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*"Planting Future"*  
*KA 1 Youth Exchange Project*  
*8<sup>th</sup> – 16<sup>th</sup> February 2015*  
*Eceabat, Turkey*

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**\* This document should be read before coming to the youth exchange**

We would like to welcome you to the "Health is Wealth" youth exchange project!

KA 1 Youth Exchange

Exchange Dates: 8 – 16 February 2015

APV Dates: 4-5-6 January 2015

Location: Eceabat, Turkey

Number of participants: 25 (4 pax/country + 1 group leader)

Age group: Participants 18 – 26 years old & Group leaders – no age limit

We hope that during these 8 days, you will get a useful intercultural experience. Non-formal education methods will be used with the view to promote and follow the values and aims of the Erasmus + Programme. This info pack will not only answer many questions that you might have but will also prepare you for the Youth Exchange.

## Summary:

Our project tries to increase interest of youngsters to agriculture and to add agriculture as an alternative to their future plans.

Aims of our project;

- Increase youngsters interest to agriculture
- Include agriculture as an alternative to youngsters future plans
- Increase awareness of youngsters about alternative job opportunities
- To increase awareness of youngsters about new alternatives for their future plans

Participants of the project are between 18 and 26 years old. Youngsters will join practical agriculture workshops. One day of the project is reserved for organic agriculture subject.

Performing dates of the project 8<sup>th</sup> - 16<sup>th</sup> February 2015. With the participation of the group leaders we are going to have an Advanced Planning Visit on 4-5-6 January 2015 (APV). At that meeting all leaders will create the daily program of the project.

There will be intercultural learning games, historical trips and visits at the daily program.

Partner countries of the project are Spain, Czech Republic, Romania, Bulgaria and Turkey.

## the youth exchange...

### **What is a youth exchange???**

A Youth Exchange brings together groups of young people from different backgrounds from two or more Erasmus+ Programme countries, providing them with an opportunity to meet, discuss, and confront various themes, whilst learning about each other countries and cultures.



### **What isn't a youth exchange?**

The Erasmus+ Programme is a programme funded by the European Commission which addresses young people aiming to develop their skills, to empower them to participate actively, to motivate them to volunteer and respect each other and to encourage them to share their experiences, ideas and knowledge. Therefore, youth exchanges should not be considered as low-budget holidays and an opportunity just to travel abroad.

## Working Language

The official project language will be English, however, many of you speak many different languages. But don't be scared if you think that your English is not good enough..we will find many different ways to communicate and interact!!

## Target Group

This youth exchange heartily welcomes young motivated people who are interested in intercultural learning activities. However, participants are expected to respect each other, to be part of the group, to take part in all activities of the youth exchange and to be responsible for themselves. Remember!! Youth exchanges are not holidays; they combine collaborative work & fun!

## Cultural Evenings

Every day there will be a cultural evening, which means that each country group will present its culture!

The presentations should not be "lectures" or an official advertisement of the country that you will present. Try to be creative and innovative, present your culture in an uncommon way which will attract the interest of the participants. Bring songs, stories, videos, food, drinks, games or anything which inspires you. The presentation should last minimum one hour which means that you have plenty of time to show the most important aspects of your culture to the other participants (theatrical performance, dance, singing songs, showing movies or short films etc.) and you should be prepared before coming to the youth exchange.

You are also encouraged to bring some food or snacks typical of your country which will be hard to find here in Turkey!

## **Costs & Refund Of Travel Expenses**

The reimbursement will be made according to the rules of Erasmus + Program. We need to receive all original travel proof documents. Please, buy two way tickets.

! The policy of our NA is that taxi costs are not reimbursed. Please, use the public transport and keep all tickets. The travel costs and visa costs will be reimbursed on the basis of the most economic transport fares and on presentation of the relevant receipts and original tickets.

! Visa costs of the participants are the eligible costs.

! All accommodation and food costs will be paid by the hosting organization.

! We are not responsible for the costs of the medical insurance.

