

Raising Quality of Youth Work by Empowering Youth Workers

Training Course

Ankara, Turkey 05.05.2019 – 12.05.2019

Association of Academicians Union

www.akademisyenler.org.tr



SUMMARY

"Raising Quality of Youth Work by Empowering Youth Workers" is a training course that will be held on 05-12 May 2019 in Ankara, with the participation of youth workers from the following countries: Italy, Spain, Great Britain, Romania, Portugal, Greece, Hungary, Czech Republic, Lithuania, and Turkey.

to empower youth workers in the specific reality of project-based–youth work, so they will become multipliers of youth empowerment. In order to achieve the overall aim, the Project is addressing four specific areas which should concern every youth worker:

- Personal development at the individual level.
- Professional development and acquisition of specific competencies for youth work field.



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- Global development: youth worker's roles and long-term vision.
- Sustainable development: long-term interventions, partnerships development.

The TC consists of 7 full training days, which form a progressive learning process. Each day has specific dynamic and specific themes. The participants will have the chance to experience and explore different theoretical concepts, educational tools, and methods connected with youth empowerment, which can be transferred and applied in different realities. The course is based on non-formal education principles and methods, thus the participants will play an active role in the learning process. Outdoor activities represent an important spot in our program, in order to experience and analyze the theories and concepts, from more perspectives and frames. After empowering the participants we will focus on creating empowering projects. The last days of the TC are dedicated to sharing good practices and creating common projects which can be more sustainable and empowering.

OBJECTIVES

The Project objectives are:

- To empower youth workers on project based reality.
- To understand and facilitate the empowerment process of others.
- To explore principles of non-formal education and experiential learning in order to make them more efficient and applicable in youth work.
- To explore new educational theories, tools and instruments which can lead to youth empowerment.
- To understand how nature and outdoor spaces can be used for youth empowerment.
- To understand how to create sustainable projects with a long lasting impact.
- To support the creation of empowering and sustainable projects in the frame of next Youth program and other funding opportunities.
- To increase motivation and satisfaction in their daily work on the basis of the youth work learning outcomes (communication, confidence, creativity, planning and problems solving, relationships and leadership, resilience and determination



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DRAFT AGENDA

05.05.2019	06.05.2019	07.05.2019	08.05.2019	09.05.2019	10.05.2019	11.05.2019	12.05.2019
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
AM	First greetings/warming up Name-snake Snow fights (Getting to know each other better) Geetting expectations: Hopes and fears Introduction to the programme	Photovoice Understanding Youth Work	Open Debate on 3R - Recognition, Respect, Responsibility Microproject Funding	Creating the Quality Partnership in Youth Work Establish Healthy Communication with the Partners	Guidelines For Effective Participation to the Youth Work Youth EMPOWERMENT Through Participation	Understanding Nature of Conflict Conflict Management in Youth Work	Departure of Participants
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
PM	Group building - Preparation for the learning process - Massage "Animals" Human Library Erasmus+ Programme	Definition of Youth workers The Roles and Responsibilities of the Youth workers Analysing the success factors of Youth Work	Improvisation	Exploring of cultural – organisational differences among partners and countries in youth work Role of Intercultural learning in the process of International Cooperation Casino Game	Study visit to some NGO's Free afternoon	Boasting Impact and Visibility of Youth Work: DEOR Development of ideas for future cooperation Sum-up session and ideas for a follow-up	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
Welcome Night	Reflection of the day Intercultural evening	Reflection of the day Organisational evening	Reflection of the day	Reflection of the day		Final Evaluation Evaluation of the training course Closing and Youthpass Ceremony	



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WORKING METHODS

The training course will use the tools common to the interactive non-formal education process, because they give the best results in working with young people. We will follow all of the important elements of non-formal learning, such as interaction, cooperation rather than competition, using experiences of participants, being flexible in needs of the group, following group dynamics process, holistic approach (using combination of activities which leads through Kolb cycle (experiencing –observing and reflecting – giving theoretical background – linking with reality) and developing participants skills, attitudes and knowledge in different areas) etc. According to that main expected impact that direct beneficiaries can convey further by empowering them to become actively involved not only in activities of partner organizations, but also in preparation and their own initiatives as well as those agreed at the end of the training course. They will multiply effects of the training course in their communities through different and specified activities foreseen.

