



Erasmus+

Agros Environmental Group

ERASMUS+
Key Action 1 Youth mobility

Project title:
“Let’s talk about Europe”

26 March – 03 April 2016
Agros- Cyprus



INFO PACK

Hello dear friends and partners,

We would like to welcome you to our Youth Exchange titled **“LET'S TALK ABOUT EUROPE”** that will be hosted in Cyprus by Agros Environmental Group. In this INFO PACK you can read all the details of the project.

Project Summary

Our project titled "Let's talk about Europe" is a Multilateral youth exchange on cultural diversity whose aim is to get together 42 young people from various social, cultural and ethno-racial background and provide them with social tools and skills by that helping them to raise the awareness for their cultural diverse surroundings, to find out and understand the differences as well as to be proud to except their cultural and personal identity that will lead to achieving personal, social and professional development. The project will organized in March 2016 and the partner groups comes from 7 EU program countries. Those countries are far away and this project will give a perfect chance to young people to meet people from the other corner of Europe, to discuss common issues, to share ideas, to exchange opinions and to make new friends.

The main objectives of this project are to raise awareness of one's own identity and culture and to cross borders to other traditions, languages and mentalities by involving actively with groups from other countries. One important part will furthermore be the addressing of prejudice in all kinds of situations and how to fight it. The aim of this project is to bring together young people who are interested in tradition and culture of their countries. We will try to combine different cultures and civilizations through presentations of each country's culture, history and workshops. We want to work with traditional instruments, so at least one participant from each country will learn about others culture. During the project we will exchange cultural information through music, dance, songs and we will work on making our European culture. This will be done in an interactive way in intercultural learning environment.

Through activities including group work, outdoor activities, interactive lectures, quizzes, games and workshops, the participants will find out more about the factors that may separate us (like nationality, mentality, sexual orientation, background, etc.) and learn how to benefit from this diversity instead of seeing them as obstacles. By getting in touch with the other participants, they will broaden their horizons and improve mutual understanding within Europe. Also during the project we will organize intercultural nights where all the partner groups will present their country, their culture, traditional foods, drinks, music and dances.

The main aim of this project is to contribute to the process of building tolerant integrated society based on respect to the gender equality and cultural diversity with active intercultural cooperation and dialogue, through raising the awareness of a group of youth leaders about the theme of gender identity and cultural diversity and through supporting their development as youth workers and peer educators in this field in their communities. In this way, the training course is focused both on supporting the target group of the project and on making further impact on the local communities involved.

Details of the project:

1. We will host total **6 people per group** (5 participants aged 15-25 and 1 group leader without age limit)
2. Project will last for **9 days** (8 nights)
3. Also during the preparation phase we will have an APV meeting, where will participate **1 leader per group**.
4. Food and accommodation will cover **100%** by organizers.
5. Venue of the project is Agros village in Cyprus www.agros.org.cy
6. In the project will take part 7 partner groups from EU countries.

Dates of the project:

APV dates: 11-13 of March 2016

Youth Exchange: 26 March – 3 April 2016

J.1. Summary of participating organisations

Name of the Organisation	Country of the Organisation	Type of Organisation
Filodasikos Syndesmos Agrou	Cyprus	Other
Via Civic Association	Bulgaria	Non-governmental organisation/ association/social enterprise
NaturKultur e.V.	Germany	Other
Asociacija "Apkabink Europa"	Lithuania	Non-governmental organisation/ association/social enterprise
Asociatia Young Europe Society	Romania	Non-governmental organisation/ association/social enterprise
Ticket2Europe	Spain	Other
Evropske centrum mladeze Breclav/European Youth Centre Breclav z.s.	Czech Republic	Non-governmental organisation/ association/social enterprise
Total number of participating organisations		7

Participants

Participants should be *responsible youngsters*, aged between 15 – 25 years. They should have an interest in the topic and be willing to learn and be motivated to share experiences with others. They should also be able to work in English since the working language of this Project will be *English*. Gender balance and group diversity in terms of different social and cultural backgrounds should be taken into consideration.

Reimbursement

Unit costs of your travel expenses (see table above) will be covered by the organizers with the support of ERASMUS+ programme. In order to receive this money for transportation, please keep **ALL** original invoices, tickets, boarding-passes or any other transport document. 50% of the money will be reimbursed during the project, after submitting all the original documents. The remaining 50% will be given at the end of the project or via bank transfer, upon completion of the Mobility Tool+ (considered mandatory under the Erasmus+). There is a participation fee of 30 EUR to cover for extra costs and 2 day trips to other cities of Cyprus.

