



### **INFO PACK**

**TITLE: "Human Rights Education for Rural Youth"** 

Date: 12-21 March 2016

(Arrival day is 12<sup>th</sup> of March 2016) (Departure 21<sup>th</sup> of March 2016)

Venue: Pogradec, Albania

We are very happy to welcome you to the project "Human Rights Education for Rural Youth"

This document contains information about the project, and detailed information about first activity which is training course.

### **Project description:**

Project "Human Rights Education for Rural Youth" aims to enable rural youth to advocate for human rights, by filling the educational and skills gap that exist between highly educated youth and youth living in rural areas.

#### Objectives

- → To develop and deliver through a learning experience a set of tools and skills that can enable rural youth to advocate for human rights.
- → To build positive attitude among youth, by boosting skills that they have.
- → To understand how to build main elements of an advocacy campaign by designing a strategy plan for Human Rights, appropriate for rural areas.
- → To foster international cooperation with impact on rural youth, in order to emphasize the EU policies on education and life-long learning.
- → To provide space for rural youth to actively contribute to the society through their involvement in experienced NGOs.
- → To develop positive experience that can be used as an assessment instrument on Human Rights Implementation at different realities.
- → To establish a solid ground for future international cooperation, by exploring Erasmus + in practice.

The project make use of three main activities as its main pillars: **Training course, Capacity building activities, and Seminar.** 

# **A1- Training Course:**

TC on Action Research and Human Rights Education will be the opening activity. It will gather **3** participants per country, active youth from rural and remote areas, one of them will be coach leader/ staff member of partner organization and the others will be members of research teams. The coach leader/ staff member has to attend the communication, follow the local implementation and must participate in mobility activities.

The training will enable them to understand similarities and realities related to human rights education level among partner countries, in urban and rural areas. It will serve also to develop tools and methodology —action research—to asses compare the situation. The main issues addressed from the training will be; Action Research and Human Rights, Leadership skills, Campaigning. During the training the participants will set a research plan for their local environment, and also an activity plan for local campaigning. Thus it will help in the overall management of the project.

# **A2- Capacity building activity:**

Action research in respective countries. The topic will be related to Human Rights Education of youth. This will serve to create a baseline on the issue and define the main needs to be developed in the near future. It will be followed by a campaign sharing the findings of the Action research. The action research and campaign will both work on raising awareness of the main actors on the issue, and helping youth to get more informed.

Each partner organization will do action researches in their local communities, using of the following tools

- -Focus groups meeting (10persons per meeting, 2 meetings) total 20 persons
- -Survey (100 questionnaires)
- -Interviews 3 main local actors (NGOs local authorities and schools)
- -Information campaign

Note: This activity can take place ONLY after Training Course!

**A3- Seminar:** this will serve to share the results each partner work and build a floor for Human Rights Education mechanism in rural areas. It will gather representatives of each partner, the research team members and others e.g. main actors related to Human Rights Education at rural areas. **Each partner will send 3 participants.** It will make visible aspects of local researches and the campaign; as well it will develop continuity plans and future actions on providing basic HRE skills for rural youth. The experience of the promoters will be condensed in a set of tools that will be shared among other organizations, which can make use of it. The organizations will have the main skills to do periodic comparative action researches to guide their work and at the same time advocate at local level.

### **Target Group:**

- → Each partner will send 3 participants (1 staff member must participate in training course also in Seminar)
- → Active youth from rural and remote areas
- → youth adhering in CSOs
- → Fluent in English
- → Be over 18 years old
- → Being active and motivated to create ideas for future projects
- → Able to participate in field activities (action research, campaign etc)

It is very important to keep gender balance when you do the participants selection. Please follow the table below!

Country	Female	Male
Albania	2	1
Montenegro	1	2
Serbia	2	1
Bosnia& Herzegovina	1	2
Turkey	2	1
Republic of Macedonia	1	2
Czech Republic	2	1
Romania	1	2
Poland	2	1
Greece	1	2

**NOTE**: we do not accept as participants persons, who are doing in the same time of the Training Course EVS.

#### Venue:

Training course will take place in Pogradec city, located at the bank of Ohrid lake. From Tirana to Pogradec travel last 3.5 hours.