TRAINERS AND FACILITATORS

TRAINER

Two trainers will be work in this TC. They have been been working as a trainer and projects designer in the field of social inclusion, integration, intercultural and interfaith dialogue. - Working methodology is based on non-formal education, intergroup dialogue, cross-group interaction, relationship building, and social action. Currently they are working as a freelance trainers for the Turkish National Agency. -Other relevant working experience in related topics: Human Right Education with young people; Intercultural Learning and Dialogue; Social Inclusion; Conflict Management; Citizenship Education; Youth participation.

PROJECT MANAGER & COMMUNICATION

Dr. Ismail Sahin: He is the president of the Association of Academicians Union. He has been continue teaching activities at Gazi University. He has proficient level English. He has been coordinating and evaluating international projects which are supported by universities and the EU. He is actively working in some journals as an editor and referee. He involved in many EU programs/projects since 2005 (Erasmus teaching, Leonardo Transfer of Innovation, Youth, etc.) as participants, researcher, and beneficiaries. He participated in PCM(Project Cycle and Management Course) which was organized by Gazi University SEM. He has a very huge and colorful network with schools, universities, and associations.

PROFILE REQUIRED

- having an intermediate/advanced English level
- having participated at least to training courses (as part of organization or part of supporting staff team)
- being active members of the own local community (as a volunteer or as a worker)



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The gender balance will be one of the criterion considered for the selection.

The process aimed to choose the profile of the participants will be developed in 2 phases:

1) a first screening of the application forms received

2) a selection made by trainers and facilitators of the video made by the participants and sent to the hosting organization; in the video, has to be max 3 min long, you have to answer to a list of questions that we find useful to better understand participants profile.

PARTICIPANTS SELECTION

Candidates will pass through the selection of the trainers, this selection will be made through an application form which is following the criteria required for the project. So, please share the news and let apply as much candidates as you can and together with trainers we will make a selection and communicate with you the final participants selected among the candidates you'll find. Possibly if you have people who are involved and actively working or volunteering in your organisation it would be super cool for us! The deadline of the filling application form is 5th of April 2019.

Application Form

<https://forms.gle/J6RGQTLDYXzBAPBw5>

ATTENTION!

In case you will have difficulties to find participants you will have to notice to us in order to support you on the research. Moreover, in case you will not be able to respect the deadline for the selection we will look by ourselves for the participants. These criteria will be based on gender and age balance to facilitate a better atmosphere during the project and the training course.

PROFILE OF PARTICIPANTS REQUIRED

Participant could be youth workers, youth leaders, volunteers with the following background:

- working directly with young people and youngsters from rural areas
- carrying out activities in a non-governmental entity
- having the motivation and capacity to develop new projects for and with young people on topic social inclusion
- motivated to learn and to develop their professional and personal competences
- be available for full participation in all phases of the course
- be responsible to take actions during the dissemination phase

Priority will be given to youth with fewer opportunities background



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NOTICE: Once the candidates will be selected will have to sign an agreement of participation which will have to be signed, scanned and sent by email.

Country	Partner	Number of participant	Travel Budget
Turkey	Association of Academicians Union	3	0
UK	Academy of Strategic Knowledge	3	360,00
Spain	Ayuntamiento De Alzira	3	360,00
Italy	Centro Internazionale Per La Promozione Dell'educazione E Lo Sviluppo Associazione	3	275,00
Portugal	Associacao Intercultural Amigos Damobilidade	3	530,00
Romania	Asociatia Millenium Center Arad	3	275,00
Czech Republic	Evropske Centrum Mladeze Breclav European Youth Centre Breclav Z. S.	3	275,00
Lithuania	Kurybinu iniciatyvu centras	3	275,00
Hungary	Compass Európai Ifjúsági Közösségért Egyesület	3	275,00
Greece	Hellenic Youth Participation	3	275,00

PARTNERS / PARTICIPANTS / TRAVEL BUDGET

TRAVEL REIMBURSEMENT PROCEDURE

Each participant will receive the 100% of the total reimbursement within the limit of the box above after the presentation of all the official documents (Boarding Passes and Invoices), and right after they have concluded the follow-up activities, dissemination of results and the mobility report has been filled;

- Be aware that the reimbursement will be calculated according to the travel costs of participants, from their place of origin to the venue of the activity and return.
- The reimbursement will be made by bank transfer to the bank account of the NGO partner/participants in the project.
- If you give your returning boarding passes and copy of local travel invoices before leaving, we can pay your cost by hand.
- If you need a visa to enter Turkey, we also pay visa cost.

