



"Don't worry, be happy!"

Seminar on enhancing on awareness on the background and the causes of unemployment of young people and how to break it by support of local and transnational youth work policies and tools



September 2015, Arroquelas - Portugal

Themes of the seminar:

Unemployment (particularly long-term unemployment) is one of the causes of social exclusion. For many young people unemployment implies lack of opportunities, lack of future perspectives, limited personal development, low self-esteem, the impossibility of becoming autonomous...

Unemployment affects young people from a variety of backgrounds, at different times of their lives and in various circumstances. Unemployment is a social problem that everybody may face. But when it affects young people from disadvantaged backgrounds, their situation is harder due to the lack of support. Those young people become unemployed more easily and unemployment can be the starting point of a "negative snowball effect". Then, they face problems of different kinds which come together in a short period of time and/or accumulate in other ways. Our tasks as youth workers, youth leaders are to find these young people with disadvantaged background and provide them such type of youth work tools based on the youth policies of European Commission which can provide them possibilities to overcome their multi problem situations and empower them to become self – confident and employed or even self – employed European citizens.

The overall aim of the seminar is to provide space for youth workers, youth leaders to understand better the background and causes of long term unemployment of young people and get familiar with youth policies made by European Commission in order to fight against that and how these youth policies can be adapted into local youth work activities by exploring and inventing new tools on positive thinking, empowering job seekers and fighting against social exclusion in local and transnational level.

Learning objectives of the seminar are:

- To share and explore the micro and macro level perspectives of youth unemployment with special focus on the structural and individual factors in different countries;
- To discover the social background of youth unemployment in general and the causes in different countries;
- To get acquainted with the approaches and proposals concerning youth unemployment of European Commission through European Youth Pact as part of Lisbon Strategy and European Youth Strategy "Investing and empowering young people";

- To discuss and invent tools how these youth policies can be achieved within local and international youth work activities for with and by unemployed young people;
- To invent and explore new youth work tools in local level for “Don’t worry, be happy!” with special focus on positive thinking, empowering young job seekers and fighting against social exclusion;
- To invent new transnational youth projects on fighting against youth unemployment according to the proposals of KA1 Mobility projects for young people and youth workers within Erasmus + programme.

The methodology of the seminar:

The seminar will be based on the principles of non – formal education and aimed at using formal, informal and non – formal learning elements. Trainers will focus on to invent huge variety of methods in order to provide learning opportunities for all people having different learning styles. The methodology will be learner centre and based on the interest, needs and expectations of partner organisations and their participants. During the seminar, there will be several methods used when participants can experience being the situation of an unemployed young people in order to foster their emotional and rational understanding concerning this multi problem situation. Other role plays will provide them opportunity to try them out being in different roles of a youth worker who work with unemployed young people. Participant can try out different tools and methods in a safe environment. Some examples for methods we will use during the seminar: individual work, pair work, small mixed group work, national group work, role plays, theatre method, making a collage, symbolise, making definitions, express a link between theory and practice, drawings, etc.

Methodological flow of the seminar:

- Who we are and what we will do here together?
- What are the background and causes of youth unemployment in general and in different countries?
- What are the characteristic of the multi problem situation regarding to being unemployed?
- What are the youth policy approaches and proposals towards youth unemployment by European Commission and how can we achieve these in our local youth work?
- What can be the tools locally and transnational level to break the unemployed situation? How can positive thinking be used? How can we empower the young job seekers? How can we fight against social exclusion?
- How transnational youth projects supported by Erasmus + programme can support young people to become employee or self – employer?

Theoretical parts of the seminar:

- The macro- and micro-level perspectives on youth unemployment;
- Six dimensions of social exclusion by Purvee Byambadorj;
- The proposal of the European Youth Pact as part of the Lisbon Strategy regarding to youth unemployment;
- The proposals and objectives of European Youth Strategy „Investing and empowering young people” regarding to education, employment and entrepreneurship, culture and creativity, social exclusion;
- KA1 Mobility projects for young people and youth workers according to Erasmus + programme.

Practical parts of the seminar:

- Structural and individual factors of youth unemployment;
- Unemployment: how to break it: tools for that: positive thinking, empowering young job seekers, fight against social exclusion and its possible services
- Inventing transnational tools against youth unemployment by KA1 youth exchanges, European Voluntary Service and training, seminar, job shadowing, etc.

Who can participate in the seminar:

- Youth workers, youth leaders, social workers, psychologist, teachers older than 18 and directly working with young people with fewer opportunities general and especially unemployed young people;
- Ready to take part in the whole seminar;
- Have organizational support for further activities;
- To be able to communicate English language.

Eligible countries: EU member states

Preliminary programme:

Hours	Day 1 Arrival day	Day 2 Getting to know Day	Day 3 Day of background of unemployment	Day 4 Day of breaking the walls	Day 5 Day of tools against unemployment in youth field I.	Day 6 Day of tools against unemployment in youth field II.	Day 7 Day of happy future thoughts	Departure day
8.00 – 9.00		<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>
09.30– 11.30	Arrival of participants	Getting to know each other Group building activities	Unemployment and social exclusion	Unemployment – How to break it? Positive thinking	Erasmus + programme as a tool for fight against unemployment	KA1 Mobility projects for young people and youth workers: European Voluntary Service	Idea and project development on fight against unemployment	
11.30– 12.00	Registration and accommodation	Coffee break		Empowering young job seekers	KA1 Mobility projects for young people and youth workers: youth exchanges		Coffee break	
12.00– 13.30		Intro of the seminar Aim and objectives Day by day programme Expectations Learning needs					Project proposals and partnership building	
13.30– 15.00	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	
15.00- 16.30	Good to arrive here!	The macro- and micro-level perspectives on youth unemployment	Unemployment and youth policy	Fighting against social exclusion	Sightseeing Free afternoon	KA1 Mobility projects for young people and youth workers: trainings, seminars, job shadowing, etc.	Fill in Youthpass certificate – dialogue space	<i>Departure of participants</i>
16.30 - 17.00		<i>Coffee break</i>		Possible Services			Coffee break	
17.00– 19.00	(Un)necessary circles	Structural factors Individual factors Employees' meeting	Employees' meeting	Employees' meeting			Employees' meeting	
19.00- 20.00	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner out</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	
20.00-	Welcome evening	Business market	Employment office	(Un)Happy thoughts	Karaoke evening	Youthpass as a tool for fights against unemployment	Farewell evening	

Financial conditions:

The food and accommodation will be provided and paid by the organizers. Travels costs will be reimbursed either by bank transfer after the course or at the end of the course in cash (in Euros €) based on the travelling calculator provided by European Commission. It may be that money from European Commission will be late; in that case, as mentioned, you will get your reimbursement after the course by bank transfer (be ready for that).