

Training Course for Youth Workers „Conflict Resolution through Negotiations“

INFOPACK



30th of August - 5th of September
in Slavske, Western Ukraine



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What? When? Where? Partners?

Training course

Project title: „Conflict Resolution through Negotiations“

Venue: in Slavske, Western Ukraine

Project dates: 30th of August - 5th of September 2015

Partner organisations:

- FAIRbund e.V. (**Germany**),
- Evropske centrum mladeze Breclav/European Youth Centre Breclav z.s. (**Czech Republic**),
- Gyumri "Youth Initiative Centre" NGO (**Armenia**),
- Sums'ka Mis'ka Hromads'ka Organizatsiia "Tsentr Ievropeiskikh Initsiatyv" (**Ukraine**),
- Utilapu Nemzetkozi Epitotabor Halozat (**Hungary**),
- Student-Youth-Council (**Georgia**),
- SCAMBIEUROPEI (**Italy**),
- Teatro Metaphora - Associação de Amigos das Artes (**Portugal**)

Short Description of the Project

In the news every day we are encountered by hundreds of headlines loaded with the messages related to conflict, troubles, confrontation, opposition, war... and on the background of these messages we often hear other exclamations: immigration, extremism, Islamism, terrorism. A huge number of them refer to Europe and the European Union.

In view of this the necessity arouse to conduct a training course on conflict resolution for persons involved in the work with youth.

Objectives of the TC:

- to exchange experiences and raise awareness about understanding the conflict, its roots, types and different levels where conflicts can occur;
- to discuss the notion of conflict in the framework of human rights;
- to exchange information about participants' realities and to raise participants awareness about some current conflicts in Europe and analyze the effect that these involuntary cause in other countries;

- to help participants develop competences needed for using different tools for conflict resolution, to provide them with different tools of conflict resolution, to develop skills of negotiations as one of the ways of conflict resolution;
- to develop new initiatives for and with young people for addressing conflicts on different levels.

Learning outcomes of the TC:

- acquire the theoretical, as well as practical knowledge about the types of conflicts, stages, causes, sources and strategies of conflict management and conflict resolution;
- improving communication skills both in their native language and in foreign languages;
- getting to know various negotiation strategies and seeing how this method can be very effective when dealing with conflicts.
- gaining knowledge about simulation games and informal methods of education;
- improving collaboration abilities with people from different cultural backgrounds and people of different nationalities.
- improving digital competences.

Participants profile

Number of participants from each country: 3 people (Ukraine and Germany – 4 persons)

Age: 18+

Involvement in the youth work (Ex. Youth leader, youth worker, worker in the youth NGO, student organization, etc.)

Sufficient knowledge of the English language (B1-B2 level)

Methodology used

During the activity the following methods will be used: ice-breakers, name games, getting-to-know each other games, team-building and integration activities, simulation and role games, development of the games.

The program will also include the presentation of the programme, discussion of the expectations of participants from the TC, presentation of Erasmus +, introduction to YouthPass, presentations of organizations of participants, planing of follow-up activities and evaluation

Working language: English

Hosting Organization



Center for European Initiatives will fulfill the role of the Hosting organization within the project.

Center for European Initiatives — is public nonprofit organization, created on the principles of voluntarily participation, human rights, freedom of speech, common interests, self-government and equality of rights for its members, as well as for the protection of our legal interests, rights, and freedoms.

The goal of CEI is to assist in the reformation of Ukraine in accordance with European standards, to introduce democratic values, and to develop civil society in Ukraine using educational and informational methodologies.

To check information about the hosting organization, please, visit the web-site:

www.eu.sumy.ua and on [CEI Facebook page](#)

Coordinating Organization



FAIRbund e.V. will fulfill the role of the Coordinating organization within the project.

FAIRbund e.V. is a non-profit organization in Leipzig (Germany) in the social sector. The department of EU-exchange projects is organizing training placement, internships and language courses for young and older people since 2004. FAIRbund e.V. has experience working in mobility and participated in a number of European programs (Leonardo da Vinci, Youth in Action, Grundtvig and Comenius).

To check information about the hosting organization, please, visit the web-site: <http://www.verein-fairbund.de/euprojects/> and our Facebook page ([EU-Projekte von FAIRbund e.V. in Leipzig](#))

Accommodation and Food:

Accommodation: the participants will be lodged in the hotel "Perlyna Karpat" in rooms for 2 people.

