



## TRAINING COURSE: **YOUTH EMPOWERMENT FOR CHANGE**

**8 – 16 OCTOBER 2016  
DILIJAN, ARMENIA**

### PRACTICAL INFORMATION

#### DATE OF THE TRAINING COURSE

Arrival: **8<sup>th</sup> October 2016**  
Departure: **16<sup>th</sup> October 2016**

#### PROJECT SUMMARY

When analyzing the current situation in the EU and the EECA countries we observe that youth face several common challenges, with obvious peculiarities and different levels of intensity depending on the country. To mention some of them, youngsters face difficulties to access the labor market, ineffective political participation, low-quality and limited opportunities for personal development, economical struggles, uncertainty towards future and a general feeling of impossibility to influence relevant changes to improve youth situation.

The project aims to provide an overall understanding for youth workers on the mechanisms of change and the relevant role of youngsters in influencing the reality and triggering social changes.

At theoretical level, the framework of the training will recall to the importance of participation in any of its four dimensions – cultural, political, social and economic-, with a special focus on individual empowerment as a root to make this participation effective.

By understanding these different concepts and its interconnections, the training course will contribute to the organisations and youth workers development, raising their own capacities to participate and to empower their peers and target groups.

More precisely, the objectives of the Training Course are:

- To understand the logics of theories of change and social transformation,
- To deepen the understanding of participation amongst youth leaders and educators,
- To explore the meaning of youth empowerment and tools to make it effective when working with youngsters,
- To establish follow-up activities to empower and involve youngsters in the local communities of the participants.

The Training Course will take place in Dilijan, Armenia, from 8<sup>th</sup> to 16<sup>th</sup> of October 2016, and will include 24 participants from 12 countries from (Albania, Armenia, Belarus, Czech Republic, Georgia, Germany, Italy, Latvia, Poland, Serbia, Spain, Ukraine).



## PARTICIPANTS

2 participants per organization, one male and one female (preferably aged between 18 and 26 years old).

- It is desirable that participants are willing to experience in youth work.
- It is necessary that participants have good level of English, so they can actively participate in all workshops and communicate with other youngsters.
- Participants should be motivated and open minded, ready to participate in a non-formal learning experience, positive and proactive.
- Participants have to be ready to take part in project's local actions and later implement future actions in their own countries/communities.

## PREPARATIONS BY PARTICIPANTS

Please remember about our Cultural Evening during which we will exchange tastes of our national cuisines.

Please don't forget to bring your special food and drinks. We would like to get to know you better!

## ACCOMMODATION AND FOOD

The Training Course will be held in Dilijan, Armenia. The project will be hosted at one of the most beautiful resort towns of Armenia - DGHYAK PANSION, 50 Sayat Nova St, Dilijan 3901 (<https://www.facebook.com/dghyakpansion>)

Participants will stay in double/triple rooms with bathroom and toilet in the room. You will be provided with bed sheets and towels. There are hair dryers in the rooms. The training room and dining room are located in the same building. Organizers will provide participants with three meals per day, coffee breaks. Please, keep in mind, that the provided food may differ from the food you are used to have in your country.

**Each organization will get table with questions about DIETARY AND SPECIAL NEEDS OF THEIR PARTICIPANTS. Table will have to be filled in and send back to the host organization by the 28<sup>th</sup> of August 2016.**



## WEATHER

All updates about the weather are here:

<http://www.worldweatheronline.com/dilijan-weather/tavush/am.aspx?day=1>

## ORGANIZATIONS TAKING PART IN THE PROJECT

Name of the Organization	From where	Participants	Preferably aged
Albanian Society in Development	Tirana, Albania	2	18-26
EVROPSKE CENTRUM MLADEZE BRECLAV - EUROPEAN YOUTH CENTRE BRECLAV Z.S.	Breclav, Czech Republic	2	18-26
Young Effect Association	Magenta, Italy	2	18-26
Mykolaivska Miska Molodizhna Hromadska Organizatsiya "Iskra"	Mykolaiv, Ukraine	2	18-26
Initiative for Development and Cooperation	Belgrade, Serbia	2	18-26
BELARUSIAN STATE UNIVERSITY	Minsk, Belarus	2	18-26
European Intercultural Forum e. V.	Berlin, Germany	2+1	18-26
Express Yourself	Salaspils, Latvia	2	18-26
Fundació Catalunya Voluntaria	Barcelona, Spain	2	18-26
Youth Cooperation Centre of Dilijan	Yerevan, Armenia	2+1	18-26
Academy for Peace and Development	Tbilisi, Georgia	2+1	18-26
BRATNIAK – the Students and Graduates' Foundation of the Jagiellonian University	Kraków, Poland	2+2	18-26

