

Erasmus+



INTERNATIONAL TRAINING COURSE 23 – 30 AUGUST, 2016 YEREVAN, ARMENIA

PARTICIPATING COUNTRIES:

Armenia, Belarus, Croatia, Czech Republic, Italy, Georgia, FYR Macedonia Lithuania, Moldova, Poland, Russian Federation, Sweden, Turkey, Ukraine and United Kingdom

1. DESCRIPTION OF THE TRAINING COURSE:

Recently the world has been reminded about the threat of extremism. This phenomenon is on the rise in Europe. Extremist movements, ideologies, parties and individuals present some of the most pressing challenges for European democracies. They continue to gain large levels of support from different segments of the society, even among some of the most economically secure and highly educated regions of Europe. Many young people are affected by populism and anti-immigration sentiments and fall into a very dangerous rhetoric.

Taking into account those extremist movements in Europe, raising xenophobia and Islamophobia, we consider it highly important to gather active young people, youth workers and activists to discuss questions of multicultural society, interreligious and intercultural dialogue as well as to think about some practical tools how to fight discrimination and combat extremism.

It is our belief that it is quite important to have a cultural and social connection with the neighbours around the EU in order to contribute to more understanding. Thanks to the meetings between young people and active youth workers, they can learn about the ways of living in other countries and different ways of thinking. In this way we can overcome differences and fight together against prejudice and xenophobia. That is why with this Training Course we target both the EU and non-EU countries.

During the Training Course we will look deeper into the issues of extremism, migration, discrimination, nationalism, intolerance and intercultural misunderstandings. The Training Course will support young people and active youth workers to learn about the ways of living together, accepting differences and fighting together against prejudice and xenophobia in these turbulent times

2. THE OBJECTIVES OF THE TRAINING COURSE:

With this Training Course we aim to empower youth workers and youth leaders with skills, knowledge and attitudes to play an active role towards an intercultural society. Our objectives are the following:

- To analyse today's multicultural society in different countries;
- To gain knowledge on key concepts, such as stereotypes, prejudices and discrimination, extremism, intolerance;
- To understand the causes of extremism and where they develop;
- To analyse the European values and how they can be used in contrasting those phenomena.
- To promote active citizenship, international dialogue and non-formal education.
- To overview the European programs and create new projects related to the topic.

3. PROFILE OF THE PARTICIPANTS:

- Youth workers, educators and Youth leaders aged 18-35.
- Ready to work on the topic of Intercultural Dialogue.
- Motivated to transfer knowledge to youth back to their organizations by organizing local projects.
- Fluent in English.
- Resident of one of the participating countries.
- Available for the whole duration of the Training Course.

4. INFORMATION ABOUT ORGANIZERS:



International Youth to Youth Initiative (Y2Y)

Y2Y is an umbrella non-profit which aims to foster change and to construct an effective environment for youth participation in the decision making process and community development worldwide.

Unicity of the concept allows "Youth to Youth Initiative" to work on three different levels: with youth, during the annual thematic International Summit, designed as a platform for dialogue and networking; with projects under "Youth to Youth Action Hub", a highly responsive, community-driven online incubator for socially beneficial ideas, projects, initiatives, non-for-profit organizations and businesses created by youth and for youth; and with young leaders from all around the world, selected to be "Youth to Youth Ambassadors" who aims to maximize the impact of youth-led initiatives on international level, promote vision and mission of "Youth to Youth Initiative" and help to raise awareness about challenges concerning youth.

Armenian Progressive Youth (APY)



Armenian Progressive Youth (Armenia) is a non-profit, non-political youth organization aiming to support, inspire and engage young people from Armenia and all over the world to develop their social leadership skills, to take their civic responsibility and to act as change-makers. Through different projects, initiatives and non-formal education tools we help young people to succeed, ensuring that they develop the knowledge, skills, attitudes and competences to fit to the modern world. We believe that progressive, educated, skillful, open-minded and engaged young people possess all the power to become actors of change in Armenia and beyond because youth is not the future but the present!

5. TRAVEL INFORMATION:

It is possible to reach Yerevan through 4 airports: Yerevan International Airport (Armenia), Gyumri Airport (Armenia), Tbilisi International Airport (Georgia) and Kutaisi Airport (Georgia).

If you arrive to **Yerevan International Airport:** The participants landing in Yerevan will be picked up by the organizers.

If you arrive to **Tbilisi International Airport**: We will arrange a bus for you from the Tbilisi airport to Yerevan. The price of the bus is 15 EUR one way.

If you arrive to **Kutaisi Airport:** You have to take bus to Tbilisi (cost 20 GEL) and join the bus that will bring you to Yerevan.

If you arrive to **Gyumri Airport:** The transfer from Gyumri to Yerevan will be organized by the organizers.

6. ARRIVAL AND DEPARTURE INFORMATION

23rd of August is the Arrival Day. Make sure you arrive to hotel between 12:00 - 18:00. We will have a welcome dinner altogether at 19:00. The official program starts on 24th of August.

