



Erasmus+



## WHAT IF ? - training course - KA1

### BUSTENI, ROMANIA – 7-15 December 2016

**Arrival day:** 7 December 2016; **Departure day:** 15 December 2016

**Organizer:** Fundatia pentru Tineret Buzau

**Coordinator:** Tolea Postovei

**Partnership:** 42 persons from 17 organizations from 17 countries

**Participants:**

Every group should prepare 2 participants over 21 years old: one should be a person from association's staff and the other one a youth worker active in exchanges or youth projects; participants have good English skills

**Venue:** Busteni, Romania

**Accommodation:** Pensiunea Cristina Busteni – in rooms of 2/3 participants with private bathroom,

**Food** will be served at the restaurant of the pension and there will be 3 meals every day and 2 coffee breaks every day.

Please send us your special needs concerning food: no pork, no meat, vegetarian or any allergies.

**Smoking and alcohol:** We do not encourage drinking and smoking, but if you want to do it, do it responsibly. It is forbidden to smoke or drink inside your rooms and activities places.

**Drugs:** As we had some bad experiences with using drugs, we aware you that is completely forbidden to use any kind of drugs.

**Activities:** will be in the same place in different rooms and on the terrasse if weather is good. Some of the activities will be outdoor.

**Facilities and visits:** pension is 15 minutes waliking from city center where you can find almost everything: shops, pharmacy, banks, restaurants etc.

We 'll visit Bran, Brasov, Sinaia and Busteni – see the programe. Any other optional visits will be discussed on the spot.

**Weather** is usually cold in December. Average temperature is around 0 degrees but can be colder, warmer or even snowing. So be prepared with warm clothes. We'll keep you updated

**Transport** For those arriving in Bucharest Otopeni there is a bus **780 EXPRES** that runs almost every 20 minutes from 5 am till 11pm. You can find signs in the airport to reach bus station. The ticket is 8.6 lei (2 euros ) a round trip card , that you have to validate when you step in the bus. The bus goes directly to train station – **GARA DE NORD** and takes depending on the traffic 45-60 minutes .There is also train from Otopeni airport to GARA DE NORD every hour. There are some buslines directly from airport to Busteni.

In the train station GARA DE NORD you can easily find the ticket office and buy your tickets. Normally you can pay by card in train station , but anyway there are bankomats. We suggest to ask for round trip ticket BUCHAREST-BUSTENI – BUCHAREST – there is cheaper and then in Busteni you'll have to buy only the seat for return to Bucharest. The trip is around 2 hours. We'll wait for you in Busteni train station, inside.

As you'll get in the train in Bucharest we'll ask you to send us an sms with the time of arrival.

If more persons arrive at close times we can arrange a minibus for transfer direct to location – in this case the cost that depends of number of travelers will be deduced from reimbursement (can be around 15-20 euros/person one way )

### **Summary of the project :**

WHAT IF is a training course that gathers 36 participants ,5 experts and one interpreter from 17 countries from Europe. The activity week will take place in Busteni between 7-15 December 2016.

The context of the project is linked with the large interest of organizations for a better quality in youth projects and with the fight for financing in new Erasmus + programme that brings together with new regulations also new risks unconsidered by managers, youth workers, associations, youngsters.

The aim of the project is to enforce the risk management capacity for youngsters,youth workers ,projects managers in order to increase quality of youth projects.

Objectives of the project are :

- identify and analyze the risks that can occur in youth projects, the factors and impact on project's quality
- provide for 36 participants from 17 countries tools specific for non-formal education for risk management ,models for risk evaluation ,avoiding and reducing
- develop for youngsters, youth workers, managers new competences for risk management and dealing with conflicts
- exchange of practices and increase cooperation between youth structures by developing quality projects

Main activities will be preparation, introduction, getting to know each other, presentation of organizations and participants, introduction of Erasmus + programme and youthpass certificate, thematic workshops, outdoor activities, intercultural evenings, cultural visits. There will be 4 thematic session based on preparatory phase

research ,a session with 4 workshops to create and develop 6 ideas of projects and a main session with 4 large workshops to analyze the risk that can occur during each phase of the project and to edit a risk assessment for each risk .In the end there will be compiled a guide “ What If “ with all the cases. Evaluation activities will be daily, midterm and final and will be in reflection groups and in plenary. During the project there will be activities of monitoring, management and visibility.

Methodology is based on non-formal education and will consist of games, presentations, debates, role plays, simulations , world coffee etc

Final results will be a blog of the project, the guide “ What if “and a DVD that will comprise final results, presentations, educational kits, information materials ,photos ,results of researches and workshops.

Dissemination of results will be made by all partners by DVD ,guide “ What if “ and the blog created by participants and the ideas from fair will ensure durability of partnership and expansion of cooperation in Erasmus +

## **ACTIVITIES**

Please post announcements about the project on your websites, blogs or any other platform and send us some print screens or copies. OBLIGATORY each partner has to send us 2 link to prove promotion and visibility

What should you prepare :

- study cases about good practices in risk management in your own or your organization's experience and also about bad practices in risk management (conflicts, crisis situations, etc.)

- for intercultural evening please bring traditional products from your country or region- food and drinks – and also prepare to show us a dance and to sing a song. Any other aspect to promote your culture is welcome: leaflets, photos, flag, videos etc.

-you can be prepared to propose games, energizers, activities for free time or for our workshops

-if you had projects connected with the topic, bring with you good practice examples: leaflets, videos ,photos.

## **Reimbursement:**

In order to get the travel costs back we need:

- All tickets and invoices in original. If you need local transport in your country try to buy return tickets.
- The payment confirmation for flight tickets: receipt if you paid cash or bank movement document if you paid by bank transfer or credit card.
- BOARDING PASSES compulsory – keep them as without them you don't have your money back
- Take only APEX flights (no business class ) and only 2nd class trains.
- TAXI costs are not eligible

- Be sure to have price and data on bus and train tickets, also on airplane tickets. If not, ask for receipts or invoices.

The reimbursement will be in accordance with distance calculator for the maximum amounts approved in application and will be done after the project when we'll receive all documents. There will be one transfer for every country.

Maximum approved travel costs

**Romania,Bulgaria - 180 euros/participant**

**Spain - 360 euros/participant**

**rest of the countries - 275 euros/participant**

**There will be a participation contribution of 30 euros/participant to be paid in cash on location ( this is because our NA cut one day from our budget and we also want to provide you some surprises extra activities )**

Other practicalities:

Currency: 1 euro = 4.50 lei ( RON ).There are banks and bankomats in airports , in train station,in Busteni.In a lot of locations you can pay by credit card.

Prices: coffee,beer,juice in shops are around 50 cents , in restaurants around 1 -1,5 euros.

The hour in Romania is GMT + 2.

For persons that want to spend some days in Bucharest or elsewhere we can help you recommended hostels or attractions. Just ask !!

Beware of pick pockets in buses, metro and crowded places. Don't accept gifts and don't talk to strangers that ask to sign something or to help them – most of them are cheaters.

Don'y pay attention to street dogs – they are everywhere but most of them are friendly.

For any other comments or questions contact our staff

Tolea – 0040744855911 - [postoveitolea@yahoo.com](mailto:postoveitolea@yahoo.com); Catalina – 0040744351166 – [cpostovei@yahoo.com](mailto:cpostovei@yahoo.com)

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