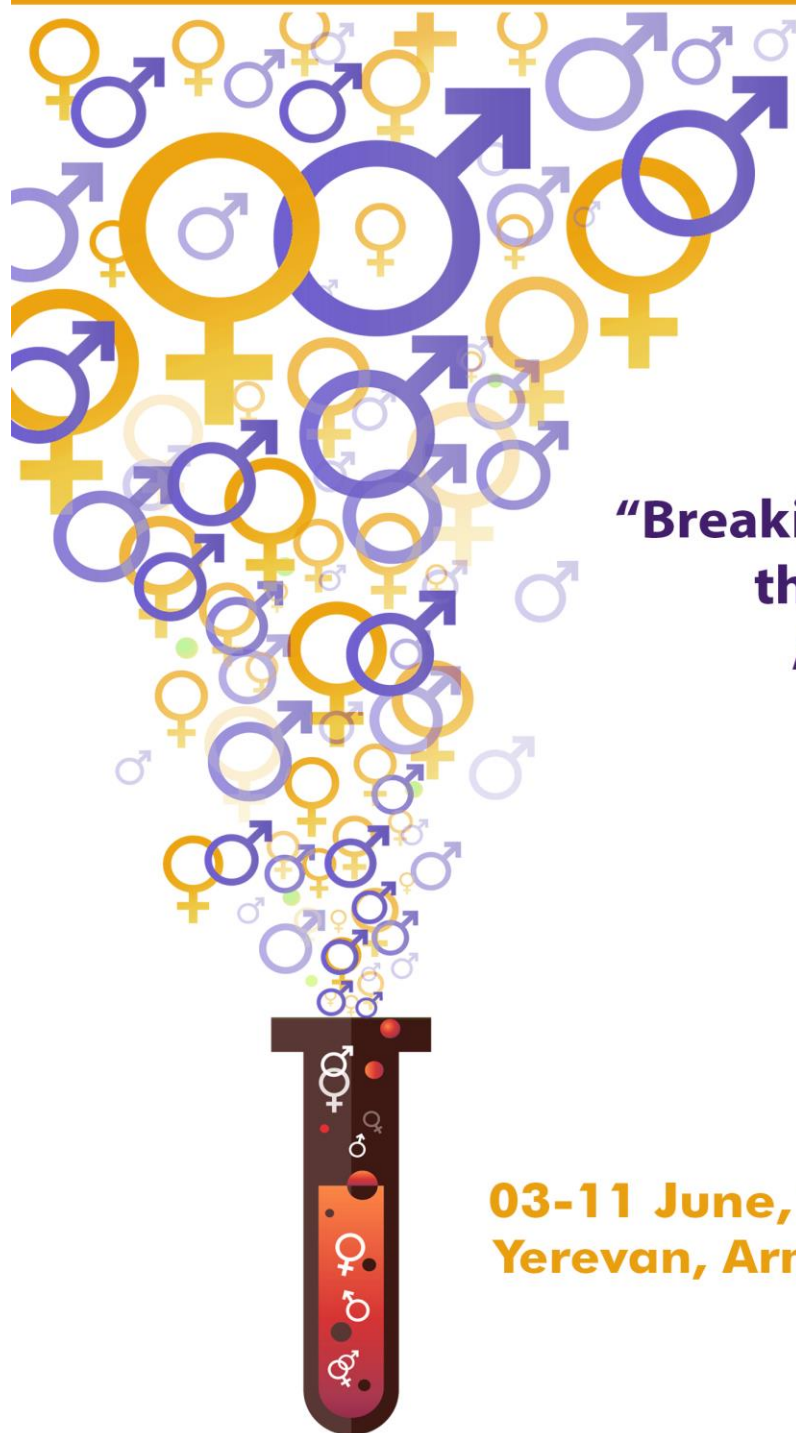


# Info-pack for an International Training Course



**“Breaking gender barriers  
through Youth Work:  
A Quest 4 Equality”**

**03-11 June, 2017  
Yerevan, Armenia**

**NICOLA**  
New International Company of Live Arts



**APY**  
Armenian Progressive Youth



**Participating countries:** Armenia, Belarus, Czech Republic, Georgia, Hungary, Italy, Latvia, Moldova, Portugal, Romania, Russian Federation, Spain, Ukraine, the United Kingdom and Turkey.

