

STEPS TO A CAREER

2015-1-RO01-KA105- 013954

ANNEX 1.

Project description:

The economic crisis has taken a huge toll on jobs on Europe. The unemployment among young people in Europe is about 23%. To reverse this trend Europe created a job machine, bringing together European strategies, national policies, regional and local agents to create more and better jobs across Europe. This project proposal is about bringing a contribution to the unemployment problem. The partner organisations, according to their development strategies, need to have youth workers well prepared and informed in accordance with the existent solutions to prevent this phenomenon.

This project "Steps to a career" is about getting new skills and competences for youth workers in order to be able to advise and work guide the unemployed or looking after a job of young people, in accordance with the European dimension of labour work. For that purpose 24 youth workers are going to participate in a training course at the coordinating organisation, in the city of Targu-Jiu. The training course is envisaged to take place from 10 – 18 August 2015 in Romania. The training course targets youth workers, youth leaders and youth in general who are involved in community-based projects that involve different community stakeholders, youth trainers/workers who are actively working with unemployed/looking for a job young people as a professional or on the voluntary basis.

There are involved 8 partner countries, and 3 youth workers will participate from each country. These are Romania, Greece, Spain, Italy, Republic of Macedonia, Czech Republic, Latvia and Georgia:

- ✿ CENTER FOR EDUCATION CONSULTING STRUCTURAL INSTRUMENTS,
- ✿ ASOCIACION JUVENIL LAGARTO NEGRO,
- ✿ STILL RUNNING,
- ✿ SOCIETY BRIDGE TO THE FUTURE,
- ✿ MV INTERNATIONAL,
- ✿ INTERACTIVE MEDIA KNOWLEDGE TRANSFER,
- ✿ ASSOCIATION CENTER FOR INTERCULTURAL DIALOGUE,
- ✿ EUROPEAN YOUTH CENTRE BRECLAV z.s.

The cooperation between organisations and the youth mobilities is going to bring an added value due to the exchanges of views and the sharing of knowledge.

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The training course is structured as follow:

- ✿ Setting the frame
- ✿ PsD (personal development): self-esteem, self-awareness, creativity, team work, communication (body language, learning a foreign language), skills (provide few solutions Free webinars and online courses to develop their skills)
- ✿ PfD (professional development): building qualifications, in-service training activities, re-qualifications, programs, tools to get a job: CV Europass, letter of intention, interview, volunteer work and internships, cold calls, networking (companies rely on employee referrals), the importance of Youth Pass and social platforms online CV building (e.g. LinkedIn)
- ✿ European Labor Market - Search - Adapt - Act : eg. European job market, European solutions: EURES - CREDAL - Youth Guarantee, Entrepreneurship as educational aspect...
- ✿ Official visit: Study visit to a local job agent – Gorj County Agency for Employment
- ✿ Exchange and transfer of knowledge: creative presentations of national employment solutions, Video presentations from relevant actions (from Youtube/ EACEA's/ EURES etc.) database as a positive and interactive discussion stimulator, skype call with startup experts/success story from Greece with national policies info, movies&documentaries, conversations with local youth
- ✿ Sustainable approach&European cooperation: action plan
- ✿ Evaluation: testimonials, diaries, daily feedbacks, participants reflections, radio interview, press article creation,
- ✿ Dissemination: ppt presentation
- ✿ Cultural contact: trip to discover romanian beauties, cultural aspects, traditional meal, intercultural evening, city visit, contacts with local people

The youth workers will improve their competences of training and developing youth activities in an european spirit for unemployed youth or for those that are looking for a job. They will improve their english communications skills as well and their capacity of cooperation at european level, of exchange of ideas, good practices, knowledge..

An important benefit for long time is the insertion of unemployed youth.

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Mobility Schedule:

Timetable	Activities	Non-formal and informal learning methods used
<i>DAY 1</i>		
AM-PM	Arrival - Checking-in @ venue Acclimatization	Ice-breaking
<i>DAY 2</i>		
AM	Official opening - Setting the ground - Getting to know each other	Games with names: "Singing name", "Drop a name", "It's your birthday", "Pulse names", "Share and say " followed by processing such as: " Why is it important to know each other? " How knowing names of others makes you feel comfortable and welcome in a group?
	Team-building	Teambuilding games "Zip bong", "You're a star", "Impuls"
PM	Rules & Expectations - Fears & Contributions	Polemic Seat - debate game - the space is arranged as U with a seating chair in the middle, the trainer propose some rules and provoke the participants to the discussions. The participants, according to their opinion will go to the right of the chair if they agree with the rule, in the left if they don't agree and in the middle if they are undecided. The participants will discuss the rules approved in the end. Fears&Contributions will be collected and discussed in a non-formal manner Energizer: Pizza
	Presentation of the sending organisations – Cultural visit of the city	Presentations of the organisations by country – Cultural visit of the city : visit the C-tin Brancusi masterpieces
	EVA (evaluation of the day)	Feedback of the day, daily diary, forming the peer groups for mutual support
	Welcome party	
<i>DAY 3</i>		