## TRANSPORT DETAILS

It is possible to reach the training venue in Dilijan from Yerevan International Airport (Zvartnots Armenia <http://www.zvartnots.aero/>) and from Tbilisi- International Airport (Georgia).

### **If you arrive to Yerevan International Airport:**

The participants landing in Yerevan on 8th of October will be picked up by the organizers and will be transferred directly to Dilijan by minivan. After collecting all travel info we we'll arrange arrival "pick up schedule" and let you know.

### **If you arrive to Tbilisi International Airport:**

We can arrange a minivan from Tbilisi airport to Dilijan if there are minimum 3 people traveling at the same time. The price from Tbilisi Airport to Dilijan will cost approximately 20 euro per person. For those who want to travel from Tbilisi to Dilijan on their own we will share the information how they can reach the venue using public transport.



### **From Yerevan Airport to Dilijan on your own:**

From Yerevan Airport to the city you need to take a taxi, which costs approx. 3000-3500 Armenian Dram (6-7 euro) for a ride to the city center. You can exchange some 20-30 euros at the airport for first expenses, but do not change all the money as in Yerevan/Dilijan city the rates of exchange are higher.

You can also order taxi online- Order a Taxi Online (new service with reasonable prices) <http://www.online-taxi.am/index.php/en/> .

From Yerevan to Dilijan:

1. From Yerevan city you need to go to Northern Bus Station (Northern Station on google map: <https://goo.gl/maps/uvn9p3YKDUE2> ) from where minibuses (marshutka-how the minibuses are called in CIS countries) leave for Dilijan. You can reach the station from Yerevan on taxi for min. of 1000 AMD=2EURO for a ride. The Northern Bus station is “Hyusisayin Avtokayan” in Armenian, you can tell them these so they will understand Armenian version.
2. From Northern Bus Station the marhutkas leave for Dilijan every hour starting from 9:00 to 18:00. It takes 1h30min to Dilijan and it costs 1000AMD=2 euros for one way.

Station: Northern Bus Station

Address: 1 Sevan Highway

Phone Number: (+374 1) 621670

From 9:00am-6:00pm (every 1 hour)

3. As soon as you are in Dilijan station you need to take a taxi to the hotel “Dghyak”-the venue. The ride from Dilijan bus station to the venue is 600 AMD= 1.2 EURO for a ride.

In case of emergency or any travel changes please call or send a text message to the organizers.

**Please note that if some participants will stay longer for holiday reasons, organizers will not provide them with transportation to the airport and accommodation.**

**Longer means that:**

**PARTICIPANTS ARE ALLOWED TO ARRIVE MAXIMUM TWO DAYS BEFORE THE TRAINING COURSE AND TO DEPARTURE NOT LATER THAN TWO DAYS AFTER THE END OF THE COURSE.**

**In case participants would like to stay longer than this, we cannot agree on participation in the project.**



## TRAVEL REIMBURSEMENT

The Training Course is co-funded through the Erasmus+ European programme.

**WE CAN REIMBURSE ONLY THE CHEAPEST TRANSPORTATION POSSIBLE AND ONLY PUBLIC TRANSPORT, 2ND CLASS FARES.**

**Taxi is not refundable, as well as private cars.**

For the reimbursements, we will need in ORIGINAL VERSION:

1. An invoice + itinerary of your trip, where states name/names of passengers, date of purchase, dates of the trip and price of the ticket + **boarding pass**. It is a very important document, and the only evidence that you took the flight. It is required by our accountant office as well as our National Agency for reimbursement;
2. All your travel tickets and receipts (for train, bus, shuttles).

