



# UNDERSTANDING DIVERSITY

**KA1 - Learning Mobility of Individuals, Youth mobility**

**DATES: October 23-30, 2017, Loughborough, UK**

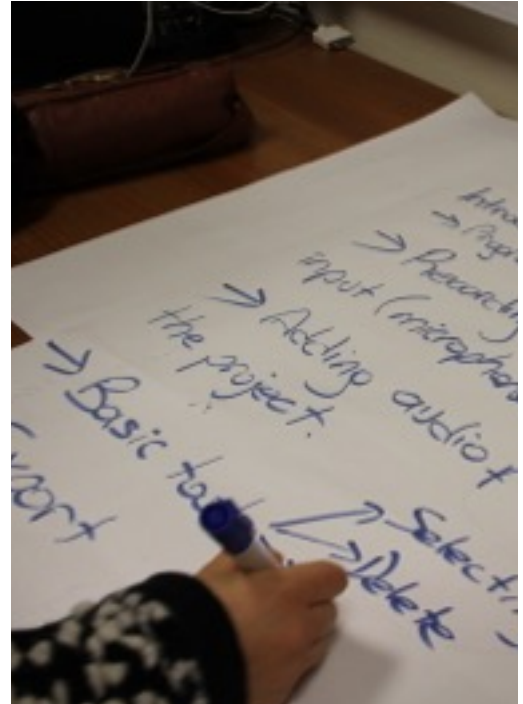
Arrival times: From 3pm on 22nd October to 10am on 23rd October (consider the start of the programme is on 23rd October at 11.00 am, you will be collected from the hotel to go to the venue!).

Departure day: 30th October

## SUMMARY of the PROJECT

This 7 days training course will bring 27 youth workers from 9 European countries- UK, Greece, France, Italy, Hungary, Romania, Czech Republic, Turkey and Latvia  
- to Loughborough and Leicester, UK, from 22 - 30 October 2017.

The project aims to educate a new generation of youth workers that would have proper competencies to respond to the challenges Europe is facing nowadays, especially in regard to the integration process of the refugee/migrants/ minority groups in their community and promotion of cultural diversity.



### The training will address following objectives:

- Explore participants understanding of cultural diversity, intercultural and interfaith education in the context of nowadays reality.
- Increase participants knowledge of the international legal framework linked with cultural diversity ( the Universal Declaration of Human Rights, Treaties, Conventions and Covenants, Declarations and Recommendations).
- Explore the understanding of migrants, immigrants, refugee and national minorities. Mapping migration routes across the Globe and Europe.
- Develop skills, knowledge and attitudes required to be culturally competent when working with affected youth.
- Develop participants' competencies in fighting against racism and discrimination through education.
- Inform participants about Erasmus + Programme, Inclusion and Diversity strategy for youth as a mean to empower collaboration with different

### Training methods and foreseen Activities:

We will be using different methods of non-formal education such as individual and group work, team work as a method and as a source of learning, power point and video presentations, group and plenary discussions, simulation activities, role play and case studies.

Theoretical input aiming to increase participants' knowledge in areas of Human Rights and Cultural Diversity and make their learning experience more efficient will also actively involve a participatory approach.

Hence, all stages of the project require participants' active involvement with the programme.

### Expected outcomes:

We expect that by the end of this training course the participants will

- acquire a sound knowledge of the international system of human rights protection in the context of cultural diversity and integration;
- understand the components which comprise "culture" and "identity" and how these may be used to promote more effective interventions;
- identify how issues, problems and concerns which may arise when working across cultures might be addressed;
- how to fight against racism and discrimination through education;
- recognise their role in acknowledging personal beliefs, cultural differences, boundaries, and the impact of racism;
- define their own culture and the impact of self on practice situations;
- increase their cultural competencies;
- increase the ability to design and run activities with young people from different cultural backgrounds;
- increase the ability to analyse data and statistics of European challenges and their impact on local communities.

### WHO SHOULD ATTEND:

**A youth or community worker** (who is involved in project with youth)  
**from a partner/ sending organisation who:**

- is **interested** and **motivated** to work in areas of cultural diversity and inclusion
- is **aware of** diversity matters in Europe
- is **able to share** information about Human Rights situation in their countries based on facts and data
- is **committed to** run follow up activities in their local communities and cooperate with other organisations at European level
- has a **good level of spoken English** (to be able to actively participate in discussions and training activities)
- is **18+** years old.
- is a **resident** of UK, Greece, France, Italy, Hungary, Romania, Czech Republic, Turkey and Latvia.

