



## ”YMCA: Youth Mix Culture Adventure”

**Training course** on intercultural competence development of youth workers, youth leaders in order to run local youth work activities and youth exchanges with involvement of refugees, migrants and foreign young people

**02-10 December 2017, Sfantu Gheorghe, Romania**

**Our training Course is aimed** at developing and improving the intercultural competences of youth workers, youth leaders in order to become able to prepare, run and evaluate high quality youth work activities according to the principles of intercultural education. We live in multicultural, cross-cultural and intercultural societies. Our local communities are not homogeneous anymore thanks to the free European mobility, the open borders and markets for European citizens, and hosting refugees and migrants from other parts of the world. It is not all the time easy to handle intercultural challenges, to understand the communication codes of different cultural young people, to treat appropriately diverse values, norms and schemes on intercultural behaviours, to face with stereotypes and prejudices coming from young people towards each other without really knowing what they are afraid of and why they become more and more xenophobic. Feeling in our skins, we need to improve our youth work competences through intercultural education in order to be able offering such types of youth work activities locally and European level where young people with different cultural background can cooperate together and handle their cultural diversity as added value of their common activities.

### **General objectives of the training course are:**

- ✓ to train youth workers, youth leaders to be able to work with different cultural young people, e.g. refugees, migrants, foreign kids or young people coming home from other countries and build up a successful intercultural team locally and European level
- ✓ To recognise stereotypes, prejudices and prevent or stop social stigmatisation of young people with different cultural background. By using appropriate intercultural communication, being able to understand the communication and behavioural norms, schemes and forms of young people with different cultural background.

### **The methodology of the training course:**

Generally, the working methods will be rather non-formal and participative. Methods planned to use e.g. individual work, pair work, organisational work, mixed group work, field activity, light theatre method, theatre of oppressed, Dixit card exercise, montages, interviews, statutes, debate, aquarium discussion, etc. E-booklet on youth work goes intercultural for public use.



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### Applicant organization:

#### Asociatia Clubul Tinerilor din Sfantu Gheorghe – Sepsiszentgyörgyi Ifjúsági Klub

Clubul Tinerilor din Sfantu Gheorghe (Youth Club of Saint George) is an organisation founded in 2007 and legally registered in 2008. Our main aims are to inform and train youngsters, to promote voluntarism and to realize local and international youth projects. Our NGO is organizing regular handicraft and freetime activities for a group of 30 volunteers, most of them youngsters. We have organized also major events like the Youth Festival, a contest for the youth NGO's from our county where more than 100 youngsters competed and shared experiences. Our organization is also involved in green projects in our town, we are working together with 77. Bora Istvan scout team in this field. We have international experience as we have participated in several youth exchanges and trainings under the Youth In Action and Erasmus+ program. We also organized a '3R-Reduce, Reuse, Recycle -youth exchange on ecological issues, a 4.3 training called 'Triple C: Cultures-Communication-Cooperation' and for discussing Roma issues we had a 'Roma World' partnership building seminar and an EUROMA Cafeteria training course in our town. We are accredited for sending and hosting EVS volunteers. We already were the coordinator and host of some EVS projects (Behind the Wall, VIP Voluntarism in Promotion, with all Colours EVS Rainbow, With all Colours EVS Rainbow 2) and we have sent several volunteers abroad (Youth Voice for Society, Mobile Youth Work, The Trainers and Leaders of Future). We have activities, such as EVS Caravan, Human Library, Volunteers Caravan for promoting voluntarism and inform youngsters about the possibilities to go abroad for a youth exchange, training or EVS. We are also organizing volunteer management trainings for the other associations from our region. We have time management, teambuilding, conflict management trainings as well. Every year we are organizing the Volunteers Ball, where we gather together the volunteers and associations from our region to appreciate their voluntary job. The members of our association are young professionals (sociologist, social workers, economists, teachers, psychologist, and youth workers) with several years of experience in the youth field (having been members and leaders of other organizations).

Web: [www.onkenteskozpont.ro](http://www.onkenteskozpont.ro)

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### Who can participate in the training course?

- ✓ Youth workers, youth leaders who directly work with young people with different cultural backgrounds e.g. refugees, migrants, foreign kids, young people coming home from other countries, minorities, Roma young people, etc.
- ✓ Youth workers, youth leaders who have already run at least one international youth project experience, preferably youth exchange, or were already group leaders in youth exchange;
- ✓ Having organisational support to further cooperation;
- ✓ Open to recognise own stereotypes and prejudices and work on these;
- ✓ Willing to adapt intercultural education into their youth work realities based on the needs of their target groups;
- ✓ Ready to take part in the whole project;
- ✓ To be able to communicate English language.

