

PARTICIPANT GUIDE >>>

Humour
is
SERIOUS
Business
5.-12. November

TRAINING
COURSE!

Gemma
GERMESHAUSEN UND MAK

-WELCOME-

Congratulations!

You are a partner in the Training Course **“HUMOUR IS SERIOUS BUSINESS”** and you are among the **30 participants** that will take part at the training. There will be participants per country from **Austria, Bulgaria, Czech Republic, Estonia, Germany, Hungary, United Kingdom, Italy, Portugal, Romania, Slovenia and Spain.**

You are among these participants, because we believe that you will benefit from the training course. As well we believe that you will be the one that can share his/her experience with others and therefore be the source of enrichment for the other participants. We hope that those 8 days you will spend at **‘Humour is Serious Business’** will be for you a vivid and useful intercultural experience. To achieve this we need to look at some practical needs as well and therefore we have prepared for you this **“participants survival guide”**, which will help you to answer many questions and as well to prepare for the project.

READ THE GUIDE CAREFULLY AND KEEP IT WITH YOU ON YOUR TRAVELS!

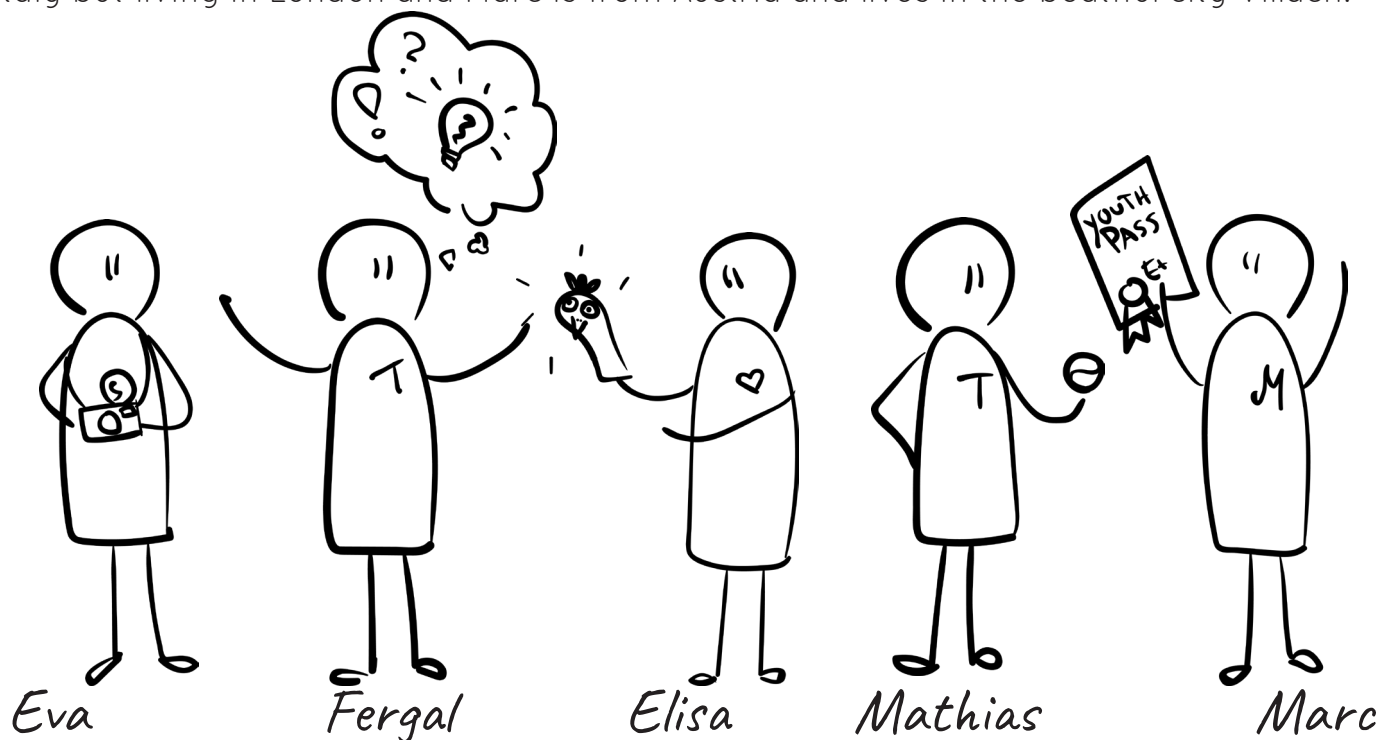
(so you can check the information whenever you need)



We are looking forward to meet you in Austria!