NOTICE

- **Do NOT buy any ticket without our confirmation or permission!!!**
- **Before buying the tickets, you should always address to us and send us travel plan of the participant and ONLY after our authorization you can proceed!!!**



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- To have more information concerning the reimbursement rules go directly to the official guide of Erasmus+ or mail us for any doubt.

1) ARRIVAL AT ANKARA ESENBOGA INTERNATIONAL AIRPORT

When you arrive at the airport please check for the EXIT and then you have two choices:

a) Take the local bus outside of the airport. (approximately 40 minutes, ticket: 2 Euros(approximately)) Two bus companies are serving from airport to city center. You can find the companies webpage as follow. Please get of the bus in ASTI station. Take subway(line name is Ankaray) the Hotel in the Maltepe Station.

HAVAS:<http://www.havas.net/en/OurServices/BusServicesAndCarParkingFacilities/ServicePoints/Pages/Ankara.aspx>

BELKOAIR: <http://www.belkoair.com/hizmet-noktalari>

b) Take a taxi that will get you to **Esenboga Airport to Royal Anka Hotel**. (approximately 30 minutes, cost: 20 Euros(approximately)).

2) ARRIVAL AT ISTANBUL AIRPORTS

Istanbul has two airports(Istanbul in Europe and Sabiha Gokcen in Asia). After arrived by plane, you have many options to come Ankara by train, bus and plane. But it is more complicated. We do not have all details of options. We can give following two recommendation for you.

If you come to Ankara from Istanbul by bus, when you arrive the main intercity buss station of Ankara(ASTI), you will take the subway(Ankaray) and get off Maltepe station. The hotel located infront of the subway station.

If you come to Ankara from Istanbul by train, you can come to hotel by walking. It takes 7-8 minutes.

ACCOMMODATION AND INFO

ROYAL ANKA HOTEL

<http://www.royalankaotel.com/eng/index.html>

Which is the busiest street in Ankara on GMK Boulevard, Maltepe. The hotel is located in the center, 25 km from the airport., 5 km away from the central intercity bus station. In addition to the front of the hotel Bus Station with the subway service, the hotel within 10 minutes reaches the bracketing possible.



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Proximity to public institutions, as well as business, shopping and entertainment centers feature of being the focus of the Royal Anka Hotel, held in the capital all the conveniences and opportunities for our valued guests bring it to your door.

The hotel offers spacious accommodation with a free WI-FI, breakfast, lunch, dinner and coffee breaks. You can also find a super market, restaurants and shops in a small distance from the hotel.

Participants will be accommodated in double rooms, divided by gender and mixed by country.

The working room is also the meeting room of the hotel and it is in the hotel. It is suitable equipped to meet the needs of the training course and provide space to work inside.

PREPARATION BEFORE THE TRAINING COURSE



A presentation about Social equalisation, challenges, history, personalities and instruments in their own country (national newspapers and magazines would be more than welcome);



Ready to present organization for the NGO market (Bring promotional material, brochures and other publication to promote your NGO);



Intercultural Evening. The participants will have the opportunity to represent their countries by dances, music, traditional food & drinks, traditional clothes, sharing legends and history

GOLDEN TASK

Bring a best practice or tool related to the main topic of the project in order to share it during the training course.

INSURANCE



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We remember and ask you to bring with you the European Sanitary Card in order to be safe in case of emergency. For the ones who doesn't have this card, we suggest you to buy an insurance for travel, the INSURANCE IS MANDATORY according to the ERASMUS+ programme and is not refunded by the project.

COMMUNICATION & DISSEMINATION

Each participant and partner will have to help on dissemination of results and follow the visual identity rules for the overall project. In order to share pictures, video and other materials please, while sharing them on social media, following instruction by the project coordinator.

CONTACT:

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