	1	2	3	4	5	6	7	8
8:30-9:00	Arrivals	wake up	wake up	wake up	wake up	wake up	wake up	departures
9:00-10:00		BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
10:00-10:30		WARM UP	WARM UP	WARM UP	WARM UP	WARM UP	WARM UP	
10.30-11:30		presentation of the project and activities + Rules agreement	ACTIVITY: food vs tradition	ACTIVITY: food and traditions PART 1_ preparation of traditional food	ACTIVITY: food and traditions PART 2_ preparation of traditional food	ACTIVITY: case study	ACTIVITY: many meanings of food	
11:30-13:00		HOPES&FEARS TEAM BUILDING GAMES					FINAL EVALUATION + YOUTH PASS	
13:00-14:00	Lunch	Lunch	Lunch	Lunch	lunch	Lunch	Lunch	
15:00-17:00	Arrivals	ACTIVITY (team building and knowing each other)	ACTIVITY: food vs arts	OFFICIAL VISIT	INTERCULTURAL LEARNING	WORKSHOP	FREE TIME	
17:00-18:30		PRESENTATIONOF ORGANIZATION	ACTIVITY: food vs cultures	ACTIVITY: FOOD VS HEALTHY LIFE STYLE	ACTIVITY: Realization of spot	ACTIVITY: food vs senses		
18:30-19:00								
19.00-19.30		Dinner	Dinner	Dinner	dinner	Dinner	Dinner	
19.30-21:00	Dinner							
21:00				intercultural night				