



Youth Exchange Get into Green Scene Turkey

DATES

11th-20th of December 2016 (11th is arrival day, 20th morning is departure)

Please, confirm your arrival/departure dates before booking the tickets!
(Maximum Travel Dates are 9th-22th of Dec)

COUNTRIES

Turkey
Bulgaria
Czech Republic
Lithuania
Italy
Romania

VENUE

Sakarya





SUMMARY OF THE PROJECT:

"Get into Green Scene" is a youth exchange under the frame of Erasmus+, Key Action 1 - youth mobility.


The project is a wake up alarm for the unhealthy lifestyles (junk food, sedentary, consumerism) and unsustainable tendency, meant to provide green tools for dealing with environmental issues, such as pollution, garbage, waste.



32 participants from 6 programme countries will gather in Sakarya, Turkey focusing on non formal education in the context of environmental education with a combination of different activities and methods. Young persons with the age between 18 and 30 will be involved in group activities, open discussions and creative workshops, including outdoor activities and visits, in order to gain knowledge and abilities in sharing or expressing their views, experiences and opinions related to the project's theme, and also to connect with nature and its resources for a greener future. Activities will be done in a pleasant and interactive atmosphere, where at some points hammers or garbage will be the working materials. Debates, role games and teamwork will combine practical sessions like gardening, recycling, bird house building and others.

The objectives of the project are:

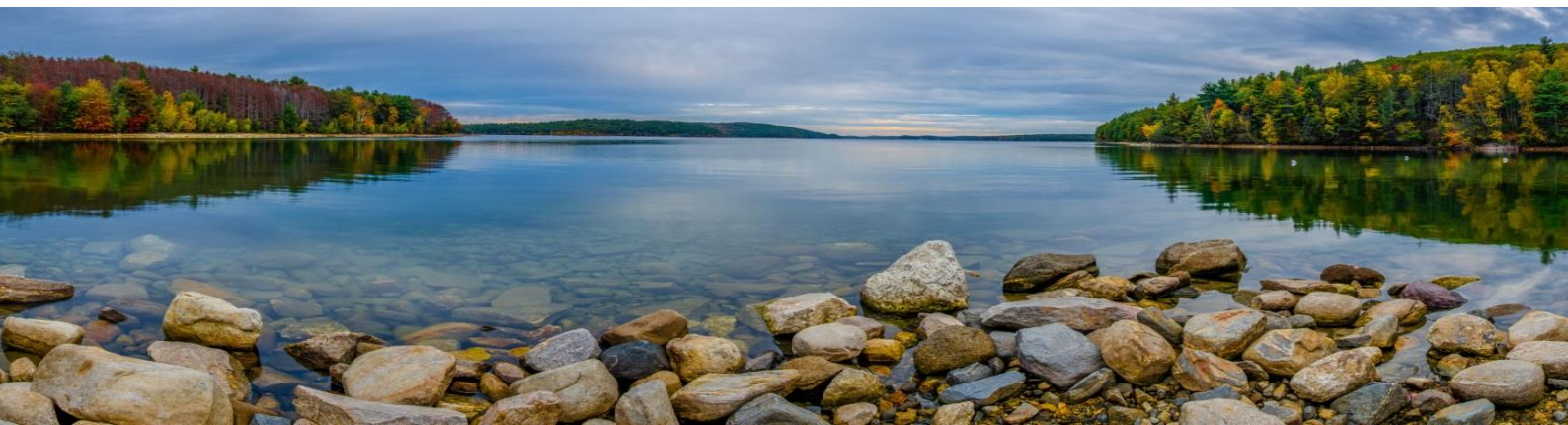
- to set up a place for sharing and connecting knowledge, ideas and good practices around the concept of sustainability, during 10 days, for 32 participants from 6 different countries
- to provide 32 young people with techniques and know how on satisfying their needs and their communities' need of healthier lifestyles

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- to empower 32 young people with creative methods and tools, such as gardening and recycling, in order to foster motivation and initiatives in dealing with environmental issues at a local level
 - to guide youth towards protection and preservation of natural resources and biodiversity, promoting home made production & consumption, seasonal & local products
 - to raise awareness about destructive impact that consumerism has on nature, through role games and Do It Yourself activities, and to encourage Eco-friendly behaviours like outdoor activities or slow food

The project is also meant to support healthier and more sustainable lifestyles. Sense of initiative and cultural awareness will stand up for open-mindedness and inter cultural dialogue. Communication skills (especially in foreign languages), such as: public speaking, active listening, self confidence and teamwork.