## THE PROGRAMME AT A GLANCE

	date	main topic/ activities	evening programme
<b>Arriving Day</b>	22nd October	Hotel check in from 3pm. No activities planned, participants can take opportunity to learn about surrounding area. Dinner will be provided at 7-8pm (time and place to be confirmed)	Welcome dinner
<b>Day 1</b>	23rd October	Official opening and getting to know each other. Registration, Introduction to the programme and objectives, expected outcomes, Individual Learning Agreements, Getting to know each other, introduction to Youthpass, Summary of travel cost.	Intercultural evening.
<b>Day 2</b>	24th October	The international Legal Frameworks; practice of Human Rights in the context of cultural diversity: Immigrants, Refugees & Asylum Seekers	
<b>Day 3</b>	25th October	Recognising racism & discrimination; Intercultural and Interfaith education;	Pilgrimage of Prayers - visits to several religious venues
<b>Day 4</b>	26th October	Methodologies of working in diverse communities; Youth Worker cultural competences; Planning of sessions	NGO fair and work they do on integration and cohesion
<b>Day 5</b>	27th October	Delivery of the workshops; Exchange of experiences and lessons learnt	
<b>Day 6</b>	28th October	Challenges and needs of local communities; Planning for actions	Sports games
<b>Day 7</b>	29th October	Global responsibility, Dissemination of results, Final Evaluation and Youthpass ceremony.	Farewell party
<b>Departure Day</b>	30th October	No activities planned and participants can leave from as early as 00.01 on 30/10/2017. Everybody should check out of the hotel by 11am.	

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## ABOUT EQUALITY ACTION



*Equality Action*,  
formerly known as Human Rights and Equalities Charnwood (HR&EC)

is delivering international trainings since 2006 alongside their local activities where it works towards eliminating discrimination, campaigns for equality of opportunity and promotes good relations between all persons in the Borough of Charnwood, in the County of Leicestershire.

Equality Action fortunately placed in the heart of the local community, works with different local groups, statutory and third sector organisations and networks and such as Loughborough and Leicester Council of Faith, Charnwood Arts, Loughborough University and Charnwood Borough Council – local organisations valuing diversity of the area and actively promoting good relationships between people of all communities. Equality Action had also been instrumental in development many policies and practices, for example on Hate Crime awareness and reporting.

Two of the current projects of the organisation aim at greater integration of men and women coming from South Asian background.



## PROJECT'S TEAM



### Project Manager

Nadja Rein is a project manager and facilitator for non-formal youth and adults projects with European Youth Mobility programmes since 2006 and has delivered over 30 international projects both in the UK and abroad.

Nadja is also a Neighbourhood Development Officer with specialism in Community Cohesion for a local government working with local organisations in Charnwood with a focus on partnership working, capacity building and community engagement.

### Facilitator

Viorica Soroceanu is a president and Trainer at International Organization Youth Generation since 2006. She was also SALTO EECA RC Multiplier of the Youth in Action Programme.

Viorica has 11 years of experience in designing and delivering more than 50 youth projects within the European Union Programmes.

*'I believe in Youth and the change they can produce. I believe in Peace which we can build together.'*



## Trainer

Gianluca Massimiliano Frongia:

- Master of Political Sciences – International Relationship;
- Since 12 years has been working as a trainer and projects designer in the field of social inclusion, integration, intercultural and interfaith dialogue.
- Working methodology is based on non-formal education, intergroup dialogue, cross-group interaction, relationship building, and social action.
- Currently working as a freelance trainer for the Italian National Agency.
- Trainer in Capacity building project with South-East Asian Countries [www.euroasi.eu](http://www.euroasi.eu).

Other relevant working experience in related topics : Human Right Education with young people; Intercultural Learning and Dialogue; Conflict Management; Citizenship Education; Youth participation.



## Trainer



Lucy Rolington graduated from the University of Sussex with an MA in Human Rights in 2014, with a focus on research topics such as child rights, migration and mental health.

Lucy has worked as a project officer and researcher for a national young people's charity, and most recently is working as a development officer on a variety of projects and a grant programme designed to support underprivileged communities in Leicester and Leicestershire.

Lucy also helped Human Rights and Equalities Charnwood as support staff for 'COMPASS Human Rights Education' Programme in Loughborough, and undertook her own human rights education training in Poland and Finland. She is interested in engaging with human rights on a community level and passionate about making these concepts and conversations accessible and relevant to everyday life.

