



October 5-12, 2019 Dilijan, Armenia

If you want to develop your trainer competencies and improve your facilitation skills in working with groups, then this training is for you!

How does it all work? Group dynamics, roles in groups, introducing activities, making presentations, leading discussions, telling stories, looking inward, recognizing own emotions, getting to know own strengths and weaknesses, communication. The TC will include group work, one to one coaching, art and Gestalt therapy elements, holistic bodywork, simulated workshops, brainstorming, discussions, theoretical inputs, creative approaches, and reflections ... *That's what this training course is all about.*

Besides covering the practicalities of facilitation, this course is also about your personal development as a trainer and raising your self-awareness to know who you are as a person and how that impacts your work as a trainer.

This training course is for youth workers, youth leaders, and project coordinators. This programme will cover the basics of group facilitation in a very practical way. During this 7-day training, you will get the opportunity to explore working with groups of young people from the perspective of being a facilitator.

Joining countries: Armenia, Ukraine, Lithuania, Denmark, Georgia, Hungary, Italy, Czech Republic, Germany, and Spain.



This Training Course is organised by Syn:format from Germany and Loesje Armenia with the financial support of the Erasmus+ Programme by the European Union.

What will this training offer you?

1. Review and enhance your facilitator competencies in the non-formal setting.
2. Get to know yourself better and know how your weaknesses and strengths as a person impacts you in your work.
3. Learn by doing, learning by using not only your mind but especially your body and emotions in the context of a safe space in an international group, while being supported in the process by experienced trainers.
4. Develop your basic facilitator competencies, group dynamics, communication, and presentation skills and to practice and build on your existing skills.
5. Understand how to identify the needs of the group and address them in different circumstances.
6. Explore cooperation and build relationships with other facilitators and youth workers from different cultures, through solidarity and empathy.
7. Learn more about the Erasmus+ Programme and the possibilities that it offers.

Topics in the training

Non Formal Education

Group Building

Public Speaking

One to One Work

Helping Relationships

Co-Working

Group Dynamics

Feedback

Presentation Skills

Facilitation

Challenging Behaviours

Personal Development

Body Work

Emotional Intelligence

Self-Awareness

Dates & Location

October 5-12, 2019 **Dilijan, Armenia**

Arrival day is latest **05/10 6am**, departure from **12/10**. After the selection procedure, you will receive an info letter with more details on travel and reimbursements.

Finances & Costs

Expenses for food and accommodation will be fully covered by the Erasmus+ programme via the German National Agency. There is a participation fee of €40.

TRAVEL REIMBURSEMENT

Your travel expenses will be reimbursed according to the regulations of the Erasmus+ programme. The money will be reimbursed to you by cash during the activity when you have given us all the original travel documents from your trip (Boarding passes, e-tickets, invoices, bus/train tickets, bills, etc.)

Maximum amount covered per person:

Spain	500 EUR
Germany, Lithuania, Denmark, Hungary, Italy	300 EUR
Czech Republic	300 EUR
Ukraine	275 EUR
Georgia	40 EUR
Armenia	N/A

**Traveling via Tbilisi, Georgia is often cheaper than to Yerevan.*

Sending Organizations

Germany	Syn:Format e.V.	raffaella.then@posteo.de
Armenia	Loesje Armenia	trainings.loesje.armenia@gmail.com
Ukraine	NGO "Development and Initiative"	office.development.initiative@gmail.com
Georgia	YOUTH ASSOCIATION DRONI	giokika@gmail.com
Hungary	IFJUSAGI SZOLGALTATOK ORSZAGOS SZOVETSEGE	andras.csaba.kosa@iszosz.org
Italy	tesseramento scambieuropei	tesseramentoscambieuropei@gmail.com
Denmark	Soeholm 4H	kaae-2@hotmail.com
Czech Republic	European Youth Centre Břeclav	eycb.info@gmail.com
Spain	ASOCIACION CULTURAL EUROACCION Murcia	diegazorama@gmail.com
Lithuania	Active Youth Association	erasmus@activeyouth.lt

Want to join?

To apply for this exciting training course click the button and fill in the application form.



APPLY NOW

Application deadline: **September 5**



trainings.loesje.armenia@gmail.com



[LoesjeArmenia](#)

About Syn:format e.V. Germany

Syn:format, founded in 2014, is a network of young people, who actively take part in shaping and fostering an open, tolerant and inclusive society which implements sustainable lifestyles and economic practices. The legal form of Syn:format is a registered association, and its more than 30 members, which represent different professions and disciplines, meet regularly to develop and implement new projects together, thereby exchanging knowledge and resources and practicing a new form of supportive solidarity. The common ground of all its activities is fostering non-formal education and creative learning as well as integrating marginalized or vulnerable groups and empowering people to bring forward positive change in their communities.



About Loesje Armenia

Loesje Armenia is the hosting organization of this project. As one of the international Loesje members, Loesje Armenia organizes projects with as main focus areas; personal development of young people, Intercultural learning and active citizenship. Loesje Armenia has organized and hosted a large number of international youth exchanges, training courses, summer camps, and seminars. These brought together over 4.000 young people from more than 50 countries, broadening their perspective, empowering them to be active citizens and entrepreneurs of their own lives.

Loesje
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