



“Conflict vs. Connection: A Practical Training for Young Peace-builders”

**10 – 17 April, 2017
Yerevan, Armenia**

Participating countries: Armenia, Cyprus, Croatia, Czech Republic, Estonia, Georgia, Germany, Latvia, Moldova, Poland, Russian Federation, Ukraine and Turkey



1. Description of the Training Course:

Training Course “Conflict vs. Connection: A Practical Training for Young Peace-builders” will take place in Yerevan, Armenia between April 10 - 17, 2017. It will involve 36 youth workers from the European Union Member States and Neighbouring Partner Countries. The course will be focusing on diversity, conflict transformation and emphatic communication. Seeing diversity as a barrier instead of appreciating its enrichment has been playing a substantial role in both the national and international debates and politics in each of the participating countries for decades. The transformation of the conflicts starts from us: our hearts being in war or in peace, our way of communication. When we grow in peace with ourselves, we can continue to bring the transformation to our surroundings: our interpersonal relations, the way we connect and relate to our families, friends, acquaintances, strangers, communities. All these topics will be brought to attention in the TC.

Getting a better understanding in how we, people, function and what gets us together and keeps us walking the same direction is crucial for youth workers and peace builders of today. This will be done by promoting non-violent approaches leading to actions on peace-building and promotion of Human Rights. Moreover, young leaders will discuss the significant role of youth participation in grass-root peace-building initiatives.

Through non formal education methods the participants will get to know each other and will be given a space to exchange experiences and forge new friendships, across any barriers that may exist. All the topics will be brought to attention in the training using the 'learning by doing' methodology, where the participant becomes the protagonist of the learning experience, gets new insights and learning after observing and reflecting over his or hers behaviour in different exercises, games, processes and role plays offered by the trainers and gets a possibility to try out new approaches, ways of communicating and actions in a safe environment of a group setting. The participants will acquire the skills and knowledge to transfer the used methods to concerned parties outside of the project.





2. The objectives of the Training Course:

The objectives of the Training Course are the following:

- To develop awareness about personal concepts and beliefs one has about conflict and habitual ways to react to the conflict;
- To identify effective methods that help to prevent and/or transform conflict through fostering non-violent communication;
- To gain knowledge on key concepts, such as conflict management, conflict transformation, conflict resolution, inner belief systems and non-violent communication;
- To gain tools for non-violent communication and conflict transformation;
- To exchange best practices in relation to youth work and conflict, inter-religious and cultural dialogue;
- To raise awareness of risk factors under which conflicts tend to arise;
- To facilitate networking between participants.

3. Profile of the participants:



- Youth workers aged 18-35;
- Ready to work on conflict transformation in order to confront extremism;
- Want to transfer gained knowledge to the youth in their organizations and countries;
- Fluent in English;
- Resident of one of the participating countries.
- Available for the whole duration of the Training Course.

4. Travel Information:



It is possible to reach Yerevan through 4 airports: Yerevan International Airport (Armenia), Gyumri Airport (Armenia), Tbilisi International Airport (Georgia) and Kutaisi Airport (Georgia).

If you arrive to Yerevan International Airport: The participants landing in Yerevan will be picked up by the organizers.

If you arrive to Tbilisi International Airport: We will arrange a bus for you from the Tbilisi airport to Yerevan. The price of the bus is 15 EUR one way.

If you arrive to Kutaisi Airport: You have to take bus to Tbilisi (cost 20 GEL) and join the bus that will bring you to Yerevan.

If you arrive to Gyumri Airport: The transfer from Gyumri to Yerevan will be organized by the organizers.

5. Arrival and Departure Information

10th of April is an Arrival Day. Make sure you arrive to hotel between 12:00 to 18:00. We will have a welcome dinner altogether at 19:00. The official program starts on 11th of April.

17th of April is a Departure Day. The check-out should be performed after the breakfast.

NOTE! You can arrive to Yerevan or Tbilisi couple of days earlier or stay couple of days longer to see around or to travel a bit. However, this should be done at your own expenses. The Hosting organization can help you to find a hostel for extra days, but you should bear those extra costs.



