



## INFOPACK

**YOU ARE THE LEADER OF  
TOMORROW!**



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## Youth mobility

**PLACE:** Targu Ocna, Bacau county (Romania)

**DATE:** 20 – 21 JUNE 2016 – ADVANCE PLANNING VISIT  
22 – 31 August – YOUTH EXCHANGE

**COUNTRIES:** Romania, Turkey, Spain, Lithuania, Bulgaria, Czech Republic, Austria.

**PARTICIPANTS:** 42 participants (1 Leader + 5 participants with fewer opportunities from each country)

**LANGUAGE:** The working language will be English.

The project **You are leader of tomorrow!** has been submitted on Erasmus + type action - youth mobility by Tholus Association. Tholus Association, coordinator of the project, identified the problem that underlines the project in your its own organization, using a questionnaire (made of 3 questions related to leadership) on those 130 young people involved in the activities of Tholus organization. Alos, Tholus organization searched for other organizations that either have a tradition of leadership in education or are in a position to improve their knowledge and skills organization members regarding leadership.

## PARTNERS



CZECH REPUBLIC - Evropské centrum mládeže Břeclav/European Youth Centre Břeclav z.s.

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## OBJECTIVES:

You are the project leader of tomorrow! has the following objectives:

1. to increase knowledge about leadership,
2. to increase key skills related to communication in a foreign language,
3. to increase self-esteem and personal development.

## IMPACT:

The expected impact is:

### a. Short term

1. The target group-increasing number of young people engaged in leadership;
2. Community-rester visibility on youth in community projects and ideas promoted by young people.

### b. Long-term

1. The target group-participants will be more proactive and innovative ideas will become leaders in the community.
2. On the community-young will create sustainable interventions that will use fewer resources and create a good social change. They will open to the community intercultural dialogue, identity development and European solidarity.

## ACTIVITIES AND METHODS



The activities will be coordinated through non formal education methods (as group work and activities, presentations, workshops and personal assignments, meetings with trainers, experts etc).

Some activities will take place outdoors, to promote Erasmus+ addition and non-formal education and to promote Erasmus+ among community and other young people in the area where the project will take place.

In the last days of the project, participants will have the chance to create working groups to submit ideas for future projects about leadership and working on a brochure that will be disseminated in the partner countries of the project.

## PARTICIPANTS PROFILE

**Number of participants:** Each partner will be represented during the youth exchange by 5 participants and 1 group leader.

**Participants age: 18 - 30 years old.** The group leader have to be older than 18 years old.

**Gender equality:** It is important that in the participants selection process to take into considetation also the gender equality criteria (it is recommended that your group to be composed by 3 girls and 3 boys).

**Young people with fewer opportunities:** Taking in consideration that Erasmus+ is a program that develop opportunities for young people, this project it is a good opportunity for you to involve also the young people with fewer opportunities from your own community.

This is why, we highly recommend you that at least two participants from every each national group to be with fewer opportunities (finnnacial difficulties, geographical difficulties, speacial needs, etc.)



Participants background: The 5 participants from every each group should be young people interested in the project's topics, motivated to participate in the young exchange by the learning process and also opened to get involved in the dissemination activities.

## GROUP LEADER

The group leaders must be youth workers (volunteers coordinators, facilitatos, trainers, etc.) in your organization.

They have to be older than 18 years old, with experience in youth working and as a group leader.

Recommended group leaders profile:

- Has interpersonal and communication abilities;
- Has a strategic thinking and is focused on results thinking;
- Has a positive and supporting attitude;
- Has team spirit;
- Pays attention to details and promotes a positive attitude among the participants;
- Has coordinating, planing and organizing abilities;
- Has english speaking skills (at least medium level);
- Has experience in volunteering, non formal education and youth working;
- Has a good mediator;
- Has facilitating abilities;
- Has evaluating abilities.

It is very important for you, as partner, to choose wisely the group leader, as he/she will have a very important role during the entire project, especially in participants' preparation and during the youth exchange.

## FACILITATOR



The main coordinator will be Andrei Prundeanu, the leader of the Romania team. But, at least one workshop will be held by at one team leader of the partner of the project.

## ADVANCE PLANNING VISIT (APV)

Each organization would send two participants: group leader and a young man/woman with fewer opportunities to participate in exchange activity in August. They will have to attend mandatory and the youth exchange.

In the selection of participants organization should consider the following aspects:

1. Equality of gender, equal numbers of girls and boys (three girls and three boys)
2. Age of participants to be between 18 and 30 years.

Other selection criteria will be established in consultation with partner organisations in the project.