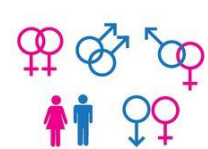
# Description of the Training Course



The European Union deserves credit for having tackled these issues for a long time, however, the gender equality situation both in the EU and the Neighbouring countries, especially in Eastern Europe and Caucasus remains unsatisfactory. Conservative, discriminating values are hard to tackle, with clearly defined roles for men and women, gender stereotypes and issues with the expression of gender identity and sexual orientation.

It is very important to enable youth workers and young leaders to feel and reflect about the power of gender and gender roles by giving them space to discuss, debate and learn more about the topic that often remains undiscussed. That is why with this Training Course we would like to tackle these issues and look for solutions in our organizations and daily lives. We would like to develop and improve our participant's knowledge and understanding on various concepts related to gender issues, analyse traditions, roles and perceptions of gender in different countries and societies. It's obvious that there will be huge differences as participants will come from different realities and different corners of Europe.

The Training Course "Breaking gender barriers through Youth Work: A Quest 4 Equality" will bring together 32 youth workers from the EU and Neighbouring Partner Countries. Through the participation in different scale of activities as discussions, presentations, field visits, participants will exchange their skills and experiences on gender mainstreaming, gender discrimination, gender violence and gender perspectives in different parts of Europe and will know more about realities in Eastern Europe and Caucasus region. This will be unique platform for sharing practices and exchanging realities.



The main aim of the Training Course is to increase the awareness of youth workers and youth leaders about gender equality issues and perspectives in Europe and to provide the participants with skills to develop good quality projects locally and under the "Erasmus+" programme focusing on the topic of Gender Equality.

The Training Course will have also a practical side. In order to practice newly gained knowledge, the participants will plan concrete non-formal learning activities for concrete target groups (school leaders, youth with disabilities, etc.) that later can be implemented as project on their local levels or European level. Another value of this project will be the development of concrete international projects. The participants will be provided with skills to develop good quality projects, with the assistance of experts.

# The objectives of the Training Course

The objectives of the Training Course are the following:

- ❑ To learn about gender equality issues by sharing and comparing the realities in the European Union and Neighbouring Partner countries;
- ❑ To exchange experiences between youth workers and youth leaders on the difficulties to find a gender balance in terms of participation of women;
- ❑ To develop participants knowledge and understanding on various concepts related to gender issues and emphasize the importance of gender equality in youth work and other areas;
- ❑ To promote gender equality in youth work and international youth projects;
- ❑ To facilitate networking process among participants and promote new common projects related to gender equality;
- ❑ To develop the quality of support systems for youth activities and capability of youth organizations to create new partnerships.

## Profile of the participants





- ❑ Youth workers aged 18 and more;
- ❑ Ready to promote gender equality and combat gender based discrimination in their countries;
- ❑ Want to transfer gained knowledge to the youth in their organizations;
- ❑ Interested to develop competence and knowledge on the topic;
- ❑ Fluent in English;
- ❑ Resident of one of the participating countries.
- ❑ Available for the whole duration of the Training Course.



# Travel Information





It is possible to reach Yerevan through 4 airports: Yerevan International Airport (Armenia), Gyumri Airport (Armenia), Tbilisi International Airport (Georgia) and Kutaisi Airport (Georgia).

-  **If you arrive to Yerevan International Airport:** The participants landing in Yerevan will be picked up by the organizers.
-  **If you arrive to Tbilisi International Airport:** We will arrange a bus for you from the Tbilisi airport to Yerevan. The price of the bus is 15 EUR one way.
-  **If you arrive to Kutaisi Airport:** You have to take bus to Tbilisi (cost 20 GEL) and join the bus that will bring you to Yerevan.
-  **If you arrive to Gyumri Airport:** The transfer from Gyumri to Yerevan will be organized by the organizers.

## Arrival and Departure Information



-  **03<sup>ed</sup> of June** is an Arrival Day. Make sure you arrive to hotel between 12:00 to 18:00. We will have a welcome dinner altogether at 19:00. The official program starts on 4<sup>th</sup> of June.
-  **11<sup>th</sup> of June** is a Departure Day. The check-out should be performed after the breakfast.

**NOTE!** You can arrive to Yerevan or Tbilisi couple of days earlier or stay couple of days longer to see around or to travel a bit. However, this should be done at your own expenses. The Hosting organization can help you to find a hostel for extra days, but you should bear those extra costs.

# Tickets & Registration

Participants need to send us their PASSPORTS and Departure Airports to [worldwide@nicolaarts.org](mailto:worldwide@nicolaarts.org)

**The deadline** to send us your passports and participant application forms is **01<sup>st</sup> of May, 2017**. This only applies to SELECTED participants.