### Preliminary programme:

Hours	Arrival day 02.12.2017	Day 1 Day of Introduction 03.12.2017	Day 2 Day of intercultural education 04.12.2017	Day 3 Day of intercultural teams 05.12.2017	Day 4 Day of intercultural communication 06.12.2017	Day 5 Day of intercultural teamwork 07.12.2017	Day 6 Day of Social stigmas and its preventions 08.12.2017	Day 7 Day of Intercultural partnership 09.12.2017	Departure day 10.12.2017
7.00 – 09.00	Arrival of participants  Registration and accommodation	breakfast	breakfast	breakfast	breakfast	breakfast	breakfast	breakfast	breakfast
09.30– 11.00		Official opening of the training course  Getting to know each other	Cultural identity  Multicultural – intercultural	Working with different intercultural teams using cooperative learning techniques  Role of youth workers, youth leaders	Values, Norms and Emotions  Description, explanation, assessment	Developmental model of intercultural sensitiveness  Intercultural teamwork	Stereotypes and prejudices: where the perceptions come from?	Partnership through Erasmus+ programme  Coffee break	Departure of participants
11.00– 11.30		Coffee break							
11.30– 13.00		Group building activities	Youth exchanges and local youth activities						
13.00– 15.00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
15.00- 16.30	Welcome to the participants	Aim and objectives of the TC Programme and methods of the TC Learning needs Erasmus+ programme and Youthpass intro	Stereotypes – prejudices – discrimination	Working with refugees, migrants, foreign, or young people coming home from different countries:  intercultural challenges  prevention strategies	Free afternoon	Cultural challenges working in intercultural teams	Social stigmas	Youthpass	
16.30- 17.00	Coffee break	Coffee break	Coffee break			Coffee break	Coffee break	Coffee break	



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17.00–18.30	Introduction of participants Warm Up activities	Culture	Aims and mission of intercultural education			The success and values of intercultural teamwork	Prevention of social stigmas by recognition of stereotypes and prejudices	Final evaluation	
18.30 – 19.00		Steam out groups	Steam out groups	Steam out groups		Steam out groups	Steam out groups		
19.30-20.30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21.00-	Social evening	International evening	Traditional dance and folk music evening	Movie evening	Treasure hunting evening	Fairytale evening	Traditional games evening	Farewell evening	

**Participating organizations:** *YOPA - Fiatalok az Állampolgári Részvételért Közhasznú Egyesület - Hungary, Hellenic Youth Participation - Greece, Ticket2Europe - Spain, Genclik ve Degisim Dernegi - Turkey, Continuous Action - Estonia, Jumpln - Italy, ASSOCIATION MIGRATION SOLIDARITE ET ECHANGE POUR LE DEVELOPPEMENT – France, DRH Norway – Norway, Active Youth – Malta, Youth Club BRECLAV – Czech Republic, A.A.C. "Žēlsirdības māja" – Latvia and Asociatia Tinerilor din Sfantu Gheorghe - Romania*

### Financial conditions

The food and accommodation will be provided and paid by the organizers during the project.

The travel costs are limited, the Lump Sums are defined according to the distance band used by the ErasmusPlus Programme:

Hungary – 180 EUR/participants	Greece – 275 EUR/participants
Czech Republic – 275 EUR/participants	Turkey – 275 EUR/participants
Spain – 360 EUR/participants	Norway – 275 EUR/participants
Latvia – 275 EUR/participants	Italy – 275 EUR/participants
Malta – 275 EUR/participants	Estonia – 275 EUR/participants
France – 275 EUR/participants	

**Travels costs will be reimbursed by bank transfer through the sending organizations AFTER the seminar.**

### Accommodation

The training course will be hosted in the Green Hostel, which is situated in the centre of Sfantu Gheorghe. 3-4 participants are going to be accommodated in one room, and will share bathroom. The food will be provided by the closest restaurant of the Hotel Park. The training will



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be held in the conference room of the Hotel Park. The Green Hostel and Hotel Park it is around 50-100 m far from each other.



For more information about the hostel: <https://www.booking.com/hotel/ro/green-hostel.ro.html>

**Feel free to contact me for any other information!**

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Greetings,  
Zsolt BALOGH  
Project coordinator