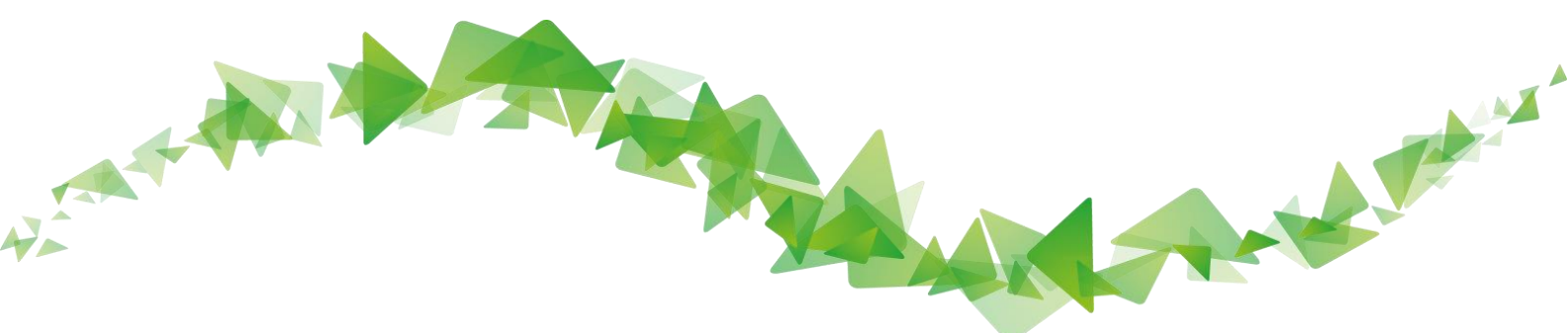
Environment and outdoor activities will be the main themes of the youth exchange, pointing at individual and collective approaches regarding nature.

5 local communities will develop on the environmental, social and economical levels, as local production and consumption will be supported, recycling, gardening, wildlife protection. This project will not change the world, nor will solve its issues, but it will give its small contribution for a better balance between humans and nature.



ACCOMMODATION:

The Youth Exchange will take place in nature in Sakarya and there is everything that we need. There is free internet wi-fi connection. Meal will be at activities room and we should take care about the kitchen. Also very important is that we take care about all accommodation. Rooms will be for 3-4 participants including towels, hairdryer, bath equipments etc.

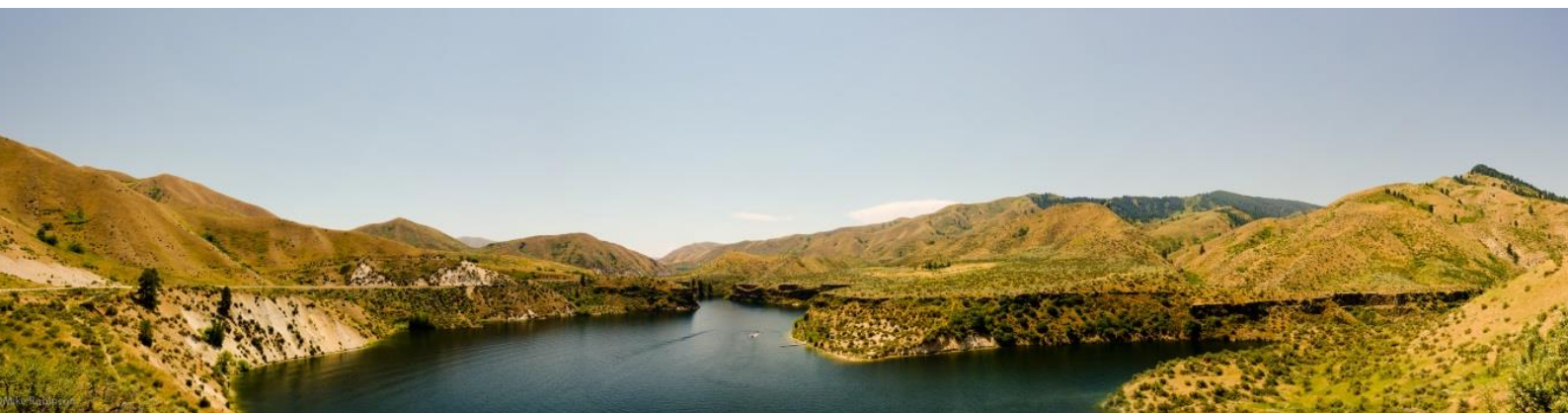


FOOD:

The breakfast, lunch and dinner will be prepared and served for you in our place. It might be some changes, such as in a restaurant. We will eat simple and typical Turkish food.



