

## Call for Participants

Training course For Key Action 1 – Learning Mobility of Individuals:  
by all partner organisations for mobility actions in the youth field

### ***InsideOut: Let talent be your guide***

**A training course for youth workers about empowerment through talent development using  
self-exploration as a tool**

Sassello, 20-26 of November 2016

Hello everybody,

We are happy to inform you that the training course « Inside Out : let the talent be your guide » has been approved by National Agency in Italy. It will be already a second edition of training course on talent development organised by Peco Association from Genoa, Italy. This training will focus exploring talents during a very personal learning process. The trainers will be Sylwia Federico (Poland) and Dominique Verschuren (Belgium). The TC will take place in Sassello, Italy, between 20 and 26 of November 2016 and will involve 2 participants from 8 countries: Italy, Poland, Spain, Czech Republic, Estonia, Romania, Slovenia, Croatia, Portugal.

### **Background and theme of the project**

The future has never been as unpredictable as now. Technology is transforming the world so fast that we cannot foresee the needs and the problems of tomorrow. It is no longer so important that we graduate university or have experience in a certain field. What is important is that we can adapt easily to the change and that we are able to learn new things. Ability to learn is becoming essential skill as well as awareness of our potential. In a fast-changing world we need to be able to adapt our skills and talents into different fields. By focusing on developing our passions and talents we give the meaning to our daily life, we build a confidence and the right focus and motivation to be more creative and innovative. Thanks to that we are more able to contribute to positive changes in our communities and societies.

With this training course we want to create space for reflection on our talents and passions and ways how we can develop them and use them for changing our communities. We believe that gaining a deeper understanding of who we are and what we can do for others is an empowering process which can lead to positive changes in the future society. Supporting young people in their personal learning process can lead to increased motivation in learning in general, less school dropouts and more increased employment.

## Overall aim

During this training course we're going to explore how to develop our talents by focussing on our personal learning process. We will do this by bringing participants on a journey of self-discovery and reflecting their identity.

## Objectives

- ✓ to explore the concepts of talent, passion and aptitudes
- ✓ to explore basic concepts of learning and reflect on our learning process in order to improve our abilities to develop our talents
- ✓ to raise awareness of our inner leadership through reflecting on our talents and passions
- ✓ to stimulate the creativity, vulnerability, confidence and resilience of the participants
- ✓ to encourage and serve the participants in planning their learning process also after the training course and also implement with their target groups
- ✓ to learn more about the Erasmus+ program and its actions, and Youth Pass as a tool of recognition of the key competences
- ✓ to encourage that everything is possible

## The approach and methodology

This training course will be based on non-formal and informal education with a self-directed learning approach. That means that the participants are responsible for their own learning and the facilitators provide activities and guide the participants through their own learning process. The training course will be characterised by highly participatory, interactive and experiential methods. The working methods will include case studies, working in pairs and small groups, team building activities, role plays, discussions, visualisations and self-assessment. Some sessions will be completed by theoretical inputs and all them will be followed by group reflection or self-reflection.

## Target group

Youth workers, project leaders, educators and basically anyone who is involved in youth work. We are looking for participants who are willing to go on an intensive journey about their Identity in the context of talent and learning process. The participants will also have a multiplier role, in other words: they will adapt what they learn in this training course to the context of working with young people. The participants learning needs and contributions will play an important role. We are looking for participants who are familiar with the topic and who can reflect about it from an holistic point of view.

Because of the sensitive topic and the importance of the flow the trainers would like to ask **your attention** on this: *InsideOut* is NOT a youth exchange but is meant as a serious and intrinsic learning process with a designed flow. This journey stands and falls with the motivation and active

contribution of the participants. *InsideOut* is a serious TC for motivated participants who are willing to look into themselves and reflect on their professional and private life during an intensive and unforgettable journey. We want to emphasize that we are looking for serious participants who are eager to learn, who are coming to the venue *only* for the training course learning process and who are ready to reflect, share experience, and participate in all activities. This TC is not meant as a possibility for young persons to meet other young adults or explore a country in which there were never before. By experience we know that partner organisations sometimes might mix up youth exchange with training course so we would like to encourage them to be critical in making the selection of their participants.

The group experience is essential. This project can only be successful if every participant and the trainers accept and live up to the responsibility of doing it all together and with full attention and motivation during the whole training flow. We recommend you to send participants from the **minimum age of 25 years old**. By experience we are convinced that this TC will reach a deeper impact on participants with more life experiences. There's no limit of maximum age. We thank you very much for respecting these pre-conditions!

### **Dissemination**

The participants will also have a multiplayer role, in other words: they will adapt what they learn in this training course to the context of working with young people. In their future projects and daily work they can incorporate tools, methods and theory which they have learned during this TC. As well as their personal learning and development they can use in their daily work with their own target groups. The partner organisation will be also invited to carry on the dissemination process of the training in their local communities.

### **Partner organizations role:**

- The role of the partner organizations will be to select the participants for this TC, support the participants with booking travel and other practical issues.
- Participate in the preparation and evaluation of the learning process of participants

### **Eligible countries**

Italy, Poland, Estonia, Czech Republic, Spain, Romania, Slovenia, Croatia, Portugal

### **TC Language**

English

### **Organizers**

Peco Association from Genoa, Italy

### Financial conditions

All the matters connected to reimbursement and logistics will be managed by PECO Association:

Elisa Aste: [elisa@peco.genova.it](mailto:elisa@peco.genova.it)

Martina Finessi: [exchanges@peco.genova.it](mailto:exchanges@peco.genova.it)

The food and accommodation will be provided and paid by the organizers. Travels costs will be counted by distance calculator provided by European Commission and reimbursed by bank transfer after the course. There will be participation fee of 50 euros.

### Reimbursement

Travels costs will be counted by distance calculator provided by European Commission and reimbursed by bank transfer after the course. The reimbursement is determined by the Erasmus+ guide. That means that the participants will be maximum reimbursed for the following amounts. Maximum budget for reimbursement per person (excluded the participation fee of 50,00 euro):

Italy	0 – 50 = -50 euro
Czech Republic	275 – 50 = 225 euro
Poland	275 – 50 = 225 euro
Romania	275 – 50 = 225 euro
Spain	275 – 50 = 225 euro
Portugal	275 – 50 = 225 euro
Slovenia	180-50= 130 euro
Croatia	275 – 50 = 225 euro
Estonia	275 – 50 = 225 euro

The participants have to send/hand in the receipts for the travel costs to the organizers. The maximum amount of reimbursement they can get is 100% from the accepted travel costs according to the sums written above. For example: for the Czech organization the sum for travel costs per person is 225 Euro. If the participants have a total travel cost of 300 Euro per person, the participants will be reimbursed with 225 Euro. If the participants have travel cost of 200 Euro, the participants will be reimbursed 200 Euro.

The reimbursement will be made through bank transfer after the training course after PECO have received ALL original tickets/boarding passes and related invoices.

Deadline to book your flights/travels is: **1<sup>st</sup> of October.**

After we received the registration forms and confirmed your participation, we will send a more detailed info-pack to the participants. Please make sure we have the registration forms before the **25th of July** 2016. If we haven't received them we will give place for participants from the waiting list.

If you have any questions don't hesitate to contact us! [talentisyourguide@gmail.com](mailto:talentisyourguide@gmail.com)

We are looking forward to meet you on our amazing learning journey!  
Sylwia and Dominique – the trainers team