30th of August is the Departure Day. The check-out should be performed after the breakfast, before 12:00 o'clock.

NOTE! You can arrive to Yerevan or Tbilisi couple of days earlier or stay couple of days longer to see around or to travel. However, this should be done at your own expenses. The Hosting organization can help you to find a hostel for extra days, but you should bear those extra costs.

7. TICKETS & REGISTRATION

You should make a small research and purchase the cheapest tickets. The deadline to purchase the tickets is **01st of July!**

NOTE! The ticket should be consulted with us before you buy it. You should **consult** the tickets with our project coordinator, Ms. Karolina Mazetyte, karolina@y2yinitiative.org She will help you to find the best option. **Only after the confirmation, the ticket can be bought.**

All the participants should fill in the online **Registration Form** till **15th of June, 2016.** This will help the trainers' team to develop the program that meets your expectations! Here is the link to the Form: https://goo.gl/L083gd

8. VISA INFORMATION

EU citizens as well as citizens of **Belarus, Georgia, Moldova, Russian Federation and Ukraine do not need visas** to enter Armenia. The citizens of **Turkey** and **FYR Macedonia** receive the visa on the border, either at the Yerevan airport or on the land border between Armenia and Georgia. The visa cost for 21 days short term visa is 6 EUR or 3000 AMD. The visa cost will be refunded by the organizers.

9. PARTNER ORGANIZATIONS AND TRAVEL COSTS

Country	Organization	Number of	Travel cost
		Participants	per person
Armenia	Armenian Progressive Youth NGO	4	0 EUR
Belarus	Liga dobrovolnogo truda molodezhi	2	275 EUR
Croatia	Raplection	2	360 EUR
Czech Republic	European Youth Centre Breclav.	2	360 EUR
Georgia	Creative Development Center	2	180 EUR
FYR Macedonia	Center For Intercultural Dialogue	2	275 EUR
Italy	Vicolocorto	2	360 EUR
Lithuania	Jaunimo jaunimui iniciatyva	4	360 EUR
Moldova	Alianta Pan-Europeana Cahul	2	275 EUR
Poland	Centrum Inicjatyw UNESCO	2	360 EUR
Russian Federation	Center for Network Initiatives' Support	2	275 EUR
Sweden	Föreningen Framtidståget	2	360 EUR
Turkey	Europe-Turkey Foundation	2	275 EUR
Ukraine	Society Initiatives Institute	2	275 EUR
United Kingdom	New International Company of Live Arts	2	530 EUR

10. FINANCIAL CONDITIONS:

100% of travel costs of the participants will be reimbursed. Reimbursement will be done in **EUR**, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate of the month given by the European Commission. Participants will receive the travel reimbursement via bank transfer after the boarding passes from the way back are received by post. The reimbursement will be made in the period of 31st of October to **31st of December.**

NOTE! Please check travel budget limits above. If travel costs exceed the amount budgeted in the project. The organizers will only be able to reimburse participants the maximum travel costs indicated in the travel budget. You are therefore strongly advised to book trip travel well in advance and look for the cheapest option.

IMPORTANT! In order to receive the travel reimbursement, every participant needs to complete a **reimbursement form** that will be sent a week before the Training Course. Additionally, every participant should attach the following documents to the reimbursement form:

- **Tickets** (there must be price and name of the person stated on it).
- **Boarding passes** (in case of loss please get a confirmation from the airlines, that the flight was taken)
- **Invoices** yes, even if you have a ticket, our accounting still needs an INVOICE.

- **Online Check-in** should be made before your leave Yerevan to make sure you give as Boarding Passes from the way back as well.

11. INSURANCE

Please keep in mind that you are self-responsible for sufficient insurance (illness/personal liability/cancellation/theft etc.). Organizers take no responsibility for the insurance. Make sure you have a travel insurance valid in Armenia from 23rd to 30th of August.

12. ACCOMMODATION

The participants will be accommodated in Hotel Capital in Yerevan city centre. Here is the web-site of the hotel: http://capitalhotel.am/

The Capital Hotel is a friendly and comfortable hotel located in Aygedzor area of Yerevan - one of the most beautiful areas in the city centre with a beautiful sight to ravine from balconies. It is located on 10 minutes walking distance from the city centre and 5 minutes from the Metro Station and Lover's Park.

Free Services:

- Wi-Fi Internet
- 24 hour Reception and Security
- Medical Service
- Outdoor Swimming
- Satellite TV
- Phone
- Air conditioning
- Hairdryer
- Single use sanitary-hygienic items

Rooms:

The accommodation will be organized in Double and Triple Rooms, 2-3 participants per room. **Address of the Hotel:** Aygedzor 53 B, Yerevan, Republic of Armenia

13. LANGUAGE:

The language of the course is **English**. Participants should be able to communicate in English.

