



### **Key Action 1 - Learning Mobility of Individuals**

Training Course "Manage the Future - Build Partnerships"

a Project Management Training on Participation and value of Partnerships in international Youth co-operation projects in Erasmus+

2<sup>nd</sup> - 9<sup>nd</sup> May 2015 ARROUQUELAS, PORTUGAL

#### PROJECT SUMMARY

The " $H_2O$ ", Youth Organization from Arrouquelas, Portugal invites you to apply to become a partner organisation in the 7-day training course "Manage the Future - Build Partnerships".





The training course focuses on international project management, value of partnerships and participation of young people. It will take place in May 2015 in Rio Maior, the main city near Arrouquelas in Portugal. Civil Society Organisations from all EU member states (Erasmus+ Programme Countries), as well as from all countries of the Eastern Partnership region.

#### Partners:

- Georgia Academy for Peace and Development;
- Ucrânia Alternative -V;
- Turquia; Moldávia Calea Lactee;
- Armenia Youth Cooperation Centre of Dilijan;
- Czech Republic European Youth Centre Breclav;
- Eslováquia Nadacia Krajina Harmonie;
- Lituânia Apvalus Stalas;
- Estónia Continuous Action;
- Portugal H2O and GCA Donas

The training course aims to support sustainable partnerships and high quality of international youth work in Europe.



#### **Objectives:**

- 1. To develop competences of youth workers in international project management, building sustainable partnerships and ensuring high levels of youth participation;
- 2. To learn from existing experiences and local realities in East-West context;
- 3. To build partnerships and develop international youth projects with strong links with local youth work needs.

#### The main elements of the training course will be the following:

• ERASMUS+:

Detailed overview of the Erasmus+ programme, its priorities, actions and procedures;

• DESIGN:

How to design projects based on the needs of specific target groups in Erasmus+ programme;

• PARTICIPATION OF YOUNG PEOPLE:

How to ensure high level of participation of young people in Erasmus+ projects;

• PARTNERSHIPS:

How to manage communication, procedures, information, knowledge and sustainability in partnerships;

• INTERPERSONAL RELATIONS:

Leadership, decision making, team work and dealing with conflicts;

• SHARING PRACTICES:

Sharing practices of international cooperation projects, partnerships, challenges and local youth work



#### FINANCES:

Financial management, financial rules of the Erasmus+ programme and co-financing opportunities;

• TAKING ACTIONS:

Building and strengthening partnerships and youth projects;

#### **PROFILE OF PARTICIPANTS**

This training is open to Activists, Community leaders and Workers, Educators and Project Managers active in the filed of YOUTH. More then 20 years and active.

Participants should satisfy the following requirements:

- Intermediate level of English Language;
- Motivation and interest in attending the training course and participate actively;
- Ability to develop partnership and international youth projects on behalf of their organisations.



#### **RESPONSIBILITIES OF PARTICIPANTS**

#### Participants are expected to:

- Participate actively in pre-training meetings, during the training itself and follow-up activities;
- Attend all training
- Participate in a self-assessment of competences;
- Prepare case studies from the practices of their organisations and on personal level;
- Ensure visibility of the training by participating actively in developing and promoting online tools, e.g. Project blog, facebook group etc.

!Each organisation should be able to nominate **two participants**;



#### PARTICIPATION CONDITIONS

- Accommodation, board and programme costs will be financed by the organizers with the support of the European Commission's Erasmus+ Programme (KA 1);
- International travel costs will be reimbursed, according erasmus + rules, upon presenting all necessary documentation proving the costs of the travel (The more detailed traveling rules will be communicated after approval of the project);

#### **IMPORTANT:**

- Bring boarding's pass
- We ill try to reimburse all during project, for that we need that you start to look for a participants,
- and find good prices for travels, if they are to expensive we only can reimburse after, by bank transfer, because we don't have the money.
- Bring invoices and tickets, clear documents, with tax information's, if they are not clear we cant reimburse you. Who buy tickets on line have to ask company to send you invoice, do it in the moment because normal take some time.

Contact information is provided below.

**CONTACT INFORMATION** 

"H<sub>2</sub>O"

Contact Person: Alex Jacinto Phone: 00351962747045

E-mail: alex.jacinto@netcabo.pt



### PROGRAM

| Date Time     | Day A<br>May 2 <sup>nd</sup>           | Day 1<br>May 3 <sup>rd</sup>            | Day 2<br>May 4 <sup>th</sup>  | Day 3<br>May 5 <sup>th</sup>                                | Day 4<br>May 6 <sup>th</sup> | Day 5<br>May 7 <sup>th</sup>                               | Day 6<br>May 8 <sup>th</sup>   | Day 7<br>May 9 <sup>th</sup>    |
|---------------|--|---|---|---|------------------------------|--|--|---------------------------------|
|               | Arrivals                               | Breakfast                               | Breakfast   | Breakfast   | Breakfast                    | Breakfast  | Breakfast  | Breakfast                       |
| 09:30 - 11:00 |  | Getting to know<br>each other           | "Erasmus+"<br>Programme   | Intercultural<br>learning in<br>international youth<br>work | Communication and team work  | Project<br>management<br>(Introduction)                    | Project development III: Programme, Methodology, Methods                                       | Project<br>presentations        |
| 11:00 - 11:30 |  | Coffee break                            | Coffee break  | Coffee break  | Coffee break                 | Coffee break   | Coffee break   | Coffee break                    |
| 11:30 – 13:00 |  | Intro to the course<br>and expectations | Good practice<br>examples of Youth<br>in Action and<br>Erasmus+ projects                                    | Intercultural<br>learning in<br>international youth<br>work | Communication and team work  | Project<br>development:<br>Project group<br>building       | Project development: Programme, Methodology, Methods   | Personal<br>development<br>plan |
| 13:00 - 15:00 |  | Lunch                                   | Lunch   | Lunch   | Lunch                        | Lunch  | Lunch  | Lunch                           |
| 15:00 – 16:30 |  | Team-building                           | NGO Fair  | Youth participation<br>(Understanding and<br>definitions)   | Sightseeing and free<br>time | Project development: Aims, Objectives, Outputs, Activities | Application and budget   | Personal<br>development<br>plan |
| 16:30 - 17:00 |  | Coffee break                            | Coffee break  | Coffee break  |                              | Coffee break   | Coffee break   | Coffee break                    |
| 17:00 – 18:30 |  | Group agreement                         | Particularities of<br>International<br>Cooperation, special<br>focus on Eastern<br>Partnership<br>Countries | Youth participation<br>(Levels and<br>conditions)           |                              | Project development: Aims, Objectives, Outputs, Activities | Project development: Practicalities – Task division (Gantt chart), Budget, Visa, Dates, Venues | Final<br>evaluation             |
| 18:30 - 19:00 |  | Reflection                              | Reflection  | Reflection  | Reflection                   | Reflection   | Reflection   |                                 |
| 19:00 – 20:00 | Dinner                                 | Dinner                                  | Dinner  | Dinner  | Dinner                       | Dinner   | Dinner   | Dinner                          |
| 20:30         | Welcome<br>evening and<br>Ice-breaking | Intercultural evening                   | Free evening  | Free evening  | Free evening                 | See you soon evening                                       |  |                                 |