

OCTOBER
15-23



TRAINING COURSE INFOPACK

“CONFLICT RESOLUTION IN PRACTICE” SUMY, UKRAINE



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What? When? Where? With whom?

Title: "Conflict Resolution in Practice"

Type of event: Training Course

Dates and Location: 15-23 October 2015, Sumy, Ukraine

Who: Belarus, Czech Republic, Denmark, Georgia, Moldova, Spain, Sweden, Ukraine



The project of the training course "Conflict Resolution in Practice" is aimed at promotion of peaceful conflict resolution through engagement in an international dialogue.

In the news every day we are encountered by hundreds of headlines loaded with the messages related to conflict, troubles, confrontation, opposition, war... Globalisation and global conflicts are a part of everyday life.

By bringing together youth leaders from different countries and cultures, we hope to increase their understanding of concept of peace and non-violence, awareness of conflict, and help them develop paths towards resolution. The youth leaders represent their countries and communities, and it is expected that they will return to these communities, bringing with them and furthering the understanding peace and conflict resolution that they will have acquired.

Objectives:

- to explore the topic of peace, non-violence and conflict resolution;
- to create an atmosphere conducive to the sharing of experiences, views, and values of the international group of participants;
- to consider the definition of culture of peace and non-violence as the approaches to conflict resolution;
- to explore the nature, value and types of conflicts and find out how culture and personal values influence conflict situations;
- to increase knowledge of participants of conflict resolution and intercultural cooperation;
- to promote different methods of conflict resolution and peace building;
- to come up with new ideas for how participants can apply their new knowledge in their local societies through youth work.

Working language: English.

Participant's profile:



- youth workers, trainers, youth leaders, educators who work and communicate directly with young people in order to multiply spreading of new experience and skills in their communities;
- supported by their sending organisations in the implementing future activities based on the experience gained in the TC;
- motivated to take part in the TC and to be personally interested in the topic of the TC;
- motivated to implement the experience gained on the TC in their communities;
- motivated to build and support international partnerships that will be created during the TC for future Erasmus+ projects;
- not younger than 18 year old, without upper age limits.

Methodology:

The activities are based on the methods of non-formal, intercultural and experiential learning: role-play simulations, group work and discussions, brainstorming, integrational activities, intercultural night, reflection groups. All parts of the program are interconnected and intertwined. It starts with getting and accumulating knowledge and finishes with its application in practice.



Hosting Organisation



Center for European Initiatives will fulfil the role of the Hosting organisation within the project. Center for European Initiatives — is public nonprofit organisation, created on the principles of voluntarily participation, human rights, freedom of speech, common interests, self-government and equality of rights for its members, as well as for the protection of

our legal interests, rights, and freedoms.

The goal of CEI is to assist in the reformation of Ukraine in accordance with European standards, to introduce democratic values, and to develop civil society in Ukraine using educational and informational methodologies.

To check information about the hosting organisation, please, visit the web-site:

www.eu.sumy.ua and on [CEI Facebook page](#)



Coordinating organisation:



Active Ukrainians in Europe (AUE) is a non-governmental organisation based in Stockholm, Sweden. Our goal is to promote democratic values and to serve as a platform for meaningful collaboration between Ukraine as well as other transition states in Eastern Europe, and the European Union. AUE's activities focus on promoting academic, cultural and political exchange among the above mentioned

countries.

The organisation strives to keep paramount the democratic values and principles of humanity, namely equality and inclusion. Its mobile and open structure allows room for new concepts and differing views on the constantly changing structures and phenomena of the world order.

Our aspiration is to enable our compatriots to have a voice and take an active role within the relevant EU institutions and international bodies for the greater welfare, freedom, civil and human rights of all those without.

To check information about the hosting organisation, please, visit the web-site:

<http://www.activeukrainians.eu> and on [AUE Facebook page](#)

Accommodation and Food:

Accommodation: the participants will be lodged in the hotel “Jubilejnaya” in rooms for 2 people.

Contact information:

Address: 40004, Sumy, Pryvokzalna, 9 A

Hotel website: <http://www.jubilejnaya.com.ua/en.html>



Food: you will have three meals and two coffee-breaks a day.
Please, inform about your food habits and needs (fast, vegetarian, vegan).



Internet Access: there is an Internet access in every room.

The day of arrival to Ukraine: 15 October 2015
The day of departure: 23 October 2015

Travel arrangements

How to get to Ukraine:

- 1) You can check the flights to Ukraine.
There are several international airports. The closest one to Sumy:
 - International Airports in Kiev: Boryspil (<http://kbp.aero/en/>), Zhulyany (<http://airport.kiev.ua/en/>);
 - You can also check flights to Kharkiv (<http://hrk.aero/en/>).

- 2) You can also check the trains.

As soon as you will decide how you will come to Ukraine (means, city, time) we will help you to arrange your trip to Sumy.

From Kiev to Sumy 5 hours trip by bus,
from Kharkiv to Sumy 3 hours trip.