14. INTERCULTURAL EVENING

During a special evening we will share characteristics from our culture. We ask you to bring foods and drinks to share! You can also think of some other things to share with the group from your culture: stories, dances / songs etc. In case you play an instrument, it might be very nice to bring it. Just no power point presentation or country promotion videos, as it would be the best if you can share something in your own words! By the way, to present something from your culture does not mean it has to be something from your country: it can also be from a region, a city etc.

Other Services:

- Laundry and Dry Cleaning
- Lobby Bar
- Cars Rental
- Bar
- Summer Café
- Souvenirs and Gift Shops

15. HOMEWORK AND DAILY PROGRAM

Two weeks before the Training Course we will send you a small homework to complete in your Country group. The Daily program will be also sent together with the homework.

16. NGO FAIR

One of the aims of the Training Course is to develop cooperation and new projects between the NGO's/ That is why we are going to organize an NGO fair where every organization will have a chance to present itself. Make sure you bring some informational materials, flyers, booklets or publications representing your organization.

17. YOUTHPASS CERTIFICATES

All participants will receive a Youth Pass certificate in the end of the Training Course. Upon their request participants will get also Annex to Youth Pass with 8 Key Competences.

18. FACEBOOK GROUP

Please join the Facebook group of the project and let's start getting to know each other. Here is the link: https://www.facebook.com/groups/839601676171959/

19. DEADLINES

JUNE 10th – The participants are chosen by the sending organizations.
JUNE 15th – The Registration Forms are submitted by the participants.
JULY 01st – The tickets are bought by the participants.

20. THE TRAINERS



Grigor Yeritsyan works in the field of youth education since 2008. He has an educational background in Journalism, Political Science and European Studies. The main areas of his expertise as a trainer are Intercultural Learning, Education for Sustainable Development, Gender Equality, Active Participation, European Citizenship and Youth Work. Grigor is a co-founder and current vice-president of the Armenian Progressive Youth NGO as well as the Country manager for several international programs and initiatives in Armenia. He facilitates and moderates international youth trainings, seminars and conferences since 2010.



Karolina Mazetyte is a Co-founder and President of International Youth to Youth Initiative, social entrepreneur, meditation and mindfulness trainer, sustainable and conscious organizational and individual development consultant. For the last 5 years she has been organizing events and leading projects worldwide. Her major topics of expertise are Youth and Self-Empowerment, Intercultural Dialogue, Inner Conflicts Transformation, Conscious and Sustainable Organizational and Individual Development. As a Consultant and Trainer she aims to help organizations and individuals to organize their events, training courses and projects in a sustainable and conscious way! Originally she comes from Lithuania, but currently Karolina is residing in Sweden.



Maria Simonyan is a co-founder and Vice-president of Armenian Progressive Youth NGO since 2009. For the last 3 years she has been working as a trainer for different international training courses. Her main topics of expertise are Democracy, Youth Participation in political processes, Active Citizenship, Migration, Youth Unemployment and European Voluntary Service. As a youth worker and a trainer she believes that young people are capable of doing significant changes in their countries. By empowering and equipping them with certain skills and competences, we can change the world for better!



Saida Ibrahimava is a Co-founder and the Director of Project Development at International Youth to Youth Initiative, start-ups manager, campaign designer and an expert in the field of youth engagement and youth deradicalization. Saida has more than ten years of successful experience in the nonprofit sector and more than five years of working experience for governmental institutions, including military organizations. She has implemented more than twenty projects in the sphere of social inclusion, youth development, education, sport and eradication of extremism. Her major topics of expertise are Youth Empowerment, Intercultural Dialogue and Cooperation, ICTs for Social Change, Leadership and Sustainable Development

21. PRACTICAL INFORMATION

The venue - YEREVAN

Seminar will take place in Yerevan - the capital of Armenia. Yerevan is a political, administrative, commercial & financial, as well as cultural & educational centre of Armenia. The population is about 1.2 million people. Because of the fact Yerevan is one of the oldest cities in the world; it hides many beautiful and interesting places. To speak about Yerevan sightseeing and its endless number of attractions is absolutely impossible but your visit to Yerevan will not be complete if you miss out any of these sites -Cascade Complex, Victory Park, Matenadaran, Saryan Park, Vernissage, Erebuni Fortress and more. find complete list Of You the places can to here: see http://www.tripadvisor.com/Attractions-g293932-Activities-Yerevan.htm

IWeather in Armenia

Armenia is usually referred to as a sunny country. Its climate ranges from dry subtropical to cold. The mountain peaks are covered with eternal snow, while their slopes are lined by alpine meadows. September is the ideal month for visiting Armenia with pleasant temperature and virtually no rain, except for possible thunderstorms in the mountains. More info: http://www.meteo.am

Currency in Armenia:

Armenian national currency is the Dram (AMD). There are ATM machines and banks all around the city. Payments with VISA/Master Card credit cards are possible in most of the supermarkets, cafes, shops and restaurants. For the small local shops it's always good to have some cash. The exchange offices are located in the banks and some big supermarkets. No passport is needed to exchange money.

1 EUR – 530 AMD 1 USD - 470 AMD 1 GBP - 750 AMD

CONTACTS

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