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AM	PsD (personal development) - self-esteem, self-awareness, creativity	Simulations, role play, mime to underline situations that young people have to face daily, study cases
	PsD – team work, communication	Games of teambuilding, communication will be developed also - each participant will be asked to come with their own game and present it to the others.
PM	PsD – personal skills	Online session about free webinars and online courses that can be access by young people to develop their skills - Working in groups, participants will make a research on the links provided by the organizers, in order to be able to offer in the future few sollutions to their trainees. The following links will be accessed: http://home.edweb.net/upcoming-webinars/ ; https://www.duolingo.com/ ; http://www.openculture.com/freelanguagelessons ; http://www.lethbridgecollege.net/elearningcafe/index.php/elearning/improving-computer-skills
	EVA	Each participant will share the most important thing they learnt over the day. I Think, I feel, I throw it away - participants are devided in groups and receive a paper, they will draw a human body with head, body and feet - they will note on the head what they think about the day, on the heart what they feel, and on the feet what they would kicked out from the day. A discussion about the drawing of each group will be made.
<i>DAY 4</i>		
AM	PfD (professional development) – tools to get a job	Methods and techniques of searching for a job: Ways to search for a job, the criteria for choosing a job, create intention letter Energizers "Massage"
	PfD – tools to get a job	How to search for a job: brainstorming - consulting lists of jobs, participation in job fairs, registration in databases of recruitment agencies and job placement, internet (sites), consulting job offers from newspapers, launching an

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		announce of looking for a job, display advertisements (flyers) with labor supply, spontaneous application. Energizer "Spaghetti"
PM	PfD – tools to get a job	The criteria for choosing a job: discussion group, Creating a letter of intention and CVs: Teamwork - is given different scenarios of vacancies; presentation of letters; processing: formal elements of letter of intention, Europass Cvs
	PfD – tools to get a job	Workshop: The IMPORTANCE of YOUTH PASS and social platforms Online CV building (e.g. LinkedIn) Energizer: Dancing on newspaper
	PfD – tools to get a job	Volunteer work and internships – debate – presentation of the opportunities. Networking – role playing game Youth workers and Employers – one will be the youth worker and one the employer, they will receive the description of the situation and will have to come with a dialogue to support the employment of young people in face of the employer.
	EVA	Each participant will share the most important thing they learnt over the day Debriefing: participants are seated on two columns placed face to face. The participants who is in front of the column will address a question with the first person from the second column, until the column ends.
DAY 5		
AM	Radio interview	2 youth workers will participate to a local radio show Youth country pride, where they will speak about the project and their experience during the mobility.
	European labor market: Search - Adapt - Act	Online research and debate: Search - learn about the European job market, get a vision, search the offers, find out European solutions: EURES - CREDAL - Youth Guarantee..

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PM	European labor market: Search - Adapt - Act	Online research and debate: Adapt - learn a new language, re-qualified yourself , improve your skills, learn about the life and work conditions from the country with the job offer Energizer: obstacle race (the participants are divided in pairs and with their eyes covered are guided by other 2 participants to make an obstacle rail)
	European labor market: Search - Adapt - Act	Workshop: Act - go to the interview, get the job, create your job (self-employment) - The importance of ENTREPRENEURSHIP as educational aspect – videos will be displayed to the participants and it will be followed by a debate on them. The following videos will be watched: http://www.unesco.org/archives/multimedia/index.php?s=films_details&pg=33&id=1811#.VMdEmVV8EZg ; http://www.inc.com/howard-tullman/the-future-of-entrepreneurship-and-education.html ; http://timberry.bplans.com/2010/06/entrepreneurship-vs-education-is-a-trap.html
	EVA	Each participant will share the most important thing they learnt over the day. Group mural: on a large paper on the wall, participants will be asked to draw what they learned over the day. The other participants will have to guess what the others draw.
	Movie night	Watching movies or documentaries regarding our topic: Glengarry Glen Ross (1992) and Time Out (2001)
DAY 6		
AM	Official visit to a local job agent – Gorj County Agency for Employment	Study visit - The participants will visit Gorj County Agency for Employment where a presentation of the agency in general and of EURES, in particular will be made. Also success stories coming from the Agency will be presented to the participants
	Skype call connections with success stories	Video call-The participants will enter in a real time conversation with 3 persons which were confronted with the situation of unemployment for a long time and to offer succes stories of

