

**Preliminary programme Training course Navigate your inner compass III edition 12-19/12-2016 Kokkola, Finland**

	<b>Day 1 Monday 12/12</b>	<b>Day 2 Tuesday 13/12</b>	<b>Day 3 Wednesday 14/12</b>	<b>Day 4 Thursday 15/12</b>	<b>Day 5 Friday 16/12</b>	<b>Day 6 Saturday 17/12</b>	<b>Day 7 Saturday 18/12</b>	<b>Day 8 Monday 19/12</b>
<b>8.30-9.15</b>	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<b>9.30-11.00</b>		Introduction to the TC	Sexuality and culture	Vulnerability I	Body	Inconvenient feelings	Slow dating: next steps	Departure of participants
<b>11.00-11.30</b>	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	
<b>11.30-13.00</b>		Team building	Biennale de Villa Elba	Vulnerability II	Body	Resilience	Transition	
<b>13.00-15.00</b>	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
<b>15.00-16.30</b>	Arrival of participants	Introduction to sexuality I	River of life	Free afternoon in Kokkola	Body	Use your space I	Accountability	
<b>16.30-17.00</b>	Coffee Break	Coffee Break	Coffee Break		Coffee Break	Coffee Break	Coffee Break	
<b>17.00-18.30</b>		Introduction to sexuality II	Speed date	Free afternoon in Kokkola	Body	Use your space II	Youth pass Evaluation	
<b>18.30-19.00</b>		Reflection	Reflection		Reflection	Reflection		
<b>19.00-20.00</b>	Dinner	Dinner	Dinner	Dinner in town	Dinner	Dinner	Dinner	
<b>20.00-21.30</b>	Welcome evening	Passion evening	International evening	Sauna evening	Documentary evening	Sauna evening	Farewell party	