact provided below in this document.

Travel reimbursement limits per country:

country	number of participants	maximal travel reimbursement per participant
Latvia	4	180,00 €
Slovenia	4	275,00 €
Spain	4	360,00 €
Italy	4	275,00 €
Croatia	4	275,00 €
Macedonia	4	360,00 €
France	4	275,00 €
Czech Republic	4	275,00 €
Romania	4	275,00 €
Estonia	4	0,00 €

Please do not forget to send us your travel itinerary at least three weeks prior to your arrival to Tallinn including all costs and electronic tickets, invoices or receipts in order for us to be ready to reimburse you while you are in Estonia. In case you need some assistance with your travel to Estonia or help to get to the venue please do contact us.

Please note if you bought your ticket in your local currency which might be different than EURO, we will calculate your travel costs according to the exchange rates from [official EC web-site](#).

Also please use the travel search-engines such as www.skyscanner.net which should give you more flight options time-wise as well as cost-wise.





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Accommodation venue

We are staying at **Center Hotel (Narva maantee str 24)** which is located in the center of Tallinn, a 15-minute walk of a beautiful Old Town and famous Kadriorg Park, 10 min drive from Tallinn airport, 7 min from Bus station and 5 min from Port. Near are several cafes, clubs, pubs, shopping malls etc.

We have 2 or 4 people in one room. Rooms have free Wi-Fi, also TV.

There are towels for everybody. A buffet breakfast is served every morning at the hotel restaurant, with international and Estonian dishes.

More information:

<http://centerhotel.ee/>

Our working place is in Tallinn University which 2 minute walk from the hotel. <http://www.tlu.ee/en>

Lunch and dinner will serve us Café Oaas, in Tallinn University.

www.oaascatering.ee

More information about Tallinn:

<http://www.tallinn.ee/eng/>



Weather in Estonia

Statistical data for weather in June in Tallinn, Estonia

Average temperature 14°C

Low temperature 9°C

High temperature 19°C

Sunshine hours 10 hrs

Chance of sunny day 22%

Rainfall 70mm

Rainy days 14 days

Chance of rain 50%

Chance of cloudy day 33%

Chance of a windy day 14%



Contacts

We hope that you found this info-pack document comprehensive and useful for you!

Still, in case you need further information on the Training Course, assistance for your travel or other issues related to this project, please do not hesitate to get in touch with us at the following contacts:

Tel: +372 55677537

Tel: +372 6409129

Email: esimees@esindus.ee

Ms. Enelin Paas

(also, all selected participants will be invited to a Facebook group where many more updates will be posted prior to the start of the arrival date)