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		those persons: how they manage to find a job, what were their fears in this process, their insight feelings..
PM	Discover Romanian'beauties and culture & Traditional meal	Trip to a montain area: panorama, cave, monastery, traditional meal – Conversations with local youth about their employment situation
	EVA	Recorded participants testimonials
	Intercultural night	Presentations, will share traditional foods, drinks, music and dances, other cultural aspects of their countries.
<i>DAY 7</i>		
AM	Exchange and transfer of knowledge	Each group of participants will present the materials they have prepared with infomation about national programs for unemployed young people, sollutions at local/regional/national level to combat unemployment, local visions and concerns of own organisations. Session of Q&A to clarify any needed aspects for other participants. Energizers: Horse race Prr and Pukutu
	Exchange and transfer of knowledge	Video presentations from relevant actions (from Youtube/ EACEA's/ EURES etc.) database aş a positive and interactive discussion stimulator: https://www.youtube.com/watch?v=0cBlZtr4cbw ; https://www.youtube.com/watch?v=woSDKug5NHI ; https://www.youtube.com/watch?v=Uh_wc_HwFTQ ; https://www.youtube.com/watch?v=TlhvjZgyt4Q ; https://www.youtube.com/watch?v=VV1cMmCKxmY ; https://www.youtube.com/watch?v=ppHDuTJe39g ; http://www.presstv.ir/detail/2014/08/30/377056/eu-unemployment-rate-stays-unchanged/B48
PM	Exchange and transfer of knowledge	A skype call with startup experts/success story from Greece with national pocies info will be initiated, where the participants will have the opportunity to ask for relevant information - http://opencoffee.gr/category/patra/ -

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		http://en.wikipedia.org/wiki/OpenCoffee_Club
	Exchange and transfer of knowledge	Pilot project: Manual about the topic based on ideas and brainstorming of TC.
	EVA	Each participant will share the most important thing they learnt over the day. Roadmap: Evaluation of the day as a track up/down including negative and positive aspects.
	Movie night	The Last Laugh (1924) and The Grapes of Wrath (1940)
<i>DAY 8</i>		
AM	Sustainable approach & European cooperation	Storyboard: The participants will think and propose possible activities in their organizations to support unemployed young people. A common action plan will be elaborated
	Final evaluation of the course	"Conversation on the floor" (youth workers write their views on training activities undertaken), "Hoof" (ex. "Were we a team that cooperating well?" "Were we disastrous in cooperation?"), "Keywords" (ex. the structure, content, atmosphere, enthusiasm, how activities were presented), "Creating an article for the front page of a newspaper". Evaluation questionnaires
PM	Dissemination conference	The participants will prepare for the dissemination conference a presentation based on: materials of the project, eva feed-backs, diaries, participants testimonials..
	Goodbye party	Music, dance.
<i>DAY 9</i>		
AM/PM	Departure from Romania	

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Rules and principles of the mobility

1. Answering the requirements of the sending and receiving organizations accordingly and respecting the deadlines for each task/activity
2. Attendance at the training course and individual activities for the preparation and follow up.
3. Following the set of rules of behavior inside the group during the mobility

Preparation of the participants for the mobility

Under the supervision and support of the sending organization and where needed receiving organization, each group of participants will:

1. Participate to a preparation workshop organized by their sending organization which will contain: information about the Youthpass, an orientation programme, counselling services and support with regard to travel, accommodation, insurance, visa regulations (procedures to get the visas), additional language training if requested by the participants; the participants will be guided to get the European Health Insurance Card. (according to the infopack provided by the coordinator)
2. Join the facebook group of the project <https://www.facebook.com/groups/stepsforacareer/> and participate at the discussions.
3. Enrol in a language course provided by their organizations, in case that they will express their wishes for this willing to refresh their communication skills in English.
4. Develop a study case about the youth unemployment in their country in general, and at local level in particular. The study will contain national programs for unemployed young people, solutions at local/regional/national level to combat unemployment, sustainable national policies (programmes, assistance for start-ups, work mediation, measures to prevent unemployment..), local actions (realities and practices in local area, visions and concerns of own organisations, needs and realities in each society.
5. Make a report of the mobility where to share their further experiences, training/activities organised for the benefit of unemployed youth, strengths, how the competences acquired helped them improve their activity, new practices developed... (the report model will be received by each participant on email)