Below, there is a list with the budget with the travel costs (1 person) for each country for both APV and Youth Exchange:

No	Country	Max amount per person in Euro
1	Bulgaria	140
2	Germany	240
3	Romania	240
4	Spain	370
5	Lithuania	240
6	Czech Republic	240

Travel costs from home to the venue of the project and return. Please note: only cheapest means of transport/fares are subject to reimbursement. All amounts are expressed in Euros.

The above amount is 30 euro less than the official travel costs of ERASMUS+. The reason we deducted this 30 EUR is because in the travel cost we should calculate the transfer from the airport to the venue, which costs approximately 15 EUR each way. It is a private coach hire, and depends also on the arrival/departure time, waiting time in case of a delay etc. Also in the project we have some extra money to cover exceptional costs like visa costs.

Important!!

If you want you can come to Cyprus **1-2 days earlier or leave 1-2 later** after the end of the project or on APV. Of course you have to cover this extra cost for accommodation and food.

Very Important!!!!

ALL participants for APV and youth exchange must travel from their home country to Cyprus. This is the new rule we have from National Agency and ERASMUS+. We can not host people who come from a different country and not from their home country. Of course you can flight from a different country but your trip must start from your country. As an example a person from Bulgaria can go to Greece by bus or train and take a flight from Greece to Cyprus. But we need also the bus or train tickets which confirm that he start he's journey from he's country.

Intercultural nights

For the intercultural evening, we kindly ask you to prepare an interactive presentation of your country (you can present your country's food and drinks, music, traditional dances, games etc.) Creativity is the basic requirement. Participants will also have the opportunity to present their organization and its work. You can bring some materials (brochures, posters, PowerPoint presentations, films, photos, etc.)

European health insurance card

It is the participant's responsibility to have a travel health insurance or a European Health Card. The European Health Card is accepted in every country within the European Union, can be obtained for free and is valid for 1 year. Any other insurance is welcome (organizers do not cover insurance costs).

Venue

Participants will be lodged in a **Hostel**, centrally located in Agros, a beautiful village in the heart of Cyprus. The hostel offers triple and quadruple rooms, bathrooms and balconies offering views to Troodos Mountain. Towels and bed linens are provided. Next to the hostel is the Youth Information Centre which offers free wifi.



Agros village www.agros.org.cy

Agros is a village in Limassol district, built amphitheatrically among high mountains. Its population is 800 people and it is one of the most interesting villages in Cyprus and Pitsillia area. Historical and cultural sites are kept in a natural environment of extraordinary beauty with the village maintaining the customs and its traditional character. The love for work and the progressiveness characterise its inhabitants. The village's modern roads make it a connection point between the cities of Nicosia and Limassol and the mountain of Troodos. Its main production line consists of grapes, garden products, fruit of excellent quality, soutzoukos, traditional type smoked products (sausages, lountza, choiromeri), traditional sweets and marmalades. Its inhabitants are also into tourism business (hotels, tourist apartments, inns, traditional coffee shops, taverns and bars.)

Climate

The average daytime temperature in March is around 15-20⁰C and you are advised to bring sun protection lotion or cream to protect your skin and avoid getting sunburn. At night, the temperature drops down, so please also bring a jacket with you!

Entry to the island

Larnaca airport is the nearest to the venue. Cyprus has a second airport situated in Paphos, however transportation between Paphos and the venue is more difficult.

IMPORTANT:

Ercan is an airport in the Northern part of Cyprus, which is occupied by Turkey, and it is considered to be an illegal airport, not belonging to the Republic of Cyprus. Therefore, the European Union cannot cover travel expenses between any country and that airport. This is not our personal opinion, but a policy of Cyprus Republic that we have to respect. Therefore, we are asking you to book your flights with the cheapest flights from one of the 2 legal airports of Cyprus.

Coming to the venue of the project (Agros village):

When you arrive in Larnaca or in Paphos airport, we will arrange a bus to pick you up from there and bring you to Agros village. The trip from airport to the venue of the project will take about 1.5 hour.



We hope that you find the Project worth participating in and we look forward to meeting you on March 2016!

Please do not hesitate to contact us on email vasilis@cing.ac.cy if you have any more questions!

See you in Cyprus!

Agros Environmental Group

Useful information about Cyprus



- ✓ **Weather:** check it out e.g. on <http://weather.yahoo.com/>
- ✓ **Electricity:** Cyprus has the 240 Volt/ 50 Hz 3 pin electricity plus – so you will definitely need adaptors. Make sure you bring at least one with you.
- ✓ **Cyprus Time Zone:** UTC (or GMT) +2
- ✓ **Cyprus currency:** the Euro. You can use your credit card (VISA, Mastercard etc.) almost everywhere.
- ✓ **Cyprus International Dialing Code:** +357

