





# ERASMUS+ KA1: Contact making Event em4em: empowerment for employment

Arrival Date: 14<sup>th</sup> Nov 2016 Departure Date: 21<sup>st</sup> Nov 2016 Wisla, Poland

# ~ INFO PACK ~

## **ABOUT THE PROJECT:**

As keen advocates of the previous Youth in Action and Lifelong Learning Programmes as well as the current Erasmus+ Programme, we strongly believe that mobilising and involving young people in transnational projects is one of the effective tools in dealing with the possible consequence of unemployment. Though majority of the projects offered around Europe and worldwide do not create jobs themselves, precious learning gained when attending or helping to organise an activity leads to invaluable experiences. We have already seen the outcomes of that with hundreds of young people boosting their self-esteem, becoming more motivated to overcome challenges, developing resilience and even setting up their own entrepreneurial ventures (e.g. projects, start-ups, etc.).

How to ensure, however, that the projects offered to young people, particularly those unemployed ones, are truly meaningful and empowering? How to turn them into valuable lessons with learning and development (both personal and professional) in focus? And finally, how to activate those who have already lost their hopes and are reluctant to make any further steps towards the future? These and many other questions sparked up the discussion between partners and led to the following application being presented.

## AIM and OBJECTIVES:

The proposed Contact Making Event (with elements of a training course) is aimed at bringing together stakeholders interested in developing networks and joint future projects with the view to addressing issues of youth unemployment. We wish to achieve that by means of:

- gathering 27 youth workers and project coordinators from around Europe to better understand short and long term implications of youth unemployment exchanging best practices in the fields of youth empowerment and supporting the

- exchanging best practices in the fields of youth empowerment and supporting the development of employability skills through engagement in youth projects

- developing capacities to prepare and implement high-quality, sustainable youth projects with long lasting impact at the local and international level

- facilitating networking between partner promoters and development of strategies for the future joint projects aimed at unemployed young people

- promoting the use of the local and international funds (e.g. Erasmus+) in supporting young people's development and combating the consequences of youth unemployment

- developing ideas and strategies for the future joint projects to be carried out by the partner promoters.

#### **METHODOLOGY:**

CME will be based on the principles and practices of non-formal education, taking into account the needs of youth NGOs and their target groups, their motivations / expectations and previous experiences. In order to implement an effective and quality mobility, a diversity of working methods will be used, including: interactive presentations,group work, simulation exercises and role plays that involve participants directly and emotionally, multimedia use for visualisation, discussions in form of e.g. World Cafe, games and energisers, daily feedback, etc.

#### FOR WHOM:

The following project and its mobility (contact making event) is aimed especially at: youth workers, leaders of informal groups, project coordinators and decision-makers at the partner organisations, trainers, facilitators, coaches, councilors and job advisers, etc. It is very important for us that those attending are not only interested in the topic to be discussed, but are also in position to follow-up the CME with new projects and ideas developed during the mobility.

#### **EXPECTED IMPACT:**

It is expect that Contact Making Event will lead to:

- > new, intentional friendships and professional networks developed
- competences gained in the field of youth empowerment and combating youth unemployment
- > better knowledge of and hence preparedness to run future Erasmus+ projects
- greater capacities developed to initiate and successfully implement high quality local and international projects
- new and innovative youth work methods learnt we hope that the tools and ideas taken from the workshops implemented during the CME will empower participants themselves to act as multipliers and promoters of non-formal education as a way to acquire precious life and employability skills
- renewed motivation to carry on with various activates at the local and/or international level - we expect that participants themselves will be the drivers and main promoters of joint project ideas developed with fellow participants during the CME. As such, we hope to see them being engaged in the follow-up activities in forms on new projects, workshops, initiatives, etc.

### FINANCIAL ARRANGEMENTS:

The following project is financially supported by the **ERASMUS+ grant**. Hence, **100%** of the food and accommodation expenses will be covered by the organisers, as well as **up to 100%** of the overall travel costs (please see the max. allowances per country listed below). Also, necessary visa documentation shall be provided where necessary.

NOTE: There is NO participation fee in the project!

### **PRACTICAL ARRANGEMENTS:**

All participants will be accommodated at **Ośrodek Wypoczynkowy "Orion"** in Wisla in southern Poland. Orion will also host all workshops as well as meals during the mobility. Please visit: <u>http://www.osrodekorion.pl/</u> and check the photos of the venue.