-THE TEAM-

'The Team' are drawn from four different countries - Germany, Austria, Northern Ireland, Italy and Estonia. Fergal is from Derry, Eva is originally from Estonia but living in Austria, Mathias is from Germany and lives just outside Hamburg, Elisa is originally from Italy but living in London and Marc is from Austria and lives in the beautiful city Villach.



More detailed information about the team and preparation for the training course you will find from the our "TC Leaflet" after we have confirmed your participation!

We are all ready and prepared to meet you soon in our project!

-CONTENT AND ACTIVITIES-

'Humour is Serious Business' is a Training Programme aimed at youth work practitioners from a wide range of countries who have an interest in and commitment to the examination and use of Humour as a pro-active and deliberate methodology in their work with young people and other youth work communities.

AIMS:

The programme aims to provide space and time for participants to examine a multitude of issues, concerns and questions related to the use of Humour in an effort to increase their skills, knowledge and experience of Humour as an effective method of engaging young people.

Participants will come away from the training much better informed and 'upskilled' with a clear direction of how they can use humour in their work setting and with a clear plan for developing a locally-based project which they will document to further inform the discussion regarding Humour as a mechanism which can be used effectively in engaging young people.

ETHOS THAT GOVERNS HUMOUR IS SERIOUS BUSINESS TRAINING PROGRAMME

As with any programme there is an ethos that governs our approach to humour – here it is:

- >> We believe firmly that 'humour is the shortest distance between people
- >> Humour is healthy for you - physically, mentally and emotionally
- >> Humour can be used to aid your own personal and social development which increases your confidence, self-esteem and self-awareness
- >> Everyone has a sense of humour albeit to varying levels – in any case everyone can develop that sense of humour
- >> We see or can see humour in everything so all aspects of life can induce laughter
- >> We understand there are differences in cultural approaches and therefore this can cause tension, awkwardness, even offence – we believe in meeting these challenges head on so we learn more about humour from one another
- >> We believe in having fun and that people learn more effectively whilst having fun
- >> Every activity at your disposal can be transformed to create humour
- >> We believe in concepts of creativity and innovation as a means to aid your use of humour
- >> There's no exercise in this training that you can't use in your own working environment
- >> The concept of clowning, its history and evolution underpins the process we will use in this training
- >> We are better in Humour than in Telepathy so unless you express yourself verbally we won't be able to respond to certain needs you might have
- >> You only get out what you put in – the success of the programme depends on your input and participation
- >> Self-organisation – we believe firmly in the notion of participants taking control for their learning or for arranging activities outside of programme time

**Working language

Whilst many of you speak many different languages the official training language will be in ENGLISH only.



‘Humour is Serious Business’ Training Programme will achieve the following
OBJECTIVES:

- upskilling youth work practitioners in the use of humour as an effective tool for engaging young people and youth work communities
- enhancing knowledge of the various types of humour so as to increase understanding of how, where, when and why it can be applied
- increasing awareness of how humour can be used as a pro-active and deliberate methodology in youth work and not just as a natural consequence of and response to specific situations
- consider cultural differences in humour and understand better how these can be used to support and inform youth work practice
- providing space and time for practitioners to reflect upon the use of their own sense of humour and consider where it can be altered to support their practice
- challenge participants to step out of their ‘comfort zone’ in order to appreciate their own commitment to learning
- developing local humour-based programmes to test methodologies and techniques with a view to informing humour-based practice the development of a number of joint actions between partner organisations

-INTERCULTURAL EVENING-

During the training course we plan to arrange an Intercultural Evening. You will present your own cultures – national, regional, personal or any kind of culture you feel you belong to.