## TRAVEL COSTS

According to new Erasmus+ rules, the reimbursement of travel costs will be calculated used a specific program called Distance Calculator:

Country	Maximum amount refundable per participant – in euro
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Romania	20.00
Turkey	170.00
Spain	270.00
Lithuania	170.00
Bulgaria	80.00
<b>Czech Republic</b>	<b>170.00</b>
Austria	170.00

After sending their tickets and boarding cards, participants will receive the reimbursement of their travel costs once the hosting organization receive.

Food and accommodation for activities will be fully covered by the project.

**IMPORTANT: Always ask bills, invoices and save them!!!**

To be refunded you need to provide us with all receipts of travel expenses (travel agency receipts, tickets, boarding passes).

Please keep in mind that **we can not refund expenses if we do not receive the required documentation since we would not be repaid by the NA.**



## THE VENUE

**Târgu Ocna** (Romanian pronunciation: [ˈtîrgu ˈokna]) is a town in Bacău County, Romania, situated on the left bank of the Trotuș River, an affluent of the Siret, and on a branch railway which crosses the Ghimeș Pass from Moldavia into Transylvania. Târgu Ocna is built among the Carpathian Mountains on bare hills formed of rock salt. In fact the English translation of Ocna is salt mine.



## How to reach Târgu Ocna

If you choose to travel by plane, you can search for flights to Otopeni Airport (Bucharest).

**APV:** It is better if you arrive in Bucharest in the morning (on 19th of June for the APV and for the exchange on 19) and you leave from Bucharest around evening (for the APV meeting a THOLUS NGO official) as the youth exchange will be held in Targu Ocna and from Bucharest to Targu Ocna there is another 5 hours travel by bus.



From Bucharest to Targu Ocna	Departure from Bucharest	Arrive to Targu Ocna
	07.00	11.30
	11.30	16.00
	14.00	18.30
	18.30	23.00

From Targu Ocna to Bucharest	Departure from Targu Ocna	Arrive to Bucharest
	03.10	07.40
	08.00	12.30
	13.30	18.00
	17.30	22.00

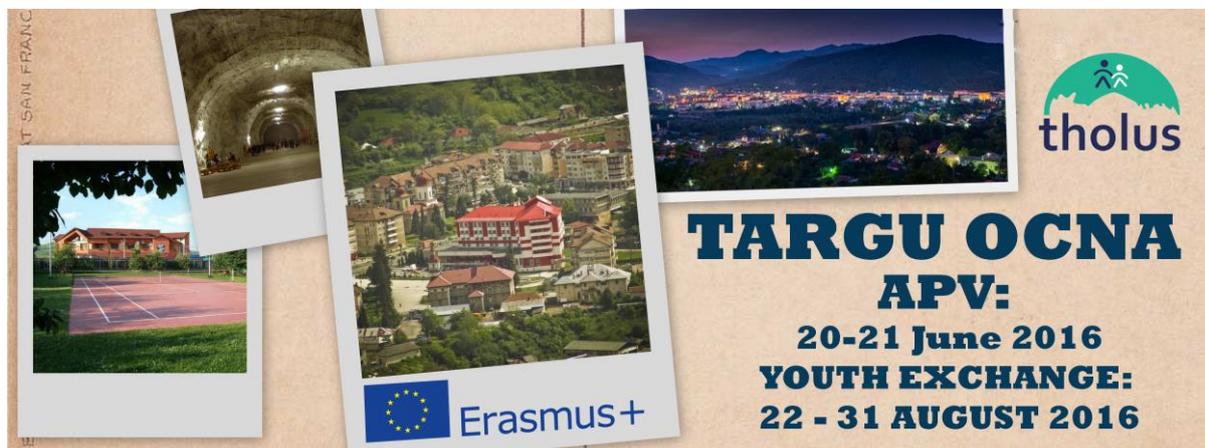
## Arrival

Please note: to not purchase any tickets without receiving an official confirmation by email sent by Tholus NGO staff or partners.

## What to bring?

Since there is going to be an international evening, we will ask you to bring something traditional, famous or delicious from home - that you would like to represent your country with, and share with the others, it can be any kinds of food, drink...

During the summertime, weather in Targu Ocna is generally warm. Nevertheless, in the evening it can be windy, so we suggest to bring jackets and some warm clothes, together with lighter items.



## ACCOMMODATION AND FOOD

Participants will be accommodated in a nice hotel located in Targu Ocna (<http://www.motelanda.ro/>)

**Meals** – all meals are covered by the project from:

20<sup>th</sup> June morning until 21<sup>th</sup> June evening during the APV

22 august evening until 1<sup>th</sup> September morning during the Youth Exchange.

After the establishment of lists of participants, both AVP and exchange activity, please send us in time (at least one week before arrival in Romania) special food needs of the participants.