No alcoholic drinks will be allowed during the daily program. If you have some special needs for food (vegetarian, etc.), please, inform us about it beforehand. We can provide you with just “with/without meat” vegetarian food, but if you have some very complicated diet or as a vegetarian you would like to have some special ingredients, we would appreciate if you could take the food that you need with you.



TRAVEL:

We will reimburse to you 100% of your travel cost for the way go and back. The reimbursement limit is according to your distance in kilometers. The calculator you can find on this webpage:

http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm



Erasmus+

| Number of Participant | Country | Reimbursement Limit |
|-----------------------|-----------|---------------------|
| 7 | Turkey | €80 |
| 5 | Bulgaria | €170 |
| 5 | Czech Rep | €170 |
| 5 | Lithuania | €170 |
| 5 | Italy | €170 |
| 5 | Romania | €170 |

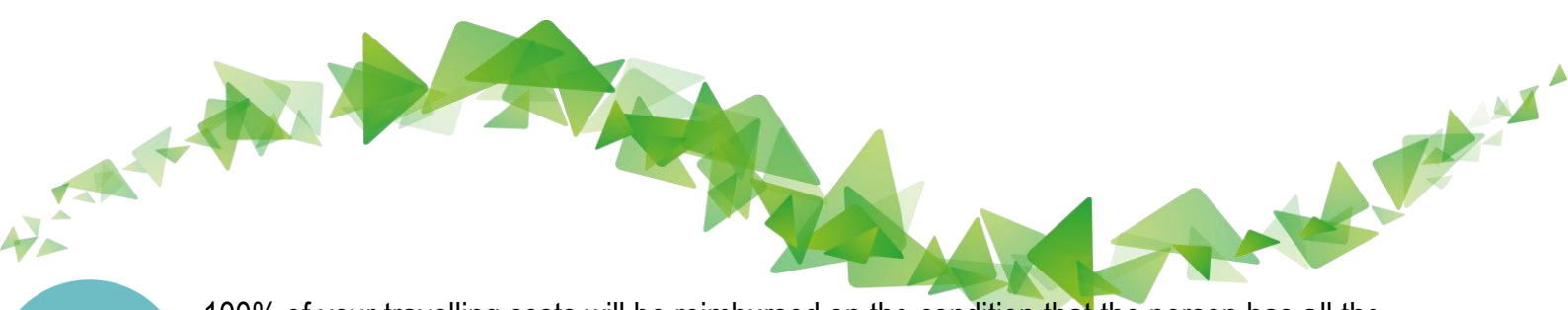
How to reach our place: We strongly advice you to arrive to **(IST) Istanbul Ataturk Airport or (SAW) Istanbul Sabiha Gokcen Airport (closer one)** , then to get bus to Sakarya. We will meet in *our place* (Detailed plan will be announced on the Facebook Group according to arrivals)

It is very important that you keep all your travel documents, including the boarding passes, if travelling by plane. You must give us all your tickets, including also your return tickets that must be already bought. Otherwise if we do not have a ticket, we cannot consider it for the reimbursement. It is very-very important. Please, pay attention, that there are the ceilings for the travel costs per every country that we cannot go above (if your ticket is more expensive, you need to cover the difference on your own). You must use the **cheapest travel option** that is possible (buses, trains, low cost airlines, etc.)



MONEY:

- There is a **participation fee of 20 euros** that will be charged from every participant of the youth exchange. This fee is obligatory which host organization will use it for extra needed activities and materials.
- Reimbursement will be done after the project when we have the all tickets, boarding passes and tickets.