The address of the venue:

**Ośrodek Wypoczynkowy "Orion"** ul. Spacerowa 7 43-460 Wisła

Closer to the CME instructions shall be sent informing participants about the best ways of reaching the venue.

#### **TRAVELLING TO POLAND**

Monday 14<sup>th</sup> November – Please arrive to the meeting venue in Wisla by 6pm at the latest.

**Monday 21<sup>st</sup> November** – To allow time to get to the airports, your return flight must be after 9 am from Krakow or Katowice Airport, or later from other airports. If unsure, please consult us before purchasing any tickets.

In order to find suitable connections between your airport of arrival and Wisla please check: <u>http://www.e-podroznik.pl/</u>

#### **IMPORTANT NOTE:**

- You are allowed to arrive or depart max. 2 days before or 2 days after the mobility. Extra stay will not be supported with food or accommodation, yet you can use this time to visit some places around Poland. Should your stay be longer than 2 days (unless necessary!) we do reserve the right not to reimburse part of your travel costs.
- In line with the rules of the ERASMUS+ Programme, we would like you to make your travel arrangements using the cheapest travel options. Also, before purchasing any tickets, please make sure that your travel times/cost are approved by us in advance!

# • In order to receive up to 100% of your travel reimbursement, please make sure you fit into the travel budget allocated per country:

Country	Partner promoter	Pax number	Max. travel costs
Poland	Chrzescijanska Sluzba Charytatywna Oddzial Podlaski	5	180 EUR
Romania	Asociatia Tinerilor Activi Civic	1	275 EUR
Romania	Future in Progress	1	275 EUR
United Kingdom	Consilium Development and Training	2	275 EUR
United Kingdom	The 4Cs-Climate Change Community Champions	1	275 EUR
Slovakia	Slovak Youth of Traveling, Education and Volunteering	2	180 EUR
Turkey	FuturEurope Youth	1	360 EUR
Italy	Jump in Associazione Culturale	1	275 EUR
Italy	Associazione INNOVAMENTIS	1	275 EUR
Czech Republic	European Youth Centre Břeclav	2	180 EUR
Bulgaria	The Change is in You Association	2	275 EUR
Macedonia	PREDA Plus	1	275 EUR
Macedonia	Center for Training and Consultancy ERA	1	275 EUR
Lithuania	VsI Tarptautinis bendradarbiavimo centras	2	275 EUR
Greece	Exandas - Institute for Sustainable Civil Society	2	275 EUR
Netherlands	Stichting CODINE	2	275 EUR
	TOTAL NUMBER OF PARTICIPANTS	27	

# Should you have any problems organising your travel or need advice, you can always contact us.

We'll be happy to help!!!

#### **HEALTH INSURANCE:**

Health insurance will not be provided or reimbursed by the mobility organisers. All participants are required to purchase health insurance individually. If you live in an EU country and use a national health insurance system there, please apply for a FREE European Health Insurance Card: <u>http://ehic.europa.eu</u>

#### **PREPARATIONS:**

Participants of the CME will be expected to prepare the following:

- Presentation of their NGO for the purpose of networking during the mobility
- Examples of best practices/projects/initiatives undertaken in their countries/regions to support young people towards employability or already when in the job market or towards
- Materials for the intercultural evening

Closer to the CME, a detailed description of what is required shall be sent out to all participants.

#### **MOBILITY TIMETABLE:**

At this stage, we wish to already share with you the provisional timetable of the CME. Please note that the daily agenda may be further reviewed and adapted once we receive applications of all participants. It is crucial for us to adjust the mobility so as to suit as many of our needs needs as possible and to make it as practical as possible.

#### **CONTACT:**

Any questions related to the CME, travel to Poland or visa matters shall be addressed to the project coordinator **Basia Ligas** on: <u>youth@chsch.pl</u> or via skype: <u>basialigas</u> (nick). In order to ensure that your e-mails arrive to the project coordinator without any delays, please always start your message with **ERASMUS+ em4em** or **em4em**.

We'll appreciate any **ideas and suggestions** of yours that could be incorporated at the time of preparations to the project or during the activity itself. This is going to be a **contact making event** which we wish to implement **NOT FOR YOU but TOGETHER WITH YOU!** Let's make it an exciting learning journey!

# We're looking forward to hearing from you ©