**NOTE!** The tickets can be bought only by NICOLA ART. However, you and your sending organization bear the responsibility if you cancel your participation or miss the flight. The tickets will be bought for you by **10<sup>th</sup> of May**, the latest. In order to buy tickets for you, we need you to fill in the Application Forms and send us your Passport Scans by **01<sup>st</sup> of May**.



## VISA information

**The EU citizens, the citizens of the United Kingdom** as well as citizens of **Belarus, Georgia, Moldova, Russian Federation and Ukraine do not need visas** to enter Armenia. The citizens of **Turkey** receive the visa on the border, either at the Yerevan airport or on the land border between Armenia and Georgia. This applies only to holders of ordinary (non-diplomatic passports). The visa cost for 21 days short term visa is 6 EUR or 3000 AMD. The visa cost will be covered.



# Partner Organizations and Travel Costs

Country	Organisation	Number of pax	Travel cost per person
Armenia	Armenian Progressive Youth	5	0
Belarus	Liga dobrovolnogo truda molodezhi	2	275
Czech Republic	European Youth Center Breclav	2	360
Georgia	Creative Development Center	2	180
Hungary	MOSTart	2	360
Italy	Asociazione Joint	2	360
Italy	New International Company of Live Arts) Italy	2	360
Latvia	Open Sense	2	360
Moldova	Pro-Bono	2	275
Portugal	Experimentáculo Associação Cultural	2	820
Romania	Asociatia Puzzle OptimEast Tg. Neamt	2	275
Russian Federation	Center for Interethnic Cooperation	2	275
Spain	AJ Inter	2	820
Turkey	Youth Art Research and Training Association	2	275
Ukraine	Agency for Development of Civil Society	2	275
United Kingdom	NICOLA ART	5	530





# Financial Conditions

**100% of the total travel expenses are paid by organizers.** Organizers are responsible to buy the tickets. In case of cancellation, participants and sending organizations bear the responsibility to pay the travel costs.

**NOTE!** Please check travel budget limits above. If travel costs exceed the amount budgeted in the project, the participants will need to cover the exceeding amount. While booking the tickets we will try to ensure that no ticket price goes beyond the budgeted amount. You are therefore strongly advised to fill the registration form once your participation is confirmed, so we book your ticket as soon as possible.

The sending organization may hold a deposit. In case the ticket exceeds the limit mentioned above, the participants will need to pay the organizers the difference.

**IMPORTANT!** Every participant should present the following documents during the Training Course in Armenia:

-  **Boarding passes** (in case of loss – please get a confirmation from the airlines, that the flight was taken)
-  **Online Check-in** should be made before your leave Yerevan to make sure you give as Boarding Passes from the way back as well.

**Participation fee!** There is a participation fee of **60 EUR** to be paid in cash during the Training Course in Yerevan. The participation fee will be used to contribute to the administrative costs as well as extracurricular activities, such as excursion to a countryside, traditional dinner, visit to a Temple, etc.

## Insurance

Please keep in mind that you are self-responsible for sufficient insurance (illness/personal liability/cancellation/theft etc.).

Hosting organization takes no responsibility for the insurance. Make sure you have a travel insurance valid in Armenia from 03 to 11 of June.

# Accommodation

The participants will be accommodated in Hotel Capital in Yerevan city centre. Here is the web-site of the hotel: <http://capitalhotel.am/>

The Capital Hotel is a friendly and comfortable hotel located in Aygedzor area of Yerevan - one of the most beautiful areas in the city centre with a beautiful sight to ravine from balconies. It is located on 10 minutes walking distance from the city centre and 5 minutes from the Metro Station and [Lover's Park](#).

## Free Services:

- ❑ Wi-Fi Internet
- ❑ 24 hour Reception and Security
- ❑ Medical Service
- ❑ Outdoor Swimming
- ❑ Satellite TV
- ❑ Phone
- ❑ Air conditioning
- ❑ Hairdryer
- ❑ Single use sanitary-hygienic items

## Other Services:

- ❑ Laundry and Dry Cleaning
- ❑ Lobby Bar
- ❑ Cars Rental
- ❑ Bar
- ❑ Souvenirs and Gift Shops

## Rooms:

The accommodation will be organized in Triple Rooms, 3 participants per room. Here are some photos from the hotel.



**Address of the Hotel:** Aygedzor 53 B, Yerevan, Republic of Armenia



# Language



The language of the course is **English**. Participants should be able to communicate in English.

