

TIMETABLE for participants Project

"I'm Important Because I'm Myself"

25 - 31 October, 2015

Mazeikiai, Lithuania

***It may change by the time the project starts

1 Travel Day	
	Travel to the project venue. Participants' arrival, registration, accommodation.
Activity Day 1	
AM	Get to know all the participants and leaders.
	Introduction to the Project and the Program.
	Let's know each other better (Team building activities; name learning games).
PM	Group formation tasks
	Discuss and figure out the rules, defining desirable, friendly and undesirable behavior
	Sightseeing tour around the area in which project is held on.
	Discussion about day's activities.
	Distribution of duties and responsibilities for the next day.
	Evening event: short each country's introduction. Introduction of national symbols. National food tasting.
	Movie session/ board games. Night rest.
Activity Day 2	
AM	Good morning! Warm-up games.
	Getting acquainted with the project topic: what is bullying, why it happens, countries' experiences, extent of the problem, prevention, looking for the ways for problem solving (lecture-discussion, video presentation, Forum theater).
PM	Personal self-education (creative workshops, art therapy)
	Creating educational movie
	Discussion about day's activities. Self-evaluation of the learning process.
	Distribution of duties and responsibilities for the next day.
	Preparation for the cultural evenings (randomly selected groups (two countries) create the play on the selected topical theme).
	Evening event: mixed cultural evening (a prepared performance by two countries)
	Disco/board games. Night rest.
Activity Day 3	
AM	Good morning! Warm-up games.
	How to behave when you experience bullying or when you are a bullying (reflections)
	Personal self-education (creative workshops, art therapy)
PM	Self-control education. Reflections(discussion with a psychologist, practical activities)
	Creating educational movie
	Friendly sports matches
	Discussion about day's activities. Self-evaluation of the learning process.
	Distribution of duties and responsibilities for the next day.
	Evening event: mixed cultural evening (a prepared performance by two countries)
	Disco/board games. Night rest.
Activity Day 4	

AM	Good morning! Warm-up games.
	Learning not to react emotionally. Reflections. (Method: desires' rainbow)
	How to gain courage to help the bullied one. Reflections (discussion with a psychologist, Forum theater)
PM	Creating educational movie
	Funny relay-race (sport games)
	Discussion about day's activities. Self-evaluation of the learning process.
	Distribution of duties and responsibilities for the next day.
	Evening event: mixed cultural evening (a prepared performance by two countries)
	Disco/board games. Night rest.
Activity Day 5	
AM	Good morning! Warm-up games.
	Sightseeing beautiful Lithuanian nature. A trip to an autumnal Navidanskas Park. Barbeque in the nature (trip in the nature; "hunting challenge"; movie creation (cont.).
PM	Creating educational movie and discussing the ways of dissemination
	Movie presentation at Mazeikiai Kalnenu high school (video presentation, participants' insights, thoughts while presenting the movie)
	Project's evaluation. Self-evaluation of the learning process. Fill-out the questionnaire.
	Diplomas for the participants.
	Final touches for the team work (method that allows to emotionally prepare for group's separation)
	Disco/board games. Night rest.
2 Travel Day	
AM	Good morning! Warm-up games.
	Saying goodbye. Departure

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