Contact information:

Address: 43 b Franka St., Slavske, Ukraine

Hotel website: <http://perlyna.com/?lang=en>



Food: you will have three meals and two coffee-breaks a day. Please, inform about your food habits and needs (fast, vegetarian, vegan).



Internet Access: there is an Internet access in every room.
Travel Arrangements

The day of arrival to Ukraine: 30 August 2015

The day of departure: 5 September 2015

How to get to Ukraine:

1. You can check the flights to Ukraine. There are several international airports:

- International Airports in Kiev: Boryspil (<http://kbp.aero/en/>), Zhulyany

(<http://airport.kiev.ua/en/>)

- International airport "Lviv" (the closest): <http://lwo.aero/>
The best way is if you arrive to Lviv by plane. In case if you come to Kiev, please, keep in mind that Ukraine is very big country and the train from Kiev to Lviv will take about 10 hours.

2. You can check the trains.

<http://www.uz.gov.ua/>

The way from Lviv to Slavske is 135 km.

There are several trains from Lviv to Slavske, you can check them here:

http://www.uz.gov.ua/en/passengers/timetables/from_station=47548%2C23092%2C2

Crossing the border and identification in Ukraine

For traveling to Ukraine you need to have **international passport**. Please, keep it in mind and do not forget to take it, your ID card will not be enough. Good news - for participants from all participating countries is visa-free.

Location



Ukraine is the world's 44th-largest country and the biggest country in Europe. It is located in the very heart of Europe (with Europe's geographical center near the town of Rakhiv, Trans-Carpathian oblast). It is a state in Eastern Europe bordered by Russia to the north and east, Belarus to the north-west, Poland and Slovakia to the west, Hungary, Romania and Moldova to the southwest. The state border extends for a total of 7,590 km. The length of the Ukraine's Sea Coast is 1,959 km. Ukraine is divided into twenty four regions (oblasts) and one autonomous republic

Krym (Crimea). The country has many different geographic area types. In the South Ukraine is washed by the Black Sea and Azov



Sea. There are Carpathian Mountains in the West (the highest point is Mt. Hoverla (2,061 meters) and the Crimean Mountains (the highest point is Roman Kosh (1,545 meters) in the South of the country on the territory of Crimean peninsula. With all of this variation Ukraine is rich with natural beauty. Although the capital of the

country is Kyiv, there are many other large cities spread throughout the country such as Odessa, Lviv, Dnipropetrovsk, Donetsk, Kharkiv, Lugansk, Kryvyi Rih and others. Ukraine is very rich in old world culture. With many forms of art and architecture visible throughout the country, it is easy to find something of interest no matter where you

are. Ukrainian customs are heavily influenced by Christianity, which is the dominant religion in the country. The culture of Ukraine has been also influenced by its eastern and western neighbors, which is reflected in its architecture, music and art. The Communist era had quite a strong effect on the art and writing of Ukraine.

<http://bestofukraine.com>

Slavsko (Slavske)

Slavsko is currently the most popular Carpathian ski resort. It attracts tourists so much because of its low prices and closeness to the big Ukrainian cities. It is situated about 130 km from Lviv and it is easy to get there by train. Slavsko is very conveniently located on the Kiev-Uzhorod rail road.



Travel Costs

The organizers will reimburse 100% of participants' travel costs from your home city to Slavske, Ukraine (Note! Provided that the travel costs do not exceed those designated individually according to the country. Please see the table below to check for the exact amount)

Reimbursement of travel costs will only be done upon presentation of **all (including return) original tickets, receipt/invoices and boarding passes and later sending of the return documents and boarding passes. Please, be aware that in case you will miss any invoices or tickets we will not be able to reimburse them.**

Please, keep the boarding passes from your airport check in as well. Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice according to the official currency exchange rate of European Commission.

!!! Note: Please check the travel budget limits below. If your travel costs exceed the amount budgeted in the project, we will be able to reimburse you only the amount of the travel costs indicated in the travel budget.

Reimbursement of travel costs for participants from EU countries will be done via a bank transfer to the bank account provided to us upon the receipt of the original travel documents.

Reimbursement of travel costs for participants from non-EU countries will be done in cash during the seminar upon the receipt of the original travel documents.

