



# Youth Exchange Mix'Abilities 20th – 30th June 2017

In the European society, different people rarely met and mix. People with special needs (who have a disability) or with fewer opportunities (who have social difficulties) have fewer possibilities to encounter the diversity of Europe. We think it's important to live a positive experience with people who have different abilities to understand diversity and promote respect throughout the youngsters.

We want to promote the fact that it's possible to integrate people with disabilities in a group and in the society in general.

# OUR AIM

The main goal of this YE is to develop tolerance and cooperation between European youngsters from different backgrounds, possibilities and abilities.

This YE will pursue also other objectives:

- To encourage the youth to live in a more healthy way, through an healthy diet and outdoor activities
- To encourage critical thinking and to be active in a group dynamic.

# METHODS

Participative methods will be used. The participants will have to be active and involved in every workshop and be encouraged to think, analyze and debate on the theme. The practical workshops will be transformed into concrete tools to be re-used. This appears to us the better way to share and assimilate knowledge and know-how.

# VENUE AND DATE

The Youth Exchange will last 11 days

\_ There will be around 25 participants.

The YE will take place from the 20<sup>th</sup> to the 30<sup>th</sup> of June 2017 (travels days included).

# PROGRAMME

Concerning the activities, so far, there will be:

- 2 days of forum theater to speak about discriminations in our society ;

- 2 days walk in the mountains with a bivouac ( we will use joelette – a specific wheelchair for hiking- for the youth that cannot walk)

- Discovery of the deaf culture!