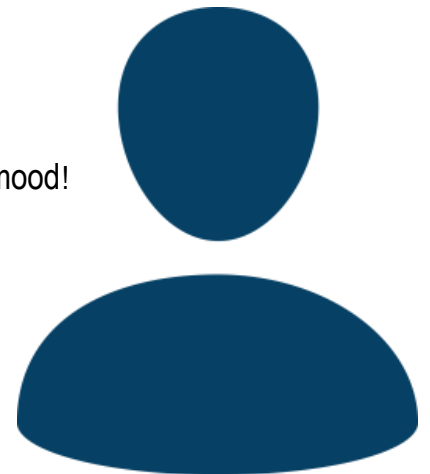


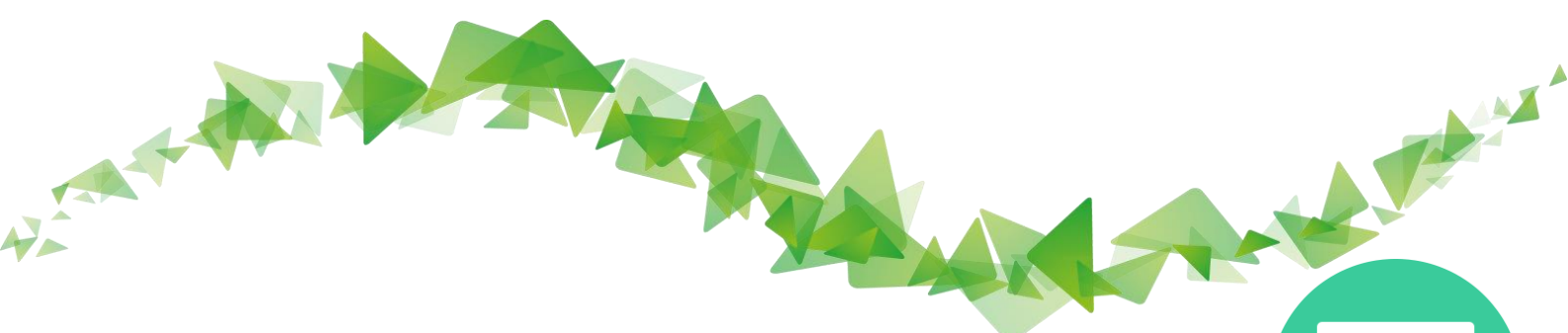
- 100% of your travelling costs will be reimbursed on the condition that the person has all the bills, tickets and boarding passes (when travelling by a plane) to present to us.
- 100% of costs of simple accommodation and basic food are covered by “United of Changemakers”.
- **The travel costs will not be reimbursed to people who are not taking part of the entire training course or not respecting the rules of the training.**



PROFILE OF PARTICIPANTS:

- Age: 18-29
 - 5 participants from each country.
- Please, try to keep gender balance in your groups! Three female to two male or three male to two female.
- Erasmus+ is a program which supports disadvantage young people, so we would like to make this project open for these people with fewer opportunities, so do not hesitate to including people with fewer opportunities into your group! The accommodation is adapted to special needs, so there is no problem with this. If you are thinking or you know there will be people with some handicap in your group, please tell us as soon as possible just to have it in mind! And we will prioritize this people for selection.
 - English is our working language and obligatory.
 - People who are interested in the topic.
 - Young people who share the volunteering spirit.
 - Young, motivated, nice, cheerful, smiling participants and good mood!





YOUTHPASS:

Each participant will receive a YouthPass, which:

- Certificate of non-formal education (you will take part on an educational activity)
- You can include it in your CV and use it for school, university, new job, etc. In the beginning of the project we will divided participants into a small groups that later will work every evening in the reflection groups where they'll talk about the day, activities, what they have learned, etc. With all these notes, at the end of the training course will be a workshop where the participants will work in their own YouthPass. YouthPass will be reached on the end of exchange.

YOU WILL NEED...

- Personal things.
- Typical food for intercultural evening.
- Poster, leaflets, card, videos, typical music... from your country, region, city.
- Info, presentation, material, stickers etc. from your organization.
- Swimming Suits
- Warm clothes
- Camera, laptop and other equipment making life and work easier.
- Ideas, games, ice breakings, dances and folk for your cultural evening.
- Good mood and energy to be active!



General Facts about Turkey:



| | |
|--------------------------|---|
| CAPITAL | Ankara |
| LARGEST CITY | Istanbul |
| OFFICIAL LANGUAGE | Turkish |
| GOVERNMENT | Unitary Parliamentary Constituonal Republic |
| LEGISLATURE | Grand National Assembly |
| AREA | 783,562 km2 (37th) |
| POPULATION | 77,695,904 |
| CURRENCY | Turkish Lira |
| PHONE CODE | +90 |
| ELECTRICITY | 220v, 50hZ |

For Facebook Group www.facebook.com/groups/GIGSTurkey



If you have any questions or suggestions, feel free to contact us!
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