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“**Digital competences in NFE**” is going to be a training course organized in Osterholz-Scharmbeck in Germany which will include 36 young workers from 12 different countries: Romania, Czech Republic, Italy, Turkey, North Macedonia, Greece, Spain, Poland, Croatia, Serbia, Lithuania and Germany.

Countries: 12 countries

Age of participants: 18+

Country group size: 3 participants per country

Place: Osterholz-Scharmbeck, Lower Saxony, Germany

Venue: A group house, youth center

Days of activity: 8 activity days (including traveling days)

Time: 23rd of March - 30th of March 2020.

Short info about the training:

Digital technologies and social media play important role in our society. A research made about this topic "A decade of digital dependency" shows that average adults spend more than 24 hours per week online, while one fifth of adults spends more than 40 hours per week on internet. Social media became most influential media of the 21st century. The social media platforms are most important communication tools used by all actors in the society (business community, civil society organizations, political parties etc.). Youth workers are not an exception.

Problem: Youth workers do not possess digital competences and they don't know how to know how to use and transfer their digital competences while working with young people

Aim: Improve youth workers digital competence and equip them with the tools that will improve their work with young people.

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Project objectives:

One of the important project objectives is to contribute to improved quality of work and increased visibility of the youth associations.

Other objective of the project is to equip group of youth workers with practical knowledge and skills on how effectively to use their digital competences in increasing the visibility of the work of youth associations; how effectively to use digital competences for raising awareness (campaigning) on issues of concern for the young people; and how to effectively use digital competences for increasing visibility and dissemination of the results of projects supported by the Erasmus+ programme.

Participant profile:

Participants' profile includes following criteria:

- Youth workers and youth leaders who are involved in daily activities of the work with youth and who are interested to develop networking projects in this field.
- 18 years or older.
- Fluent English as it will ensure effective communication between all participants and all relevant stakeholders.
- With more or less experience in the field of youth work, it can be youth workers who are for long time in youth work, but also youth workers who are quite new in this field

Every partner needs to select **3 participants** for this training course.



Preparation pack:

After the selection of all participants, we will send you the preparation pack in which you will have more info about the venue, workshops, your tasks and Germany.

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The venue :



We will be accommodated in a youth center/group house in Osterholz-Scharmbeck, close to the city of Bremen, Germany.

The accommodation will be simple. Participants will be sharing rooms with 3-4 people from same gender but different nationalities. Some of the rooms are with private and some with shared bathrooms.

You can find more information and photos about the venue here:

<https://kulturgruppenhaus.de/en/new-home-2/>
<https://www.facebook.com/KulturGruppenHaus/>

Travel to Germany and other important info:

It is not allowed to come to the venue of the training one day later or to leave one day before the designated dates. We can only reimburse tickets that are on/before 23rd of March and on/after 30th of March 2020.

According to the rules from the National Agency in Germany, it is acceptable to come to Germany maximum 4 days before the training and to stay in Germany maximum 4 days after the mobility (but not more than 7 days in total!).

Don't throw any ticket or boarding pass. You will need to send all of them after the mobility. If you lose any of the tickets or boarding passes, we won't be able to reimburse you for them.

On Erasmus+ projects, there is maximum amount that can be reimbursed for the travel of participants, according to the distance from your country to the city where the project is being organized. If your tickets cost more than that amount, you are responsible for covering the difference as Erasmus+ is co-financing program.

Maximum travel costs per participants are:

Greece, Turkey = 360 €

Romania, Czech Republic, Italy, North Macedonia, Spain, Poland, Croatia, Serbia, Lithuania= 275 €

Germany = 20 €

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To know your exact travel costs, you need to check the **distance calculator** that you can find on this link: https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

After opening the distance calculator, you need to check what is the distance between the place where you live and Osterholz-Scharmbeck where we will stay during the exchange.

Here are the maximum travel costs for the projects in Erasmus+, according to the distance:

| Amount |
|---|
| For travel distances between 10 and 99KM: 20 EUR per participant |
| For travel distances between 100 and 499 KM: 180 EUR per participant |
| For travel distances between 500 and 1999 KM: 275 EUR per participant |
| For travel distances between 2000 and 2999 KM: 360 EUR per participant |
| For travel distances between 3000 and 3999 KM: 530 EUR per participant |
| For travel distances between 4000 and 7999 KM: 820 EUR per participant |
| For travel distances of 8000 KM or more: 1500 EUR per participant |

INSURANCE

All participants from European Union countries need to bring their European Health Insurance Card (EHIC) with them. You can get it for free in your country and it is very useful for you whenever you travel outside of your country. Participants coming from outside of EU should acquire travel insurance. NaturKultur can cover your costs for insurance up to 15 euros so please take that in mind while purchasing insurance.

In the attachment we are sending you a document in which all the rules regarding the travel to our projects are explained in details (first page of the document). Please read it carefully and contact us in case you will have any question.

We are also sending in the attachment **Confirmation of Participation**. Read this document and apply only if you agree to everything written in it. On the first day of the exchange, every participant will need to sign this document.

For further questions don't hesitate to contact us. See you soon! ☺

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