## Intercultural Evening

During a special evening we will share characteristics from our culture. We ask you to bring foods and drinks to share! You can also think of some other things to share with the group from your culture: stories, dances / songs etc. In case you play an instrument, it might be very nice to bring it. Just no power point presentation or country promotion videos, as it would be the best if you can share something in your own words! By the way, to present something from your culture does not mean it has to be something from your country: it can also be from a region, a city etc. To make the **Intercultural evening** more connected to the topic of the Training Course, we would like to ask you to pay special attention to the food, drinks & snacks that you are going to take with you. Let's see if drinks and food can be also gendered. Bring some things that are typically preferred or associated with women or men. Make sure that you have some **typical things that your family uses and also something very typical stuff from your city**.



## Homework and Daily Program

Two weeks before the Training Course we will send you a small homework to complete in your Country group. The Daily program will be also sent together with the homework.

# YOUTHPASS Certificates



All participants will receive a Youth Pass certificate in the end of the Training Course. Upon their request participants will get also Annex to Youth Pass with 8 Key Competences.

## Facebook group

Only SELECTED participants are invited to join the Facebook group



Please join the Facebook group of the project and let's start getting to know each other. Here is the link: <https://web.facebook.com/groups/306239123129869/>

## Deadlines

**April 28<sup>th</sup>** – The participants are chosen by the sending organizations.

**May 01<sup>st</sup>** – The Registration Forms and passports are submitted by the participants.

**May 01<sup>st</sup> – May 10<sup>th</sup>** – Tickets are bought for the participants.

**May 20<sup>th</sup>** – The daily program and the homework is sent to the participants.

**May 31<sup>st</sup>** – The arrival list and the airport pick up information is sent to the participants.

## The organizers



**Armenian Progressive Youth NGO (Armenia)** is based in Yerevan, Armenia. It was founded in 2009 by a group of young people in order to promote personal and professional growth of young people in Armenia and supporting the Civil Society development. Today it counts 10 employees, local and international volunteers, hundreds of members and followers, thousands of direct and indirect beneficiaries from Armenia and all over the European continent. The organization has already 6 years of experience in the fields of non-formal education, youth policies, volunteerism, human rights, gender equality, active citizenship and participation. The mission of APY is to promote active citizenship and active participation of young people in civic life, to increase the activism of young people and contribute to the development of civil society in Armenia. The organization acts as an information source for hundreds of EU projects and implements lots of local and international projects.



**NICOLA ART (the United Kingdom)** NICOLA has been working with disadvantaged youths since 2008 helping many of them to achieve high goals. It uses arts to involve the youths and through the arts we looking at social issues, how to tackle and we help them to start their own Initiative and or Solo Trader. All the professionals involved with NICOLA have a high profile and years of experience in the arts industry and in working with hard-to-reach young people. NICOLA has helped young people to start their own business and still follow them to make sure they are successful. Being in the arts and business industry since it was a little, NICOLA started to help young people to get involved in the Arts and keep an entrepreneur mentality.

## Practical Information



### The venue - YEREVAN

Training Course will take place **in Yerevan – the capital of Armenia**. Yerevan is a political, administrative, commercial & financial, as well as cultural & educational centre of Armenia. The population is about 1.2 million people. Because of the fact Yerevan is one of the oldest cities in the world; it hides many beautiful and interesting places. To speak about Yerevan sightseeing and its endless number of attractions is absolutely impossible but your visit to Yerevan will not be complete if you miss out any of these sites – Cascade Complex, Victory Park, Matenadaran, Saryan Park, Vernissage, Erebuni Fortress and more. You can find the complete list of places to see here: <http://www.tripadvisor.com/Attractions-g293932-Activities-Yerevan.html>



## Weather in Armenia

Armenia is usually referred to as a sunny country. Its climate ranges from dry subtropical to cold. The mountain peaks are covered with eternal snow, while their slopes are lined by alpine meadows. September is the ideal month for visiting Armenia with pleasant temperature and virtually no rain, except for possible thunderstorms in the mountains. More info: <http://www.bbc.com/weather/616052>

## Currency in Armenia

Armenian national currency is the Dram (AMD). There are ATM machines and banks all around the city. Payments with VISA/Master Card credit cards are possible in most of the supermarkets, cafes, shops and restaurants. For the small local shops it's always good to have some cash. The exchange offices are located in the banks and some big supermarkets. No passport is needed to exchange money.



1 EUR – 520 AMD

1 USD – 470 AMD

1 GBP – 624 AMD

## Useful Contacts



**Nelly Paytyan** – Project Coordinator

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