6. Tickets & Registration

You should make a small research and purchase the cheapest tickets. The deadline to purchase the tickets is **10th of March!**

NOTE! The ticket should be consulted with us before you buy it. You should **consult** the tickets with the Project Coordinator, Mr. Grigor Yeritsyan grigoryeritsyan@apy.am He will help you to find the best option. **Only after the confirmation, the ticket can be bought.** Please do this before **March 10.**

Once the participants buy the tickets, they will be asked to fill in the online **Registration Form** till **20th of March.** This will help the trainers' team to develop the program that meets your expectations!



7. VISA information

EU citizens as well as citizens of **Belarus, Georgia, Moldova, Russian Federation and Ukraine do not need visas** to enter Armenia. The citizens of **Turkey** receive the visa on the border, either at the Yerevan airport or on the land border between Armenia and Georgia. This applies only to holders of ordinary (non-diplomatic passports). The visa cost for 21 days short term visa is 6 EUR or 3000 AMD. The visa cost will be covered.



8. Partner Organizations and Travel Costs

Country	Organization	Number of Participants	Travel cost per person
Armenia	Armenian Progressive Youth	5	0
Cyprus	Neoleagia Antallagi kai Katanoisi	3	275
Croatia	Raplection	3	360
Czech Republic	European Youth Center Breclav	3	360
Estonia	Noored Ühiskonna Heaks	3	360
Georgia	Youth For the World	3	180
Germany	Teach Surfing	4	360
Latvia	Open Sense	3	360
Moldova	Pro-Bono	3	275
Poland	INPRO	3	360
Russian Federation	Center for Interethnic Cooperation	3	275
Turkey	Turkey Europe Foundation	3	275
Ukraine	Society Initiatives Institute	3	275



9. Financial Conditions:

100% of the total travel expenses will be reimbursed. Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets

purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate of the month given by the European Commission.

NOTE! Please check travel budget limits above. If travel costs exceed the amount budgeted in the project. The organizers will only be able to reimburse participants the maximum travel costs indicated in the travel budget. You are therefore strongly advised to book trip travel well in advance and look for the cheapest option.

Reimbursement: All the participants will receive the travel reimbursement on spot, in cash, during the last 2 days of the Training Course.

IMPORTANT! In order to receive the travel reimbursement, every participant should attach the following documents to the reimbursement form:

- **Tickets** (there must be price and name of the person stated on it).
- **Boarding passes** (in case of loss – please get a confirmation from the airlines, that the flight was taken)
- **Invoices** – yes, even if you have a ticket, our accounting still needs an **INVOICE**.
- **Online Check-in** should be made before your leave Yerevan to make sure you give as Boarding Passes from the way back as well.

Participation fee! There is a participation fee of 30 EUR.

10. Insurance

Please keep in mind that you are self-responsible for sufficient insurance (illness/personal liability/cancellation/theft etc.). Hosting organization takes no responsibility for the insurance. Make sure you have a travel insurance valid in Armenia from 10 to 17 of April.

11. Accommodation

The participants will be accommodated in Hotel Capital in Yerevan city centre. Here is the web-site of the hotel: <http://capitalhotel.am/>

The Capital Hotel is a friendly and comfortable hotel located in Aygedzor area of Yerevan - one of the most beautiful areas in the city centre with a beautiful sight to ravine from balconies. It is located on 10 minutes walking distance from the city centre and 5 minutes from the Metro Station and [Lover's Park](#).



Free Services:

- **Wi-Fi Internet**
- **24 hour Reception and Security**
- **Medical Service**
- **Outdoor Swimming**
- **Satellite TV**
- **Phone**
- **Air conditioning**
- **Hairdryer**
- **Single use sanitary-hygienic items**

Other Services:

- **Laundry and Dry Cleaning**
- **Lobby Bar**
- **Cars Rental**
- **Bar**
- **Souvenirs and Gift Shops**



Rooms:

The accommodation will be organized in Triple Rooms, 3 participants per room. Here are some photos from the hotel.

Address of the Hotel: Aygedzor 53 B, Yerevan, Republic of Armenia



12. LANGUAGE:

The language of the course is **English**. Participants should be able to communicate in English.





