

## **”Let’s partYcipate!”**

### **Training course on rural development by active participation and European citizenship through local and international youth activities**

**08 - 15 August 2016, Lapua, Finland**

#### **Themes of the training course:**

As youth workers, youth leaders who work in rural areas we experience a vast lack on information on mobility projects for young people. In small villages, settlements, islands, remote areas the possibilities don't come so fast to the young people like in big cities or close to the capitals. Rural youth needs to be motivated and supported to participate in international youth events and encourage them to bring back their experiences and developed competences to local level in order to improve rural areas. One of our first tasks as rural youth workers, youth leaders are to develop and improve our youth work competences to make international youth work opportunities as Mobility projects for young people and youth workers according to the proposals of Erasmus + programme more visible and attractive for our target groups. Bring the information such a way for them that they can feel encouraged to participate, they can understand that participation is essential for them and for their local communities as well. Rural development can truly happen if young people participate in European level, experience being European citizen, feel to be active citizens then they can practice these in local level for the sake of their rural areas. Rural youth have to recognise that their opinion and thoughts are important to the decision makers in their rural communities, they can initiate a dialogue with youth policy makers, and they can establish youth councils to represent them, they can cooperate with youth organisations, and other civil society organisations which can support their ways of 'learning to participate' from an early age. As rural youth workers, youth leaders we would like to improve their youth work competences in order to achieve this participation level of our target groups in the sake of rural development.

**The overall aim of the training course** is to develop understanding and awareness of youth workers, youth leaders for the impact of international youth projects to the local community in rural areas and the efficiency of the active participation of young people within international and local youth projects. To build a bridge between the gained skills and knowledge of young people in international level and for using these skills and knowledge in the sake of local community in rural areas. To develop skills and competencies of youth workers, youth leaders with active participation of young people for transferring international experiences actively into local projects as rural development.

**Learning objectives of the training course are:**

- To develop an understanding about aspects of active youth participation in the international and local youth projects according to the objectives of Participation field of actions of European Youth Strategy "Investing and empowering young people";
- To raise awareness and learn the ways to ensure active participation of young people during preparation, implementation and evaluation youth projects;
- To develop an understanding of different approaches of citizenship;
- To develop the necessary knowledge, skills and attitudes to transfer international experiences into local community as rural development;
- To prepare qualitative international and local youth projects, matching new requirements of programme Erasmus +;
- To reflect on participants' experiences and create recommendations for management of next projects within the programme KA1 "Mobility projects for young people and youth workers";
- To offer the opportunity to meet possible partner groups from rural areas.

**The methodology of the training course:**

The training course will be built on non – formal educational approached. We will use experiential learning then assess the learning processes and learning outcomes of participants. Competence development will be focused by our programme flow based on the needs and expectations of our partners and participants. Our training course will be learner centred. Methods we plan to use in order to achieve the objectives and support the competence development of our participants: individual work, pair work, mixed small group work, case studies, presentations, brainstorming, small local actions, idea and project development, self – assessment, feedback, dialogue space, etc.

The programme flow will be:

1. Get to know each others, group and personal learning needs, represented organisations in rural context;
2. Content and formal wise criteria of Mobility projects for young people and youth workers according to the proposals of Erasmus + programme;
3. Participation in youth projects in international and local levels;
4. Citizenship locally and European level;
5. Tools for participation - impact - citizenship on local community in rural areas;
6. Idea and project development on active participation and European citizenship in youth exchanges, EVS, youth workers' mobility projects according to the proposals of Mobility projects for young people and youth workers within Erasmus + programme.

Theoretical parts of the programme:

- Content and formal wise criteria with focus on different phases of youth exchanges, EVS and youth workers' mobility projects according to the proposals of Mobility projects for young people and youth workers within Erasmus + programme;
- Participation levels by Wilcox;
- Participation field of action by European Youth Strategy "Investing and empowering young people";
- Definition of European citizenship with special focus on cultural, social, economical and political aspects;
- Theory of impact on local communities.

Practical parts of the programme:

- Prepare, run and evaluate of small local actions with for and by rural youth on Erasmus+ programme and European citizenship as rural development;
- Postcards booklet on the ideas how can we transfer international experiences into local youth work based on the needs of rural youth.
- Invent new youth exchanges, EVS and youth workers' mobility on active participation and European citizenship in rural areas according to the proposals of Mobility projects for young people and youth workers within Erasmus + programme.

### **Who can participate in the training course?**

- Aged 18+
- Youth workers, directly working with rural youth, having experience of organising at least one international youth project supported by Erasmus + programme mainly focus on KA1 Mobility projects for young people and youth workers;
- Youth leaders, having experience of organising (not just participating) at least one international youth project supported by Erasmus + programme mainly focus on KA1 Mobility projects for young people and youth workers;
- Ready to take part in the whole training course;
- Have organizational support for further activities with rural youth;
- To be able to communicate English language.

**Preliminary programme:**

Hours	Day 1 Arrival day	Day 2 Day of Get 2 know	Day 3 Day of PIC	Day 4 Day of active citizenship	Day 5 Day of impact on local community	Day 6 Day of ideas for rural development	Day 7 Day of Lets do it!	Departure day
8.00 – 9.00		<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>	<i>breakfast</i>
09.30– 11.30	Arrival of participants	Get to know each others Group building	To introduce the different Actions of KA 1 Mobility projects for young people and youth workers  Project phases  YouthPass	What about European citizenship? How can we address it in the proposals of Erasmus + programme?	Active citizenship in action  Phase II: Running small project for and with young people within local community about KA 1 Mobility projects for young people	Active citizenship in action  Phase III: Evaluation	Preparation and presentations of developed ideas for future activities	
11.30– 12.00	Registration and accommodation	Coffee break	Coffee break	Coffee break		Coffee break	Coffee break	
12.00– 13.30		The aim and objectives of TC, Day by day programme  Hopes and Fears	Active participation of young people during projects' phases  The role of youth workers during the projects' phases	Active citizenship in action  Phase I: Preparation		Bridging learning points, further learning needs of young people and developing new ideas	Personal action planning  Planning group communication	
13.30– 15.00	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	
15.00- 16.30	Lets participate!	"Organisations and projects Fair"  Presentation of the new Erasmus + programme	Active participation in practice  Analysis of cases-real projects with focus on youth participation and its impact on local communities.	Active citizenship in action  Phase I: Preparation	Sightseeing  Free afternoon	Idea and project development in interest groups  Consultations	Fill in Youthpass certificate	
16.30 - 17.00	<i>Coffee break</i>	<i>Coffee break</i>	<i>Coffee break</i>				<i>Coffee break</i>	
17.00– 19.00	Official welcome and practicalities	To introduce the different KA1 Mobility projects for young people and youth workers	Citizenship: What kind of ship is it? Different approaches of citizenship				Evaluation of the training course	
19.00- 20.00	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	
20.00-	Welcome evening	International evening	Participation	Working evening	Karaoke evening	Space for work further	Farewell evening	

**Financial conditions:**

The food and accommodation will be provided and paid by the organizers. Travel costs will be reimbursed by bank transfer after the course.