

Step OUT – Step UP

VISUAL PROGRAM

	DAY 1	DAY 2	DAY 3	DAY 4
Morning	Arrival of Participants	GROUP-DEVELOPMENT	GROUP-WORK	TEAM-WORK
		Introduction of the course + expectations Explanation of YOUTH PASS approach	Preparation for Hiking, + Group-work exercises	Hiking + Team-work exercises
Group-building exercises, Trust games, team building exercises, conflict solving exercises		Hiking + Group-work exercises	Hiking + Team-work exercises	
Afternoon		Reflection groups on quality criteria + YOUTH PASS time	Reflection groups on quality criteria + YOUTH PASS time	Reflection groups on quality criteria + YOUTH PASS time
Evening	Ice breaking exercises Getting to know each other	Intercultural evening	1 st Camp-fire/night in tents	2 nd Camp-fire/night in tents

	DAY 5	DAY 6	DAY 7	DAY 8
Morning	LEADERSHIP SKILLS DEVELOPMENT	REFLECTION	EXPERIENTIAL THEORIES	EVALUATION
	Hiking + Leadership skills development/cooperation exercises	Multi-step reflection on the hiking experience (individual, small groups, plenary)	Outdoor learning through experiential learning – theoretical/educational inputs and realities; quality criteria of non-formal education in youth work.	Possibilities within the “Erasmus+” + SALTO Follow-up
Afternoon	Hiking + Leadership skills development/cooperation exercises + trip back to hotel	Free ½ day – Visit to local area	Workshops/new methods created/run by the participants	Time for follow up projects
	Reflection groups on quality criteria + YOUTH PASS time	Reflection groups on quality criteria + YOUTH PASS time	Reflection groups on quality criteria + YOUTH PASS time	Final Evaluation
Evening	Party back in the campsite	Evening activities	Open space/ evening activities	Farewell party
				Departure of Participants