



Erasmus+



INFOPACK

“The magic glasses”

From 12th to 20th of AUGUST of 2019

Key Action 1: Learning Mobility of Individuals

The magic glasses Youth exchange

From 12th to 20th of AUGUST of 2019

PROJECT DETAILS

Project name: The magic glasses

Project dates: From 12th to 20th of AUGUST of 2019

Place: Iscar -Spain -

Organization : KINBALL VALLADOLID **PIC Number:** 923078773

Participants: 33 Participants in the project will belong to 6 different countries from: Spain, Slovakia, Czech Republic, Bulgaria, Portugal and France

THE ORGANIZERS

KINBALL VALLADOLID:

The association of sport promoting and recreation kin-ball Valladolid is a nonprofit organization. Its main purpose is to spread a healthy lifestyle through sports. The practice of kin-ball teaches values such as team work, gender equality, fair play, unity, cooperation, not abuse, effort, reward, fun, etc. The association is formed by voluntary people of all ages, and has a social function in schools, colleges, universities and other social institutions.

Website: <http://kinballvalladolid.wixsite.com/kinballvalladolid>

Facebook: <https://www.facebook.com/kinballvalladol/>

<https://www.facebook.com/KinballValladolid?amp%3Bfref=ts>

Twitter: <https://twitter.com/kinballvalladol>

Youtube channel: <https://www.youtube.com/channel/UCTYQsN2IOB9ZDZCS6LmPHSg>

Mail: themagicglassesproject@gmail.com

SUMMARY

When a person is affected by a disability, must face a double task:

- All people facing a threat situation suffer a strong emotional impact, which allows the person to accept and adapt to the situation.

- Secondly, he must adapt to a new lifestyle different from the one he was used to, to a new situation.

Every individual develops his own means to deal with this type of situation, means that are translated by a series of more or less useful reactions. For this reason, reactions to disability are usually an example of their habitual way of reacting to stress.

Also sports and physical activity can develop a feeling of freedom for the disabled and allow a manifestation of infinity of emotions that they need to show such as: anger, confusion, anguish, disappointment or frustration among others, as well as fear or the joy of facing new situations to experience. Therefore, sport can be a very useful tool that is available to everyone

We believe that adapted sports will not reach the importance it deserves as long as society continues to place limits on the disabled. These invisible limits are stronger than the physical limits suffered by people with some type of disability. There are still those prejudices that do not benefit anyone and nevertheless greatly harm this group that today continues to be a great unknown, marginalized at times, by shame and compassion, which diminish their freedoms.

Therefore in this exchange we want to make understand to the participants through the practice and study of various adapted sports that the sport practiced by the disabled population, also has a function educational. We can, therefore, use physical activity as a means of learning, not only physical skills but also psychological, enhancing the autonomy of the athletes with disabilities and facilitating their social relationships. In the same way that people without disabilities find in sports a means of social facilitation, the disabled population finds sport benefits both physical and psychological, feeling competent in that practice that they perform and serving this practice as an enhancing factor of self-esteem and of social competence. Likewise, the participants learn psychological techniques, making it easier to meet the needs of the population with which they work.

WORKING METHODS

Our Youth Exchange will be non-formal learning. It means that learning is based on your experience, your motivation and your needs. During the exchange, non-formal education methods and methods that assure balance between theory and practice will be used such as presentations, group works, workshops, games, role plays, exercises etc

The language of the project will be English.

Participant countries and partner organizations:

COUNTRY	ORGANIZATION	WEB
PORTUGAL	ESN MINHO	www.esnminho.org
SLOVAKIA	A.D.E.L	www.adelslovakia.org
CZECH REPUBLIC	EYCB (European Youth Centre Břeclav)	www.eycb.eu
BULGARIA	BSDA (Bulgarian Sport Development Association)	www.bulsport.bg
FRANCE	Parcours Le Monde Sud Est	www.parcourslemonde.org



NEEDS

- From Slovakia, Czech Republic, Bulgaria, Portugal and France. **5 participants per country.**
 - 4 young people aged 18-30.
 - + 1 leaders no age limit.
 - Participants need to be aged over 18 years old.



- Your task during the exchange:
 - Presentation of your country and your organization.
 - Information about the situation of your country on the main topic.
 - Traditional foods and drinks for the cultural night.
 - Flag of your country would be great.



If you find more participants interested in participating in the total number that corresponds to your country, **we invite you to that you make a list of participants on hold** according to the criteria that we establish: not always you can ensure the participation of the total number of participants in the event because of some unexpected participant's last minute.

TRANSPORTATION

Arrival: Madrid Airport, 12th of August (before 14:00, please confirm your flight details).

Departure: Madrid Airport, 20th of August (after 15:00 please confirm your flight details).

You should take a flight to Madrid airport because it is the main airport near our region and you will find planes from your country easily. About transportation from the airport we will inform you after collecting all participants' flight information, because we normally pick up the participants at the airport and bring them directly to the project site, all together, by a private bus.

- No regular Bus to Iscar at all hours.

- The cost of a private bus is much cheaper for each participant, that a public bus trip. You can check this yourself.

The cost of this private bus per participant is 15 €, this price, including travel go and return to the airport. We believe that is a more than fair price for all these trips.



This 15 euros are not include in the travel cost because it is private (National Agency rules).