Crossing the border and identification in Ukraine

Ukraine is not in the EU yet, please, bring your international passports! Good news - for participants from all participating countries is visa-free.

Location



Ukraine is the world's 44th-largest country and the biggest country in Europe. It is located in the very heart of Europe (with Europe's geographical center near the town of Rakhiv, Trans-Carpathian oblast). It is a state in Eastern Europe bordered by Russia to the north and east, Belarus to the north-west, Poland and Slovakia to the west, Hungary, Romania and Moldova to the southwest. The state border extends for a total of 7,590 km. The length of the Ukraine's Sea Coast is 1,959 km. Ukraine is divided into twenty four regions (oblasts) and one autonomous republic

Krym (Crimea). The country has many different geographic area types. In the South Ukraine is washed by the Black Sea and Azov Sea.



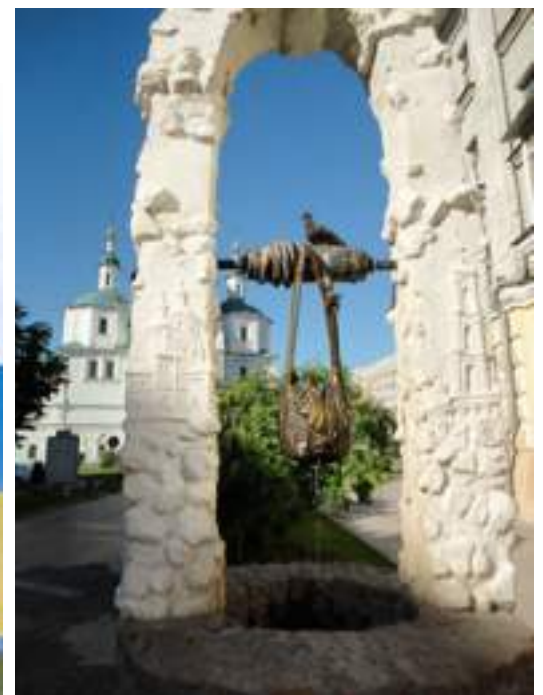
There are Carpathian Mountains in the West (the highest point is Mt. Hoverla (2,061 meters) and the Crimean Mountains (the highest point is Roman Kosh (1,545 meters) in the South of the country on the territory of Crimean peninsula. With all of this variation Ukraine is rich with natural beauty. Although the capital of the country is Kyiv, there are many other large cities spread throughout the country such as Odessa, Lviv, Dnipropetrovsk, Donetsk, Kharkiv, Lugansk, Kryvyi Rih and others. Ukraine is very rich in old world culture. With many forms of art and architecture visible throughout the country, it is easy to find something of interest no matter where you are. Ukrainian customs are heavily influenced by Christianity, which is the dominant religion in the country. The culture of Ukraine has been also influenced by its eastern and western neighbours, which is reflected in its architecture, music and art. The Communist era had quite a strong effect on the art and writing of Ukraine. <http://bestofukraine.com>

Sumy - The Host City

Sumy is in north Ukraine is situated between Kharkov and Kiev, the country's two biggest cities. With a population of around 300,000 the city hosts its own cultural life, has several universities and is the economic centre of the Ukrainian Province called Sumy Region.

Founded in 1655 Sumy is 359 years old, and combines great history with modern life. The central street, Soborna, after reconstruction in 2001, is an exact copy of the street's image at the beginning of the twentieth century, and the centre of Sumy is dominated by three big cathedrals. Outside of the small old town the city consists of large apartment buildings built in soviet times. The city is very green, lies on both sides of the Psol River, and is surrounded by lakes and forests. A city of beautiful churches and historical sights, Sumy also has a wide choice of the restaurants, cafes, and nightclubs.

Sumy in Wikipedia: <http://en.wikipedia.org/wiki/Sumy>



Travel Costs

The organisers will reimburse 100% of participants' travel costs from your home city to Sumy, Ukraine (Note! Provided that the travel costs do not exceed those designated individually according to the country. Please see the table below to check for the exact amount)

Reimbursement of travel costs will only be done upon presentation of all (including return) original tickets, receipt/invoices and boarding passes and later sending of the return documents and boarding passes. Please, be aware that in case you will miss any invoices or tickets we will not be able to reimburse them.

Please, keep the boarding passes from your airport check in as well. Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice according to the official currency exchange rate of European Commission.

!!! Note: Please check the travel budget limits below. If your travel costs exceed the amount budgeted in the project, we will be able to reimburse you only the amount of the travel costs indicated in the travel budget.

Reimbursement of travel costs for participants will be done via a bank transfer to the bank account provided to us upon the receipt of the original travel documents within two months after the training.