! There is no participation fee for the project.

Below you find the travel expense limits for each country, so please have them in mind when you book the tickets;

### For APV (Advanced Planning Visit)

Country	Max. Cost
<i>Spain</i>	<i>270 €</i>
<i>Czech Republic</i>	<i>170 €</i>
<i>Bulgaria</i>	<i>80 €</i>
<i>Romania</i>	<i>170 €</i>

### For EXCHANGE

Country	Max. Cost
<i>Spain</i>	<i>270 €</i>
<i>Czech Republic</i>	<i>170 €</i>
<i>Bulgaria</i>	<i>80 €</i>
<i>Romania</i>	<i>170 €</i>

We need to provide all travel receipts and documentation to the national agency otherwise we cannot refund the organizations. So please (every participant) bring with you:

1. The original invoice of the flight ticket or the train ticket (with clear mark how much you have paid). This invoice should be addressed to yourself, or your organization. (If you receive an electronic ticket, please print out a copy also for us. This shows the real cost of the ticket).
2. Save all boarding passes (no boarding pass = no reimbursement)
3. Save all original train and bus tickets or any other tickets (no receipt = no reimbursement)

**IMPORTANT: Reimbursement of the ticket will be done at the last day of the exchange!!**



Erasmus+



## Accommodation

During the project we are going to stay at "Hotel Crowded House" in Eceabat. There will be 24 hours warm water, wi-fi connection at the rooms, lobby and the garden. Accommodation will be in the rooms for 2 or 3 or 4 people. Bed-linens, towels, hair dryer, soaps and shampoos will be provided by the hotel.

Web Page of the hotel is; <http://www.crowdedhousegallipoli.com/index.html>



\* It is forbidden to smoke in every part of the hotel.

## ECEABAT

**Eceabat**, formerly Maydos (**Madytos**), is a town and district of Çanakkale Province in the Marmara region of Turkey, located on the eastern shore of the Gelibolu Peninsula, on the Dardanelles Strait. According to the 2010 census, population of the district is 9,154 of which 5,380 live in the town of Eceabat. The district covers an area of 468 km<sup>2</sup> (181 sq mi), and the town lies at an elevation of 0 m (0 ft).

Eceabat is the nearest town to World War I Gallipoli Campaign battlefields of 1915, cemeteries and memorials to the more than 120,000 soldiers fallen from Turkey, the United Kingdom, France, Australia and New Zealand. The name Eceabat could be originated from the Arabic military word "Hijabat" which means the most forward command point from the battlefield; this could also explain the change from the original name Madytos.



## **Weather in Eceabat**

Our project will be held on winter and it means the weather is going to be cold. The degree will be around 5 - 10 degrees. So please bring your warm clothes with you ☺

## important info & rules!

- Please keep all your boarding passes and tickets and give them to your group leader. The same should be done on the way back. The group leaders have to send us all tickets and boarding passes via post as a registered letter.
- Respect and keep clean the place where you are staying at.
- Smoking is not allowed indoors.
- After midnights please try to be more silent but this does not mean the party is over. Whoever wants to join late night gatherings, we have a closed back garden which we can use.
- Be prepared for the cultural evening before you come to the youth exchange where you will represent your country's culture e.g. music, a short description about the country, anecdotes, funny videos about the country etc. Please bring food and drinks typical of your country!!
- Group leaders are responsible for their participants and must inform them about all practicalities of the youth exchange e.g. the time the participants should start the warm-up activities, the workshop activities, the cultural evenings etc.
- All participants have to participate in all activities and should be **on time** during the youth exchange. If participants have any problems or for certain reasons and they can not participate in some activities, they should inform their group leaders first or the project leader!
- Group leaders should support and help the organizing team and should attend group leader meetings which take place on a daily basis.
- Each participating group should prepare some warm-up activities and energizers for the youth exchange.
- If you want to organize a free time activity and would like to show to and share with the other participants, you are welcome to do, but you have to let us know in advance!