These presentations, you will çasy one evening to each country, should not be a “lecture” but should be done in the creative way. This means that all options are possible. **A culture may be presented by a song, a story, a poem, a dance, some drink or food, etc. You may bring pictures, music or anything which you consider to be most appropriate to present your culture.**

We appreciate if you find catchy and creative way to present your culture.

***We will not have a kitchen to prepare the meals for the intercultural evening, so we suggest that you adapt your food and drinks to that reality (we can arrange a refrigerator, if necessary).*

-MARKET OF ORGANISATIONS-

One of the nice side effects of international training is the opportunity to meet new nice and interesting people from different organizations all over Europe.

So let us know which context are you recently active in and present your organization and their work.

Bring you promo materials and use your chance to meet future partners!



-PREPARING THE CONTENT-

In this section you can find web-links which will help to broaden your understanding of:

>>>youth in action programme

>>>non-civic and intercultural education in the European context.

These links will be useful for you before the training (in terms of introduction) and after



Check out all of those useful links:

General information on European Youth Program

>>>>http://ec.europa.eu/youth/index_en.htm

Information on the European Youth in Action Program. User's guide is available.

Non-formal education and intercultural learning

>>>><http://www.infed.org/biblio/b-nonfor.htm>

Formal/Non-Formal/informal Education background.

>>>><http://www.efc.be/ftp/public/cpi/TCFF%20Intercultural%20Learning.pdf>

Intercultural learning.

>>>>http://www.youth-partnership.net/youth-partnership/publications/T-kits/T_kits

T-kit publications connected with european youth work.

-NUMBER OF PARTICIPANTS-

“Humour is Serious Business” will gather 30 participants from 12 different countries. Check below to discover how many participants your organisation have.

ORGANISATION	COUNTRY	NUMBER OF PARTICIPANTS
GEMMA - Germeshausen und Mak	AUSTRIA	5
SDRUZHENIE PROFESIONALEN FORUM ZA OBRAZOVANIETO	BULGARIA	2
EVROPSKE CENTRUM MLADÉZE BRECLAV EUROPEAN YOUTH CENTRE BRECLAV Z. S.	CZECH REPUBLIC	2
MITTETULUNDUSUHING NOORED UHIS- KONNA HEAKS	ESTONIA	2
KLICK E.V.	GERMANY	2
EN KINT EGYESULET	HUNGARY	3
THE INSIDE OUT PROGRAMME	UNITED KINGDOM	4
ASSOCIAZIONE CULTURALE STRAUSS	ITALY	2
BUÊ FIXE- Associação de Jovens	PORTUGAL	2
ASOCIATIA MINTE FORTE	ROMANIA	2
CELJSKI MLADINSKI CENTER, JAVNI ZAVOD ZA MLADINSKO KULTURO, IZOBRAZEVANJE, INFORMIRANJE IN SPORT	SLOVENIA	2
ASOCIACION INTERCULTURAL EUROPEA GO EUROPE	SPAIN	2

-COSTS-

There is a participation fee of **EUR 30,00 per participant**, which you can pay during the reimbursement procedure. Board, lodging and programme costs will be provided and paid 100% by grant from the Austrian Erasmus+ National Agency. But it is recommended to have a personal disposal for drinks, small shoppings, etc.

We have a budget for travel costs. According to the restrictions of the Erasmus+ Programme we can only refund up to some of the travel cost, if the following points are fulfilled:

- Your travel route is from your home town to the venue in Austria (Velden am Wörthersee) and back (if you are not travelling from your hometown, contact us previously).
- You have chosen reasonable and economic means of transportation (e.g. APEX or student fares for flight tickets, cheap airlines, 2nd class trains).
- Your travel dates are according to the programme (one day plus or minus is O.K., if you can prove that this transfer is cheaper, in other cases please contact us previously).
- You have a receipt or invoice for the cost of your plane ticket and the boarding cards or the train/bus tickets. If you go by plane and book an e-ticket please send us a copy by email (eva@gemma.cc).