ACCOMMODATION

Iscar is a Spanish town and municipality in the province of Valladolid and the autonomous community of Castile and León. It has about 6000 inhabitants, although in the summer season the population can grow up to 10500 persons.

It has a wonderful castle with year of creation in 939 which can be visited with a guide and you can see medieval representations.

Iscar's economy is based on agriculture and especially in the production of doors for homes and factories. Iscar at the time became the producer of 80% of doors throughout Spain.





About the HOSTEL where we will settle. This is a very nice, comfortable and with everything you need for optimal project develops. There are free wifi, swimming pool, big meeting rooms, big dining rooms and also there are areas where you can breathe fresh air

Accommodation, local transportation and other activity costs are covered by the hosting organization only during the project's dates (the 12th to 20th of AUGUST of 2019).



COSTS AND REIMBURSEMENT

“The magic glasses” Youth Exchange Project is implemented with financial support from the European Commission and the ERASMUS + Programme. Accommodation, food, as well as activities costs will be covered from the project budget. It is recommendable to get travel insurance but it will not be covered by the project budget.

Travel expenses will be covered after collecting travel documents on good condition that the participants use the cheapest ways of transportation and submitted original invoices for plane tickets, boarding passes, train and bus tickets. Private cars, Taxi and first class tickets will not be reimbursed.

Please keep the boarding passes from your airport check-in as well. Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice. Please note if you bought your ticket in your local currency which might be different than EUR, we will calculate your travel costs according to the exchange rates from official European Commission web-site, on the day of the purchase:

<http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>

Note!!! Please make the copies (better scan or take photographs) of your tickets and invoices before coming to Spain and send us all your travel documents to this email address: themagicglassesproject@gmail.com , as soon as you buy them. If you have tickets and invoice, make sure that you e-mailed copies of both.

You can't buy any air ticket or any travel cost before the 8 of JUNE 2019 without authorization from the organization. If this happens, it will not be refund no amount of money to these participants.



All participants must consult with the organizers on prices & routes (please contact themagicglassesproject@gmail.com), before buying any tickets.

TRAVEL COST

This amount is different for each country and shouldn't be exceed. In case of exceeding the maximum allowed, the refund will be made with the maximum amount fixed for each person by country, never larger.

Mileage calculated with the official program tool:

http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm

These are the cost official the new program detailing the maximum cost per participant, but the obligation of the participating associations according to the criteria of the program is to find the cheapest flight at the right time.

Country	Distance in kilometers from	€ per participant
Slovakia	Stropkov – Villanubla 2214.36 km.	360 EUR
Czech Republic	Břeclav - Villanubla 1864,95 km.	275 EUR
Bulgaria	Sofia – Villanubla 2312.10 km.	360 EUR
Portugal	Braga –Villanubla 297.87 km.	180 EUR
France	Marseilles - Villanubla 862.96 km.	275 EUR

These are approximate distances in Kilometers.

For the reimbursement of the money, you have to bring us all these original documents:

- **invoices,**
- **e-tickets,**
- **proof of payment (if you pay in cash you have to bring us the receipt, but if you pay online you have to bring us the bank statement)**
- **original boarding passes**

We strongly encourage you to buy flights that have the possibility to do online check-in and in this way you will be able to give us the return boarding passes before coming to Spain, without having to send it to us by post mail when you will return home. Of course, if for your airline company is not possible to perform it, you still need to send us the boarding passes by post mail after the project.

It is very important to have all your travel and financial documents with you (for every person of the team), otherwise the reimbursement is NOT possible!



No Visa is required for EU citizens, participants will need to have only valid ID card (for some countries only) or international passport.

Please, check the VALIDITY of the passports before the departure – Passport must be valid at least for 6 (six) months.

Of course, if you want you can stay 1-2 days before/after the project in order to visit us, our Capital city, but you have to pay by yourself for those extra days.

INFORMATION NEEDED

- List of participants and Personal application of each participant (APP) **until the 20th of June 2019.**
- The arrival and departure details in order to prepare participants transport from airport of Madrid to Iscar.
- One contact person in your home country (just in case) (e.g. family member); full name and telephone.

If any participant have any special diet that affects your health or have a different alimentary option, must communicate in the personal application before coming to Spain.



HEALTH AND TRAVEL INSURANCE

Health insurance will NOT be provided or reimbursed by the organizers. All participants are required to purchase health insurance individually, or get the free of charge formulary E-111 from your national social security that covers medical costs around EU member states (European Health Insurance Card).

RULES

You are expected to participate fully in all activities. Unauthorized absence from activities and workshops won't be allowed. We would really appreciate energetic and active participation.

Smoking is prohibited inside of the buildings, so all smokers will have to leave the building in case they want to smoke a cigarette.

CULTURAL NIGHT

Don't forget to bring some traditional music for the intercultural evenings. We will have one cultural night per country where you can expose your customs, traditional dances and culture. Please !!! All the teams must prepare some presentation of your country in a creative way (try to avoid PowerPoint and movies from tourist agencies). We hope, that your culture means you something more than national food and drinks. Also bring the flag or your country. It would be nice if you bring also some small souvenirs with you (costs are not covered).

Here are a few examples from our past projects to trigger your imagination:



CONTACT AND OFFICIAL GROUP OF THE PROJECT

Facebook page:

<https://www.facebook.com/groups/444449072972752/>

If you need help, have questions or need further information please contact via e-mail:

themagicglassesproject@gmail.com

Thanks for your interest!!!!