## TERMS OF AGREEMENT

ORGANISERS	SENDING ORGANISATION	PARTICIPANTS
Deliver the programme as outlined in this info pack	Advertise the programme in line with this info pack	Be committed to your interest in the topic and willingness to learn
Provide learning materials used during the sessions and relevant materials for additional learning	Ensure that applicants understand their commitment for the project - see PARTICIPANTS	Active and motivated participation in all programme activities
Facilitate participants' forum	Ensure that all applicants complete provided application form	Be open minded and respectful of opinions of the others
Provide accommodation for the dates of the residential trainings as stated in this info pack	Make initial selection of participants from the target groups by Thursday June 30th 2017.	Actively share your knowledge and experience and be committed to learn from others
Provide three meals and two coffee breaks on full programme dates, and one meal on arrival and on departure days.	Communicate the progress of selection process with the organisers and if they need any help or have concerns contact organisers to discuss the plan of actions	Readiness to work through an intensive programme and respect punctuality and differences from working and cultural practices known to you
Provide documentation for the visa application process when required and reimburse visa costs up to a maximum budget*	Help the selected and approved by organisers participants with travel arrangements and when needed with insurance (group insurance might be cheaper or year policy if participants plan to travel again this year)	Be an active user of the peer forum
Provide reimbursement of the travel costs up to 100% of actual costs within the allocated budget per country** within three months after the end of the project***.	Assist participants after the project when implementing new knowledge and skills	Plan travel arrangements in time and confirm them with organisers before buying tickets. Once bought, FORWARD all travel documents to the organisers before the beginning of the event.
Provide all participants who have completed the programme with Youthpass, for more information check <a href="http://www.youthpass.eu">www.youthpass.eu</a>	Disseminate results of this project using your communication channels and networks	Participation fee: 50EUR, should be paid before the project, once you will be accepted you will receive payment instructions.
Please note that certificates and reimbursement are subject to full attendance of the programme activities and submission of evaluation and feedbacks.	Pay reimbursement to your delegates after receiving payment and calculations from organisers within two weeks.	Arrange travel insurance and apply for a European Health Insurance Card (EHIC)
Equality Action will not be able to reimburse you for any losses. Please also note that private medical care in the UK is expensive.	If your policy requires financial contribution from participants to join this project this programme please inform organisers, consideration should be given to the costs of the project see PARTICIPANTS.	Complete evaluation and feedback form which will be emailed to you after the project within a week after the project. And send all travel return documents to the organisers before November 10th 2017.

\* subject to submission of original documents

\*\*see Travel Cost Reimbursement for details

\*\*\*subject to participants submitting feedback to European commotion as part of the reporting process for the project.



## PRACTICALITIES

### TRAVEL

When booked in advanced travel expenses could be significantly low and you can get more options.

Mind that local travel in the UK is rather expensive! In some cases when travelling in groups options like taxi could be more cost effective than single travel by coach or train, but if using local companies – the project coordinator will always happy to help but do talk in groups.

Note that when buying tickets in the UK you can and should ask for receipt whether you are buying a tube ticket or train or coach! Even if you buy tickets at the machine!

The distance from London to Loughborough is approximately 160 km.

The closest airport **to Loughborough** is **East Midlands Airport (EMA)** <http://www.eastmidlandsairport.com/emaweb.nsf>. There is a regular bus connection between Loughborough and EMA - it costs around 5.60 GBP and takes about 30 minutes.

You can also travel to **Birmingham International Airport** <http://www.birminghamairport.co.uk/>

A train connection with two changes (Birmingham New Street and then either Derby or Leicester depending on a chosen connection). Please check times of travel and duration as trains are not available for early flights and you might need to wait for connection.

**Luton Airport** <http://www.london-luton.co.uk/en/> is on the train connection with Leicester/ Loughborough without need to travel to the centre of London. You will need to take a shuttle bus from Luton airport to the Train station and then a train to Loughborough



(some of them might have connection in Leicester, please check when buying).

You can fly to another London airport (**Stansted** <http://www.stanstedairport.com> , **Heathrow** <http://www.heathrowairport.com/heathrow-airport-guide> , **Gatwick** <http://www.gatwickairport.com>, Southend <http://www.southendairport.com>), but this will extend your journey time and cost (local travel in the UK can be quite expensive especially if booked last minute).

Connections between London Airports and the St Pancras International <http://www.stpancras.com> train station/King Cross better to check on line in advance. It might take an hour plus when travelling from Heathrow or Gatwick for example.

You can also fly to **Manchester airport** <http://www.manchesterairport.co.uk> but we would advise to check connections with Loughborough advise to ensure that you have time to catch a train and that train price is acceptable/ within your budget.

## Understanding Diversity

You can always choose to take a coach directly from the airport to Loughborough – this is usually the cheapest form of public transport. Once again please check connections and waiting times especially when travelling in late hours.

### From airports you can travel to Loughborough:

- by train - check connections and prices at <http://www.eastmidlandstrains.co.uk> or <http://www.thetrainline.com/buytickets>
- you need to choose 'Loughborough LBO'
- by coach check connections and prices at <http://www.nationalexpress.com/coach/Airport/index.aspx>  
Megabus company provides low fare coaches and discounted rates for trains in certain times <http://uk.megabus.com>

### TO DO LIST WHEN SELECTED

- Check connections with local transport and fill in the travel form! Sometimes travelling early in the morning is too expensive and can have no suitable connections! Normally it is impossible to get from Loughborough to Stansted for 6am flight, so do check connections to save disappointment and taxi fees which we would not be able to reimburse.
- Pay your participation fee.
- Please fill in the travel form and email it to [udiversity2017@gmail.com](mailto:udiversity2017@gmail.com) together with the confirmation of the payment of the participation fee.