!!!! Note: Please make the copies (better scan or take photographs) of your tickets and invoices before you will come to the seminar. Email those together with TRAVEL FORM to Larisa Kondratenko at larisa.kondratenko.cei@gmail.com by the 1 of October 2015. If you have



Organization	Country	Amount of participants	Travel costs in EUR per participant
Active Ukrainians in Europe	Sweden	3	275
Center for European Initiatives	Ukraine	3	0
YPA "New Group"	Belarus	3	275
Informative Legal Centre APRIORI	Moldova	3	275
Institute for democratic changes	Georgia	3	275
European Youth Centre Breclav z.s.	Czech Republic	3	275
Libertas International	Spain	3	530
Faino	Denmark	3	275

Practicalities

Health insurance:

The health insurance is not provided and will not be reimbursed by the organizers. All participants are strongly advised to purchase private travel insurance, as the costs of private health care in Ukraine are high.



Currency in Ukraine:

The national currency in Ukraine is Ukrainian Hryvnia. Euros and US dollars can easily be exchanged across Ukraine.

The type of the plugs in Ukraine is European. Make sure that you have adapters for your electrical devises.



Weather

In October in Sumy, the weather will be quite changeable. It is time of golden autumn when the trees are bright with colours but it will be already cool and the rain is possible. So, it is necessary to take umbrella with you and warm cloths. You can check detailed weather forecast:

<http://www.meteopro.ua/en/weather/Sumy/>

What to bring with you:

- ▶ Proof of all the travel expenses. If you come by plane, please be sure to bring evidence of the sum actually paid (invoice, copy of credit card slip and boarding pass, Electronic tickets will only be considered as acceptable on proof of payment (invoice) and on presentation of the boarding pass for the outward journey). Please keep in mind the travel rules of the Youth in Action programme. If you come by train, please do not forget to buy a return ticket.
- ▶ “Standard training equipment”: An alarm clock, any dictionaries you might require, music CDs and MP3, musical instruments, comfortable clothes, etc.
- ▶ Music, snacks and drinks for intercultural night
- ▶ Information about your organisation (if you have materials you want to share, present, introduced, for promoting it or making new partnerships)
- ▶ cable for mobile;
- ▶ prepared good mood for the whole week



Some Ukrainian words

It can be rather difficult for you to orientate in Ukraine as the Cyrillic alphabet may be a confusion as it is absolutely different from Latin. Here are some Ukrainian words which can be useful for you:

English	Ukrainian	How to read
Hello!	Привіт!	Pryvit!
Good morning!	Доброго ранку!	Dobrogo ranku!
Good afternoon!	Добрий день!	Dobryj den'!
Good evening!	Доброго вечора!	Dobrogo vechora!
Bon appetit!	Смачного!	Smachnogo!
Thank you!	Дякую!	Diakuju!
How much? (price)	Скільки коштує?	Skilky koshtuje?
Do you speak English?	Чи розмовляєте ви англійською?	Chy rozmovliayete vy ukrainskoju?
Help!	Допоможіть!	Dopomozhit!

DRAFT PROGRAMME									
Training Course "Conflict Resolution through Negotiations"									
	Thursday, 15.10.2015	Friday, 16.10.2015	Saturday, 17.10.2015	Sunday, 18.10.2015	Monday, 19.10.2015	Tuesday , 20.10.2015	Wednesday, 21.10.2015	Thursday, 22.10.2015	Friday, 23.10.2015
9:00-10:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10:00-11:30	A R R I V A L	Official opening. Getting to know each other.	Understan ding conflict	Five approache s to conflict resoluiton	Understan ding of Peace	Non- violent approach to conflict resolution (Parallel workshops)	Planning action for local community	Evaluaiton of the event	D E P A R T U R E
11:30-12:00		Coffee-Break	Coffee-Break	Coffee-Break	Coffee-Break	Coffee-Break	Coffee-Break	Coffee-Break	
12:00-13:30		Integration activities	Types and nature of conflict	Cooperati ve confclit resolution	Four Concepts	Non- violent approach to conflict resolution (Parallel workshops)	Planning action for local community	Group discussions Setting plans for future cooperatio n	
13:30-15:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
15:00-16:30		Welcoming Space/Basic Introduction to the training course	Conflicts, my experience	Conflict mapping	Peace Movement s	Non- violent approach to conflict resolution (Parallel workshops)	Action implementati on with local community	Group discussions Setting plans for future cooperatio n	
16:00-17:00		Coffee-Break	Coffee-Break	Coffee-Break	Coffee-Break	Coffee-Break		Coffee-Break	
17:00-18:30		Presentation of Erasmus + Introduction of YouthPass	Conflicts in Europe - barriers in solving conflicts	Tools and methods of conflict resolution	Youth work in conflict	Non- violent approach to conflict resolution (Parallel workshops)		Evaluation	
18:30-19:00		Reflection space	Reflectio n space		Reflection space	Reflection space			
19:00-20:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner out	Dinner	
21:00-...	Welcoming night	Sumy sight- seeing	Organizati onal Expo	Intercultu ral Night	Free evening	Farewell Night		Fare-well evening	

Project team:

Yuliya Usova - project coordinator, Sweden

Nino Tsulia - trainer, Georgia

Zek Dundar - trainer, Turkey

Yuliya Ielfimova - project coordinator, trainer, Ukraine

Larysa Kondratenko - logistics, Ukraine

Contact persons:

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