**We cannot provide reimbursement without these documents, and it will be your responsibility to take good care of them!**

Reimbursement of travel expenses will be done:

- in Euro (EUR);
- to the account of the sending organization (after all bank data will be given by e-mail to us), **not directly to the participant;**
- after the end of the project;
- after we successfully get all the original tickets and boarding passes from the trip back home;
- after required person from the project will fill in "Erasmus+ individual participant report", which will be sent after project by the ec.europa.eu system;
- We consider few weeks (from 3 to 6) while we process all the documents and organize the transfers.

Rules of ERASMUS+ programme state that travel costs are fixed amount of money per participant based on the travel distance. Travel distance was calculated using the distance calculator supported by the European Commission.

In every Partnership Agreement with every Partner states the rule about money that will be given to the Partner for travel expenses.

**According to our Polish financial law, we will reimburse you amount of money that you have on travel tickets but**

**NOT MORE THAN THE FIXED AMOUNT PER PARTICIPANT FROM EACH COUNTRY IS.**

**Exact amount of fixed amount of money that you can get you will find below in the table (based on the Distance EU Calculator).**

**It also means that if the total cost of tickets is less than the maximum reimbursement, the participant will receive a**

**REFUND OF THIS TOTAL COST OF THE TICKETS, NOT MORE!**

**TRAVEL COSTS LIMITS BY COUNTRY**

Name of the Organization	From where	Maximum reimbursement per person
<b>Albanian Society in Development</b>	Tirana, Albania	360 €
<b>EVROPSKE CENTRUM MLADZEZE BRECLAV - EUROPEAN YOUTH CENTRE BRECLAV Z.S.</b>	Breclav, Czech Republic	360 €
<b>Young Effect Association</b>	Magenta, Italy	360 €
<b>Mykolaivska Miska Molodizhna Hromadska Organizatsiya "Iskra"</b>	Mykolaiv, Ukraine	275 €
<b>Initiative for Development and Cooperation</b>	Belgrade, Serbia	360 €
<b>BELARUSIAN STATE UNIVERSITY</b>	Minsk, Belarus	275 €
<b>European Intercultural Forum e. V.</b>	Berlin, Germany	360 €
<b>Express Yourself</b>	Salaspils, Latvia	360 €
<b>Fundació Catalunya Voluntria</b>	Barcelona, Spain	530 €
<b>Youth Cooperation Centre of Dilijan</b>	Yerevan, Armenia	0 €
<b>Academy for Peace and Development</b>	Tbilisi, Georgia	180 €
<b>BRATNIAK – the Students and Graduates' Foundation of the Jagiellonian University</b>	Kraków, Poland	360 €



## INSURANCE

Insurance is **OBLIGATORY** and be should be arranged and covered by each participant.

### SCAN OF INSURANCE POLICY OF EACH PARTICIPANT

should be send via e-mail to the host organization

by the **11<sup>th</sup> of September 2016**

## VISA ARRANGEMENTS

EU citizens as well as citizens of Georgia, Belarus and Ukraine do not need visas to enter Armenia. You will need a valid passport to enter Armenia.

For citizens of Serbia and Albania, Visa is required to enter Armenia.

You can obtain a visa on arrival at Yerevan (EVN) airport or if you crossing border through Georgia at the border visa point in Armenia, for a max. stay of 21 days.

Fee: AMD 3000 (approx. 6 euros) -, payable in local currency only.

**! Please, check the validity of the passports before the departure!**

## DEADLINES

Info about participants (3 tables): **28<sup>th</sup> of August 2016**

Travel documents (travel table+ scans, invoices, e-tickets): **4<sup>th</sup> of September 2016**

Scan of insurance policy of each participant: **11<sup>th</sup> of September 2016**

## CONTACT US

Fundacja Studentów i Absolwentów Uniwersytetu Jagiellońskiego BRATNIAK

ul. Piastowska 47

30-067 Kraków, Poland

Office phone: +48 12 6223190

Skype: b\_international

Facebook: [B-in](https://www.facebook.com/Binwithus/) (<https://www.facebook.com/Binwithus/>)



## HOSTING ORGANIZATION

**Organization:**

Youth Cooperation Center of Dilijan NGO (YCCD NGO)

**Contact Person:**

Artur Ghazaryan

**Phone:**

0037477772505

**Address:**

77/14 Orjonikize Street, 3901,  
Dilijan, Armenia

**Hotel Address:**

Dghyak Hotel, # 50 Sayat-Nova  
Dilijan, Armenia