



## **Danish Intercultural Organisation**

### **United by difference -in all inclusive sports**

Our organization which promotes value of Social Inclusion, has the pleasure to invite 45 young European students / workers / youth leaders to a multilateral Youth Exchange entitled United by difference -in all inclusive sports

**PLACE AND DATE:** The project will be in **Diyarbakir, Turkey** between **10<sup>th</sup> – 16th of June 2015**.

**PARTICIPANTS:** 45 participants (included Group Leaders), 15- 30 years old.

**WHO:** Young people from 9 countries, preferably if have experience in promoting Sport as a tool for inclusion of disabled people through Sport which can become peer educators/multipliers, in their countries.

**COUNTRY:** Denmark, Turkey, France, Estonia, Hungary, Czech Rep., Serbia, Moldova and Romania

**LANGUAGE:** The working language will be English.

This Exchange will deal with the importance of the Sport values and dynamics and their impact on health and society and Sport as a fight against violence / social exclusion and for inclusion of people with disabilities.

Sport is an area of human activity which takes a great interest on youth and has enormous potential for bringing them together, reaching out to all, regardless of age, gender or social origin.

The main topic of this project is to use “Sports as a way of improving active citizenship activities, cultural exchange and social inclusion of young people”.

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In addition to improving the health of youth, Sport has an educational dimension and plays a social, cultural and recreational role.

The EU encourages support for Sport and physical activity through various policy initiatives in the field of education and training, including the development of social and civic competences.

The aim is to promote participation of young people in Sports activities which enable disabled people to integrate socially and to create / empower personal, social and communicative skills, necessary to help a process of integration and inclusion.

The objective is to form competences on how to use the methodology “Education through Sport” and to create a network of people interested in using these new skills.

The activities we are organizing include: workshops, talks, role-playing, visits, debates and practice of several team-sports in outdoor and indoor context.

The core and thread of this exchange will be the so called “Mini Paralympic Games”, Sport’s activities between multinational teams composed by participants from all the European organizations that take part in it.

The Adaptive Games will be played with the common goal to improve and experienced those in another contexts. These games were adapted and detailed so teachers, youth workers, coaches and others could easily read and understand the games to then teach to the people they work with in their country.

### **ACTIVITIES AND METHODS**

The activities will be coordinated through non formal education methods (group works, video productions, role play games, brainstorming, etc) and will include also visits to the local cultural associations in the city centre, participation to sport events, meetings with the students of the sociology course at university, exchanges with local administrators and members of local associations. Some activities will take place outdoor, to promote Erasmus

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plus and non-formal education and raise awareness on urban problems among the local community.

During the last days of the project, participants will have the chance to create working groups, to present ideas for future projects on urban issues, sustainability, promotion of young people participation in their local community.

### **PARTNERS**

The project will host 45 participants (each organisation will send 5 participants; 4 participants + 1 group leader) from the following 9 organisations.

### **TRAVEL COSTS**

According to new Erasmus Plus rules, the reimbursement of travel costs will be calculated used a specific program called Distance Calculator:

<b>Country of Origin</b>	<b>Country of Destination</b>	<b>Distance Band</b>	<b>No. of Participants</b>	<b>Travel Grant per Participant</b>
Denmark	Turkey	2000 - 2999 km	5	270.00
Turkey	Turkey	10 - 99 km	5	20.00
France	Turkey	3000 - 3999 km	5	400.00
Hungary	Turkey	500 - 1999 km	5	170.00
Moldova	Turkey	500 - 1999 km	5	170.00
Estonia	Turkey	2000 - 2999 km	5	270.00
Romania	Turkey	500 - 1999 km	5	170.00

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Czech Rep	Turkey	2000 - 2999 km	5	270.00
Serbia	Turkey	500 - 1999 km	5	170.00

**After sending** their tickets and boarding cards, participants will receive the reimbursement of their travel costs.

Food, accommodation and local transports for activities will be fully covered by the project.

### Participation fee

Free-No participants fee.

### The Venue

**Diyarbakır** (Armenian: Տիգրանակերտ *Tigranakert* Syriac: ܐܡܝܕ, *Amid*, Ancient Greek: *Amida*, Ἀμίδα, Kurdish: *Amed*, Ottoman Turkish ديار بكر *Diyâr-ı Bekr*) is one of the largest cities in southeastern Turkey. Situated on the banks of the River Tigris, it is the administrative capital of the Diyarbakır Province and with a population of about 843,460 it is the second largest city in Turkey's South-eastern Anatolia region.

Some jewelry making and other craftwork continues today although the fame of the Diyarbakır's craftsmen has long passed. Folk dancing to the drum and zurna (pipe) are a part of weddings and celebrations in the area.

Diyarbakır is surrounded by an almost intact, dramatic set of high walls of black basalt forming a 5.5 km (3.4 mi) circle around the old city. There are four gates into the old city and 82 watch-towers on the walls, which were built in antiquity, restored and extended by the Roman emperor Constantius II in 349. In addition, the walls of Diyarbakır are the second largest city walls in the world after the Great Wall of China.

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! Note: Organisers will not provide any accommodation for additional stay in Diyarbakir. If participants plan to arrive a few days earlier or depart a few days later they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel.

### **How to reach Diyarbakir**

Diyarbakir has an airport. You can fly to Istanbul or Ankara and from there you can fly to Diyarbakir. There is no direct flight to Europe. If you want, you can take buss from Istanbul to Diyarbakir, but it takes 16 hours with buss.

### **Arrival**

We will pick you up at the airport of Diyarbakir (we will previously fix the arrival dates in a common excel file so that we can coordinate the transfers).

### **What to bring**

Since there is going to be an international evening, we will ask you to bring something traditional, famous or delicious from home - that you would like to represent your country with, and share with the others, it can be any kinds of food, drink...

Diyarbakır has a borderline Mediterranean climate (Köppen climate classification Csa) and hot dry-summer continental climate (Köppen climate classification Dsa). Summer are very hot and very dry, due to its location on the Mesopotamian plain which is subject to hot winds from the deserts of Syria and Iraq to the south. The highest recorded temperature was 44.8°C (112.64°F) on 28 August 1998. Winters are cold and wet and with frosty nights. Snowfall is quite common between the months of December and March, snowing for a week or two. The lowest recorded temperature was -23.4°C (-10.12°F) on 30 December 2006.

### **Accomodation**

The participants are going to be hosted near Tigris river. There are going to be 2-4 persons per room.

Catering will be organized, 3 meals per day, plus coffee and snacks.

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### **HEALTH INSURANCE:**

Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in Turkey are quite high if you don't have.

### **Questions:**

If you have any questions, please contact your sending organisation. For the Czech Republic that is **EYCB** ([eycb.info@gmail.com](mailto:eycb.info@gmail.com))