13. Intercultural Evening

During a special evening we will share characteristics from our culture. We ask you to bring foods and drinks to share! You can also think of some other things to share with the group from your culture: stories, dances / songs etc. In case you play an instrument, it might be very nice to bring it. Just no power point presentation or country promotion videos, as it would be the best if you can share something in your own words! By the way, to present something from your culture does not mean it has to be something from your country: it can also be from a region, a city etc. To make the **Intercultural evening** more connected to the topic of the Training Course, we would like to ask you to pay special attention to the food & drinks & snacks that you are going to take with you – make sure that you have some **typical things that your family uses and also something very typical that from your city.**



14. Homework and Daily Program

Two weeks before the Training Course we will send you a small homework to complete in your Country group. The Daily program will be also sent together with the homework.



15. YOUTHPASS Certificates

All participants will receive a Youth Pass certificate in the end of the Training Course. Upon their request participants will get also Annex to Youth Pass with 8 Key Competences.



16. Facebook Group

Please join the Facebook group of the project and let's start getting to know each other. Here is the link:

<https://www.facebook.com/groups/1917546205146269/>

17. DEADLINES

March 05th – The participants are chosen by the sending organizations.

March 10th–The tickets are bought by the participants.

March 20th – The Registration Forms are submitted by the participants.

April 1st – The daily program and the homework is sent to the participants.

April 6th– The arrival list and the airport pick up information is sent to the participants.





18. The Organizers

Armenian Progressive Youth NGO (Armenia) is based in Yerevan, Armenia. It was founded in 2009 by a group of young people in order to promote personal and professional growth of young people in Armenia and supporting the Civil Society development. Today it counts 10 employees, local and international volunteers, hundreds of members and followers, thousands of direct and indirect beneficiaries from Armenia and all over the European continent. The organization has already 6 years of experience in the fields of non-formal education, youth policies, volunteerism, human rights, gender equality, active citizenship and participation. The mission of APY is to promote active citizenship and active participation of young people in civic life, to increase the activism of young people and contribute to the development of civil society in Armenia. The organization acts as an information source for hundreds of EU projects and implements lots of local and international projects.

TeachSurfing (Germany) is a global a platform to connect travellers to knowledge-sharing opportunities in schools and non-profits in their travel destination. Today TeachSurfing community reached 1310 users and 144 organizations from 12 countries. Since May 2015, a dedicated team in Armenia helped to organize 11 TeachSurfing events. Travellers visiting Armenia shared their skills with over 250 students in schools and organizations all over the country. As a traveller, you can search for volunteer teaching opportunities based on your skills, experience, and travelling preferences. TeachSurfing will also notify you of new teaching opportunities. As an organizer or member of a school, NGO, or any community with learning needs, you can post teaching opportunities. Moreover, you can search for travellers with special skills and invite them to your school or organization.



19.PRACTICAL INFORMATION

The venue – YEREVAN

Training Course will take place **in Yerevan – the capital of Armenia**. Yerevan is a political, administrative, commercial & financial, as well as cultural & educational centre of Armenia. The population is about 1.2 million people. Because of the fact Yerevan is one of the oldest cities in the world; it hides many beautiful and interesting places. To speak about Yerevan sightseeing and its endless number of attractions is absolutely impossible but your visit to Yerevan will not be complete if you miss out any of these sites – Cascade Complex, Victory Park, Matenadaran, Saryan Park, Vernissage, Erebuni Fortress and more. You can find the complete list of places to see here: <http://www.tripadvisor.com/Attractions-g293932-Activities-Yerevan.html>



Weather in Armenia

Armenia is usually referred to as a sunny country. Its climate ranges from dry subtropical to cold. The mountain peaks are covered with eternal snow, while their slopes are lined by alpine meadows. September is the ideal month for visiting Armenia with pleasant temperature and virtually no rain, except for possible thunderstorms in the mountains. More info: <http://www.bbc.com/weather/616052>

Currency in Armenia:

Armenian national currency is the Dram (AMD). There are ATM machines and banks all around the city. Payments with VISA/Master Card credit cards are possible in most of the supermarkets, cafes, shops and restaurants. For the small local shops it's always good to have some cash. The exchange offices are located in the banks and some big supermarkets. No passport is needed to exchange money.

1 EUR – 520 AMD
1 USD – 470 AMD
1 GBP – 624 AMD



20. USEFUL CONTACTS

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