The hotel is situated 20 minutes outside the city of Pogradec with a very nice view of the Ohrid lake. Distance to closest shop it is 10 minutes. The name of the hotel is: Lake Park Hotel. Meals and working room are provided in the hotel.

INFO PACK "Human Rights Education for Rural Youth"

Two or three people will share the room. The hotel is nice and each room is equipped with bathroom, TV.

There is free wireless connection in working room and in dinning room.

More information: https://www.facebook.com/Lakeparkhotelrestorant

How to come there:

For participants coming by plane to Tirana airport, (Czech Republic, Poland Romania, Turkey,) our volunteers will wait for you in airport and arrange the local transportation. From airport to Pogradec one way ticket per participant by minivan costs ~10 Eur and it is direct travel by small groups (6-7 persons).

For participants coming from Macedonia, Bosnia & Herzegovina, Montenegro, Serbia, Greece you can travel to Struga and then come directly to Pogradec town.

Further details will be decided through emails.

SO PLEASE INFORM US FOR YOUR WAY OF TRAVEL IN ORDER TO MAKE OUR SCHEDULE!

**Financial conditions:** 

For the mobility activities (training course & seminar) hosting organization will cover 100% of food and accommodation. Travel costs will be covered based on travel distance calculator by European Commission <a href="http://erasmus-plus.ro/erasmus-plus-distance-calculator-budget/">http://erasmus-plus.ro/erasmus-plus-ro/erasmus-plus-distance-calculator-budget/</a>

Capacity building activities are based on real costs and each organization will have a small budget for it but it is very important to mention it that EACEA cover under capacity building ONLY 80% of the sum and the rest each NGO must support it by themselves by doing co-founding.

Travel costs will be reimbursed via bank transfer after the activity on condition that participant was present in all activities, has used cheapest means of transportation and submitted all original invoices, boarding pass and tickets. Taxi and first class tickets will not be reimbursed. Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice.

Travel costs will be reimbursed up to travel limit budget below:

No	Organization	City/Country	Maximum travel limit
1	Youth for Social Changes	Tirane, Albania	0,00 EUR
2	NGO Prima	Podgorica, Montenegro	180 EUR
3	CET Platform	Belgrade, Serbia	180 EUR
4	Opcinska organizacija Crveni kriz Novo Sarajevo	Sarajevo, Bosnia& Herzegovina	180 EUR
5	Rönesans Enstitüsü	Ankara, Turkey	275 EUR
6	Institut za istrazuvanje i opstestveni inovacii - IMPAKT Skopje	Skopje, Republic of Macedonia	180 EUR
7	Evropske centrum mladeze Breclav/European Youth Centre Breclav	Břeclav, Czech Republic	275 EUR
8	Fundatia Parteneri pentru Dezvoltare Locala	Bucharest, Romania	275 EUR
9	STOWARZYSZENIE MOJE MARZENIA SPELNIAJA SIE	NOWY SACZ, Poland	275 EUR
10	United Societies of Balkans	Thessaloniki, Greece	180 EUR

Extra time in Pogradec is at your own expense.

PLEASE do NOT buy tickets without contacting us BEFORE!

For this project we as applicant NGO do not charge any participation fee.

### **Health insurance:**

Health insurance is not provided by the organizers. All participants are required to purchase the health insurance individually.

# **Preparations:**

Presentation of your country, community, region (whatever you think is close to your cultural identity) in the most creative way possible (like pictures, cultural objects and crafts, personal pictures etc.) Don't forget to bring foods and drinks!!!!!

Materials to present your organization as leaflets, booklets, posters etc...

Example of researches conducted by your organization it can be in electronic format or printed format.

Reports on the status of human rights in your country to share and compare.

Good mood and enthusiasm ©

### Weather:

Please take with you comfortable shoes and clothes; it will be helpful for our outdoor activities and during the workshops.

During March in Pogradec even is spring time the weather is cold and sometimes it's rainy so please bring with you warm clothes and your umbrella.

Still we suggest you that before come take a look on www.weather.com

See you soon in Albania 😊 😊 😊