-TRAVEL BUDGET-

ORGANISATSION	COUNTRY	TRAVEL GRANT PER PARTICIPANT (EUROS)
GEMMA - Germeshausen und Mak	AUSTRIA	20.-
SDRUZHENIE PROFESIONALEN FORUM ZA OBRAZOVANIETO	BULGAARIA	275.-
EVROPSKE CENTRUM MLADEZE BRECLAV EUROPEAN YOUTH CENTRE BRECLAV Z. S.	CZECH REPUBLIC	180.-
MITTETULUNDUSUHING NOORED UHISKONNA HEAKS	ESTONIA	275.-
KLICK E.V.	GERMANY	275.-
EN KINT EGYESULET	HUNGARY	180.-
THE INSIDE OUT PROGRAMME	UNITED KINGDOM	275.-
ASSOCIAZIONE CULTURALE STRAUSS	ITALY	275.-
BUÊ FIXE- Associação de Jovens	PORTUGAL	360.-
ASOCIATIA MINTE FORTE	ROMANIA	275.-
CELJSKI MLADINSKI CENTER, JAVNI ZAVOD ZA MLADINSKO KULTURO, IZOBRAZEVANJE, INFORMIRANJE IN SPORT	SLOVENIA	180.-
ASOCIACION INTERCULTURAL EUROPEA GO EUROPE	SPAIN	275.-

After you have booked your tickets, please send us the following details as soon as possible:

- >>>> Name of the Traveller (Participant)
- >>>> Date and Time of the Arrival and Departure
- >>>> Price of the tickets

Please send all the tickets and travel information to our project coordinator:

eva@gemma.cc (Eva Kobin)

If you need any suggestions or help with your bookings, please don't hesitate to contact her!

-ABOUT THE VENUE-

We will be hosted:

**KINDER &
JUGENDERLEBNISHOTEL**

Anton-Falle-Str. 14 / Drobollach



>>>> (<http://www.jugenderlebnishotel.at>)

We will share nationalities among the rooms. There is a bathroom/shower in each apartment. Bed linen will be provided by the hostel. **Please take some towels with you.** Breakfast, lunch, dinner and coffee breaks will be provided in the hotel during the whole project.

As you can check in the website, the place offers different activities and possibilities and it can be enjoyed by the participants.

HOW TO GET THERE!

Almost all of you will fly to Vienna International Airport and from there you will have to take a train/bus to **Villach Hauptbahnhof**. Each group will be instructed separately in the best way to reach Villach by e-mail **after confirming the arrival time**. All the groups will be picked up by the organizers at the **train/bus station in Villach**.

Note: Organizers will not provide any accommodation for additional stay in Austria. If participants plan to arrive a few days earlier or depart a few days later they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel.

-PARTICIPANTS AND PREPARATION OF THE GROUPS-



Each country will select the participants from **18 to 30 years old**.

We will need the following information about each one:

- **Full Name**
- **Gender**
- **Birthdate / Age**
- **Passport Number or ID number with issue and expiration date**
- **Phone number and e-mail**
- **Special Needs (Allergy, Food restriction, Health restrictions)**

-WHAT TO BRING-

Clothes: we don't have any dressing code at our training. So feel free to take whatever clothes make you feel comfortable but we advise you to **check the weather forecast before**. Evenings might be colder and raincoats are advisable in this period of the year. Pack comfortable clothes in order to enjoy being outdoors.

Promo materials with main information to present your Organisation during the evening of Organisation Market.

For Intercultural Evening: Ideas, music, snacks, drinks etc to present your country and culture.

DEADLINE:

All partners have to give information about their participants and the travel details before **25th September 2018!**

***Failing to accomplish this deadline will give us the right to replace the partnership in accordance of the Programme rules.*

-CONTACT DETAILS YOU MIGHT NEED-

>>>> *Eva Kobin:* eva@gemma.cc

Please send all queries regarding the **travelling and program** of the Training Course to Eva.

>>>> *Marc Germeshausen:* office@gemma.cc

Please send all queries regarding the **organization** of the Training Course to Marc.

>>>> *Fergal Barr:* thekingisalive@hotmail.com

Please send all queries regarding the **content of the Training Course** to Fergal.

See you soon in Austria!

>>> *Your Training TEAM* <<<

