

ACTIVITY PROGRAMME FOR THE YOUTH EXCHANGE

Place of the Youth Exchange: Sasso di Castalda (PZ) - Italy

Arrival date: 11th of August 2016;

Departure date: 19th of August 2016

DAY	1	2	3	4	5	6	7
MORNING ACTIVITIES	Breakfast; ice breaking; opening the exchange; coffee break; ice breaking; exhibition of security standards and rules; lunch	Breakfast; workshop; open discussion; coffee break; reflective and evaluation activity; lunch	Breakfast; ice breaking; activity; activity II: the shield; coffee break; focus group; lunch	Breakfast; ice breaking: Communicating in silence; laboratory; coffee break; activity: brick to brick; lunch	Breakfast; activity; coffee break; laboratory; lunch	Breakfast; workshop; discussion; coffee break; activity; lunch	Breakfast; workshop; discussion; coffee break; activity; lunch
AFTERNOON / EVENING ACTIVITIES	Ice breaking; introducing participants; coffee break; trip to Sasso di Castalda; dinner; party	Activity; coffee break; intercultural evaluation; daily evaluation; dinner; party	Outdoor training: The rider in the dark; coffee break; plenary discussion; Self empowerment laboratory; daily evaluation; dinner; party	Interim evaluation; Discussion and open debate on the results obtained from the evaluation questions; Coffee break; Role-playing; dinner; party	Game; active listening; coffee break; open discussion; daily evaluation; dinner; multicultural party	Laboratory; coffee break; laboratory; coffee break; laboratory; daily evaluation; dinner; multicultural party	workshop; discussion; coffee break; activity; lunch; dinner