!!!! Note: Please make the copies (better scan or take photographs) of your tickets and invoices before you will come to the seminar. E-mail those together with TRAVEL FORM to Oksana Bondarenko at oksana-bondarenko@verein-fairbund.de by the 23 of August 2015. If you have tickets and invoices, make sure that you e-mailed copies of both. This information is very important as currency in Ukraine is Ukrainian Hryvnia, we will need to prepare amount of money needed for your travel costs reimbursement in EUR beforehand. We will not have possibility to exchange a big amount of money in Slavske.

Promoter	Country	Amount of participants per promoter	Travel costs (in Euro)
FAIRbund e.V.	Germany	4	275,00 €
Sums'ka Mis'ka Hromads'ka Organizatsiia "Tsentr	Ukraine	4	275,00 €

Ievropeiskikh Initsiatyv" – Center for European Initiatives			
Evropske centrum mladeze Breclav/European Youth Centre Breclav z.s.	Czech Republic	3	180,00 €
Gyumri "Youth Initiative Centre" NGO	Armenia	3	275,00 €
Utilapu Nemzetkozi Epitotabor Halozat	Hungary	3	180,00 €
Student-Youth-Council	Georgia	3	275,00 €
SCAMBIEUROPEI	Italy	3	275,00 €
Teatro Metaphora - Associação de Amigos das Artes	Portugal	3	530,00 €

Practicalities

Health insurance:

The health insurance is not provided and will not be reimbursed by the organizers. All participants are strongly advised to purchase private travel insurance, as the costs of private health care in Ukraine are high.

Currency in Ukraine:

The national currency in Ukraine is Ukrainian Hryvnia. Euros and US dollars can easily be exchanged across Ukraine.

The type of the plugs in Ukraine is European. Make sure that you have adapters for your electrical devises.

Weather



In September in Slavske the weather will be quite changeable in the mountains. It can be warm and nice and at the same time, it can rain. So, it is necessary to take umbrella with you and some warm cloths. You can check detailed weather forecast:

<http://www.meteoprog.ua/en/weather/Slavskoe/>

Some Ukrainian words

It can be rather difficult for you to orientate in Ukraine as the Cyrillic alphabet may be a confusion as it is absolutely different from Latin. Here are some Ukrainian words which can be useful for you:

English	Ukrainian	How to read
Hello!	Привіт!	Pryvit!
Good morning!	Доброго ранку!	Dobrogo ranku!
Good afternoon!	Добрий день!	Dobryj den'!
Good evening!	Доброго вечора!	Dobrogo vechora!
Bon appetit!	Смачного!	Smachnogo!
Thank you!	Дякую!	Diakuju!
How much? (price)	Скільки коштує?	Skilky koshtuje?
Do you speak English?	Чи розмовляєте ви англійською?	Chy rozmovliayete vy ukrainskoju?
Help!	Допоможіть!	Dopomozhit!

DRAFT PROGRAMME
Training Course "Conflict Resolution through Negotiations"

	Sunday, 30.08.2015	Monday, 31.08.2015	Tuesday, 01.09.2015	Wednesday, 02.09.2015	Thursday, 03.09.2015	Friday, 04.09.2015	Saturday, 05.09.2015
9:00-10:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10:00-11:30	ARRIVAL	Official opening. Getting to know each other.	Understanding conflict	The "image of the enemy" and how to deal with it	Introduction to conflict resolution. Four concepts	Negotiations as an approach for conflict resolution	DEPARTURE
11:30-12:00		Coffee-Break	Coffee-Break	Coffee-Break	Coffee-Break	Coffee-Break	
12:00-13:30		Integration activities	Types and nature of conflict	Conflict mapping	Tools and methods of conflict resolution	Negotiations step by step	
13:30-15:00		Lunch	Lunch	Lunch	Lunch	Lunch	
15:00-16:30		Welcoming Space/Basic Introduction to the training course	Conflicts, my experience	MOUNTAIN TRIP	Non-violent communication as an approach to conflict prevention	Negotiations in practice	
16:00-17:00		Coffee-Break	Coffee-Break		Coffee-Break	Coffee-Break	
17:00-18:30		Presentation of Erasmus + Introduction of YouthPass	Conflicts in Europe - barriers in solving conflicts		Youth work in conflict	Evaluation of the training course	
18:30-19:00		Reflection space	Reflection space		Reflection space	Reflection space	
19:00-20:00		Dinner	Dinner		Dinner	Dinner	
21:00-...		Welcoming night	Organizational Expo	Intercultural Night	Free evening	Movie Night	