Do not hesitate to contact us if you have questions it is better to discuss everything in advance and find the best solution together.

**DO NOT BUY TICKETS** before we confirm your arrangements! And keep our email as a proof of our agreement just in case.

Inform us if you require a **VISA** and provide your passport details.

## TRAVEL COST REIMBURSEMENT

### IMPORTANT!

We will reimburse up to 100% of your actual travel costs but only up to the amounts officially approved by the UK NA at application stage see the table below - subject to submission of travel forms and original travel documents, including boarding passes, receipts and ALL return documents. Mind also that all documents should be dated and show route for travel as well as where possible the name of the traveller. Travel documents which are not in English should be translated into English by yourselves on a separate paper and translations should be submitted with the travel documents on the first day of the project.

We will reimburse travel costs after the project to via bank transaction to a sending organisation. We can arrange bank payment to your account but only if you are to pay banks fees.

Mind that if someone should fail to provide the feedback to the funders after the project we reserve the right to not reimburse that person\*.

The returns for UK travel can be purchased on the first day of the project during the session dedicated to reimbursement on request agreed with organisers in advance via emails.

## YOUR TRAVEL BUDGET IS AS FOLLOWING

PROMOTER's COUNTRY	TRAVEL LIMIT 100% FOR ONE PERSON
UK	275 EUR
Greece	360 EUR
France	275 EUR
Italy	275 EUR
Hungary	275 EUR
Romania	275 EUR
Czech Republic	275 EUR
Turkey	360 EUR
Latvia	275 EUR

## ACCOMMODATION

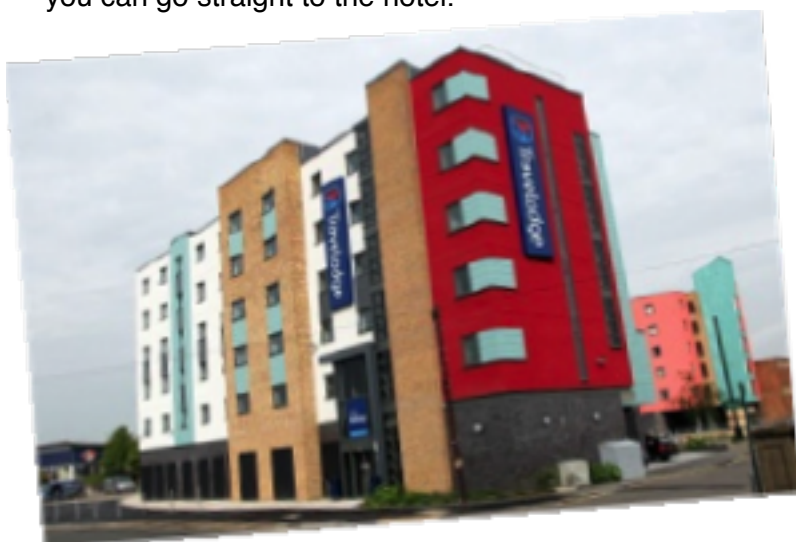
Participants will be accommodated in a hotel in triple rooms.

We strongly advise to check the website of the hotel to learn more about the hotel and what it provides.

There are things which you can request at the reception although not available in your room on first come first serve basis. <http://www.travelodge.co.uk/hotels/547/Loughborough-Central-hotel>

There are **30 mins** FREE WiFi at the hotel every day, for those who require regular access to internet the hotel offers different plans for purchase, for example one day plan costs £3 and a week plan is £12 per room.

**Check in** from **3pm** on arrival day. There will be a list with your names at the reception so you can go straight to the hotel.



*"Situated close to the centre, the Loughborough Central Hotel is a great choice for anyone visiting this fantastic town. The central location provides easy access to everything the area has to offer, making this an ideal base from which to explore the local delights. One can soak up some of the region's history at Charnwood Museum, Carillon & War Museum and Bellfoundry Museum, which are all within a mile radius of the hotel. Also the nearby heritage steam railway, The Great Central Railway, is a*

## VISA

Those who require visas must email us your: passport details (number, expiry date, issue date, issuing country, place and organisation), full home address, full name as in the passport.

Also please make inquiry at the British Embassy in your country regarding the visa application process and what documents you have to submit. Make sure you have a valid passport and check UK immigration requirements <http://www.ukba.homeoffice.gov.uk/visas-immigration/visiting/>.

We normally issue an invitation letter for our participants which you would need to send to the embassy with your visa application. It takes time to complete papers and to send them to you, so please send us all details for visa by 15th July.

## CONTACTS

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